

Post-Acute Care Costs:

Overcoming a Roadblock on the Path to Shared Savings



The National ACO, Bundled Payment, and MACRA Summit

A Mother's Tale

• 84 y/o female with

- PMH, ASHD, s/p 3x vessel bypass 1992
- CHF nl EF
- Pul HTN RV systolic pressure 70
- Bronchiectasis/COPD
- CKD stage 3b
- Chronic Anemia hgb avg 10
- Hyponatremia
- DM type 2

OP Cardiac Cath. at Hospital A 7 Days Post Cath.

Admission CHF/Resp. failure at

Hospital B



8 Days Post d/c
readmission
SOB/CHF/hyponatremia at
Hospital C



45 days Post d/c
admitted with
hypotension/syncope/ARF
s/p start of Pul HTN meds
Hospital B

Total Cost of Care: \$171,000

LOS: 27d
of transition visits = 1



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7 Days A OP Cara at Ho

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Hospital

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What we know about post-acute care (PAC)

- Consumes 11% of Medicare spend
- Fastest growing category of spend in Medicare
- Extreme variation: 73% of variation is due to rendered PAC services.



Readmission Penalties

	Exi	hibit 6-CCC	-B. Communication	and Caro	Coordi				NO RECORDS							
Readm	Performance Category	Measure Reference	-B. Communication (CM	TIN's	Von. Tree.						PAL R	EGI-	aules.			
	Hospitalization Rate per 1,000 Beneficiaries for Ambulatory	- CMS-2	Acute Conditions Composite Bacterial Pneumonia Urinary Tract Infection Dehydration Chronic Conditions Composite	0 0	Performance Rate 0.00 0.00 0.00 0.00	0.00 PO 0.00 0.00 0.00 0.00 0.00 0.00 0.	-1 Standard Deviation 0.00 ost-Acut he Centers for	Benchmark +1 Standard Deviation Care Q	Standardi- uality R Pu Medicaid S	Reporting blished Services (CMS y Reporting I	program: prospective prospecti	the following Payment Sylving (QRP)	Rules g final rules: stem (IPPS) stem Final Rule Nebpage for			
Bu	ndled	Pav	ments	for (Care							wm	ent System Fina	al among 7	TINs with at least 20 elige e via the CMS Portal in c	ble cases for the

Bundled Payments for Care Improvement (BPCI) Initiative: General Information

Share

The Bundled Payments for Care Improvement (BPCI) initiative is comprised of four broadly defined models of care, which link payments for the multiple services beneficiaries receive during an episode of care. Under the initiative, organizations enter into payment arrangements that include financial and performance accountability for episodes of care. These models may lead to higher quality and more coordinated care at a lower cost to Medicare.



Medicare Efforts Continued

2018 ACCOUNTABLE CARE ORGANIZATION INFORMATION

ACO CHARACTERISTICS			ACO COMPOSITION		ACO PARTICIPANT LIST COMPOSITION			
	ACOs	Percent		ACOs	Percent			
Non-Risk Based:						Participant TINs	20,690	
Track 1	460	82%	Physicians Only	171	30%	Physicians, PAs, NPs, CNSs	377,515	
Risk Based:			Physicians, Hospitals, & Other Facilities	324	58%	Hospitals	1,517	
Track 1+ Model	55	10%	FQHCs / RHCs	66	12%	Federally Qualified Health Centers	2,560	
SNF 3-Day Rule Waiver	31	-	_			Rural Health Centers	1,210	
Track 2	8	1%				Critical Access Hospitals	421	
Track 3	38	7%						
SNF 3-Day Rule Waiver	30	-				SNF AFFILIATES (SNF 3-DAY RULE WAIVER)		
						SNFs	868	



Primary Care Can Do It!

- The best way to control costs is by placing the PCP in the forefront of care
 - We need to prove it!

PCP can gain patient trust through shared decision making.

PCP can accommodate for transition visits in their

workflow.

Transition visits should entail:

Med rec, care plan adjustment, utilize narrow network, check necessity of HHA How do we prove the PCP intervention is the answer to increasing value and satisfaction while decreasing costs?



The Hypotheses

1. Primary care interventions will lower costs.

2. Primary care interventions will reduce readmissions.



The Study

Any discharges in 2016 from the TCM guideline specific locations with a discharge disposition to home or home with HHA.

TCM

PCP Eval & Management

No TCM

Total cost of care (Parts A & B)

Readmission rates within 90 days



Keep in Mind:

- Time frame selection.
- Deceased beneficiaries.
- D/C IP to home & SNF.
- The "n" in each category.



The Findings – Service Opportunity

- Of total discharges (73,097), 10% (7,353) were captured within 1-2 weeks post discharge.
 - Of TCMs captured:
 - 72% within 1 week
 - 28% within 2 weeks
- Possible TCMs within 1 or 2 weeks:
 - Of total discharges (73,097), 69% (50,322) were seen as a subsequent visit
 - Of all PCP Eval and Treat Visits:
 - 80% within 1 week
 - 20% within 2 weeks



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Palm Beach ACO – 2016 Overview

Total ACO Spend:

• \$819,535,618

Part A spend on IP:

• \$459,919,873

Part A spend on SNF:

• \$44,149,845



The Findings – Financial Opportunity

- Average total spend 90d post discharge: \$13,339
 - If any TCM is captured, the average savings are \$1,882
 - Within 1 week, average savings are \$2,092
 - Within 2 weeks, average savings are \$1,338
 - If TCM is captured post discharge from IP, the savings are \$3,149
 - Within 1 week, average savings are \$3,427
 - If TCM is captured post discharge from Obs, the savings are \$3,158
 - Within 1 week, average savings are \$3,330



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The Findings – Readmission Opportunity

- Total discharges: 73,097
- Total readmissions: 20,773 or a rate of 28% within 90 days post discharge
- Slight differences are seen across all discharge types, however the largest difference is seen with a TCM within 1 week from an IP discharge, which lowers the rate 12% from 40% to 28%



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The Findings – Conclusion

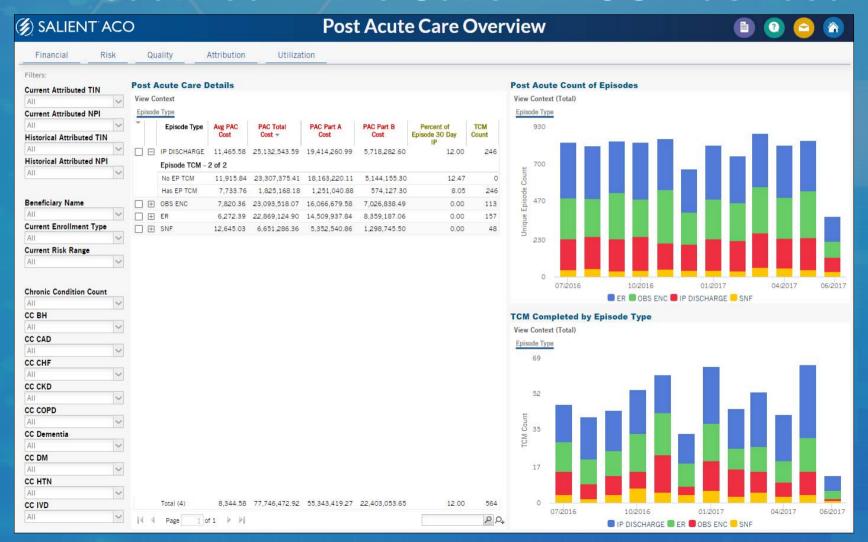
- PBACO is capturing TCMs at 10% but when TCMs are added to PCP Eval and Treat visits, they are seeing patients within 1-2 weeks post discharge at a 79% rate.
- Huge savings are seen across all discharge types when a TCM is captured.
- Opportunity is to capture more TCMs in both billing aspect as well as getting the beneficiaries in between 0-14 days.
- If PBACO increased TCMs within 1 week by 10% more, they would save an additional \$30,583,784 on average.



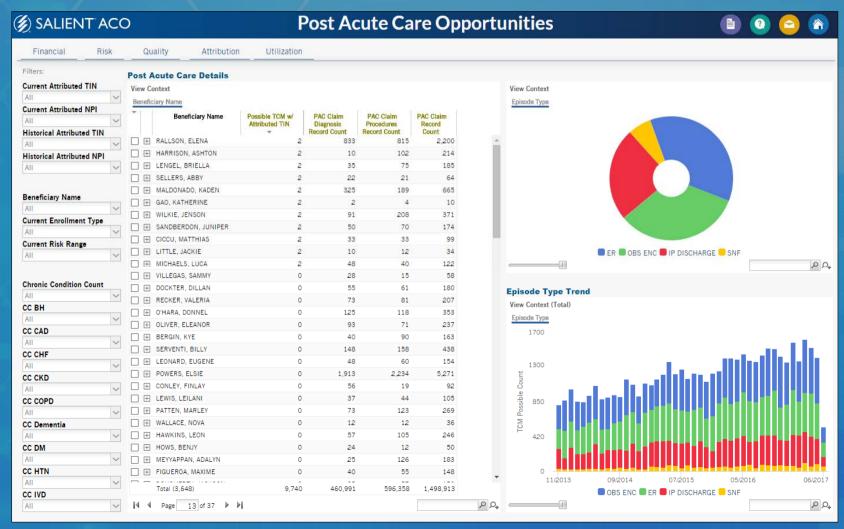
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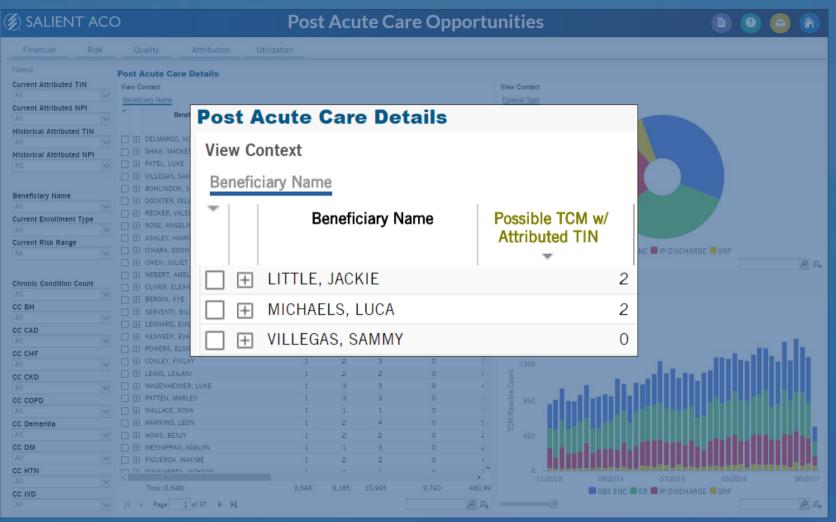
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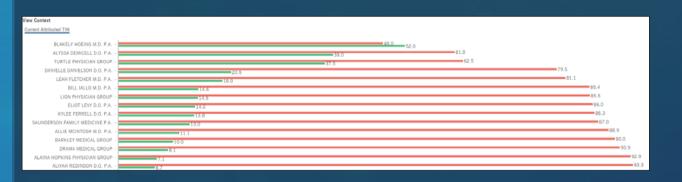


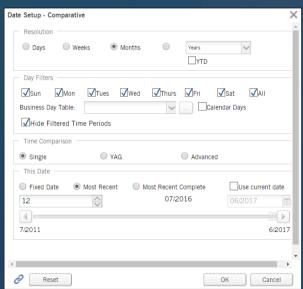


Where We're Goin', Come and Join Us!

Is the rendering TIN/NPI the attributed TIN/NPI

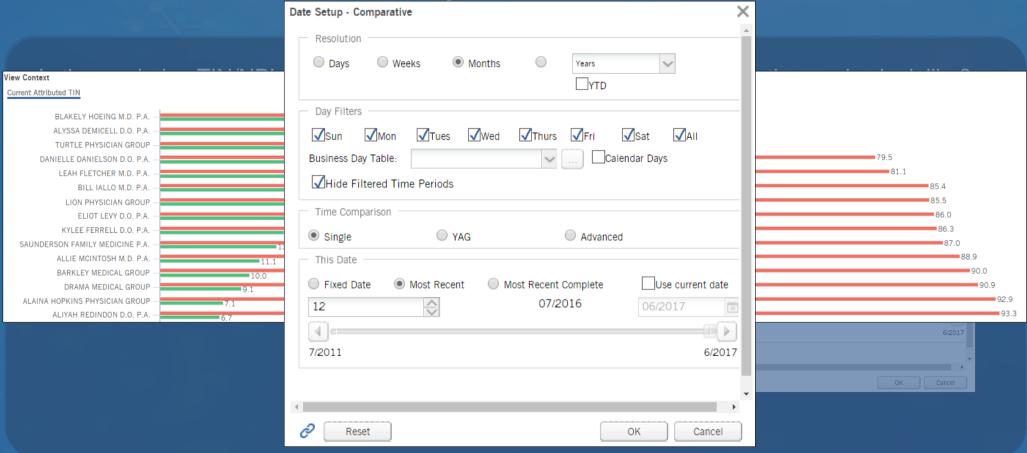
What does a time series look like?







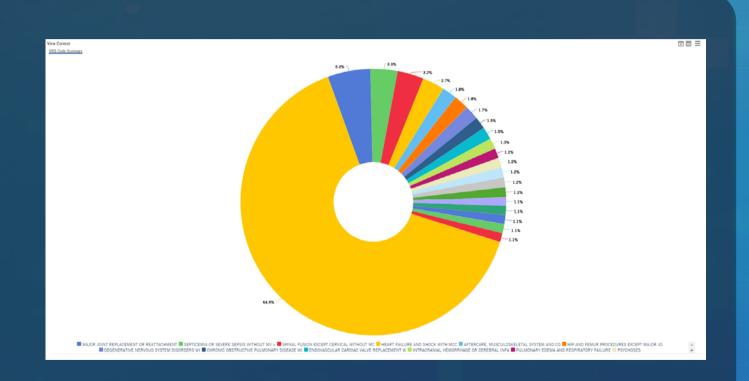
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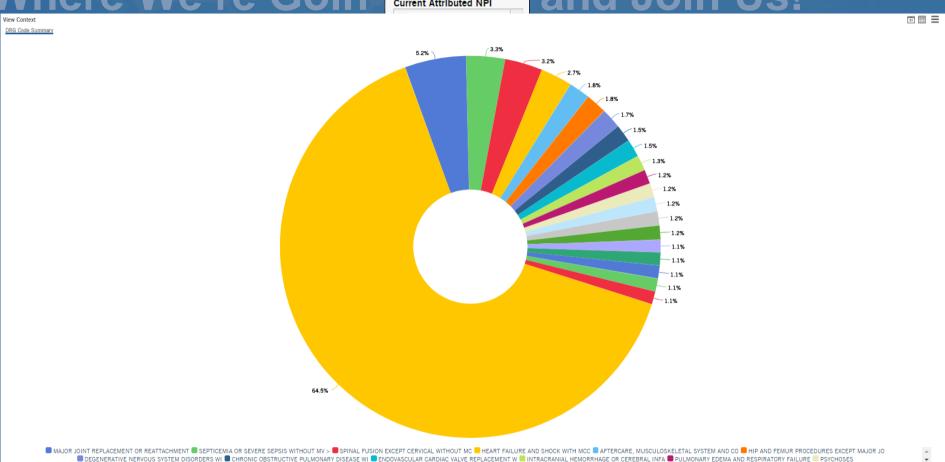
Where We're Goin'

Current Attributed TIN

All

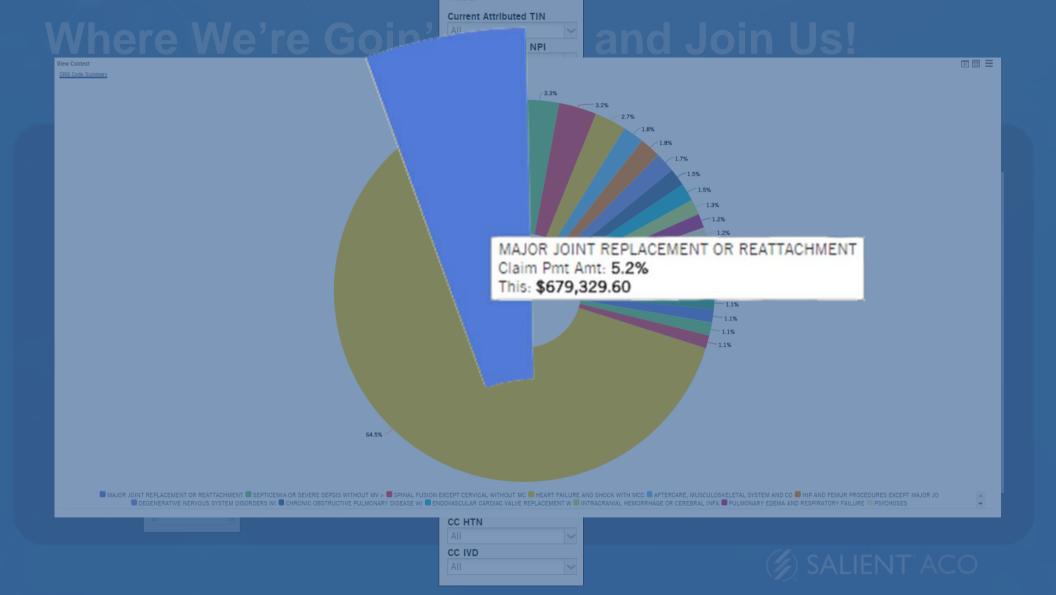
Current Attributed NPI

and Join Us!









What can organizations do with this information?

- Create relationships with hospitals in bundled payment structures
- Use information for leverage.
 - Create relationships with hospitals
 - Create relationships with SNFs
 - Increase PCP engagement
 - Increase patient engagement



Questions?



See a Live Demo at Booth E

Learn more at SalientHealthcare.com

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