

Trends and Tactics in National Bundled Payment Programs

Risk/Bundle Selection, Performance Monitoring, and Clinical Management

presenters

Chris Birkmeyer, EVP, Analytic Solutions, ArborMetrix

John Dickey, MD, CMO, Population Health, Sound Physicians



Today's Presenters



John Dickey, MD
Chief Medical Officer
Population Health
Sound Physicians



Chris Birkmeyer, MS
Executive Vice President
Analytic Solutions
ArborMetrix

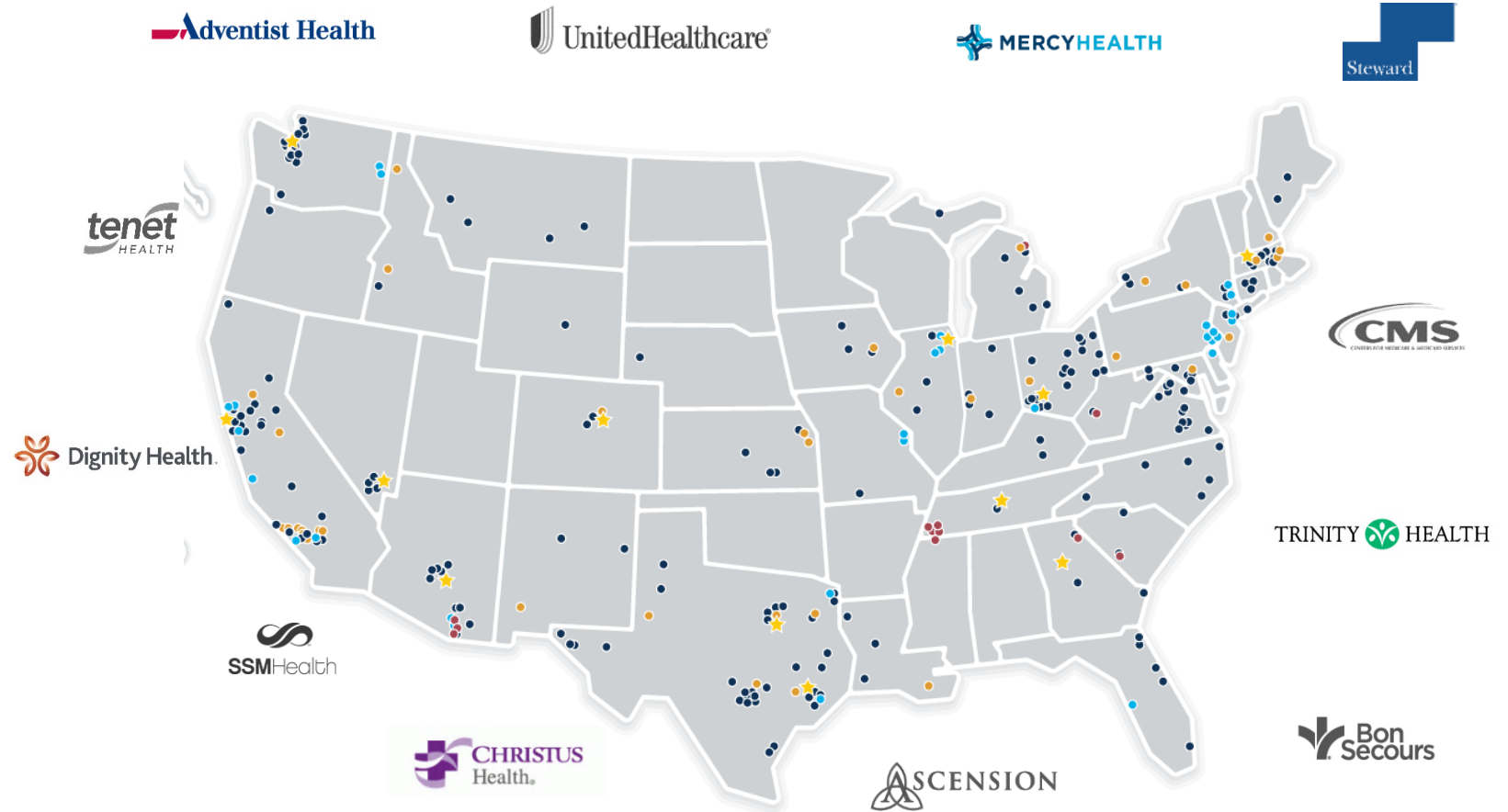




**BPCIA Enrollment...
IT'S HERE!**

Sound Physicians

- For **20 years** we have delivered exceptional results and outcomes to our hospital partners throughout the country.
- These results, coupled with a highly-engaged physician front line, have translated into success in value-based programs.
- **3,500+** employed clinicians
- **350+** hospital partners
- **40 states**
- **80,000 BPCIA episodes per year**—not “cherry-picked”
- **1.5M+** annual hospital admissions

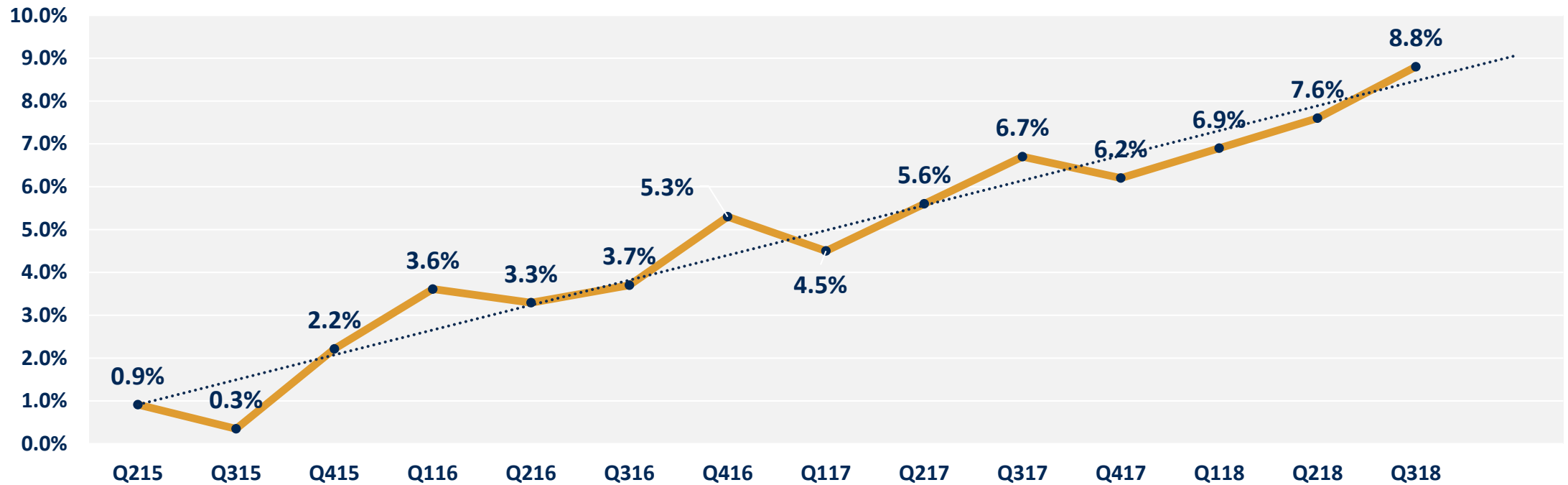


Sound Physicians

Our BPCIA Experience: Learn, Invest, and Improve



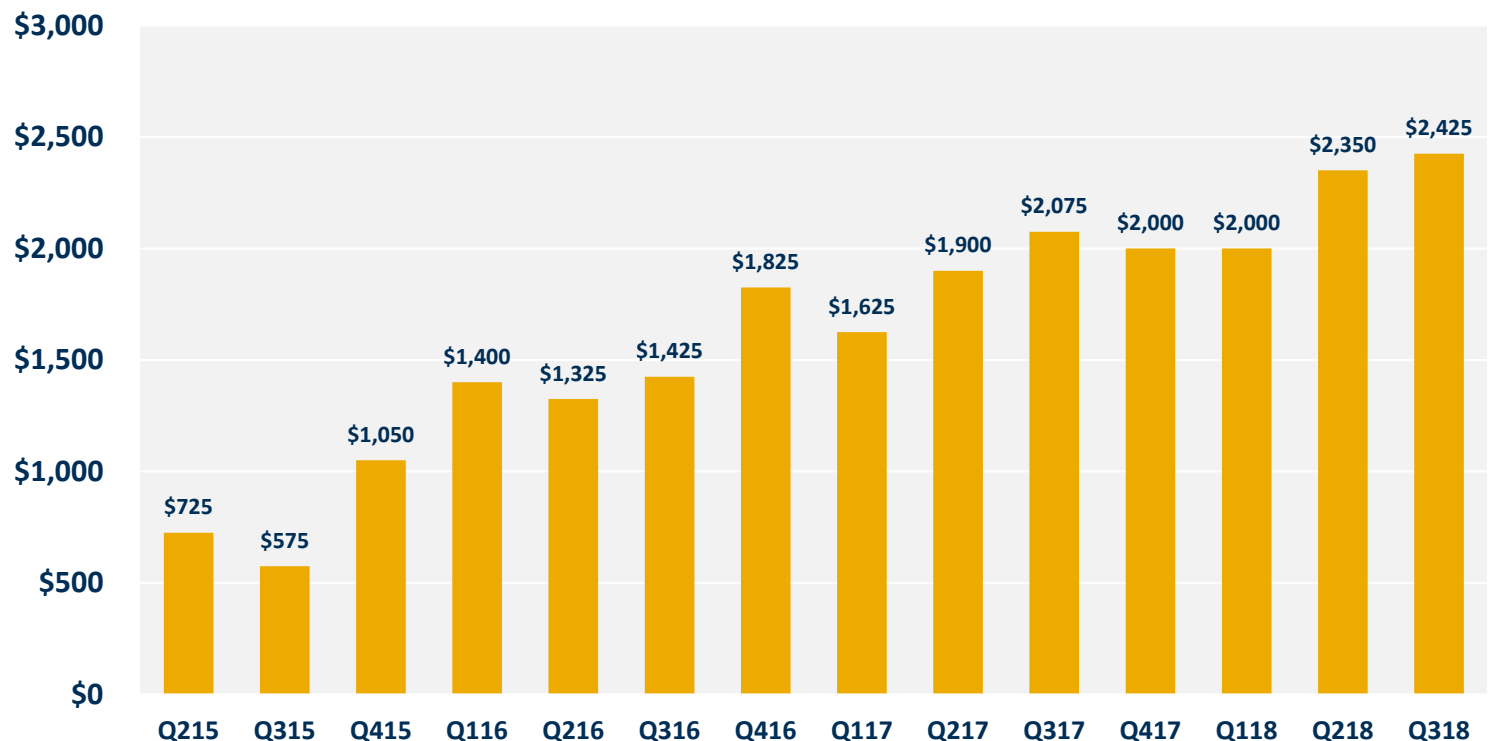
Sound Aggregate Net Savings Rate



Sound Physicians

Engaged Hospitalists Drive Reduced Episode Costs

Savings per Episode



- *Managing 80,000 episodes annually*
- *Large clinical cross-section of population*
- *Effective 16% post-acute savings rate*
- *Compared to historical benchmarks:*
 - 13% more patients sent home
 - 12% reduction in SNF LOS
 - 20% reduction in readmissions

Sound Physicians

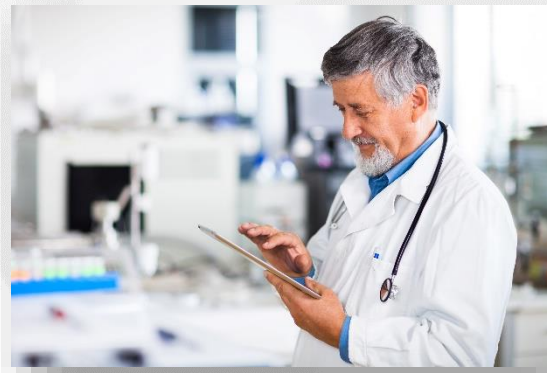
The Sound Secret Sauce

- Engaged physicians
- IT enable clinical workflows
- Strategic post-acute providers/networks
- Strong Analytics



ArborMetric

Specify. Measure. Act.



**Driving Success in BPCI-Advanced
with Advanced Analytics**

Today's Session

- BPCI-A methods and calculations primer
- Optimize bundle selection for maximum day one savings
 - How favorable is my target price?
 - How has my hospital changed since target price period?
 - Can I find more favorable pricing working with a PGP?
- Episode identification



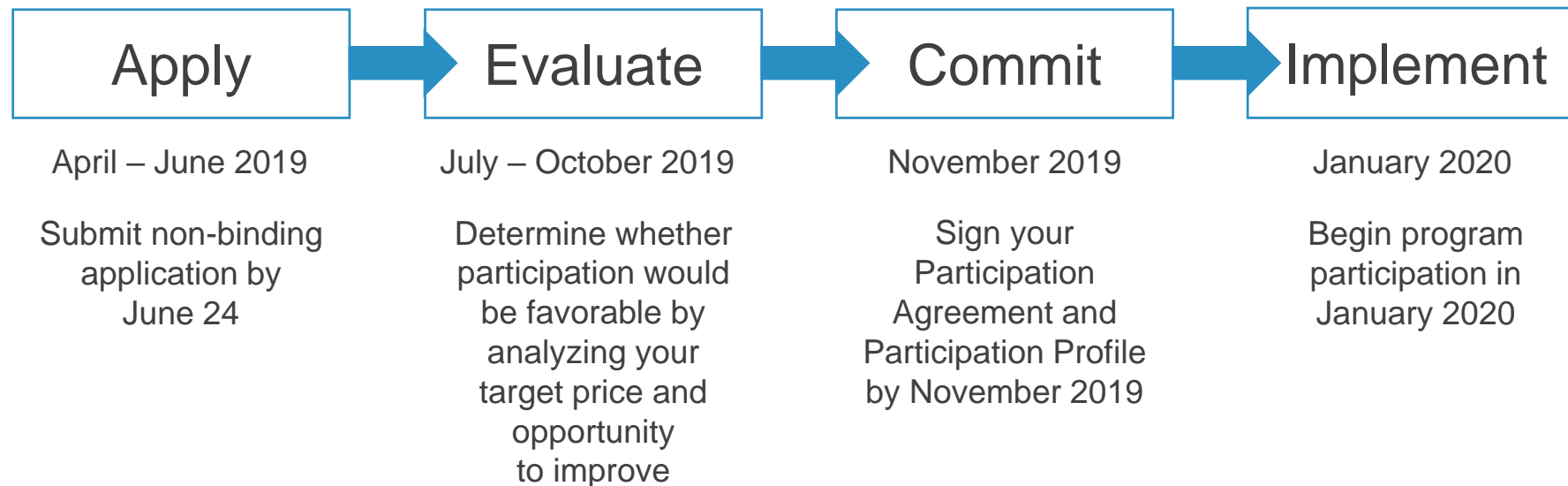


BPCI-A Methods and Calculations Primer

BPCI Advanced

BPCI-A is a voluntary, nationwide model with a single retrospective bundled payment and one risk track, with a 90-day episode duration.

Model Year 3 – Application Timeline



Glossary

- ACH, CCN and Hospital may be used interchangeably
- Physician group practice, provider group, PGP, and TIN may be used interchangeably
- Bundle refers unique clinical episode category and episode type combination
- Episode refers patient-level qualifying anchor stay and 90-day post-discharge period
- Expected Episode Cost: Patient episode-level prediction of total episode spend. If episode-level data were available for all patients, the average expected episode spend / the “dollar amount” would equal the ACH efficiency.
- Favorability of Target Prices: Comparison of HBP to best estimate of what the HBP would be if HBP had unlimited signal for each ACH-Bundle combination.
- Time Zero Episode Spend: Best estimate of current episode spend for each ACH-Bundle combination at start of program.
- Clinical Improvement Opportunity: Assessment of how much opportunity exists for each ACH -Bundle combination to lower spend beyond Time Zero estimate.
- Selection Trigger: Threshold at which ACH-Bundles are selected for inclusion in savings calculation. Triggers can be based on expected \$ or % improvement.



BPCI-A Financial Methodology Overview

Payment from CMS for BPCI Advanced involves:

- Standard Medicare FFS payments during episodes
- Retrospective reconciliation semi-annually during the program year
- Reconciliation compares all actual non-excluded Medicare FFS expenditures for a Clinical Episode to the final Target Price for that Clinical Episode
- Positive Reconciliation Amount, paid to Episode Initiators occurs when FFS payments for an episode are lower than the Target Price
- Negative Reconciliation Amount, paid by Episode Initiators occurs when FFS payments for an episode are higher than the Target Price
- Netting all Positive and Negative Reconciliation Amounts across all Clinical Episodes results in a Positive or Negative Total Reconciliation Amount
- In other words, NPRA = Target Price minus actual FFS expenditures
- For a full methodology description please see:

<https://innovation.cms.gov/Files/fact-sheet/bpci-advanced-generalffs.pdf>



Target Price Methodology

Target prices are set based on historical performance of episode initiator (hospital or provider group)

Minimum Case Volume

 **41 cases**

Time Period

2013-2016

Small sample sizes on old episodes create significant opportunity for Bundle optimization



CMS Target Price Components

Hospital Level Calculations

- Step 7: Dollar Amount – Average predicted spending for all baseline episodes across all ACHs for a given Bundle
- Step 8: ACH Efficiency Measure – Hospital Observed/Expected ratio
- Step 9: SBS (standardized baseline spending) – Dollar amount * ACH efficiency measure
- Step 10: PCMA – Hospital Patient Case Mix Adjustment
- Step 11: PAT Factor – Peer Adjusted Trend
- Step 12: HBP – Hospital baseline price

PGP Adjustments

- Step 13: PGP efficiency measure – PGP observed/expected ratio
- Step 14: PGP Offset – PGP efficiency / Hospital efficiency
- Step 15: PGP Relative Case Mix – PGP PCMA / Hospital PCMA
- Step 16: PGP-ACH Benchmark Price

Final Calculations

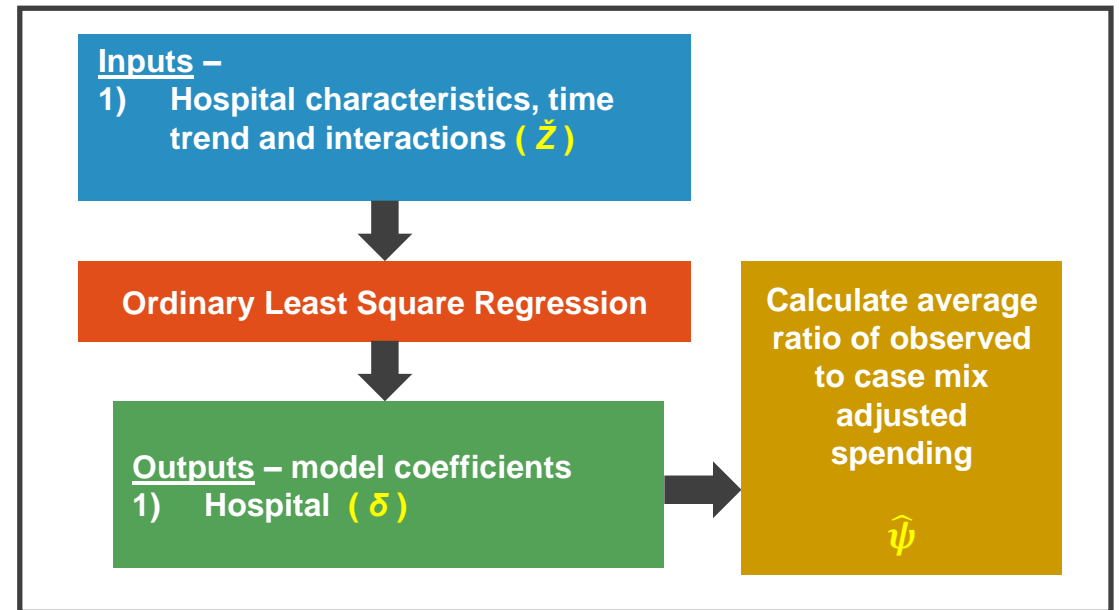
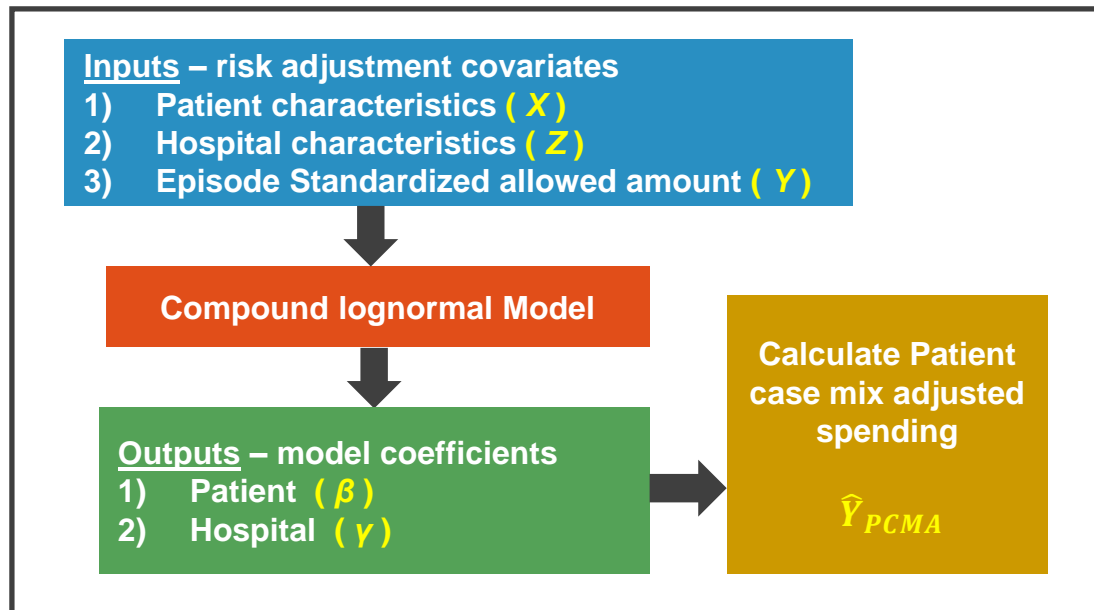
- Step 17: Preliminary Target Price (Benchmark Price * 0.97)
- Step 18: Ratio of real to standardized dollars for the hospital



CMS Statistical Methods

Replicated CMS calculation to obtain predicted clinical episode spending

- Used supplied documentation on 2 stage model – Patient Case-mix Adjustment
- **Compound lognormal (CL) & ordinary least square regression (OLS)** – Peer adjusted trend



<https://downloads.cms.gov/files/cmml/bpciadvanced-pricingmethodology-techreviewwebinar-slides.pdf>

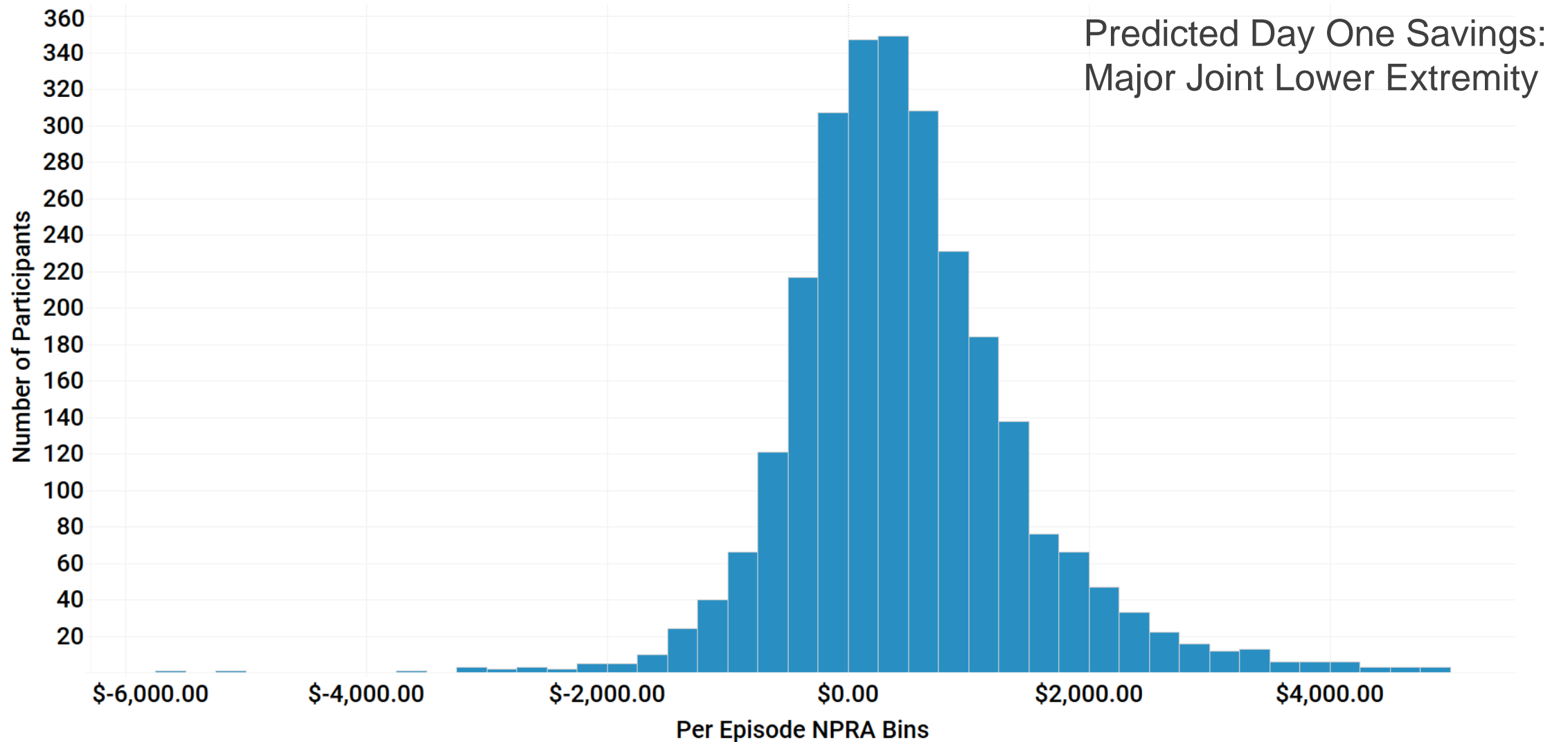
<https://innovation.cms.gov/Files/x/bpciadvanced-episoderevisionspecs-yr1-2.pdf>





Optimizing Risk/Episode Selection

Day 1 Savings Can Vary Widely

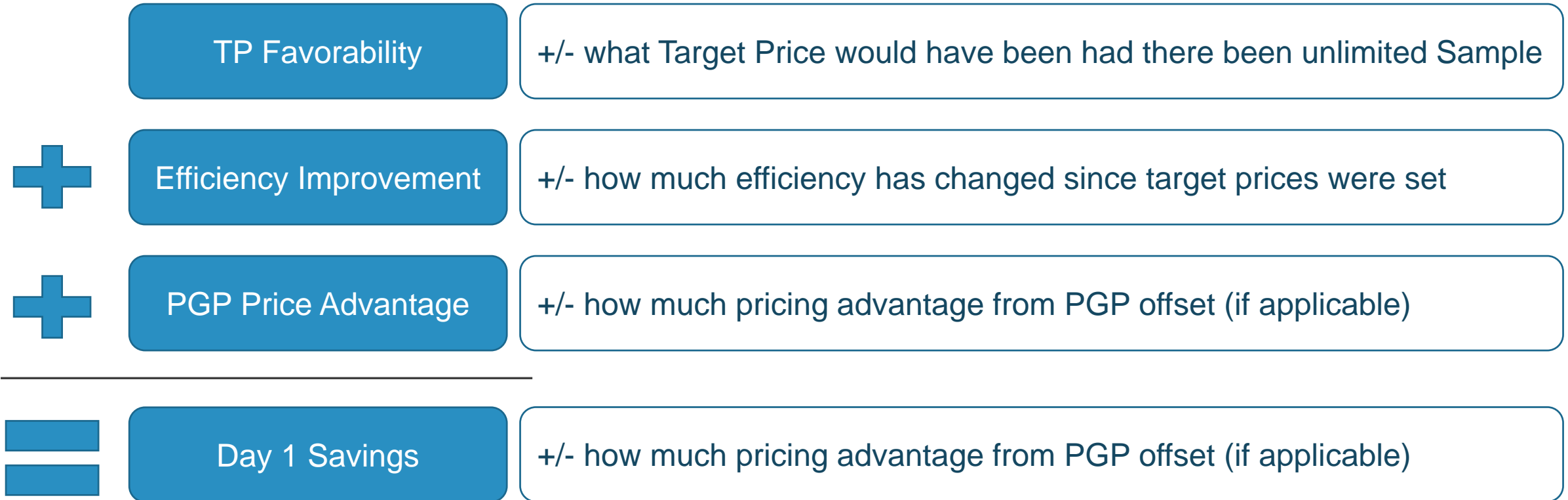


Data Sources for Analysis

- Applications included 326 distinct CCNs. This comprised 8,802 CCN, Episode type & Clinical episode category combinations
- Data included:
 - Target price details at both CCN & PGP level
 - Target price components
 - Episode details for Sound initiated episodes only
- Data were supplemented by CMS Limited Data Set (LDS) files (100% sample) to extend claims through 2018



Savings Opportunity Methodology Overview

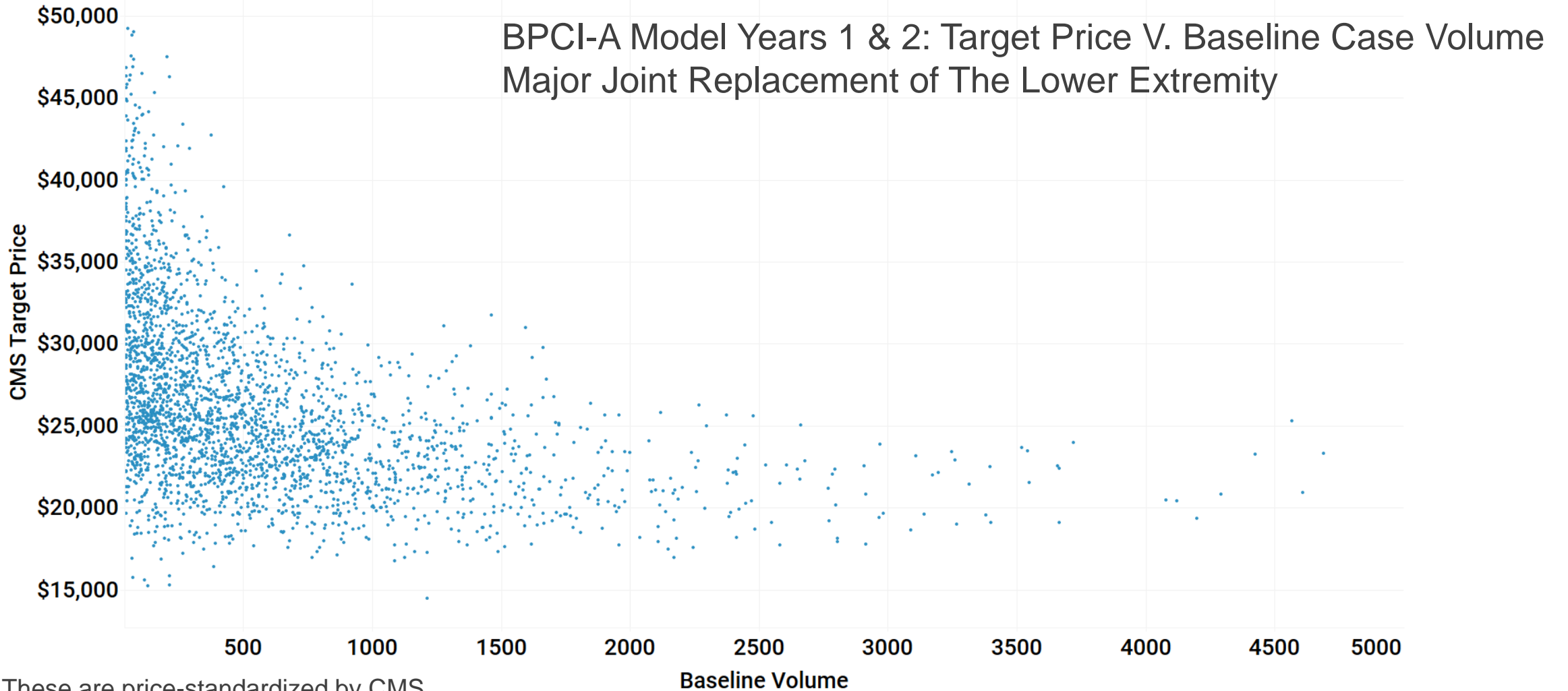


Questions to Consider

1. How favorable is my target price?
2. How has my hospital changed since target price period?
3. Can I find more favorable pricing working with a PGP?

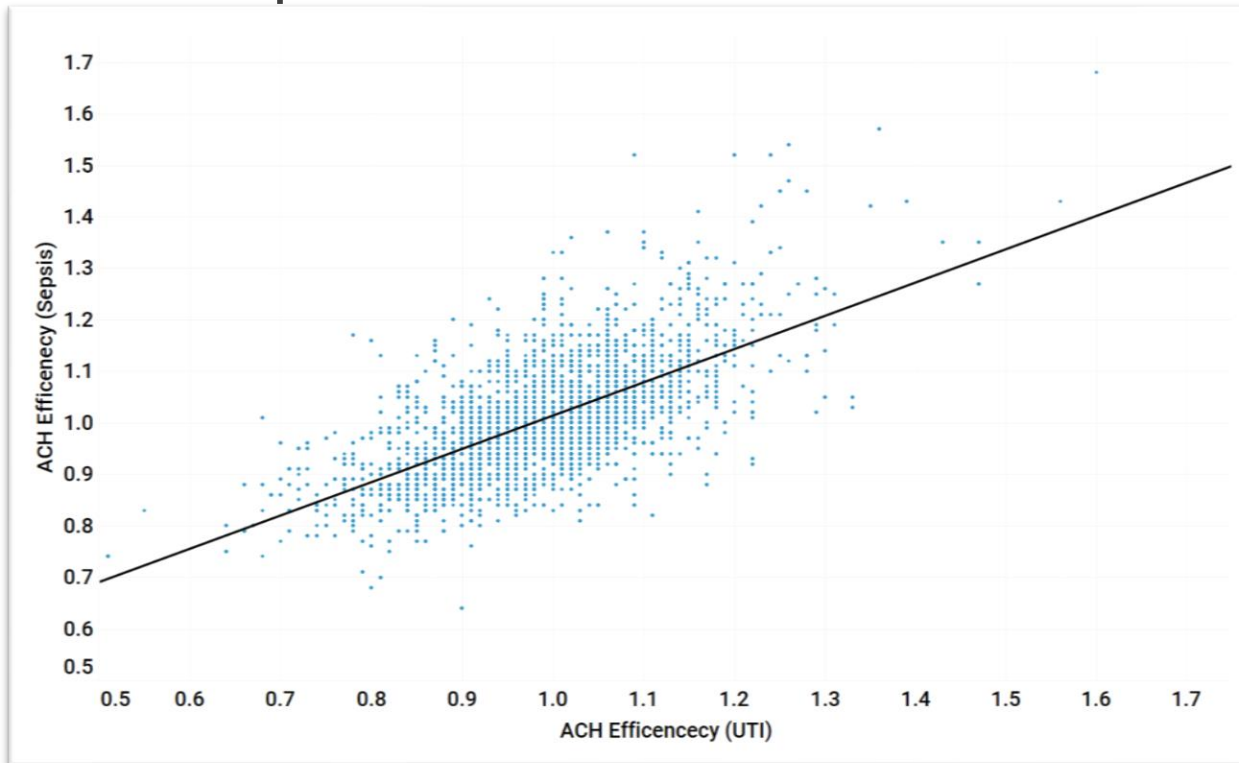


Target Prices Have Significant Variability

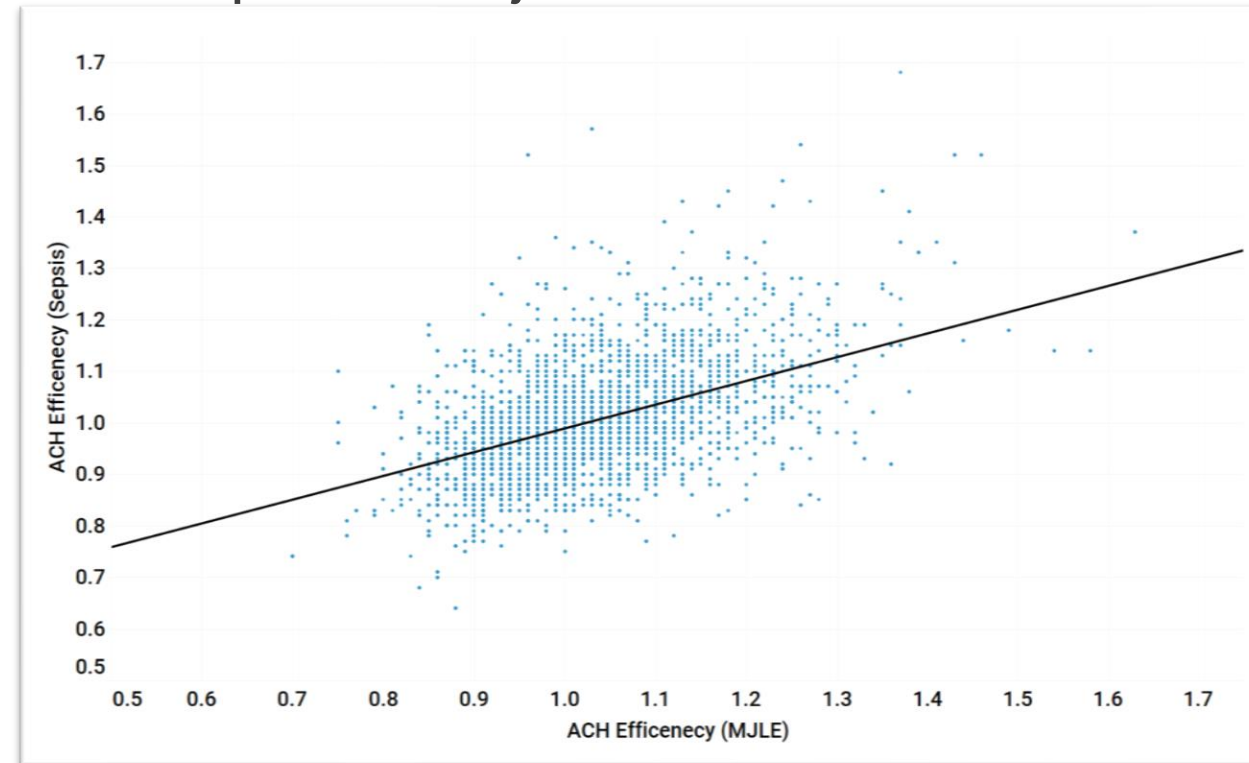


Hospitals Have Predictable Utilization Patterns

Sepsis & UTI Bundles – R2=.412



Sepsis & Maj Joint: LE – R2=.216



Methodology – Target Price Favorability

$$\begin{aligned} \text{Target Price Favorability} = & \\ & (\text{Hospital Baseline Price [HBP]} * \text{Signal}) \\ + & (\text{Predicted HBP} * (1 - \text{Signal})) \end{aligned}$$

Where as:

HBP is provided by CMS

Signal is derived through reliability adjustment based on Clinical Episode Category and sample size

Predicted HBP is result of modeling exercise



More Methodology – Target Price Favorability

Predicted HBP is a weighted average of:

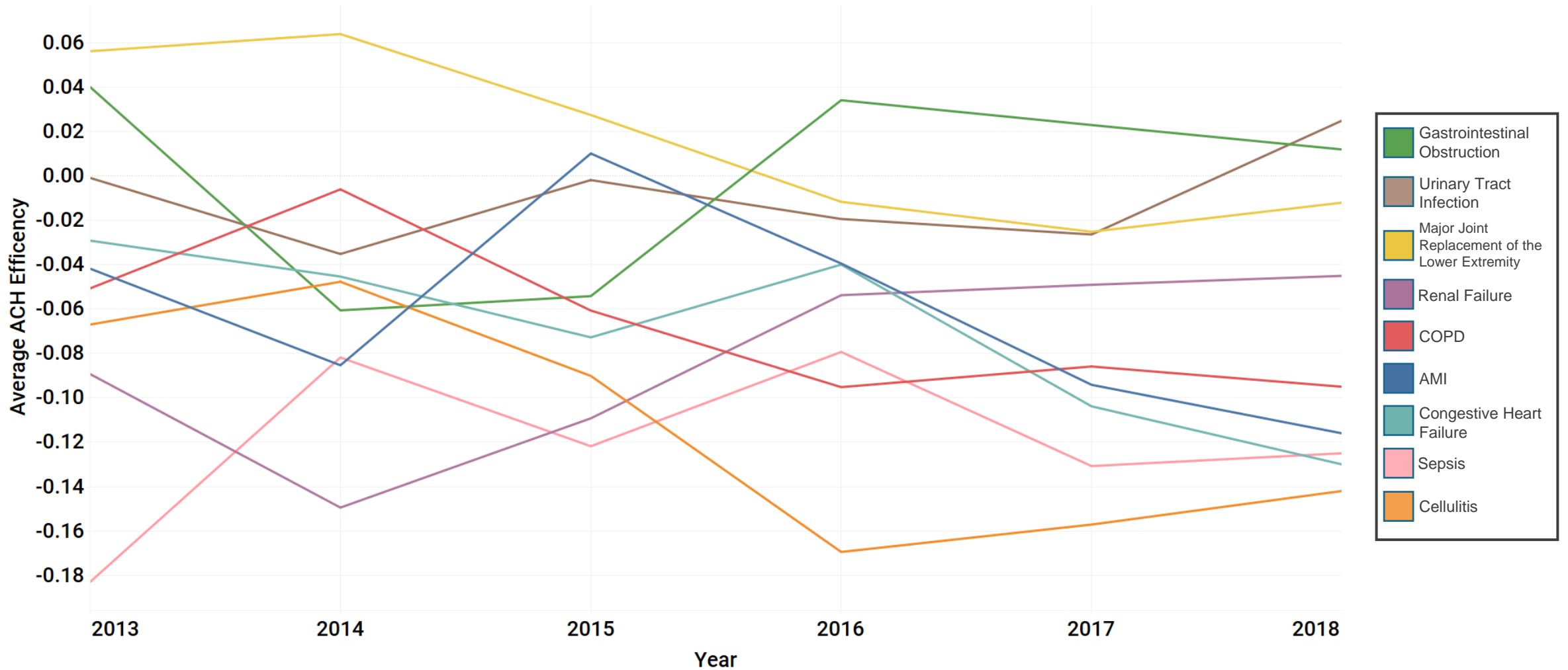
- Actual efficiency measure in the clinical episode category (O/E from target price file)
- Proxy measure in the clinical episode category (model based on patient factors and post-discharge utilization)
- Actual efficiency measure from all other clinical episode categories
- Proxy measure from all other clinical episode categories

The weights depend on:

- Signal covariance and variance
- Patient-level error variance in each measure
- Sample sizes for each measure



Years Have Passed Since Target Prices Were Set

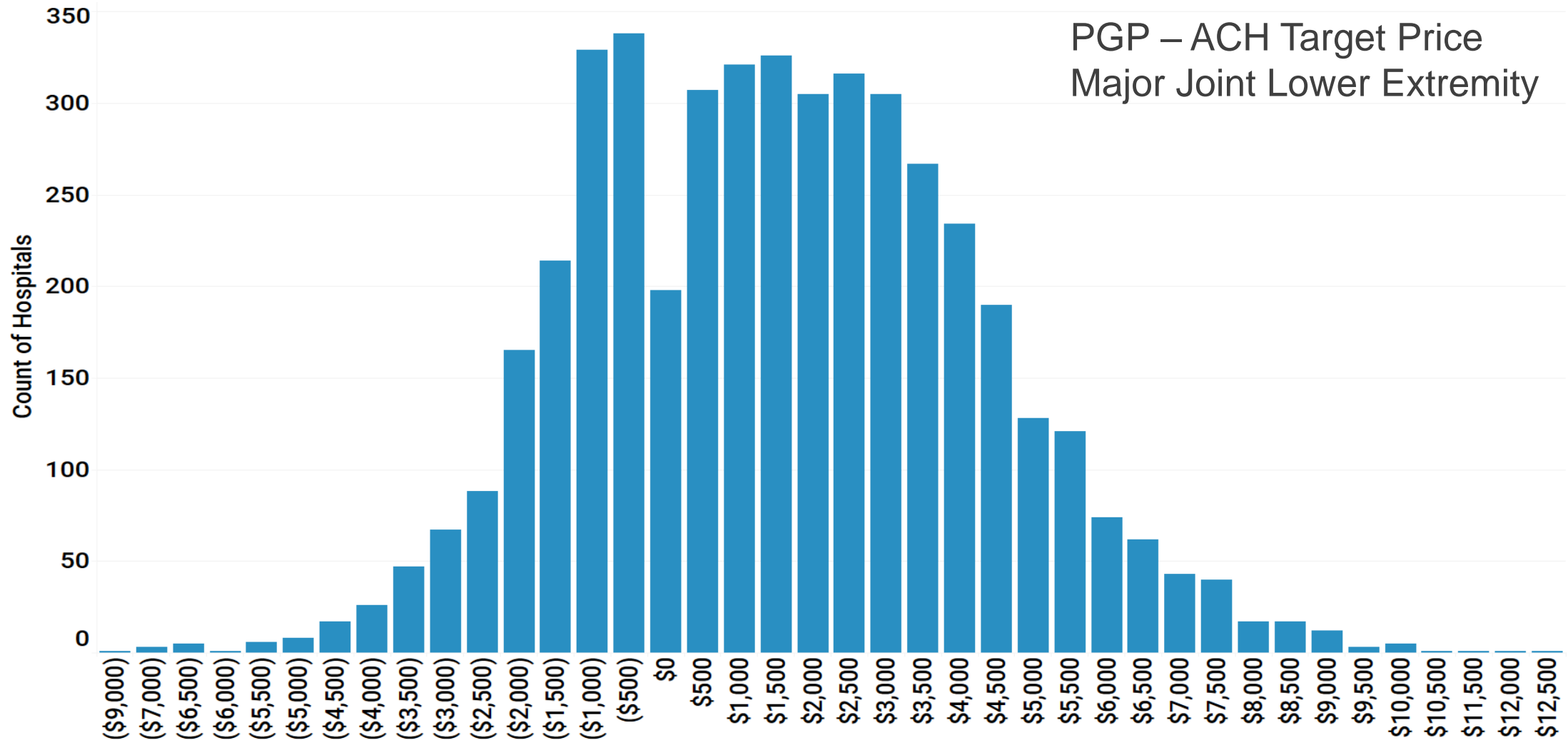


Methodology – Efficiency Improvement

- Reliability-adjusted hospital episode trend. Based on proxy models both within bundle and from related bundles, best estimate in change in spend from target price period to day one. This trend is multiplied by the reliability adjusted HBP to estimate Time Zero spend.



PGP Pricing Can Be Very Different



Predicting Day 1 Savings – Example Hospital

NPRA Components by Bundle

Bundle Name	TP Favorability	Efficiency Improvement	PGP Price Advantage	3% Discount	Per Case Savings	Episode Volume	Total NPRA
AMI	\$457	\$1,029	\$534	(\$842)	\$1,177.97	107	\$125,749
Back & Neck	\$4,231	\$1,278	\$8,514	(\$1,062)	\$12,961.75	31	\$395,333
CABG	\$215	\$1,390	\$3,361	(\$1,767)	\$3,198.65	67	\$213,510
Cardiac Arrhythmia	\$386	\$510	\$595	(\$637)	\$853.03	227	\$193,851
Cardiac Difibrillator	\$802	\$1,459	(\$829)	(\$1,794)	(\$361.45)	27	(\$9,669)
Cardiac Valve	\$1,200	\$1,387	\$8,641	(\$2,023)	\$9,203.52	37	\$335,929
Cellulitis	(\$105)	(\$472)	(\$105)	(\$616)	(\$1,297.99)	156	(\$202,487)
Cervical Spinal Fusion	(\$86)	\$121	\$642	(\$973)	(\$296.69)	26	(\$7,788)
CHF	(\$174)	\$171	\$1,887	(\$784)	\$1,100.55	360	\$395,924
Comb. Ant/Post Spinal Fusion	(\$1,114)	\$1,527	\$4,026	(\$1,806)	\$2,634.28	14	\$36,880
COPD, Bronchitis/Asthma	(\$169)	\$412	\$644	(\$611)	\$276.11	315	\$87,044
Disorders of Liver	(\$1,105)	\$254	\$4,449	(\$845)	\$2,753.51	49	\$134,234
Fractures Femur/Hip/Pelvis	\$999	\$1,010	\$2,463	(\$1,121)	\$3,351.33	42	\$139,080
GI Hemorrhage	\$212	(\$276)	\$0	(\$702)	(\$765.29)	182	(\$139,282)
GI Obstruction	(\$105)	\$370	\$1,254	(\$532)	\$987.11	134	\$132,273
Hip/Femur Procedures	\$44	\$1,367	\$2,433	(\$1,490)	\$2,354.41	151	\$354,339
LE Procedures	\$187	\$2,081	\$3,331	(\$1,288)	\$4,310.63	65	\$279,113
Major Bowl Procedure	(\$47)	\$243	\$5,500	(\$1,111)	\$4,584.63	133	\$607,463
Major Joint LE	(\$8)	\$1,368	\$1,479	(\$732)	\$2,107.75	880	\$1,854,824
Major Joint UE	(\$125)	\$956	\$4,384	(\$731)	\$4,484.58	57	\$256,742
Pacemaker	\$305	\$583	\$1,174	(\$917)	\$1,145.33	91	\$103,652
PCI	(\$21)	\$61	\$1,695	(\$856)	\$878.12	210	\$184,406
Renal Failure	\$117	\$526	\$1,019	(\$780)	\$882.72	359	\$317,119
Sepsis	(\$113)	\$1,330	\$759	(\$1,103)	\$872.64	552	\$481,481
Simple PNA & Resp Infect	\$90	\$762	(\$120)	(\$733)	(\$1.28)	413	(\$530)
Spinal Fusion	\$104	\$1,810	\$908	(\$1,418)	\$1,404.40	42	\$58,283
Stroke	\$38	\$2,966	\$348	(\$1,066)	\$2,286.56	329	\$751,135
UTI	\$162	\$1,400	\$961	(\$743)	\$1,780.32	295	\$524,750

TP Favorability

Efficiency Improvement

PGP Price Advantage

Day 1 Savings

What is My Opportunity to Improve?

Assessing performance on key utilization metrics and cost measures is key to understanding whether a bundle offers sufficient opportunity to improve relative to target prices.



Readmissions



Skilled Nursing



Home Health



Hospice



Referral to
Specialists



Long-term
Acute Care



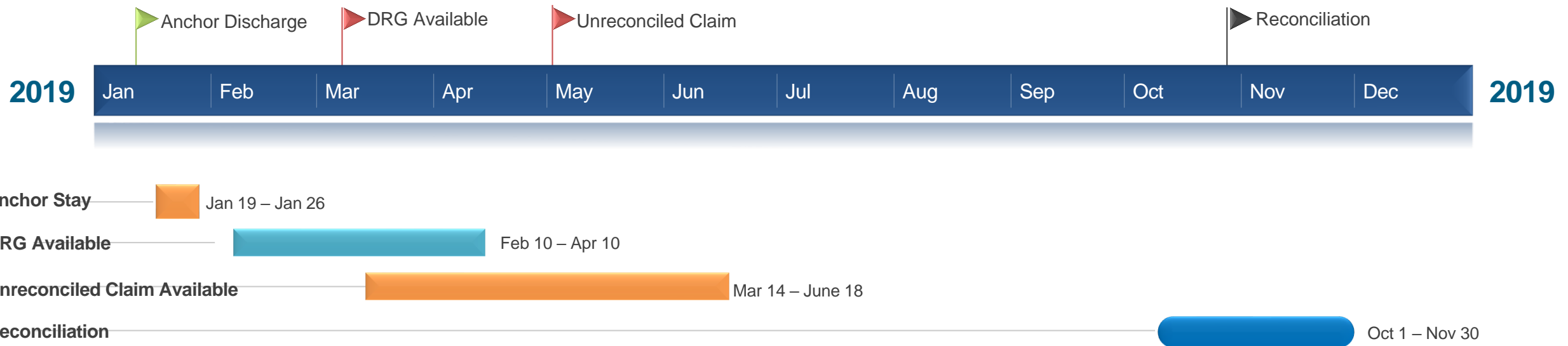
Inpatient
Rehabilitation





Episode Identification

BPCI-A Identification Challenge

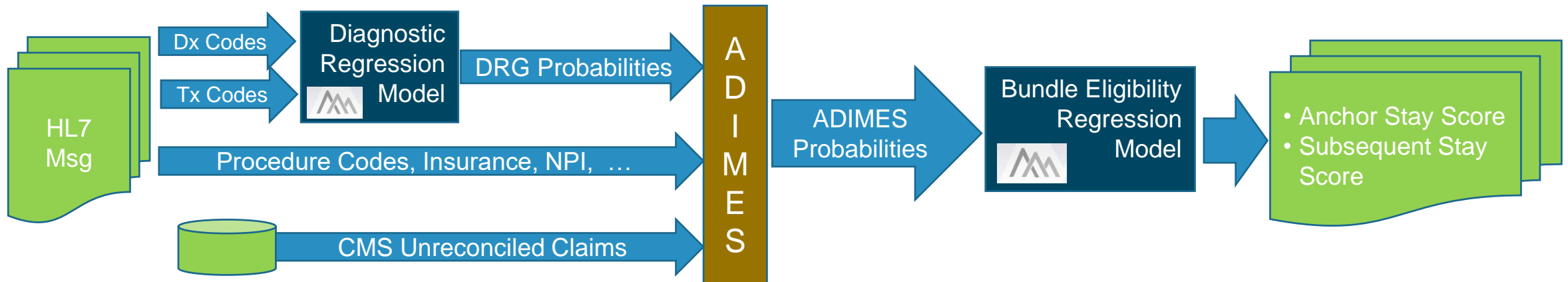


- The data which identifies a stay as definitively at-risk in BPCI-A aren't available until the episode is over.
- Episode management requires predicting eligibility



Arbor Bundle Eligibility Modeling Approach

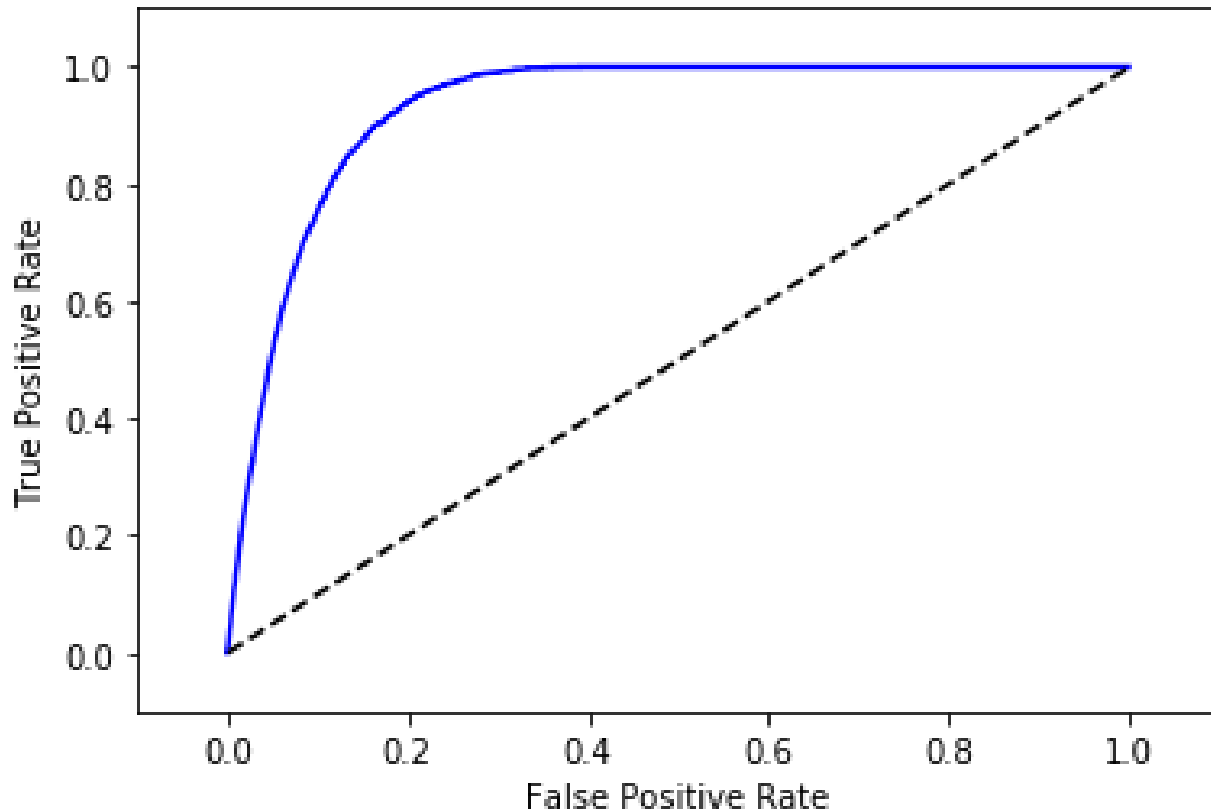
Multiple, hierarchical regression models



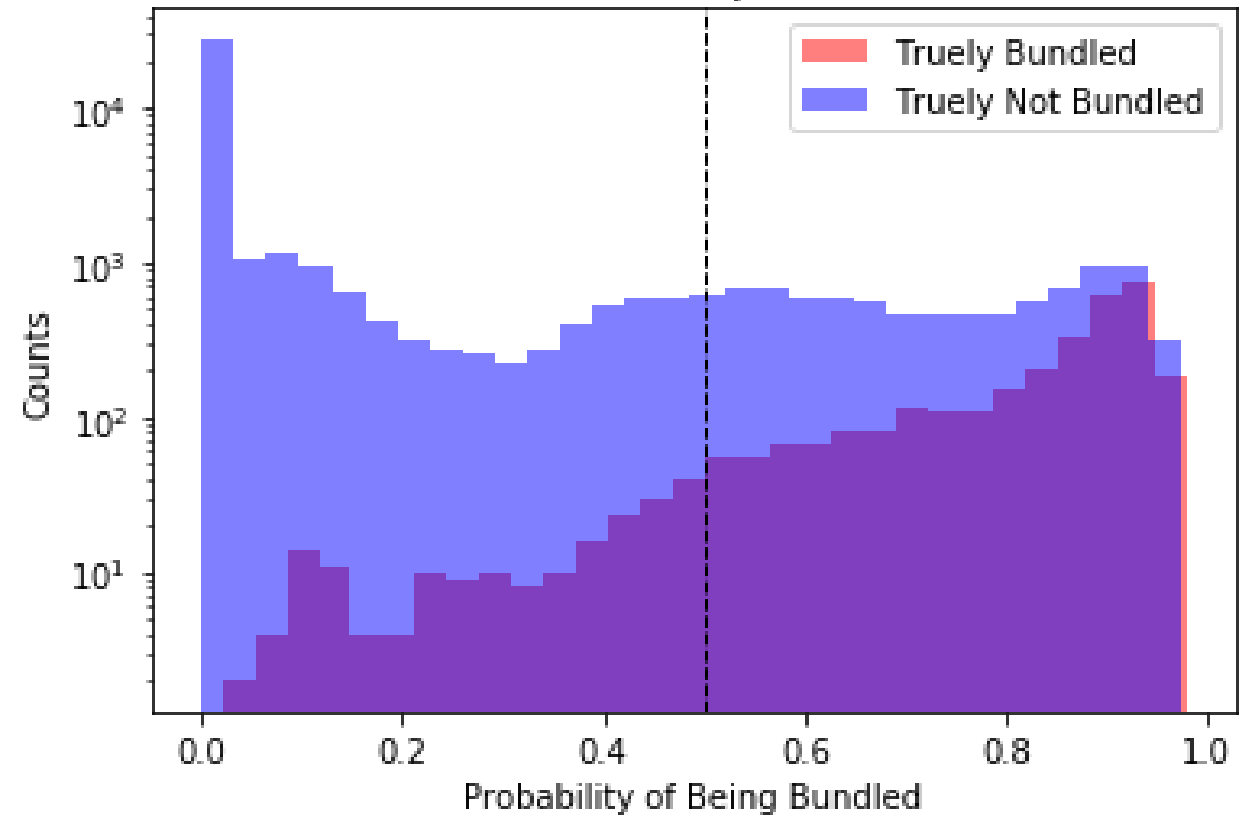
1. DRG Model uses HL7 Diagnosis Codes
 - HL7 Diagnostic Codes are used to predict DRG probabilities (Diagnostic Regression Model)
 - DRG predictions are filtered by TIN/Bundle eligibility based on Sound participation
 - ADIME + Subsequent Stay probabilities are used to predict Bundle Eligibility (Bundle Eligibility Regression Model)
 - Real-time data are supplemented with CMS unreconciled claims
2. Bundle Eligibility Model uses ADIMES probabilities [0-100]
 - Attending Physician probability
 - Diagnostic (DRG) eligible BPCIA Episode at TIN
 - Inpatient Stay
 - Medicare Eligible Stay
 - Exclusions to BPCIA for stay/patient
 - Subsequent stay to ongoing episode (Readmission)

You Can Predict BPCI-A Eligibility in Real-time

ROC curve : C-stat=0.931



Classifier Separation





SOUND

POPULATION HEALTH

Population Health BPCI-A Webinar

Quality | Service | Teamwork | Innovation | Integrity



Agenda

- **Measuring the right things**
- **Driving accountability**
- **Insights that foster improvement**

Application of Analytics to Improve Performance: Measuring the Right Things

**Operators and
Finance**

Hospital Leaders

**Front Line
Physicians**

Application of Analytics to Improve Performance: Claims-based Reporting for Operators and Finance

Financial Summary | Financial Comparison | Utilization | NSOC | Measures & Methods

SoundMetric Financial Summary Dashboard

CCN Name: [Dropdown]

Bundle: (All) AMI, Cellulitis, CHF, COPD, bronchitis/asthma, GI hemorrhage, GI obstruction, LE procedures, Major Joint LE, Renal failure, Sepsis, Simple PNA & Resp Infect, Stroke, UTI

Months: (All) October 2018, November 2018, December 2018, January 2019

Current Total Volume
132.0

Current Total Program Size
\$3,668,935

Current Total NPRA
\$339,181

Current Average NSR

Bundle: AMI, Cellulitis, CHF, COPD, bronchitis/asthma, GI hemorrhage, GI obstruction, LE procedures, Major Joint LE, Renal failure

Financial Summary | Financial Comparison | Utilization | NSOC | Measures & Methods

SoundMetric Financial Comparison Dashboard

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Months: (All) October 2018, November 2018, December 2018, January 2019

Current NPRA Comparison

Average per episode for CCN(s) selected

Stroke	\$8,023
Sepsis	\$6,585
LE procedures	\$5,596
GI hemorrhage	\$3,060
CHF	\$2,629
Major Joint LE	\$2,608
Simple PNA & Resp Infect	\$1,922
Cellulitis	\$914
GI obstruction	\$753
COPD, bronchitis/asthma (\$18)	
AMI (\$382)	
Renal failure (\$1,322)	
UTI (\$2,675)	

Financial Summary | Financial Comparison | Utilization | NSOC | Measures & Methods

SoundMetric Utilization Dashboard


Current utilization versus DRG mix adjusted baseline

CCN Name: [Dropdown]

Bundle: (All) AMI, Cellulitis, CHF, COPD, bronchitis/asthma, GI hemorrhage, GI obstruction, LE procedures, Major Joint LE, Renal failure, Sepsis, Simple PNA & Resp Infect, Stroke, UTI

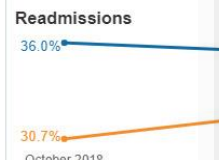
Months: (All) October 2018, November 2018, December 2018, January 2019

SNF Utilization



October 2018

Readmissions



October 2018

Financial Summary | Financial Comparison | Utilization | NSOC | Measures & Methods

SoundMetric Next Site of Care Dashboard

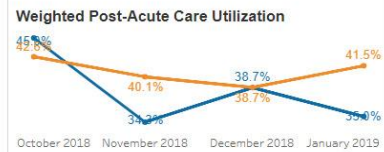
Current discharge NSOC versus DRG mix adjusted baseline NSOC
Data source is discharge status code on anchor hospitalization

CCN Name: [Dropdown]

Bundle: (All) AMI, Cellulitis, CHF, COPD, bronchitis/asthma, GI hemorrhage, GI obstruction, LE procedures, Major Joint LE, Renal failure, Sepsis, Simple PNA & Resp Infect, Stroke, UTI


Months: (All) October 2018, November 2018, December 2018, January 2019

Weighted Post-Acute Care Utilization




October 2018 November 2018 December 2018 January 2019

Discharge to SNF



October 2018 November 2018 December 2018 January 2019

Discharge to IRF



October 2018 November 2018 December 2018 January 2019

The WPACU index score associates a low score with low cost (e.g., going home) while a higher score is associated with higher cost (e.g., SNF).
Score values per episode range from 0 to 2:
0 for Home Private Residence, 0.2 for Home Health, 0.3 for Hospice, 1 for SNF or IRF, 2 for LTACH.

Why: Lower WPACU means more patients discharged to home. That means: Fewer nosocomial infections, improved patient satisfaction, and improved outcomes overall.

Application of Analytics to Improve Performance

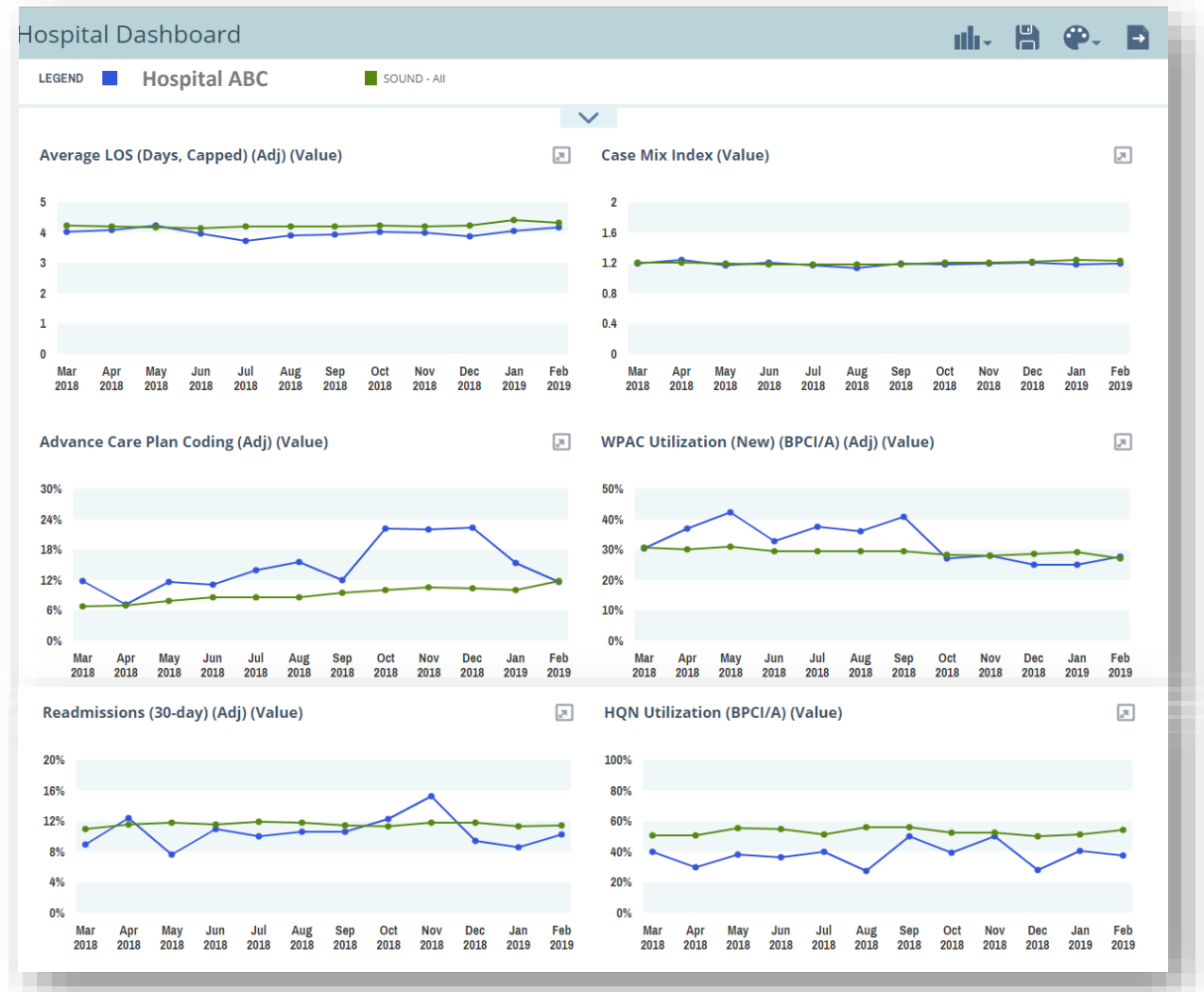
Hospital Leaders: Dashboard for Benchmark Performance

Trended performance for key indicators at-a-glance

- wPACU
- NSOC
- ACP Coding
- Readmissions
- HQN Utilization
- MIPS, HCAHPS, LOS, CMI, Acuity, Volume

Drill to detail

- Specific time grain
- Clinician level
- Patient level



Application of Analytics to Improve Performance

Hospital Leaders: Program Results & Reporting

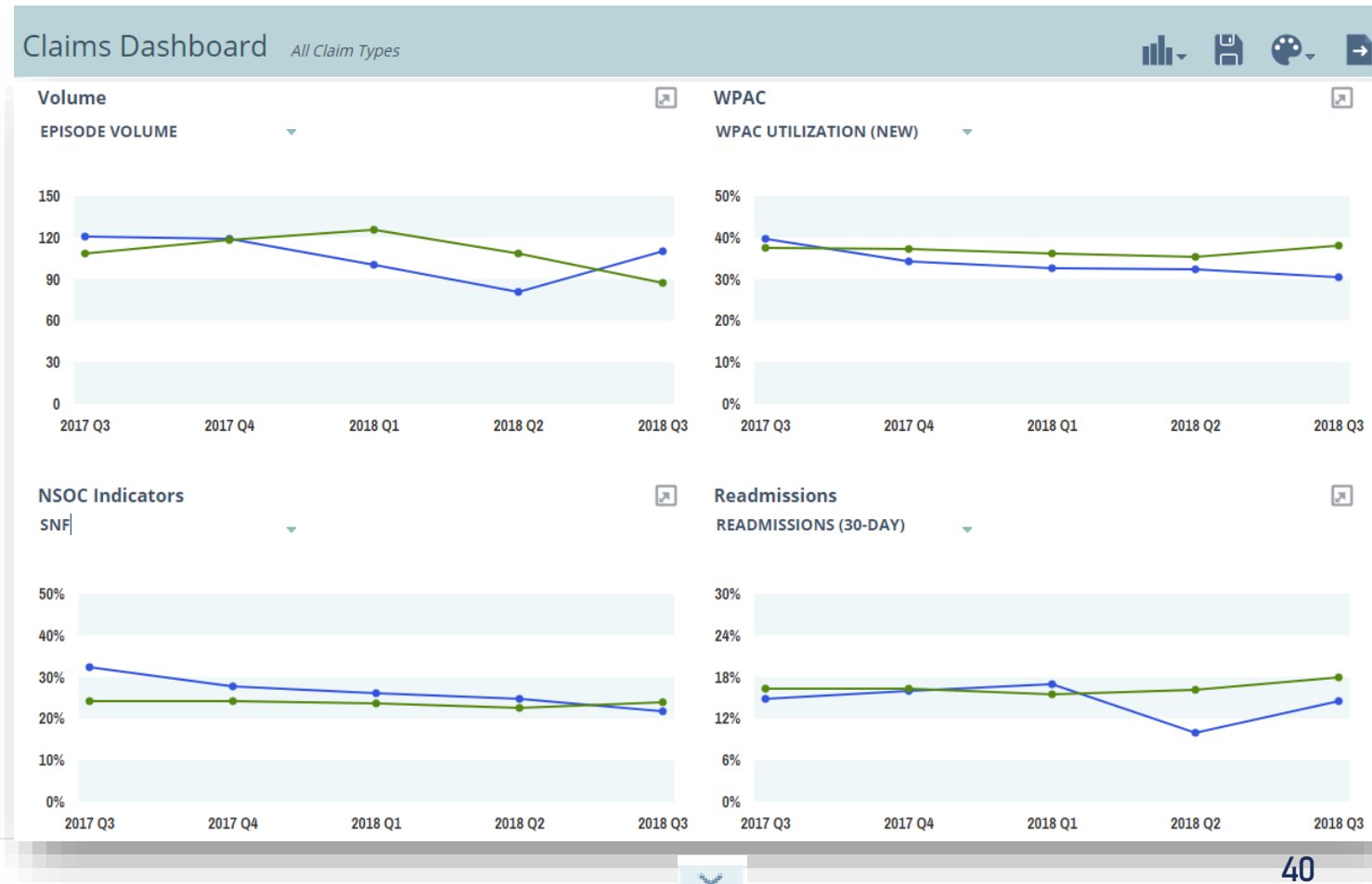
- Claims dashboards trend performance on real-time operational data plus reconciled & unreconciled claims data

Key indicators

- Volume
- wPACU
- NSOC – Home, HH, SNF, etc.
- Readmissions – 7, 30, 60 and 90-day NSOC Detail – Readmissions and LOS
- SNF – Total Days, LOS, Per Diem, and Spend
- Cost – Adjusted and Unadjusted

Customizable

- Per trendline on the dashboard
- Display at National, TIN, Region, Division or Site level
- Compare performance against Sound, Region, TIN, Health System

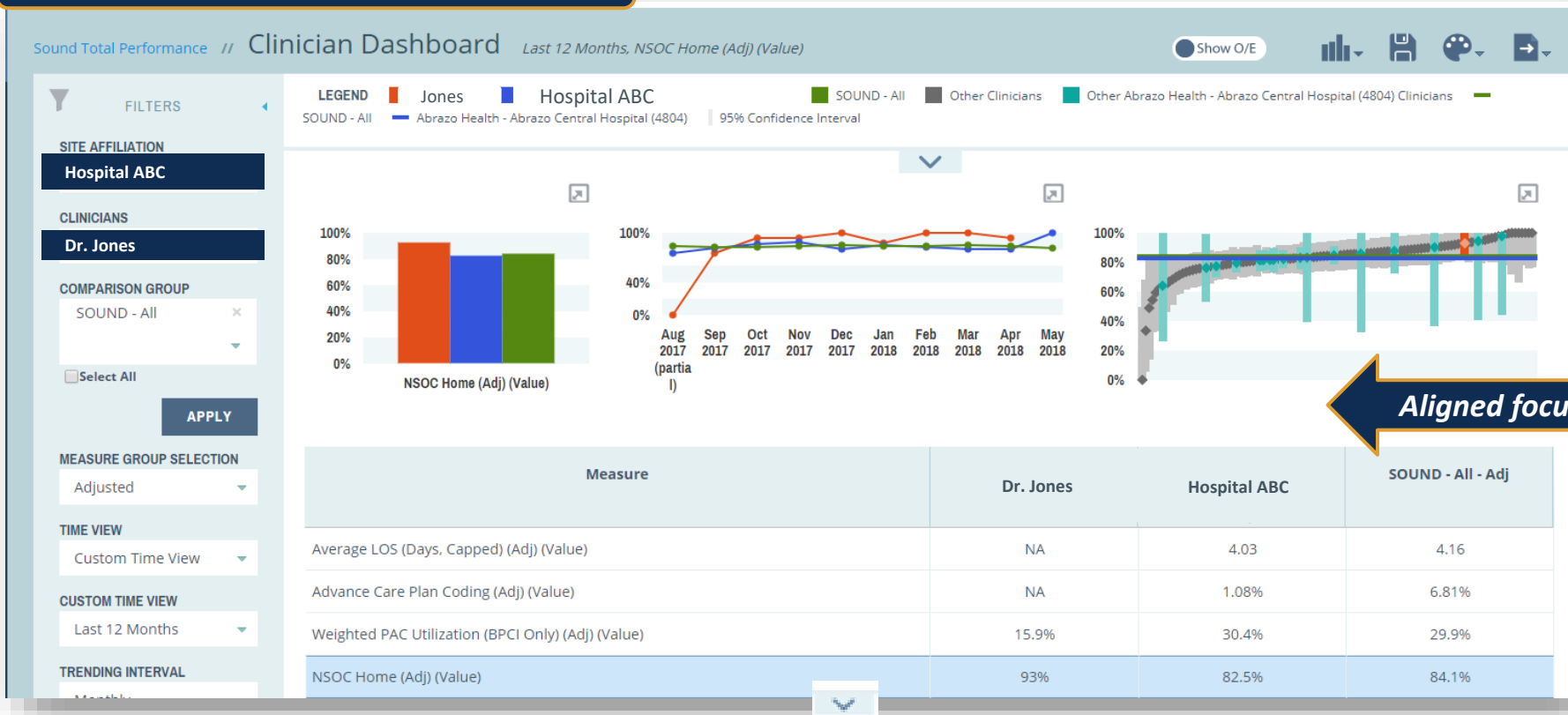


Application of Analytics to Improve Performance

Performance Data in the Hands of Leaders and Physicians

- Aligned focus: Chief view clinicians by top/bottom, across time, rank amongst peers. Clinicians view their specific performance against their site and Sound overall.

Chief - Clinician-level Dashboard



Clinician-specific Dashboard



Aligned focus

Agenda

- **Measuring the right things**
- **Driving accountability**
- **Insights that foster improvement**

Application of Analytics to Improve Performance

Driving Accountability

Core Drivers

**Clinical Change
Management**

Core Drivers of Episode Spending

- Hospitalists are uniquely positioned and qualified to impact four major drivers of episode spending:



**Overall Intensity of
Care**



**Appropriate
Next Site of Care**



**Managing SNF
Utilization/LOS**



Readmission Reduction

Sound Total Performance // Clinician Performance 2017 Q2

Filters: Hospital ABC, Clinician Performance, Quarterly, 2017 Q2

Clinicians	MIPS	NSOC Home	Readmissions	Advance Care Plan Coding	Average LOS (Days, Capped)	DC by Noon
Dr. D	32.3%	85%	7.62%	<0.001%	5.04	29%
Dr. M	64.9%	78.1%	7.47%	2.14%	4.78	62.6%
Dr. A	79.8%	74.9%	9.83%	1.69%	4.74	85.7%
Dr. C	63.1%	82.7%	12.4%	<0.001%	4.37	69.6%
Dr. S	79.8%	78.4%	12%	<0.001%	4.27	72.6%
Dr. P	79.7%	79.1%	8.57%	3.27%	4.24	94.6%
Dr. B	80.8%	79.8%	9.36%	<0.001%	4.15	98.5%
Dr. F	49.5%	80.6%	11%	1.40%	4.11	76.2%
Dr. N	68.6%	89.9%	6.23%	<0.001%	4.02	99.3%
Dr. O	39.6%	74.4%	14.7%	<0.001%	3.91	51.1%
Dr. L	16.7%	91.5%	NA	<0.001%	3.86	0%

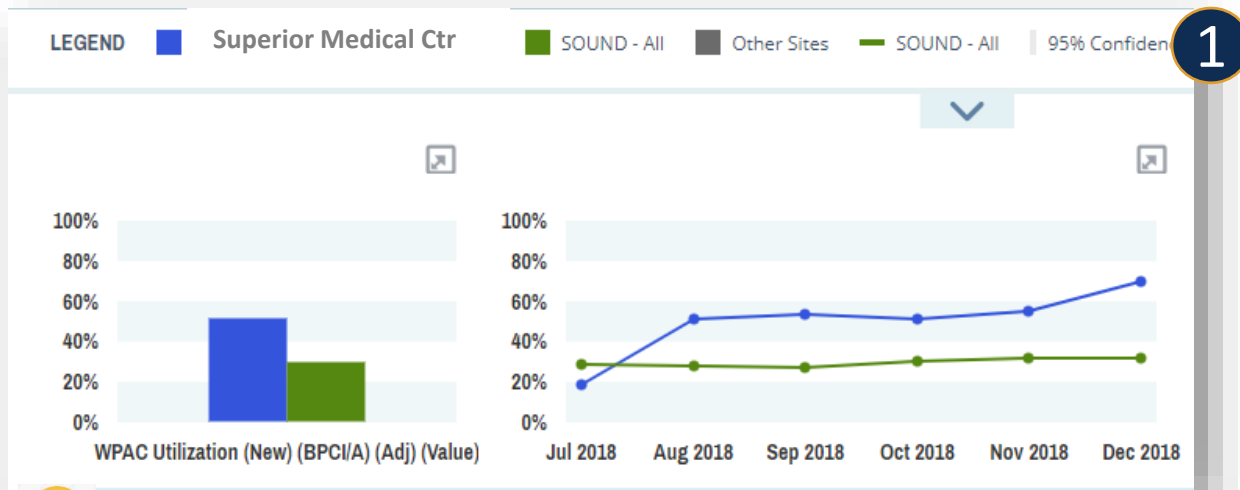
• How am I doing on the Clinical Performance Score (CPS) measures?

Agenda

- **Measuring the right things**
- **Driving accountability**
- **Insights that foster improvement**

SoundMetric

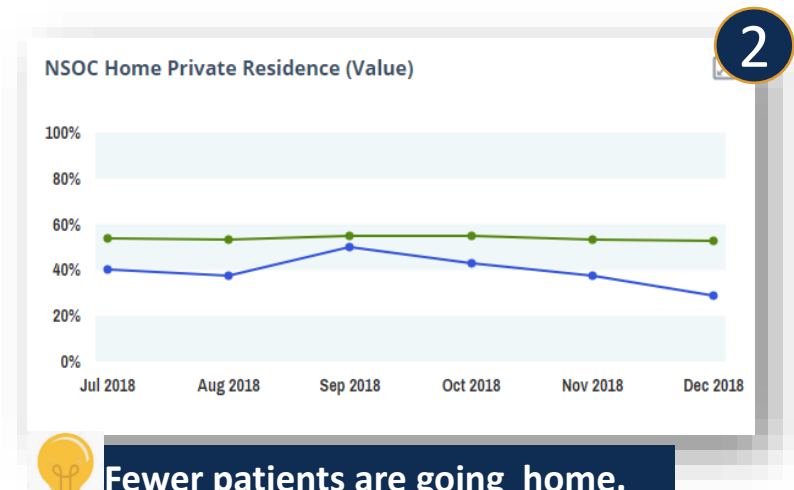
Understanding Variance to Drive Improvement



1



WPACU increase past month, above national all last 5 months.



2



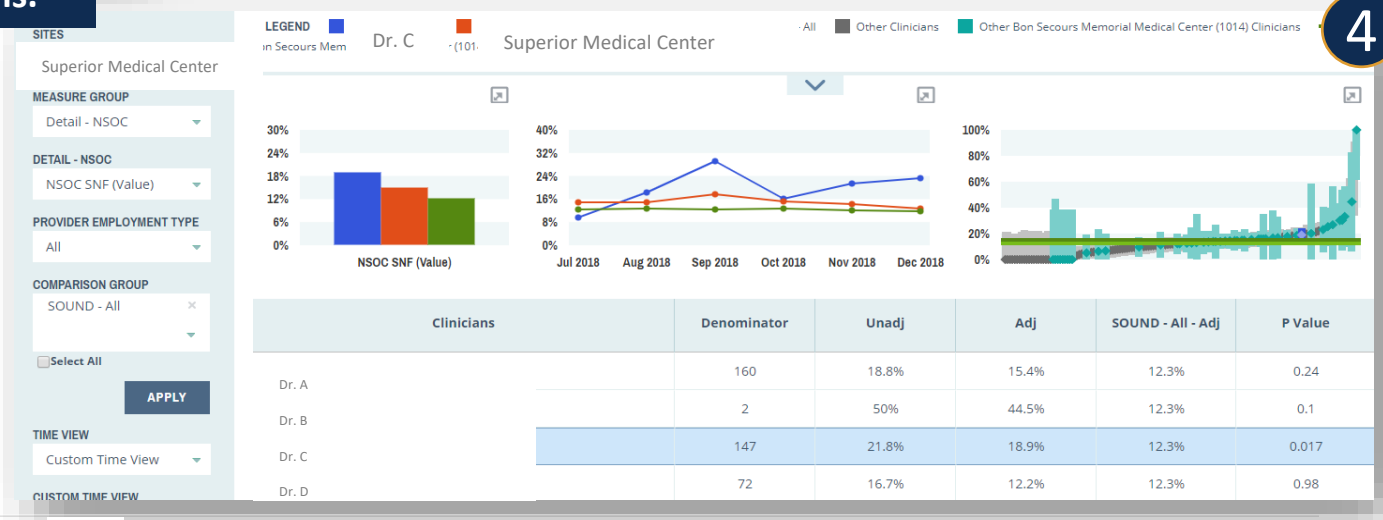
Fewer patients are going home.



3



More patients to skilled nursing facility.



4



Several clinicians with higher % of SNF discharges compared to peers.

How do we do it at Sound?

Technology and Analytics

Physician-led Decision Making

- Strong culture of physician leadership
- Deep engagement of physicians in the “why” of value-based care
- Targeted training, tools in specific interventions

The Right Clinical Interventions

- ED identification and triage
- Early goals of care discussion with patients
- Next site of care planning; PCP follow-up
- Home health 2 week protocol
- SNF Telemedicine

Management Process

- Clinical performance RN drives process
- Repeatable clinical processes embedded in physician, RN workflow
- Feedback, comparative performance at physician level

• **Technology and Analytics to Drive Real Time Actions and Accountability**



SOUND

POPULATION HEALTH

Quality | Service | Teamwork | Innovation | Integrity



Specify. Measure. Act.

ArborMetric