NAVIGATING TODAY'S CJR BUNDLED PAYMENT PROGRAM



CJR Coordinator, University Medical Center

2018





THE STRENGTH OF OUR CULTURE

1 of 18 Level 1 Trauma Facilities in Texas

Regional Transfer Facility – Service area with over 3.8 Million









Located in Lubbock, TX

- Beds 501
- Annual Admissions 42,000+
- EC Visits 88,000-
- Providers 800+
- 700,000+ patients yearly in hospital and clinics
- Certified VAD facility and Primary Stroke Center
- Timothy J. Harnar Regional
 Burn Center
- Level 1 Trauma Certification
- Southwest Cancer Center
- Accredited Center for Bariatrics
- UMC Children's Hospital
- Employees 4600+
- Net Patient Revenue \$502M









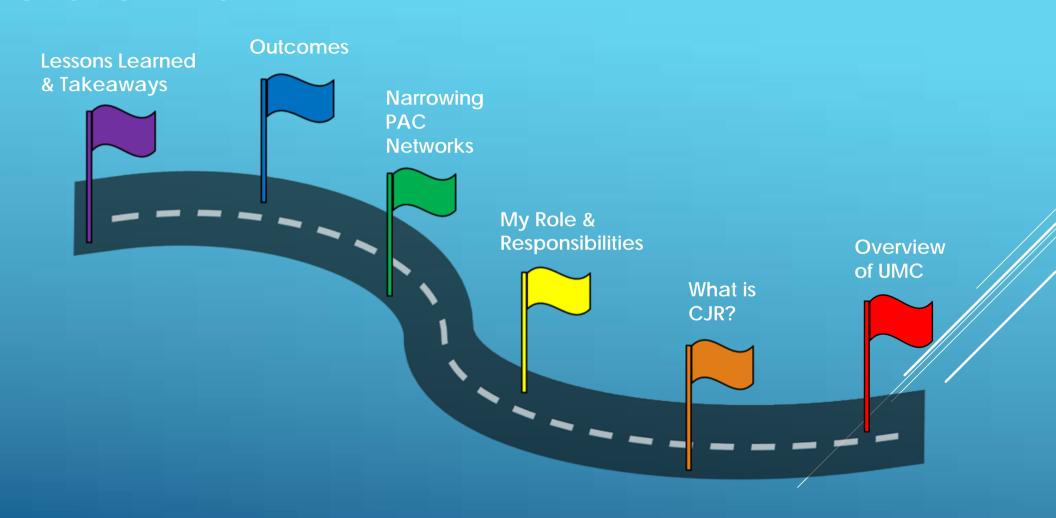








OBJECTIVES



WHAT IS CJR?

Comprehensive Care for Joint Replacement (CJR) model



• Support quality and efficiency for common inpatient surgeries (hip and knee replacements/TKA/THA) for Medicare beneficiaries

• Tests bundled payment and quality measurement for episode of care to encourage providers across the continuum to collaborate for quality care from hospitalization to recovery.

- Medicare beneficiaries with both Medicare Part A and Part B for an elective TKA/THA or due to a fracture
- Exclusions: Medicare due to ESRD, managed Medicare, those who pass away during the 90 day episode

PURPOSE OF CJR MODEL



Holds participant hospitals financially accountable for the quality and cost of a CJR episode of care and incentivizes increased coordination of care among hospitals, physicians, and post-acute care providers



The episode of care begins with an admission and who is discharged under MS-DRG 469 or 470 and ends 90 days post-discharge in order to cover the complete period of recovery for beneficiaries



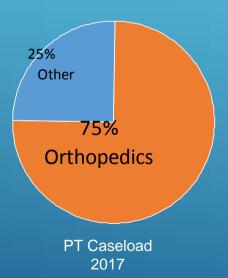
The episode includes all related items and services paid under Medicare Part A and Part B for all Medicare fee-for-service beneficiaries, with the exception of certain exclusions.

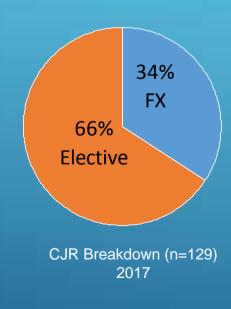
CJR CASES AT UMC

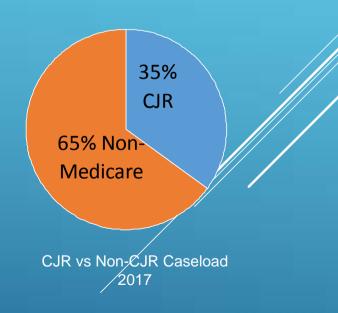


Who is involved?

- •10 PTs 2 PTAs
- •6 ORTHOPEDIC SURGEONS







MY ROLE



Identify, follow, and coordinate



Work with multidisciplinary teams

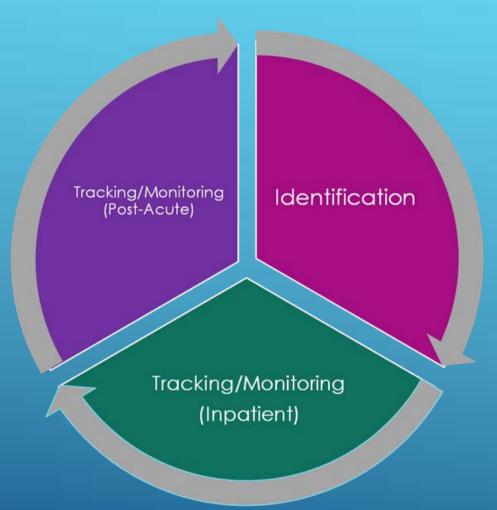


Understand CMS rules and guidelines

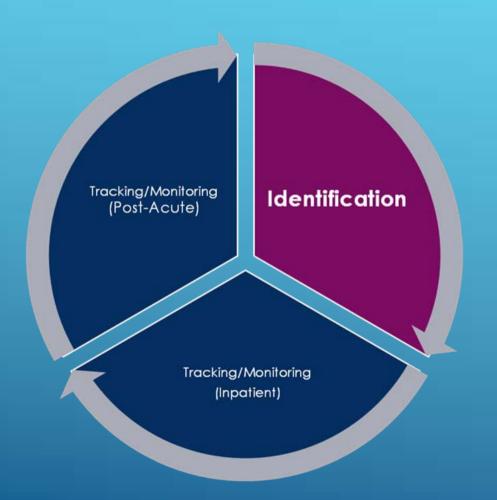


Manage and monitor patient outcomes Pre-surgical to 90 days Post-op

CJR RESPONSIBILITIES:



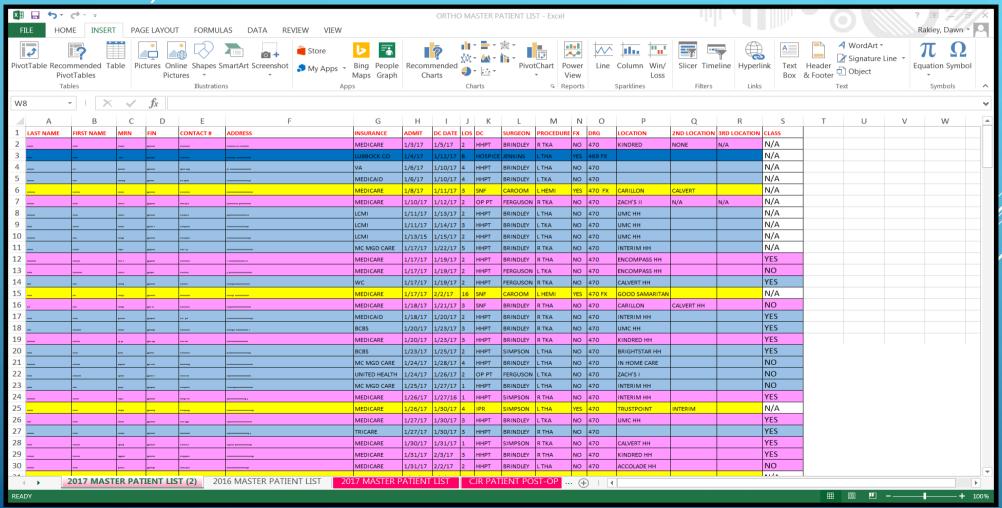
MY RESPONSIBILITIES: IDENTIFICATION



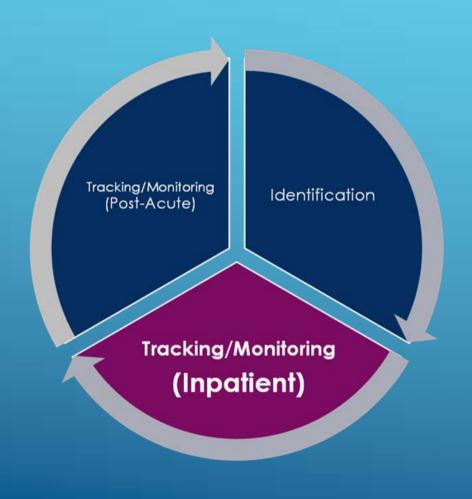
DAILY

- List of hospital patient admits every morning
- Look for diagnosis of fall/fracture across patient charts
- Check surgery list
- Create patient list on paper and on spreadsheet for EVERY patient

MY RESPONSIBILITIES: TRACKING/MONITORING (INPATIENT)

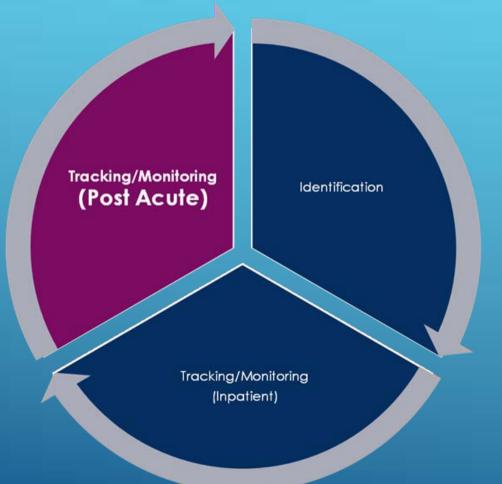


MY RESPONSIBILITIES: TRACKING/MONITORING (INPATIENT)



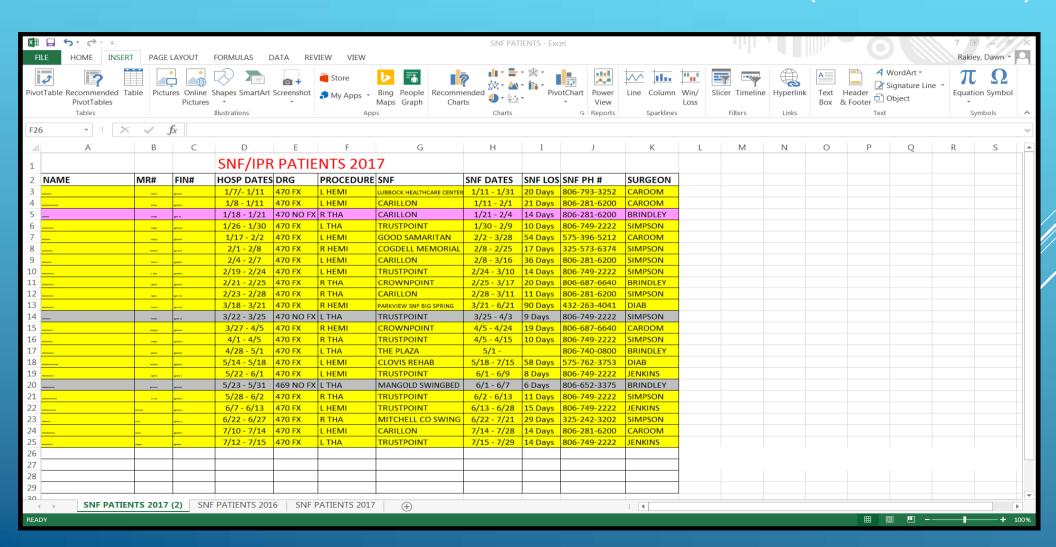
- Use patient list to communicate/send to appropriate team
- Follow social services notes for post-discharge planning
- Track LOS in hospital and PAC
- Monitor and report to orthopedic physicians regarding patient attendance in pre-op class
- Deliver CJR beneficiary notices to fracture patients
- Work with social services to start DME and post-acute care discharge planning in pre-op joint class

MY RESPONSIBILITIES: TRACKING/MONITORING (POST-ACUTE)

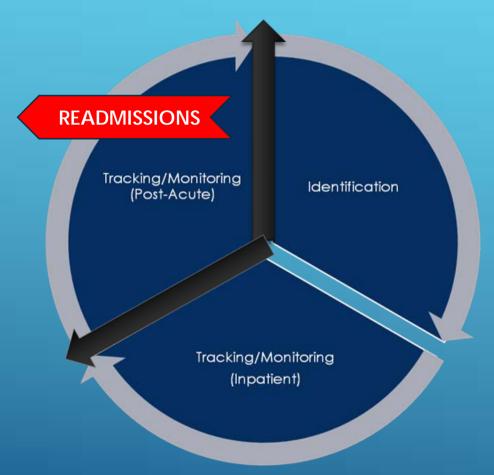


- Track patients with spreadsheet and on paper
- Weekly calls to SNFs and HHAs
- SNF Barriers to patient tracking
- Hold bi-monthly meetings with SNPs and HHAs to provide dashboard assessments
- Patient charts flagged with CJR identification notice (SNF)

MY RESPONSIBILITIES: TRACKING/MONITORING (POST-ACUTE)



MY RESPONSIBILITIES: READMISSIONS



- Accountable for readmissions within 90 days for CJR patients
- Get a weekly email for our Medicare Readmission Project
- Go through ER list several times a day looking for possible fracture patients or patient readmissions
- Weekly calls to SNFs or Home
 Health to see if a patient is being
 sent to ER or if physician
 readmitted a patient from post-op
 clinic

MY RESPONSIBILITIES: CREATING A MULTIDISCIPLINARY TEAM

Formed a CJR Steering Committee

- Various disciplines involved to bring multidisciplinary action team that can have great impacts and innovations to CJR
- CJR is part of our hospital's Stewardship Strategic Plan for 2018 to maximize financial strength in order to accomplish the mission of improving quality of care and reducing costs
- Team includes:
 - Lead orthopedic surgeon
 - Mid level ortho
 - Trauma
 - Social Services
 - PT/OT
 - Performance Improvement
 - Anesthesia
 - IT
 - Hospital Administration
 - Medical Director
 - Financial Director



CJR STEERING COMMITTEE:

- CJR DASHBOARD
- PAC SPENDING
- ORTHO SERVICE LINES
- SOCIAL SERVICES TOPICS
- STREAMLINING PRE-OP AND POST-OP PROCESSESS
- MANDATORY PRE-OP TKA/THA CLASS
- PPAC FOR HHA AND SNF
- CJR PATIENT IMPROVEMENTS

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	469 * Fracture	2014 Actual	2016 Actual	Jan	Feb	March	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Current Target	2017 YTD	ALOS Avoided Costs
	Participants		N/A	1	0	0	1	0	0	0	0	1	0	1	0	NA	4	
	UMC ALOS	6.7	4.5	3.0			3.0					21.0		8.0		4.1	8.8	(\$3,148.80)
	Discharged Home	27.00%	50.00%	100.0%			100.0%					100.0%		0.0%		55.0%	75.0%	
	SNF ALOS	35	20.0											14.0		18.0	14.0	
	DC To Regional SNF/SB	NVA	NA											0		NA		
	Avg ‡ of Therapy HH Visits		13.0											Pending		10.0	#DIW0!	
									CJR									
	470 * Fracture	2014 Actual	2016 Actual	Jan	Feb	March	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Current Target	2017 YTD	ALOS Avoided Costs
	Participants		N/A	4	5	2	4	3	5	3	2	3	9	2	3	NA	45	
	UMC ALOS	6.7	4.6	6.50	4.80	6.00	4.8	7.5	4.6	4.3	5.0	4.3	4.9	6.5	7.3	4.1	5.5	\$20,016.00
	Discharged Home	27.0%	14.30%	25.0%	0.0%	0.0%	66.7%	0.0%	40.0%	33.3%	50.0%	33.3%	44.4%	0.0%	0.0%	55.0%	24.4%	
	SNF ALOS	35	38.4	26.3	19.6	54.5	10.0	25.7	22.0	14.0	29.0	27.5	34.0	Pending	Pending	14.0	26.3	
	DC To Regional SNF/SB	NVA	NA	1	3	1	0	1	1	0	0	0	2	2	2	NA	7	
L	Avg \$ of Therapy HH Visits		13.4	22.0	9.0	12.0	7.0	17.0	20.0	17.0		12.0	12.0	Pending	Pending	10.0	14.2	
									CJR									
	469 * No Fracture	2014 Actual	2016 Actual	Jan	Feb	March	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Current Target	2017 YTD	ALOS Avoided Costs
	Participants		N/A	0	0	1	1	1	0	0	0	0	0	0	0	NΑ	3	
	UMC ALOS	3.9	7.0			3.0	4.0	8.0								6.3	5.0	\$2,304.00
	Discharged Home	62.0%	0.0%			0.0%	0.0%	0.0%								55.0%	0.0%	
	SNF ALOS	28.0	23.0			9.0	13.0	6.0		<u>L</u> ,						10.8	9.3	
	DC To Regional SNF/SB	WA	N/A			0	0	0								NA	0	
L	Avg \$ of Therapy HH Visits		9.0			9.0										10.0	9.0	
									CJR									
	470 ° No Fracture	2014 Actual	2016 Actual	Jan	Feb	March	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Current Target	2017 YTD	ALOS Avoided Costs
	Participants		N/A	11	2	5	11	6	2	9	7	7	7	6	6	NA	79	
	UMCALOS	3.9	2.8	2.3	2.5	2.2	2.8	2.0	2.0	2.2	2.7	2.4	2.1	2.5	1.8	2.5	2.3	\$48,613.44
	Discharged Home	62.0%	93.1%	91.0%	100.0%	80.0%	91.0%	100.0%	100.0%	100.0%	100.0%	86.0%	100.0%	100.0%	100.0%	100.0%	95.7%	
			14.0	14.0		9.0	28.0					12.0				8.0	15.8	
	SNF ALOS	28.0	14.0															
	SNF ALOS DC To Regional SNF/SB	28.0 N/A	N/A			1	0					1				₩A	2	
						1	n					1				NA	2	

NARROWING DOWN OUR POST ACUTE CARE NETWORK (SKILLED NURSING FACILITY)

MANDATORY CRITERIA:

Quality Measure Star Rating 4 or above Must submit monthly MSPB data to hospital

NURSING HOME COMPARE:

% of short stay patients re-hospitalized after SNF stay

% of short stay patients who had an ER visit no hospitalization

% of short stay patients who made improvements in function

% of short stay patients with pressure ulcers that are new or worsened

SPECIFIC DATA FROM FACILITY:

ALOS



* COLLECT MONTHLY CASPER REPORTS (MDS 3.0 FACILITY LEVEL QUALITY MEASURE REPORT)

NARROWING DOWN POST ACUTE CARE NETWORK (HOME HEALTH AGENCY)

MANDATORY CRITERIA:

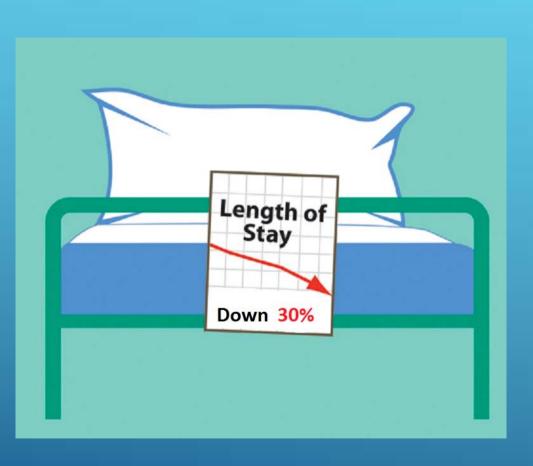
Star rating of 3 or above Must turn in MSPB data monthly to UMC



HOME HEALTH COMPARE:

How often patients had an ER visit without hospitalization How often patients had to be re-admitted to the hospital How often patients got better at walking/moving around How often patients had less pain when moving around Home health began in a timely manner Patients got better at taking medications by mouth

AVERAGE LENGTH OF STAY



2013-2015 (Baseline)

6.8 Days FX

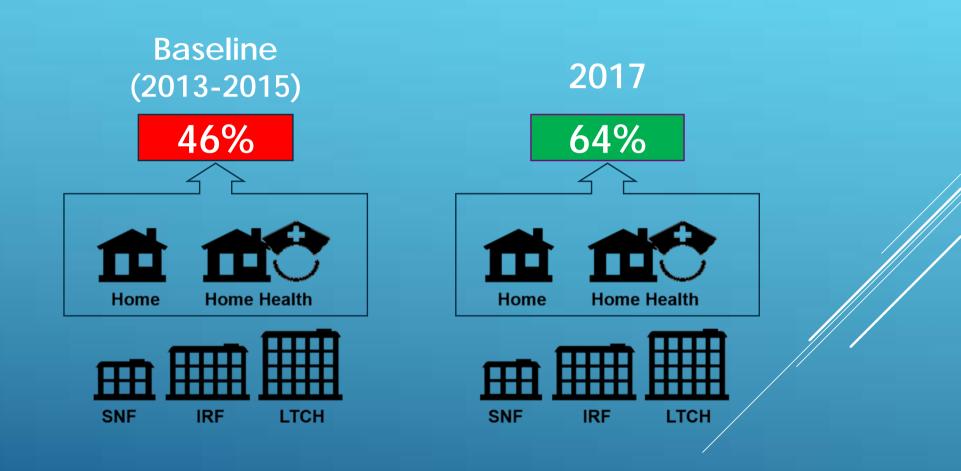
3.9 Days NO FX

2017

5.5 Days FX

2.3 Days NO FX

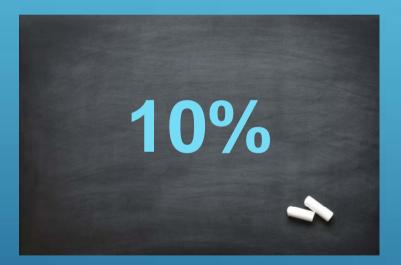
DISCHARGE HOME INSTEAD...

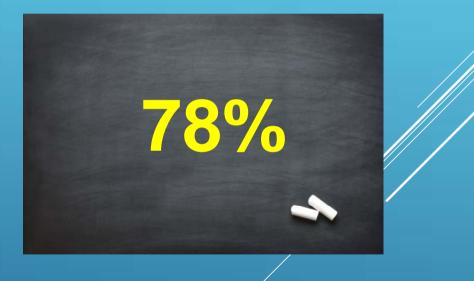


POST ACUTE CARE SPENDING OF TOTAL CJR EPISODES



TOTAL JOINT REPLACEMENT PRE-OP EDUCATION CLASS COMPLIANCE





LESSONS LEARNED



- Doing what's right for the patient is always the #1 goal of any change process
- ▶ Buy-in to "Culture"
- Be transparent and honest
- ► Pursue innovation
- Ensure buy-in from administration and physicians
- Practice makes perfect

TAKEAWAYS



Coordinators can be interdisciplinary...



- Be intentional about your process
 - It may mean that you will have to create new interventions and/or training/education



 Being accountable to CJR has made us better at procedures, education, discharges, etc.



 You can connect this to other bundles (BPCI, ACO)

QUESTIONS??

