

Capturing Triple Aim Value Across the Care Continuum in Cardiac Bundled Payments

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Snapshot of Provid	lence			T PROVIDENC	
Employees	73,018				
Employed physicians	3,389	-	Alaska		
Employed advance practice clinicians	923	1	•Wa •Facili	Voolla Me Baar	
Physician clinics	475	44	Anchorage • Soldotna • Soldotna	Nalae n ≪ordova ¢eward	
Acute care hospitals	_34		Kodiak		
Acute care beds (licensed)	7,932	- Andrews		Colville Florence	
Providence Health Plan members	390,596	• Belleva ve	Forks Sequimered Port Angeles Port Townsend		
Hospice and home health programs	19	Cle Elum Edmonds Everett Issaquah	Shelton Aberdeen Olympia Lacey Turnwater	• Great Falls • Great	
Home health visits	633,364	Lynnwood Marysville Monroe Redmond	Seaside Seaside Portland	•Waits Waits	
Hospice days	640,409	Sammammish Seattle Snoqualmie	Milwaukie Oregon City Newberg Mount Angel		
Assisted living and long term care facilities (free standing and co-located)	22		Ore	regon	
Supportive housing	Facilities: 14 Units: 693		• Medford		
Unique patients served	2,483,462				
Community benefit and charity care costs	\$951 million		California	Agoura Hills Burbank	
Total net operating revenue	\$11.1 billion		-Oakland	Carson Country Country Carson Carson Second Seco	
Total net operating income	\$37.7 million		2	Autorination Beach Autorination Autorination Autorination Autorination Autorination Autorination Autorination	
Total net income	\$253.3 million	-		Forter Ranch Factorial Beach San Gabriel San Retire	
Total net assets	\$7.3 billion	-		Segue	
Long term bond ratings	Moody's Aa2; S&P AA; Fitch AA	-		- Van Nuys - Wwst Hills	

Data is consolidated for Providence and its affiliates based on financial reporting.



Value-based Arrangements







Strong CMMI Alignment



"The Centers for Medicare and Medicaid Services should be given, and be willing to exercise, **more flexibility and authority to make broader and quicker decisions** about identifying, implementing, monitoring, and modifying promising payment strategies."

Our CABG Care Package

- ☑ Covers all admit types
- No diagnosis exclusions
- Longer episode duration
- Broad scope of covered post-operative services
- ☑ Inclusive readmission DRGs
- Incorporates key outcome and patient satisfaction measures

Understanding Continuum Cost





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					L	Abg Care Pa	DRG'S 231 - 2	ensitivity Analysis	•		— 📕 н	eart and	Vascular
						solated CAB	G - All Admit 1	Types - All Pavers			In	stitute	
						soluted end		Types Antayers				Stitute	
													Total DRG
					· · · · · · · · · · · · · · · · · · ·	2011 A	verage Direct	t Costs per Case b	y DRG		· · · · ·		Direct
DRG	Cases	Avg LOS	Room	CRU/CCU	Surgery	Supplies	Implants	Lab/RX	Rehab	Imaging	ED	Other	Cost
										0.0			
231	2	12.5	\$4,280	\$12,848	\$6,430	\$6,261	\$2,090	\$23,998	\$707	\$667	\$490	\$2,378	\$60,150
232	5	5.2	\$1,207	\$5,299	\$5 <i>,</i> 857	\$5 <i>,</i> 928	\$2 <i>,</i> 028	\$5,916	\$181	\$226	\$352	\$1,096	\$28,091
233	52	12.8	\$3 <i>,</i> 038	\$12,613	\$5 <i>,</i> 850	\$4,878	\$358	\$6,328	\$610	\$494	\$294	\$3,537	\$38,000
234	127	8.4	\$2 <i>,</i> 535	\$6,707	\$5,421	\$4,537	\$162	\$3,824	\$204	\$217	\$265	\$1,616	\$25,490
235	36	10.2	\$2,355	\$10,064	\$4,446	\$4,664	\$167	\$4,769	\$470	\$389	\$34	\$2,269	\$29,627
236	122	6.1	\$1,800	\$5,108	\$3,916	\$4,094	\$134	\$2,587	\$236	\$182	\$17	\$1,075	\$19,149
TOTAL	344		\$2,536	\$8,773	\$5 <i>,</i> 320	\$5,060	\$823	\$7,904	\$401	\$363	\$242	\$1,995	
			7.6%	26.3%	15.9%	15.1%	2.5%	23.7%	1.2%	1.1%	0.7%	6.0%	
													Total DRG
			ċ	· · · · ·	· · · · · ·	Percentage (Goal for Redu	ction in Direct Co	sts per Case	· · · · ·	· · · · ·		Expected Value
DRG			Room	CRU/CCU	Surgery	Supplies	Implants	Lab/RX	Rehab	Imaging	ED	Other	Percentage
231	2		6.0%	3.9%	0.2%	0.5%	0.0%	1.5%	0.0%	0.5%	0.0%	0.0%	1.9%
232	5		14.4%	11.7%	0.2%	0.5%	0.0%	1.5%	0.0%	0.5%	0.0%	0.0%	3.3%
233	52		5.9%	6.4%	4.0%	0.5%	0.0%	5.0%	0.0%	5.0%	0.0%	2.5%	4.4%
234	127		8.9%	11.7%	4.0%	0.5%	0.0%	6.0%	0.0%	15.0%	0.0%	2.5%	6.1%
235	36		7.3%	6.5%	0.5%	0.5%	0.0%	5.0%	0.0%	5.0%	0.0%	2.5%	4.0%
236	122		12.3%	11.7%	4.0%	0.5%	0.0%	6.0%	0.0%	15.0%	0.0%	2.5%	6.3%
TOTAL	344												
													Total Value
						Expected V	alue - Savings	in Total Direct Co	sts by DRG				of Direct
DRG			Room	CRU/CCU	Surgery	Supplies	Implants	Lab/RX	Rehab	Imaging	ED	Other	Cost Savings
231	2		\$514	\$1,007	\$26	\$63	\$0	\$720	\$0	\$7	\$0	\$0	\$2,335
232	5		\$870	\$3,100	\$59	\$148	\$0	\$444	\$0	\$6	\$0	\$0	\$4,627
233	52		\$9,293	\$42,227	\$12,169	\$1,268	\$0	\$16,454	\$0	\$1,284	\$0	\$4,599	\$87,294
234	127		\$28 <i>,</i> 637	\$99,754	\$27,540	\$2,881	\$0	\$29,142	\$0	\$4,138	\$0	\$5,131	\$197,222
235	36		\$6,221	\$23,601	\$800	\$840	\$0	\$8,583	\$0	\$700	\$0	\$2,042	\$42,787
236	122		\$27,012	\$72,867	\$19,108	\$2,497	\$0	\$18,936	\$0	\$3,324	\$0	\$3,280	\$147,025
TOTAL	344		\$72,546	\$242,557	\$59,702	\$7,697	\$0	\$74,279	\$0	\$9,459	\$0	\$15,051	\$481,290



Delivering predictable, high quality care is the best strategy to reduce cost and improve patient experience.

- Traditional cost-reduction strategies:
 - ☑ Contracting and utilization (supplies/tests/Rx)
 - Readmission $\mathbf{\nabla}$
 - Procedure time $\mathbf{\nabla}$
 - Staffing $\mathbf{\nabla}$
- ☑ Throughput/LOS Value-based cost-reduction strategies:
 - Prospective case review
 - Evidence-based care steps
 - Reduction in complications and major morbidities
 - Data-driven strategies using clinical registries



The average direct cost of a case where a complication occurred is 24% higher than the average direct cost of all cases.

"Unintended variation is stealing healthcare blind" – Don Berwick



		Α	В	с	D	E	F	G	н	1
IV. Di	scharge Metrics									
4.1	DC w/ ASA	98.9%	99.9%	0100.0% 098.7%	#N/A	0100.0%	0100.0%	0 100.0%	100.0% 🔵 100.0%	0100.0%
4.2	DC w/ P2Y12 Inhibitor	98.3%	99.1%	0 100.0% 0 97.4%	0 100.0%	100.0%	99.2%	98.8%	98.6% 🏮 99.4%	99.4%
4.3	DC w/ Statin	97.1%	97.6%	90.9% 989.3%	0 100.0%	97.0%	0100.0%	0 100.0% 🥚	97.1% 🔵 99.4%	97.4%
4.4	DC w/ ASA+P2Y12+Statin	95.4%	96.8%	90.9% 87.3%	#N/A	96.8%	99.2%	98.7%	96.9% 🥚 98.7%	96.6%
4.5	DC w/ Beta Blocker (MI pts)	91.8%	91.0%	0 80.0% 87.1%	#N/A	95.2%	90.0%	76.9%	91.2% 🏮 95.1%	94.6%
4.6	DC w/ ACE/ARB (EF≦40% pts)	95.7%	95.1%	0100.0% 085.7%	#N/A	100.0%	90.0%	100.0%	100.0% 🔵 100.0%	94.4%
4.7	Cardiac Rehab Referral	83.6%	83.4%	0 70.0% 0 49.3%	0.0%	88.3%	93.2%	96.3%	43.3% 🥚 89.9%	94.0%
4.8	Smoking Cessation Advised	97.5%	0 100.0%	0 100.0% 100.0%	#N/A	0 100.0%	0 100.0%	100.0%	100.0% 🔵 100.0%	0 100.0%

Patient Interviews

"I went from being someone who took a daily multi-vitamin and some fish oil to a being heart patient. I remember getting home from the hospital and sitting at my kitchen table looking at a pile of pills I had to take. I just put my head in my hands and started to cry." -Gail, CABG patient

"I grew up in the days of the Marlboro Man and Joe Camel- smoking was perfectly acceptable. I haven't quit smoking yet, but I'm working on it. I still eat at Carl's Jr. because it tastes so good. I don't like fish and I can't be vegan. Except for the heart attack and my stroke I am in good health." -John, PCI patient









Care Package Key Features



- **Bundled payment:** One price covers related services 30 days pre-admission through 30 days post-discharge.
- Evidence-based: Provider-driven adherence to gold standards of cardiac surgery and post-operative care.
- Patient-centric: Shared decision-making and patient engagement tools are hardwired into the care design.
- Appropriateness: Multidisciplinary review process that considers the risks and benefits of surgery vs. alternative treatments.

Project Structure



Stage Gate Council

Core Team

Clinical Workgroup

• Goals

- Clinical optimization along the care path.
- Recommend improvements to provider group.
- •22 clinical and support services

Provider Workgroup

• Goals

 Develop and approve provider-driven best practices (care steps).
Review care package scope and key features.
Physicians and PAs/NPs

Workout Session #1: Patient Care Path



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CRU Surgery Enter system Evaluation IRU/PAC Telemetry Discharge Evaluate Review/optimize Make sure that ACM, PT, RT, Develop a Begin phase II Follow-up call to Prepare for Reduce pharmacy review at timeliness of prepatient meds pre-PAC eval rate issues patient's home communication cardiac rehab patients postdischarge Evidence based costs by using the op education. op meds or meeting discharge tool for handinpatient versus dBetter deansportation (teaching, Disposition plan should review of OT patients own oral meds labs, surgical devices offs. Explore waiting Have cardiac Medication communication re: system: patients wait discharge be known on admission time. Apply best that are continued scheduling (same (CPAP) are documentina in review pre-op rehab staff meet hospital discharge for hours for planning) prior practice to Need to posteate a standardized & treatment team day vs. delay) Develop Collect and enter ordered for patient during between rehab, care wheelchairs for Regidentission should be working decrease OR coordinate protocol for team in Provide administration management, nursing, discense chomecare CR09petalization Evaluate choice protocols history, optimization toward that goal with hand-off from CRU for transfer to of-town patients who Interelisciplinary rounds instructions that and a of surgerv/ pre-op: medication, labs, IRU to CRU. improve MD/PA have PAC the prior day Mthe patient and family next unit sure that the post-op emphasize daily checklist sedation Nutrition. and ECG into Assign a person availability to or have a delay before pre/post-op Liberalization of diet patient knows when cleaning of wounds: Preventative OT/PT. EMR in the medications for who follows a surgery rather than Develop an inpatient order: is heart healthy education and where to go for soap and water, pat care: cost and smokina. epatient from IRU cardiologist/ Keepiles insetientent really necessary. Want interdisciplinary cardiac rehab (create a materiahission outpatient entandardization dry. Use the Heart strong surgeon office to Assign care toldischarge pre-op by RN or rehab: rounding process to encourage PO posthandout with info) Use EPIC to facilitate dietician tours or videos of surgical minimize PAC Notification in pre-apt. time. op stage of program (outpatient opPost-op heart healthy coordinator 6 minute walk test, bed that incorporates a post-surgery: PACabt of facility Send patients supplies among follow-up office visits-PT) as prep for diet education: heart to pre-op to mobility and transfer don't let lunches specific time/day and Begin cardlageons. standardize clarity of patients who aren't and surgical heart book vs. consult provide w/o use of VE support. Home health pre-op home preand reports includes all nd patients with rehab consult the information. quite ready for cardiac apt. made to RD, referral to consistency disciplinate a rounding outpatient dietician, surgery to interfere with respiratory needs relGleate and implement assessment and postpre-op Implement a for the from prewean from 9.9bSBARe a a standardized Assign a patient checklist to ensure scheduled call to the patent to set up follow-up distignate plan/ op follow-up extubation times samentime caliniterdisciplinary admit to meds rather Pre-op CABG advocate to help family discharge plan. best practice and that week ahead and Implement daily rounding: better and Bistharge education and mobility/ Discharde in spirometer Schedule post-op/postnavigate the the results nothing is missed interdisciplinary communicati more frequent PT/OT instruction in teaspital begun hospital MD complexity of the location. Contact the independence (ADG/cobservation) communicated to rounds post-op involvement specific to on: inter-MD's office appointment at earlier in pt stay in Avestienet threat teon meone present during rounds facility early create an order assessment surgeonsweek prior #8 dischargeon disciplinary cardiac rehab services Create an early discharge. Distribute pre-op and reinforced meets with the office visits for set/checklist of and staff to to surgery to and frequent interdisciplinary At discharge try to fill information to all transfer protocol so education and through family/pt, to go over discharge medications mobilization to be able patiente capture elective scrips in-house roundina providers within the patients can be labs- good multidisciplinary the process so they to transfer patients to anemic patients, process on all whether the transferred in a more care path.Educate patieeaching opportunity for are more comfortable Involve PA + others in Perform a regular heparin allergies, telemetry earlier. This CABG ptsservice will timely manner without and family on review of readmission questions and with the inpatient stavthe discharge process Evaluation by etc is in response to include patient be bundled a specific surgeon management medications data for specific clinical Provide online, interactive to clarify post-op surgeons keeping Limit whe of Haderabthetime of preearly in care conditions to address should assess all optimization education for patients to scheduling/plan for PT/OT or other acopellaspatients in CRU longer Schediylelys formal rounding Initiate decision diamstation with the elective CABG problems that may be patients Better coordination retained because they are too work through at home. Any therapists pre-op Standardize for SNF patient regarding addressed for pts pre-op to have far ahead of Formalize secretions not Seeka Pit wideize daore auestions could be discharge between cardiology placement early expected progression a clear baseline prevention. time as rounding with able to do IS. directed to an online protocol for oncenmattentiemthan and CVS RNs in both of activity and ADLS to forum/clinic, nuse at the lomesteatinghe-have patient's PAC and op home visit and surgeon's clinic, labs moved to a home potentially draw Pre-op nutrition team approachevelop@RU possible to Comsisteintknthesels/staff Have pediatric inpatient and faction work with assessment for Mederafleer comprehensive IS to use (lower Cleancornidevication cardiac rehab outpatient care ins potentially draw at risk patients Cognition screening, utilization teaching program that flows). to patient re: plan for ordered for all Company to model or facility away Create a coordinated pre-op labs review: evidence incorporates discharge and care **Net**biendsoritize patient safety insights, Deswelop inpatient the hospital effort by physicians to based, safety/ pre/intra/post-op care: Intendes bio Mattendunds Encourage more cg home setting for rounds on move patients from that the followed and cost e.a. Video to take home placement issues education, family patients who ar Standal do telemetry incorporated into EPIC. Use More communication Presedatevest to book to take home. involvement for ready to be during rounding to ensure CRU nurses if Involveocastientation for between surgery and discharge DC care by case improved carryover of discharged managers, PT, and consistency. Should start at cardiology with plans. any patient criteria for manager instruction and other rehab staff earlier outpatient care. orders, discharge transferring from through inpatient issues are

Identified Priorities:



Develop recommendations that include:

1)Establish transfer protocols from CICU to telemetry.

2)Establish extubation protocol and procedures.

3)<u>Better communication</u> of expectations, orders, and post-op plans.

4) Utilize Epic to support standardization and communication.

5)Increase the rate of cardiac rehab referral AND enrollment in the

phase II rehab program.

Building CABG 50 Care Steps + PROVIDENCE Health & Services





Gold Standard and Evidence Based Guidelines

1 Preoperative	-
2 Intra-Operative	
3 Post-Operative	
4. Discharge	
5. Post-Discharge	

Actionable Care Steps across Episode (56 proposed) Review evidence and vote: 31 unanimous yes 19 adopted after discussion



Outline provider behavior, modify physician orders, add Epic smart phrases

Navigators and EPIC Optimization



ROVIDENCE

Health & Services

Discharge Checklist:

- Aspirin is being given at discharge at >/= 100 mg/day: {Blank single:19197::"Yes.","No, because of allergy, hypersensitivity, or intolerance. Clopidogrel (75 mg daily) is being given at discharge instead.","No, because of active bleeding.","No because of significant thrombocytopenia.","No. The dose dose has been lowered to 81 mg/day because of concomitant use of other antithrombotic therapy.","No, because ***."}
- 2. A beta blocker is being given at discharge: {Blank single:19197::"Yes.","No, because of allergy, hypersensitivity, or intolerance.","No because of hypotension.","No, because of bradycardia/conduction block.","No, because of reactive airway disease.","No, because ***."}
- 3. A statin is being given at discharge to achieve at least a 30% reduction in LDL-C and/or a level <100 mg/dL: {Blank single:19197::"Yes.","No, because of allergy, hypersensitivity, or intolerance. An alternative LDL-cholesterol lowering agent is being given instead.","No, because ***."}
- 4. An ACE inhibitor or ARB is being given at discharge: {Blank single:19197::"Yes.","No, because of allergy, hypersensitivity, or intolerance.","No because of hypotension.","No, because of renal insufficiency.","No, because of hyperkalemia.","No, because ***."}
- 5. Warfarin is being given at discharge and will be managed by: {Blank single:19197::"The hospital anticoagulation clinic (ACC).","Cardiology.","The primary care physician (PCP).","Other: ***"}
- 6. A referral to phase 2 of cardiac rehabilitation has been placed: {Blank single:19197::"Yes.","No, because ***."}
- 7. Follow up with CT surgery has been arranged and is documented in the after visit summary: {Blank single:19197::"Yes.","No, follow up has not been arranged because ***."}
- 8. Follow up with Cardiology has been arranged and is documented in the after visit summary: {Blank single:19197::"Yes.","No, follow up has not been arranged because ***."}
- 9. Follow up with the PCP has been arranged and is documented in the after visit summary: {Blank single:19197::"Yes.", "No, follow up has not been arranged because ***."}
- 10. The patient has symptoms suggestive of postoperative depression: {Blank single:19197::"Yes, and the patient has been referred to their primary care physician (PCP) for further evaluation and treatment.", "Yes, and the patient has been referred to a behavioral health specialist for further evaluation and treatment.", "No."}

Human Centered Design







Patient engagement features

Meaningful innovations will require us to know our users well



- Observation
- Patient interviews
- Clinical workgroups
- Planning
- Care integration

Care Package Features

- Patient Compact
- Shared decision-making
- Pre-admission planning checklist
- Medication education
- Follow-up appointments
- Manage home recovery and

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Prospective Case Review





Pilot Results



"However beautiful the strategy, you should occasionally look at the results."



- Winston Churchill





Cost reduction and halo effect

CABG Care Package Inpatient Value Proposition Calculation	Projected	Actual
Isolated CABG Cases	235	209
(Weighted) Average Direct Cost Percent Savings	5.40%	7.9%
Value Proposition Per Case	\$1,400	\$2063
Total CABG Care Package Inpatient Value Proposition	\$329,000	\$431,063

HALO EFFECT- Applied to all Inpatient Cardiac Surgery Cases	Projected	Actual
All Other Inpatient Cardiac Surgery Cases	336	373
Value Proposition Per Case	\$1,400	\$1,775
Halo Effect- Total Estimated Value for Inpatient Cost Savings	\$470,400	\$763,718
OVERALL CARDIAC SURGERY INPATIENT VALUE PROPOSITION	\$799,400	\$1,194,781

Calculations based on 2011 inpatient direct costs per case of \$26,030 for PSVMC. Actual savings based on R4Q (Q4 2012- Q3 2013).

Physician Dashboard



TRIPLE AIM				
	Affordable Serv	ices		
Avg Total LOS (days)	8.05	7.70	7.90	
Avg Total CICU Stay (hours)	53.5	45.1	49.5	
1	mproving Populatio	n Health		
% Readmission within 30 days	7.6%	5.7%	4.9%	
% Any Blood Products	31.7%	27.8%	29.0%	
% Extubated <6 hours	68.7%	81.5%	85.5%	
Avg Postop Vent (initial hours)	11.6	9.1	9.8	
F	ROCESS MEA	SURES		
	SCIP (SCIP Definit	ions)		
% Antibiotic Selection	100.0%	100.0%	100.0%	
% Antibiotic Timing	99.6%	100.0%	100.0%	
% Antibiotic Discontinued	100.0%	100.0%	100.0%	
% Glycemic Control Day 1	#N/A	#N/A	96.8%	
% Glycemic Control Day 2	#N/A	#N/A	100.0%	
	STS NQF (STS Defin	itions)		
% Preop Beta Blocker	96.8%	100.0%	92.6%	
% IMA Use	95.5%	94.1%	93.2%	
% Discharge Antiplatelets	98.7%	100.0%	100.0%	
% Discharge Beta Blocker	98.6%	100.0%	100.0%	
% Discharge Lipid Lowering	99.1%	100.0%	100.0%	
	STS Quality			
% Cardiac Rehab Referral	91.5%	100.0%	100.0%	
Avg Predicted Risk Mortality	2.54%	2.61%	2.28%	
Avg Predicted Risk M&M	16.6%	16.9%	15.9%	
Median Total LOS (days)	6.0	6.0	6.0	
Median Total CICU Stay (hours)	37.1	29.0	40.2	
Median Postop Vent (initial hours)	5.1	4.6	4.5	

Formatting Rules				
7.60		7.70		
63.3		63.4		
5.3%	5.4%	10.0%		
43.6%	43.7%	51.8%		
43.1%	43.0%	42.9%		
14.6	14.7	14.8		
100.0%		99.9%		
100.0%		99.9%		
100.0%		99.9%		
100.0%		99.9%		
100.0%		99.9%		
1001070	NQF ava	551570		
100.0%	92.0%	91.9%		
100.0%	98.1%	98.0%		
100.0%	98.3%	98.2%		
100.0%	97.6%	97.5%		
100.0%	96.7%	96.6%		
	target			
100.0%	95.0%	94.9%		

8.0 47.0 6.7

K E Y - Target source						
	Program target					
	PSVMC Overall 2012					
	STS avg 1Q-4Q 2012					
	STS mdn 1Q-4Q 2012					
	NQF avg 1Q-4Q 2012					
	(+/- 0.1) of Yellow					

Data Source: PATS STS Adult Cardiac registry, STS-defined Isolated CABG cases only.

Produced by Regional Heart and Vascular Data Services

Patient Satisfaction



Metric	2014	2012
Likely to recommend	92%	88.2%
Physician overall (percentile)	97th	78th
Home care instructions (percentile)	99th	90th

Data source: Press Ganey/ H CAHPS database; 1/1/2011- 6/30/2014; DRGs 231-236; PSVMC; 2014 n= 30; 2012 n=66



Case Review



What does it take?



- Massive care coordination
- Redesigned processes
- Set performance standards
- Expertise in claims and pricing
- Engage the patient/family
- Rigorous accountability
 - ✓ Primary care
 - ✓ Cardiologist
 - ✓ Surgeon
 - ✓ Inpatient care team
 - ✓ Patient and Family



Lessons Learned



- ☑ Identify a strong physician champion and protect his/her time.
- ☑ Engage physicians around the data, especially their own.
- ☑ Merged cost and quality data is powerful but difficult to get.
- ☑ Don't forget about Nursing!
- ☑ There will be unintended consequences, both good and bad.
- ☑ This approach works for value based reimbursement.
- Partnerships are critical and should start early in the process.
- ☑ The price of this work is eternal vigilance.

Vigilance



n. alert watchfulness; the fact, quality, or condition of being vigilant

