

Lessons Learned Preparing for Medicare Bundled Payment

Robert Mechanic, MBA
Brandeis University

3rd National Bundled Payment Summit
June 11, 2013

CMMI Bundled Payment Initiative

- November 2011 hospitals submitted LOI
 - Received 100% of claims for all Medicare patients
 - Brandeis analysis focused on 90-day episodes
- June 2012 hospitals submitted applications
- October/November 2012 Awardees notified
 - Choose up to 48 bundles
- BP “no-risk” period began January 1, 2013
- Regular BP program begins October 1, 2013

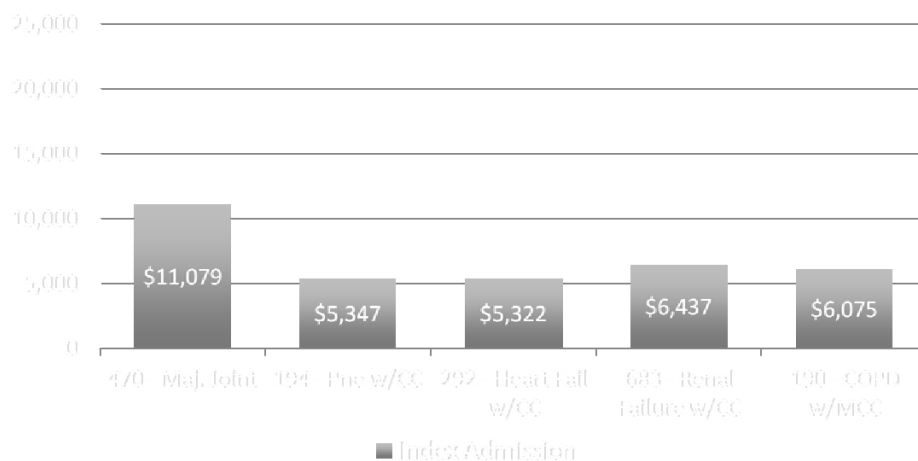
What Did We Learn?

Lesson #1

Medicare Spends a Tremendous Amount in the 30 – 90 Days After Patients Are Discharged from the Hospital

3

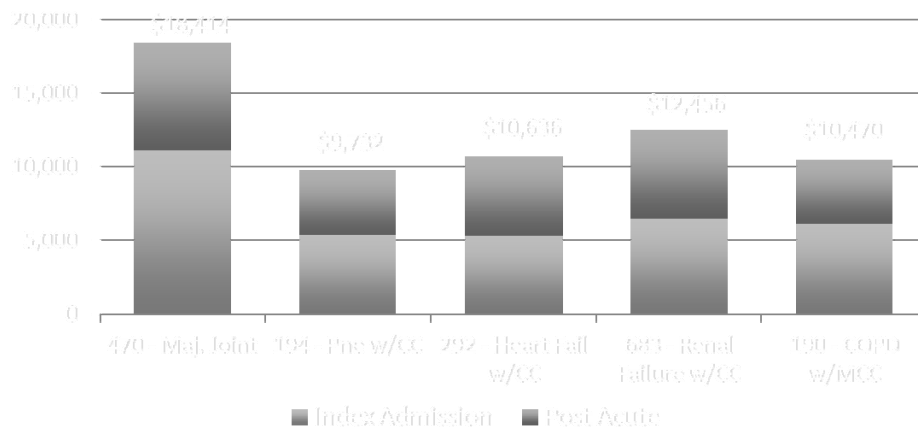
Avg. 2008 Medicare Payment for Select DRGs



Source: RTI Inc, Post-Acute Care Episodes: Expanded Analytic File, June 2011

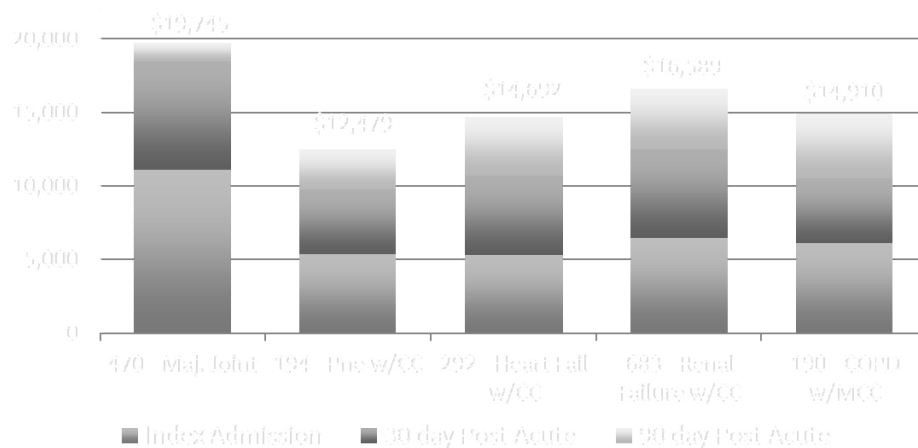
4

2008 Medicare Acute and Post-Acute Payments for Inpatient-Initiated 30-Day Episodes



Source: RTI Inc, Post-Acute Care Episodes: Expanded Analytic File, June 2011. Thirty day fixed episodes include the full cost of all claims incurred within 30 days of discharge. 5

2008 Medicare Acute and Post-Acute Payments for Inpatient-Initiated 90-Day Episodes



Source: RTI Inc, Post-Acute Care Episodes: Expanded Analytic File, June 2011. 30-90 day amounts are estimated based on RTI, Analysis of Acute Care Episode Definitions Chart Book, November 2009. 6

2008 Post-Acute Care Spending For 30-Day Episode: DRG 292 – Heart Fail. With CC

Episode includes all claims incurred within 30 days of hospital discharge

	Percent With Claim	Mean Cost Per Service User
Index Admission	100.0%	\$5,322
Rehab	2.0%	\$14,999
SNF	43.0%	\$10,674
LTAC	0.9%	\$22,971
Home Health	60.3%	\$2,545
Readmission	21.7%	\$10,765

Source: RTI Inc, Post-Acute Care Episodes: Expanded Analytic File, June 2011.

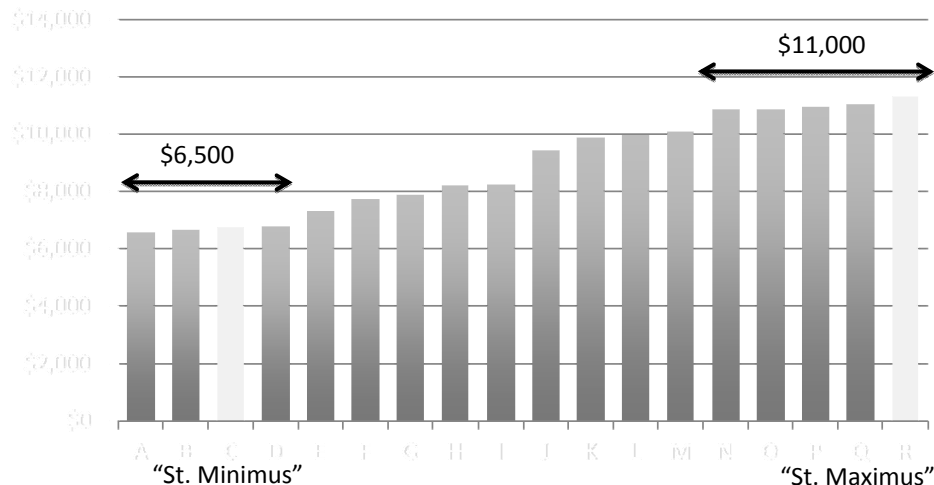
7

Lesson #2

There is Significant Variation in
Post-Acute Care Spending Across
Hospitals

8

Average 2009 Post-Acute Care Spending per Episode for CHF Admission (90 day)



9

A Tale of Two Hospitals: CHF Episode

	St. Maximus	St. Minimus	Difference
Total	\$16,524	\$11,822	\$4,702
Index Stay (facility)	\$5,142	\$4,554	\$588
Index Stay (prof.)	\$1,272	\$1,284	(\$12)
Acute Readmission	\$5,947	\$2,333	\$3,614
Rehab Hospital	\$859		\$859
Skilled Nursing	\$1,153	\$1,886	(\$733)
Home Health	\$1,234	\$525	\$709
Other Professional	\$917	\$1,240	(\$323)

Source: Brandeis University analysis of Medicare Claims data. Unadjusted data.

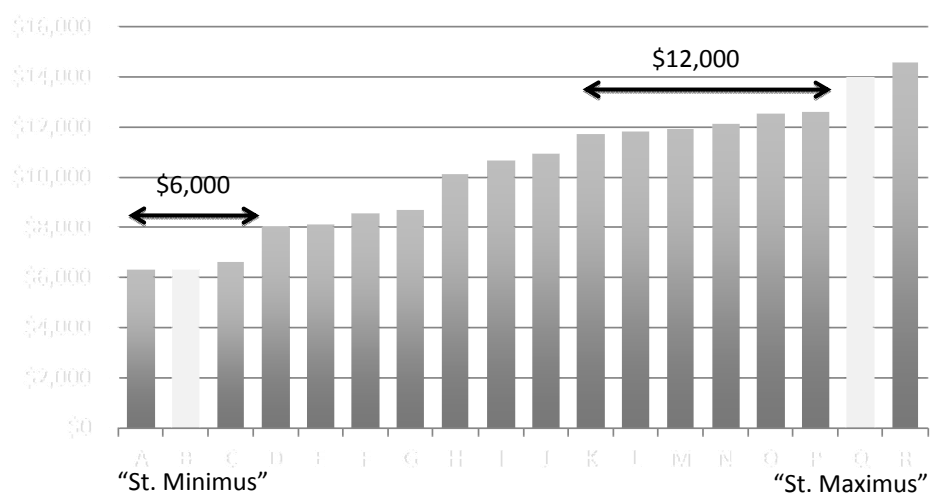
10

Opportunities for St. Maximus

- Put a program in place to monitor patients following discharge
 - Medication reconciliation
 - Home assessment
 - Primary care visit within 7 days
 - Emergency plan for likely events
- Develop programs/partnerships with SNF & HHA to improve coordination

11

Average 2009 Post-Acute Care Spending per Episode for Total Joint Replacement (90 day)



12

A Tale of Two Hospitals: Joint Replacement Episode

	St. Maximus	St. Minumus	Difference
Total	\$26,231	\$18,509	\$7,722
Index Stay (facility)	\$10,459	\$10,805	(\$346)
Index Stay (prof.)	\$2,756	\$2,038	\$718
Acute Readmission	\$1,729	\$389	\$1,340
Rehab Hospital	\$283	\$0	\$283
Long-Term Hospital	\$503	\$0	\$503
Skilled Nursing	\$8,475	\$2,816	\$5,659
Home Health	\$1,054	\$1,978	(\$924)
Other Professional	\$972	\$483	\$489

Source: Brandeis University analysis of Medicare Claims data. Unadjusted data.

13

Opportunities for St. Maximus

- Expand home health and reduce SNF services where appropriate
- Review surgical quality – establish pathways and protocols to reduce defects
- Evaluate SNF costs and consider preferred relationships with efficient facilities.
- Put a program in place to monitor patients following discharge

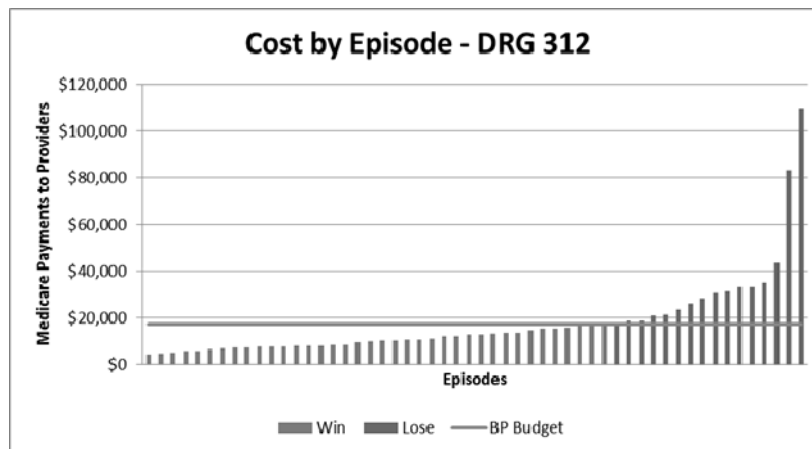
Lesson #3

Hospitals face significant risk of random variation in year-to-year spending per episode (due to low volumes) – and require program features that mitigate risk

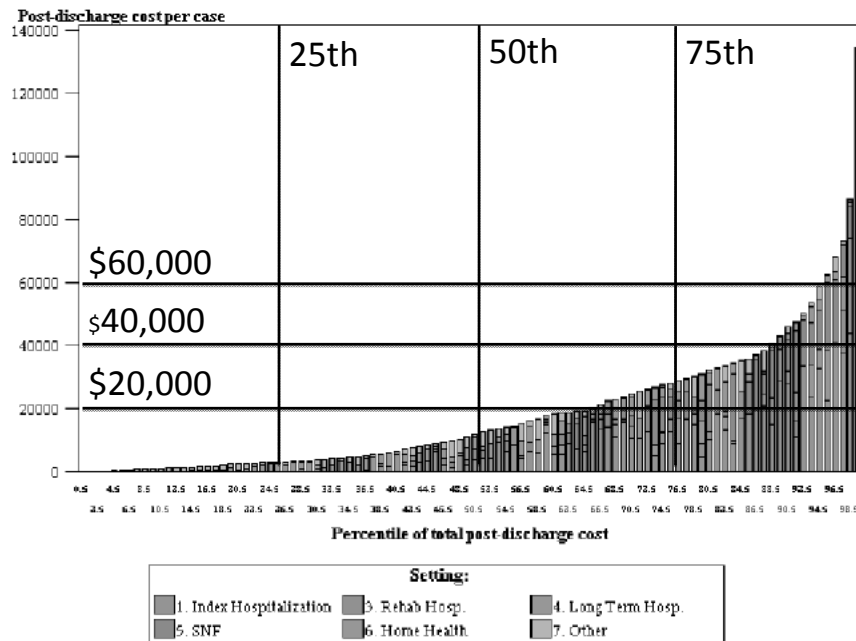
15

Defining Risk within a Bundle (or DRG)

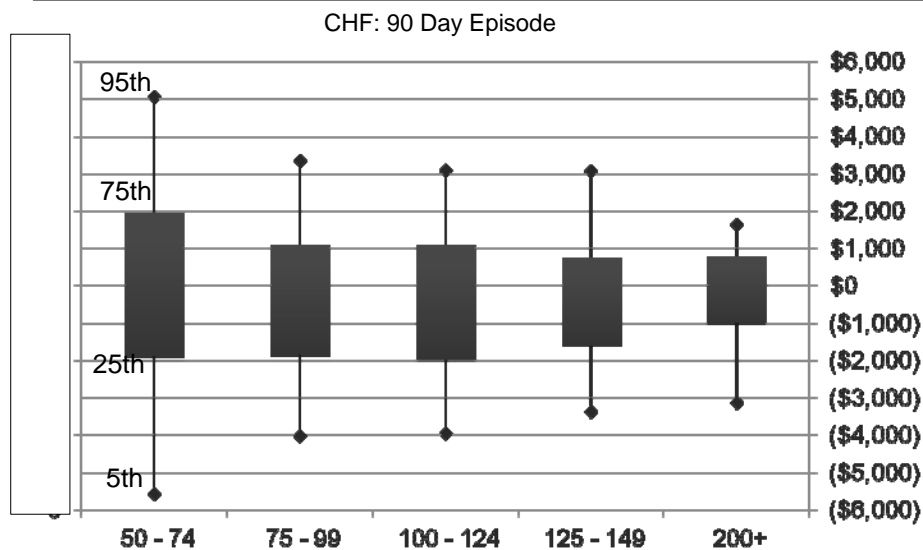
16



Post-Discharge Cost Distribution: CHF (90 Days)



Random Variation in Avg. Episode Cost by Volume* 18



Mitigating Risk in Bundled Payment

Strategies	BPCI Rules
Episode Selection	Choose from 48 Episodes
Exclusions	Limited. Must include all patients with DRG.
Risk Adjustment	MS-DRG only Regional Blend for low vol.
Stop-loss	99 th /1 st - 95 th /5 th - 75 th /5 th
Clinical reengineering and care coordination	

19

Issues and Challenges

- Program issues
 - Transparency and complexity
 - Risk uncertainty
 - Reporting requirements (B-care)
- Operational issues
 - Getting infrastructure and IT in place
 - Identifying & tracking BPCI patients
 - Engaging providers
 - Aligning post-acute care

20

Questions

Robert Mechanic
The Heller School for Social Policy & Management
The Health Industry Forum
Brandeis University
mechanic@brandeis.edu
www.healthforum.brandeis.edu