

Defining and Supporting Consumer Interests

Leonardo Cuello June 7, 2018

About NHeLP

- National non-profit committed to improving health care access and quality for low income and underserved individuals and families
- State & local partners:
 - Disability rights advocates 50 states + DC
 - Poverty & legal aid advocates 50 states + DC
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What Do Consumers Need?

"Americans need more choices in health insurance so they can find coverage that meets their needs."

Alex Azar, Secretary,
Health and Human Services



Don't Speak For Us. Ask Us.

70% support ban on pre-ex exclusions

77% support no copays for preventive care

66% support Essential Health Benefits

23% support lifetime limits on coverage



New "Consumerism" Myths

- More choice is always a good thing
- Consumers need harsh incentives to act "in their best interest"
- U.S. health care spending increases are because consumers use too much care and make bad health care decisions



Real Consumer Values

- Having a meaningful set of options
- Having the information & supports needed to make informed choices
- Choice architecture that protects vulnerable enrollees
- Having supports to actually make the life choices they value



Duh.

Question:

How do you get meaningful consumer input?

Answer:

Invest in meaningful consumer input.



Example: Background

- Every state Medicaid program must run a Medicaid Care Advisory Committee (MCAC) that includes consumers
- Medicaid law requires states to support MCAC participation in policy development
- Pennsylvania's MCAC includes consumer members and a Consumer Subcommittee



Example: Pennsylvania MCAC

- MCAC meets monthly with Medicaid agency
- Consumer Subcommittee also meets monthly with agency
- Medicaid agency supports food, lodging, and other costs for consumers
- Medicaid agency provides updates and responds to requests for information



Example: Consumer Sub Attorneys

- Public interest lawyers represent the consumers – not by speaking for them but by sitting beside them
- Also by helping consumers prepare for the meeting, being on hand to answer questions during the meeting, and do follow up after the meeting



Example: Monthly Activity

- 15th Phone conference between Medicaid agency, consumers, lawyers, to set agenda
- 20th Lawyers send consumers extensive packet of materials for the meetings
- 25th Consumer Subcommittee meets internally and then meets with Medicaid agency staff
- **26**th MCAC consumer reps pre-meet and then full MCAC meets with Medicaid agency
- **27th-7th** Develop comments to issues raised at MCAC Consumer Subcommittee, prepare minutes
- **10**th Managed Care, FFS, LTC subcommittees meet on alternating months
- 15th Here we go again...

Outcomes

- Consumers: Information; contacts; meaningful impact; resolve client issues
- State agency: Better policy; gain legitimacy for initiatives; technical help; early warning system for problems; avoid bad press; stay out of court





Thank You

Washington DC Office

1444 I Street NW, Suite 1105 Washington, DC 20005 ph: (202) 289-7661

fx: (202) 289-7724

nhelpdc@healthlaw.org

Los Angeles Office

3701 Wilshire Blvd, Suite #750 Los Angeles, CA 90010

ph: (310) 204-6010

fx: (213) 368-0774

nhelp@healthlaw.org

North Carolina Office

101 East Weaver Street, Suite G-7

Carrboro, NC 27510 ph: (919) 968-6308

fx: (919) 968-8855

nhelpnc@healthlaw.org

www.healthlaw.org