

# Getting to Affordability

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The background of the image is a dense, chaotic pattern of 100 US dollar bills falling from the top. The bills are shown in various orientations, some fully visible and others partially obscured, creating a sense of motion and abundance. The central text is overlaid on a dark green horizontal band that spans the width of the image.

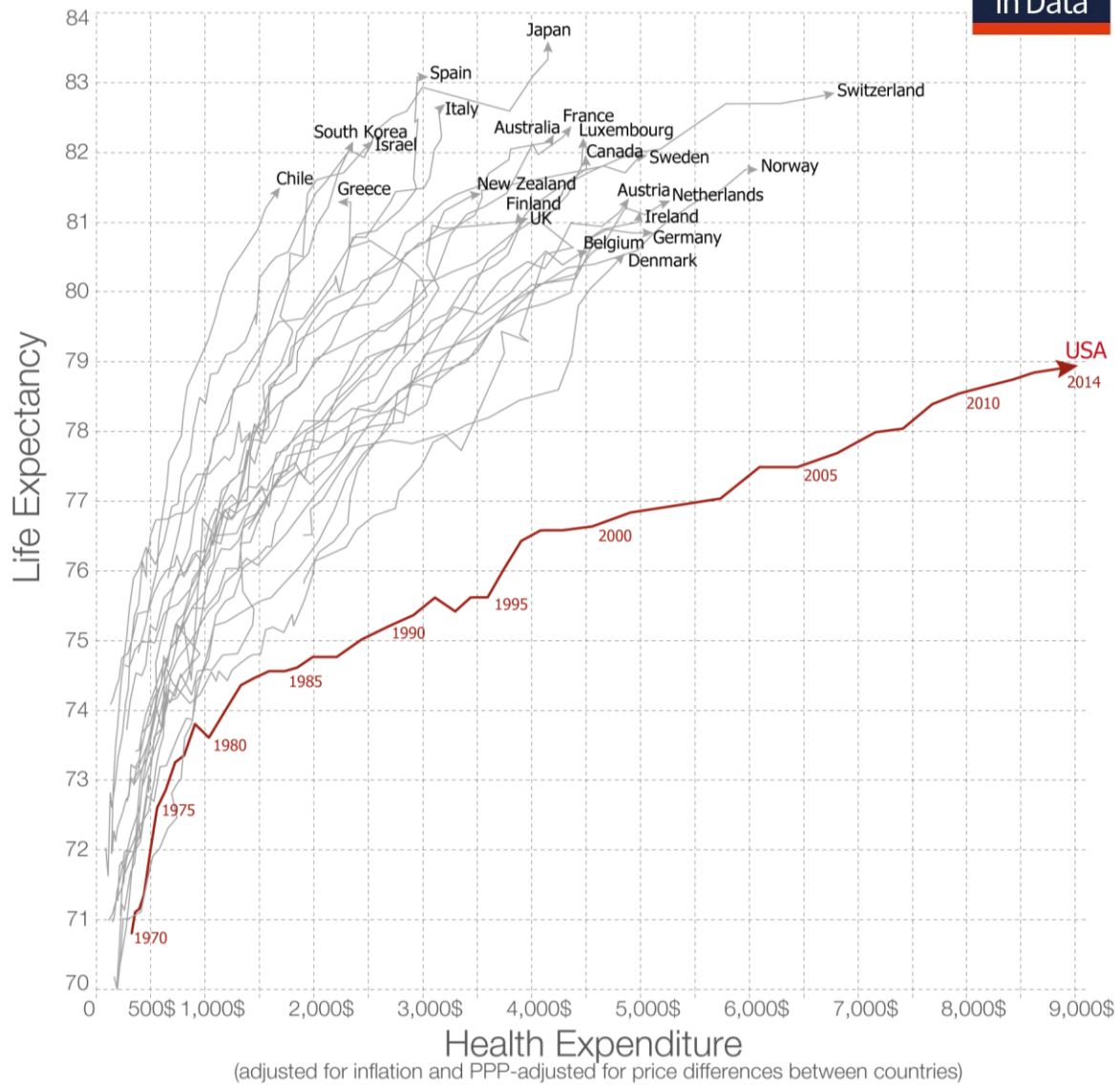
US Health Care Spending (2017):  
**\$3.5 Trillion**



# US Health Care Rank

	<b>GDP in 2017</b>	<b>Rank</b>
USA	\$19.39 trillion	#1
CHINA	\$12.23 trillion	#2
JAPAN	\$4.87 trillion	#3
GERMANY	\$3.67 trillion	#4
UK	\$2.62 trillion	#5
INDIA	\$2.59 trillion	#6
FRANCE	\$2.58 trillion	#7





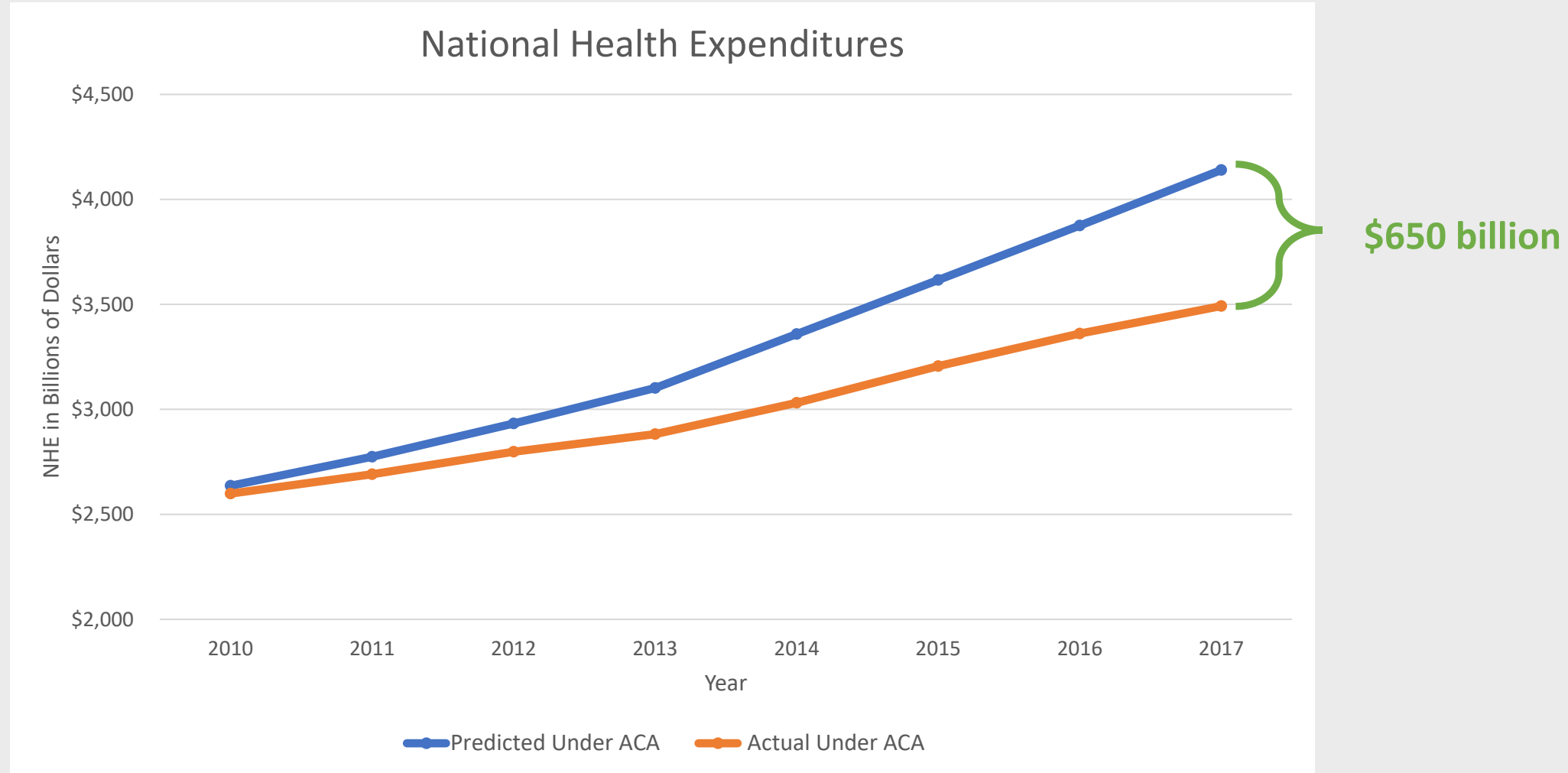
# Life Expectancy vs. Health Spending (1970-2014)

# Enactment of Health Care Reform



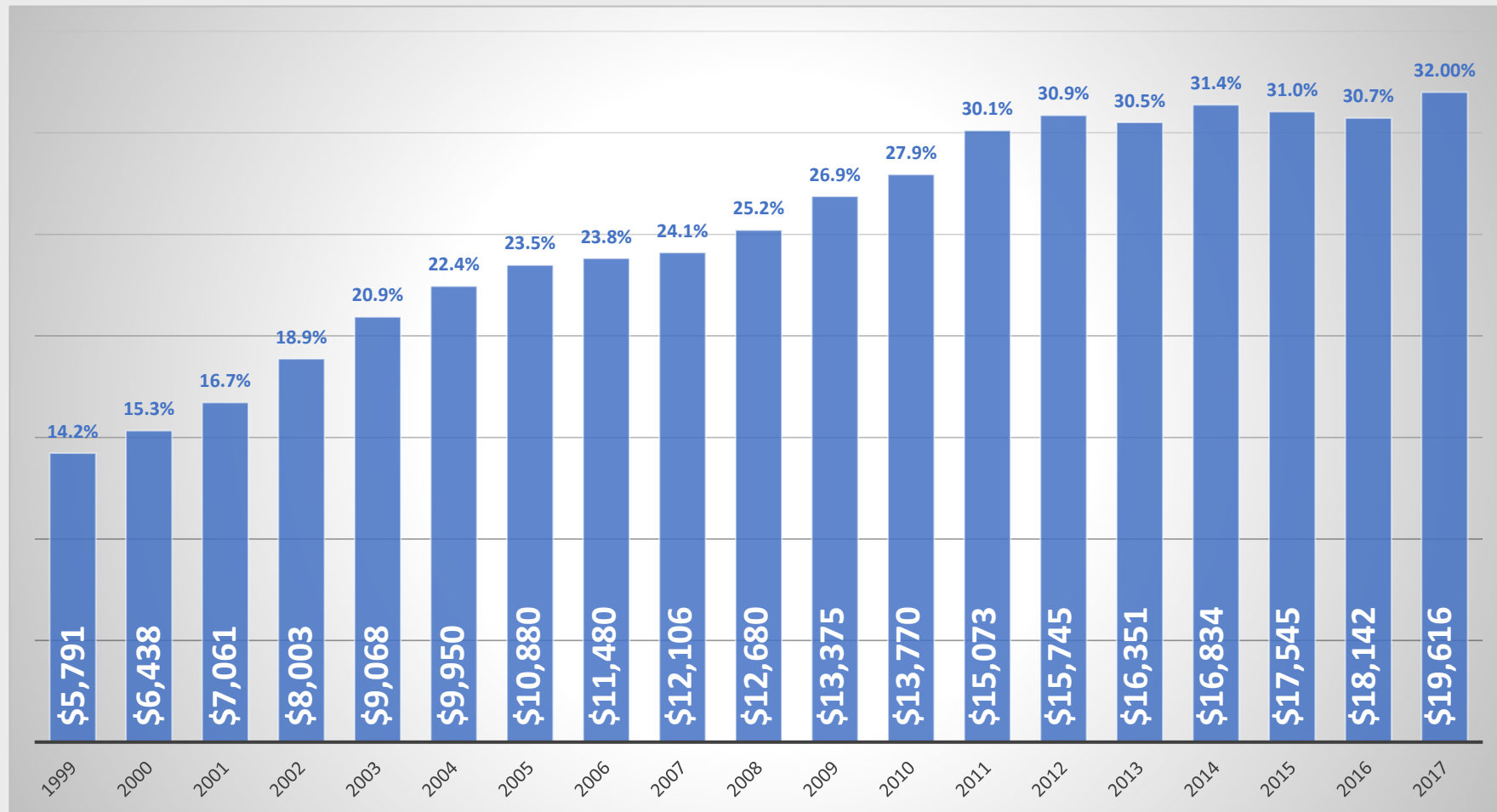
**Patient Protection and Affordable Care Act  
March 23, 2010**

# The ACA Contained Costs More Than Expected



# Affordability Index

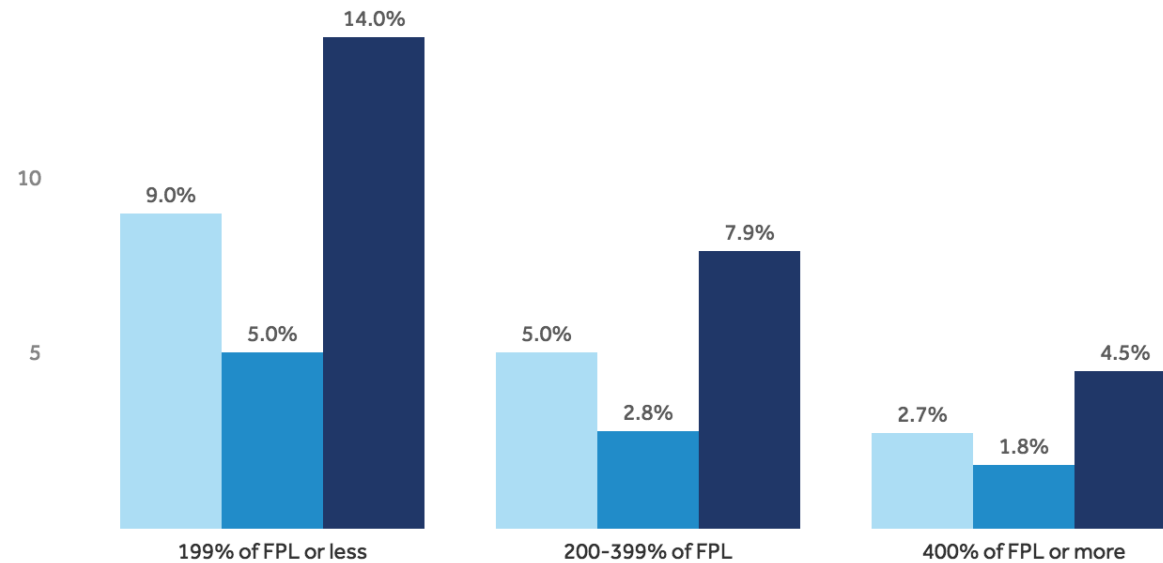
Family Health Insurance Premiums as Percentage of Median Income (2001 – 2017)



# Affordability for Families

Average share of family income going towards health insurance premium contributions and out-of-pocket medical expenses, 2017

■ Premium (employee contribution) ■ Out-of-pocket payments for medical care  
■ Combined (premium contribution + out-of-pocket)



Among people in working families with employment-based coverage

Source: [KFF analysis of 2017 Current Population Survey](#) • [Get the data](#) • PNG

Peterson-Kaiser  
**Health System Tracker**



**What will the future of American  
health care look like?**

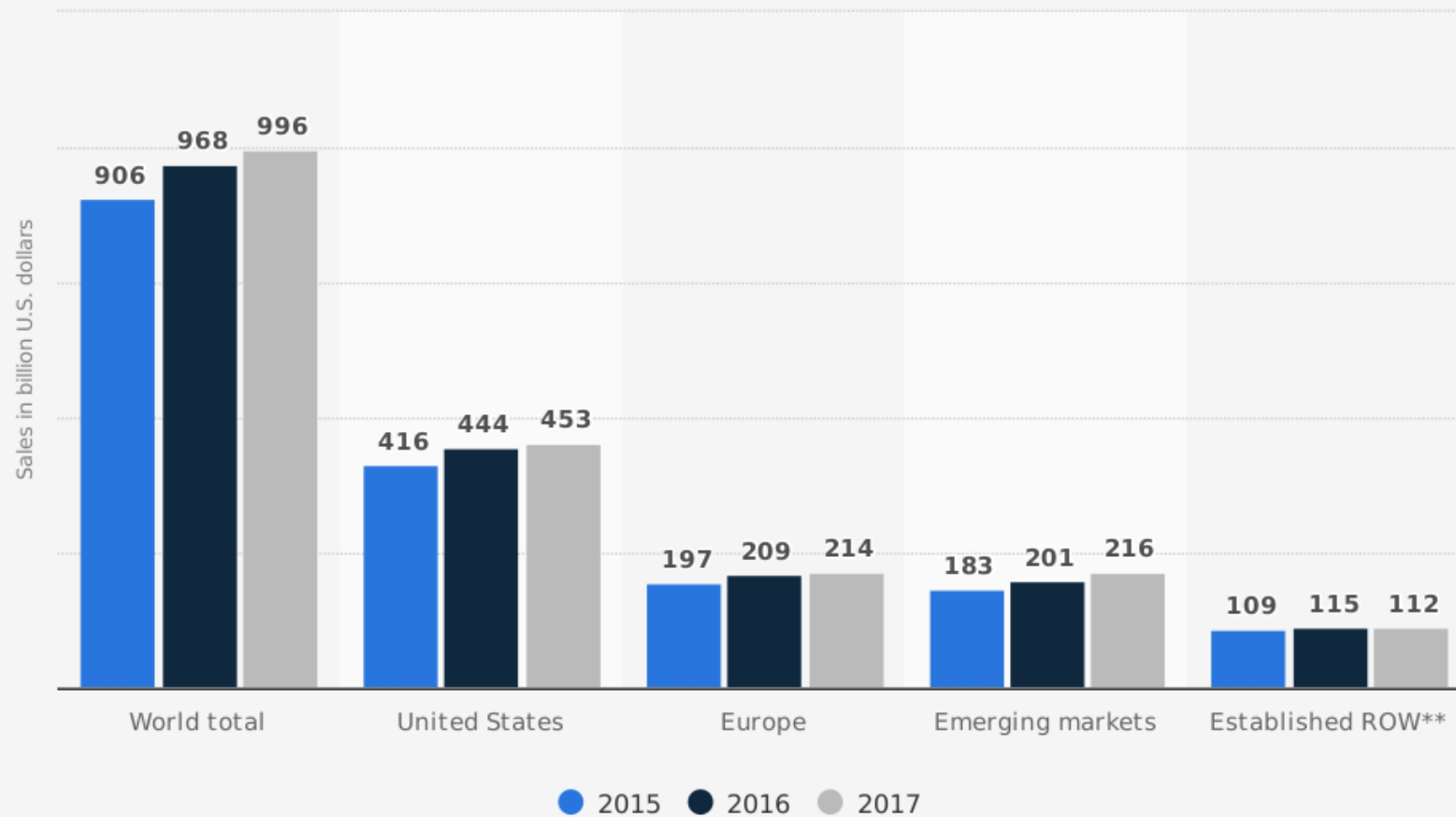
# Future Trends of High-Value Care

1. **Private-sector driven** changes.
2. Shift towards **value-based payment**.
3. The **deinstitutionalization** of care.
4. Greater use of **non-physician providers**.
5. VIP care for **chronic conditions**.
6. The **performance measurement** of physicians and other providers.
7. The **incorporation of behavioral health** in regular care.
8. Excessively high **drug prices**.
9. Increasing attention to **social determinants of health**.
10. More patients on **Medicaid**.

# Four Key Ways to Address Affordability

1. Drug prices
2. Hospital inefficiency
3. Administrative Costs
4. Physician Payment and Practice Changes

## Global pharmaceutical sales from 2015 to 2017, by region (in billion U.S. dollars)\*



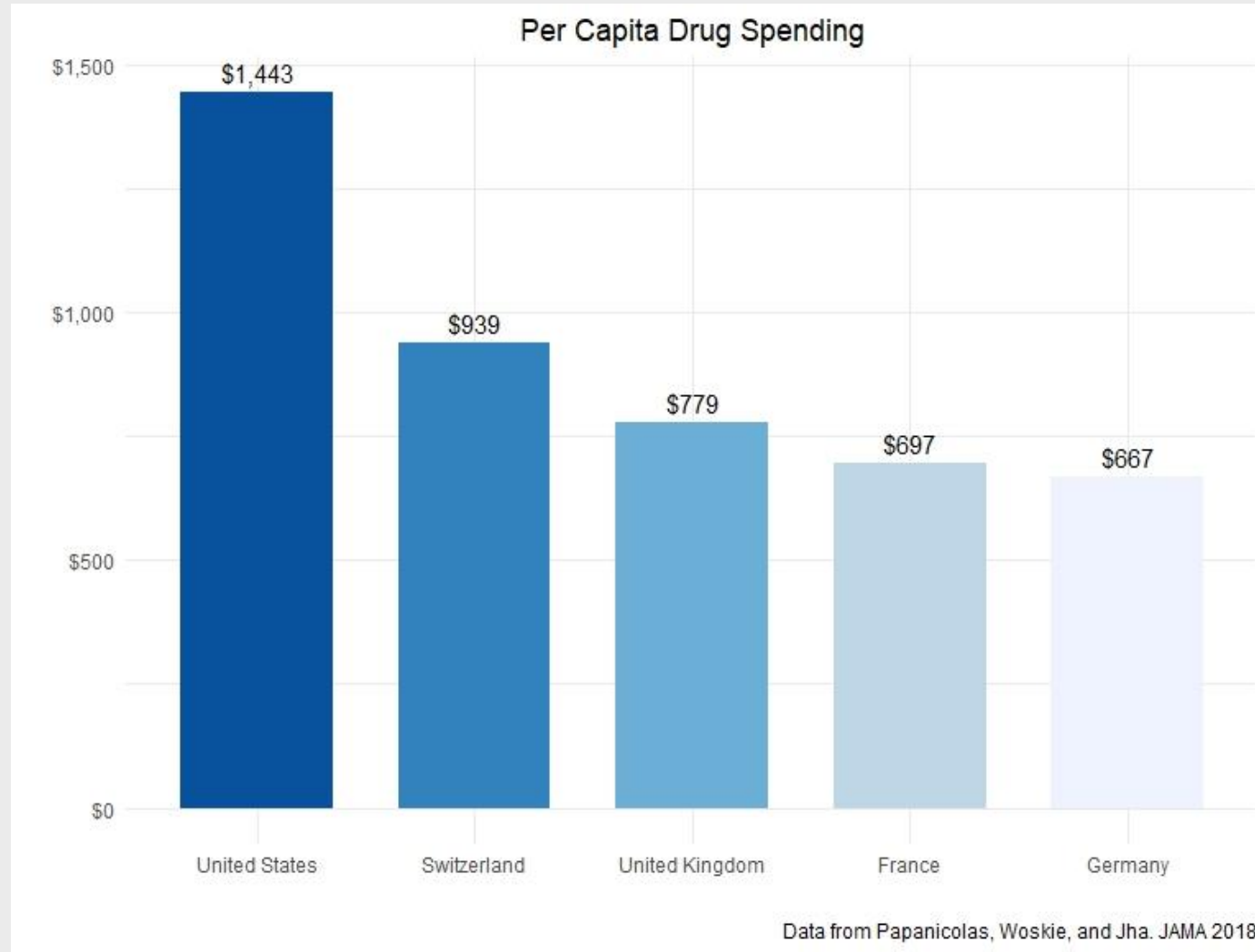
Sources  
AstraZeneca; IQVIA  
© Statista 2018

Additional Information:  
Worldwide; IQVIA (Midas Quantum); 2015 to Q3 2017

statista



# Per Capita Pharmaceutical Spending



# High Drug Prices: Humira

- Humira, the best-selling prescription drug in the world.
  - 2012 \$19,000/year
  - 2014 \$32,000/year
  - 2018 \$38,000/year

Average price Humira, 1 prefilled syringe carton, 2 syringes, 28 day supply, 2014



Source: [International Federation of Health Plans 2015 Comparative Price Report](#) • [Get the data](#) • [PNG](#)

Peterson-Kaiser  
**Health System Tracker**

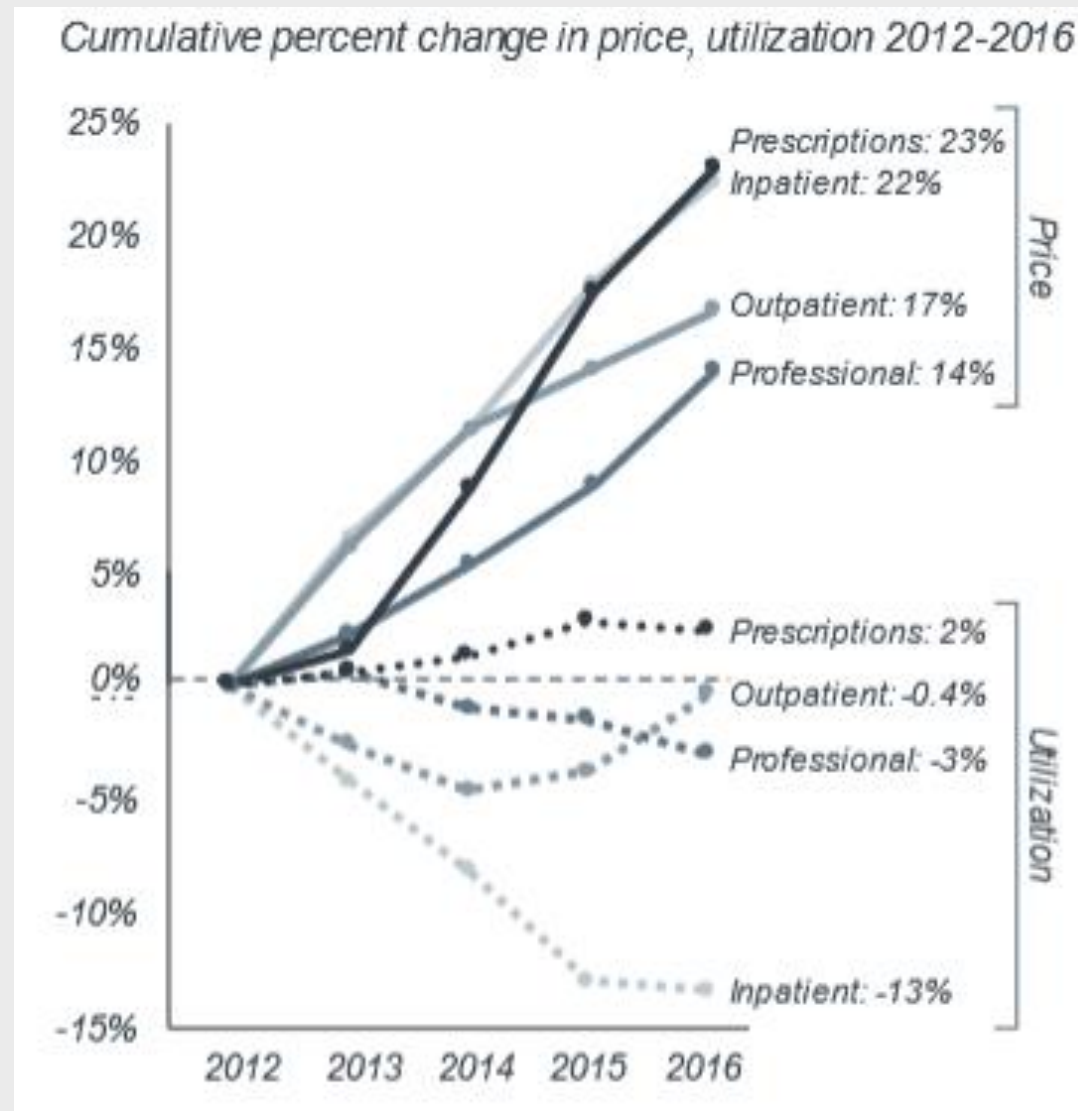
# Drug Prices

- Bringing US drug spending down to Swiss levels—from \$1443 to \$939—is a savings of \$504 per American.
- Drug price negotiation based on CEA or international reference pricing can save \$163 billion.

# Hospital Inefficiency



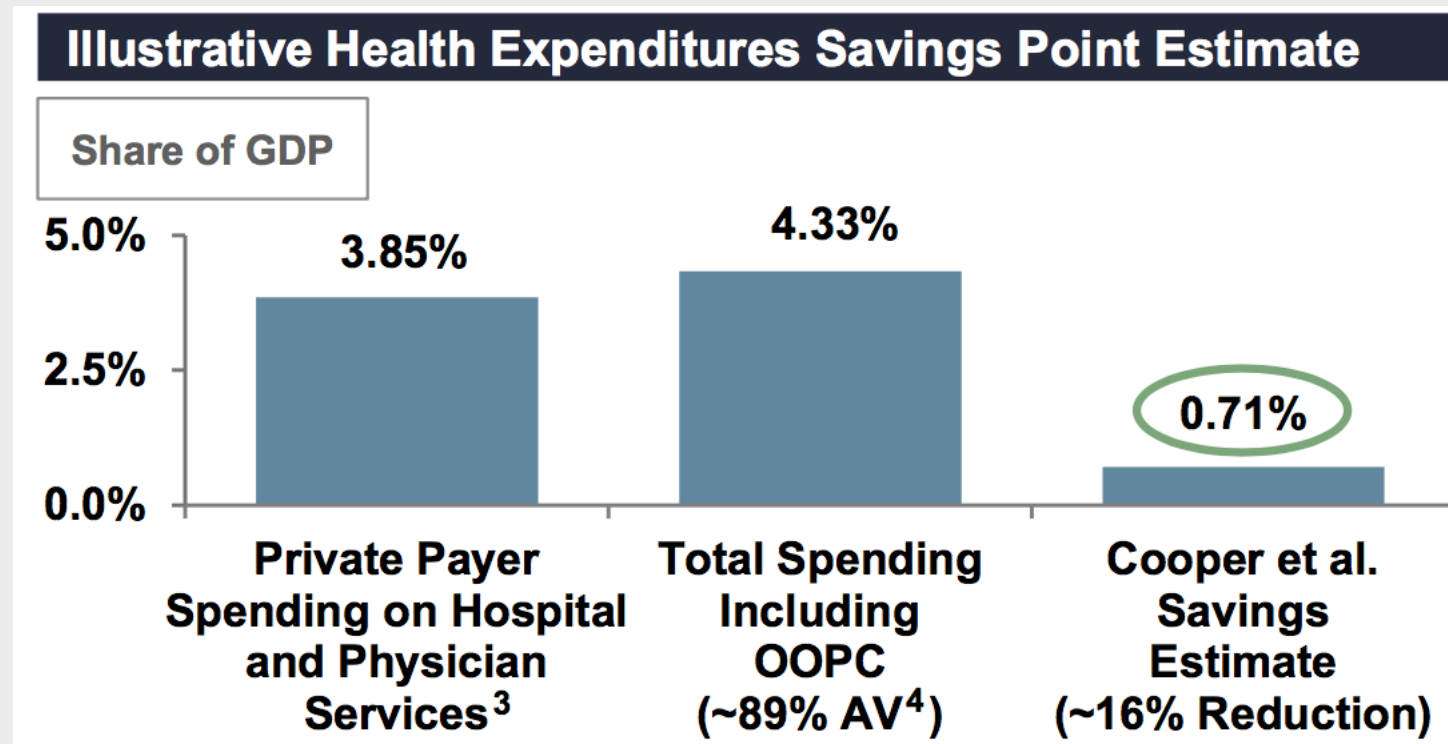
# Cost growth is due to prices



# Price Caps on Hospitals

- There are many proposals to cap hospital prices for private insurance to 140% or 125% of Medicare.

- Savings:



# Price Caps on Hospitals

- Capping hospital prices at 125% of Medicare means:
- Savings of 16% of private inpatient hospital spending, or \$73 billion.
- That amounts a savings to Americans in private insurance of \$405 per privately insured Americans

# Increasing Hospital Efficiency

1. Time-motion studies
2. Performance measurement and feedback



## Time-Driven Activity-Based Costing (TDABC)

1

Determine  
the Care  
Process

- **What activities** are performed over the care cycle for a medical condition?
- **Who is performing** each activity?
- **How long** does each activity take?

2

Calculate  
Cost Rates

- **What is the cost per unit of time** for each type of personnel?

3

Account for  
Consumables

- **What materials, supplies, and drugs** are consumed during the care cycle?

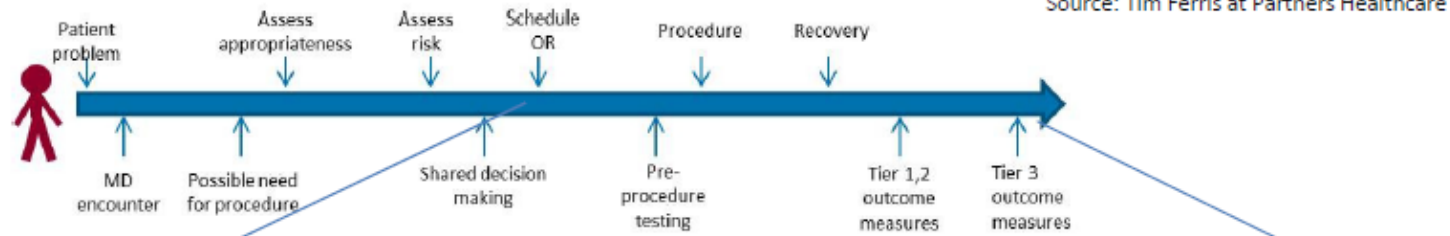
4

Allocate  
Indirect Costs

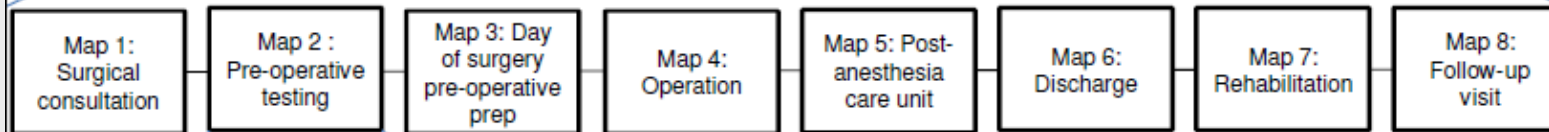
- **What are the drivers that determine the workload** for each indirect department/area?

# Determining the care processes over complete cycles of care

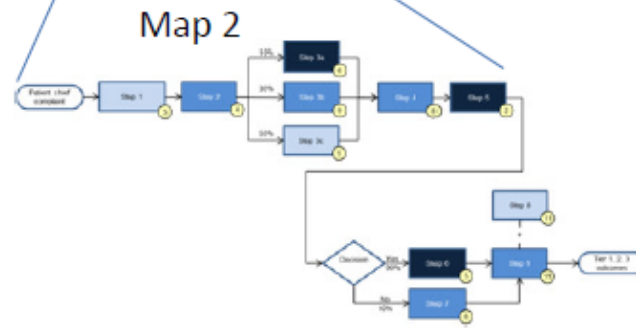
## Level 1: Overall care cycle



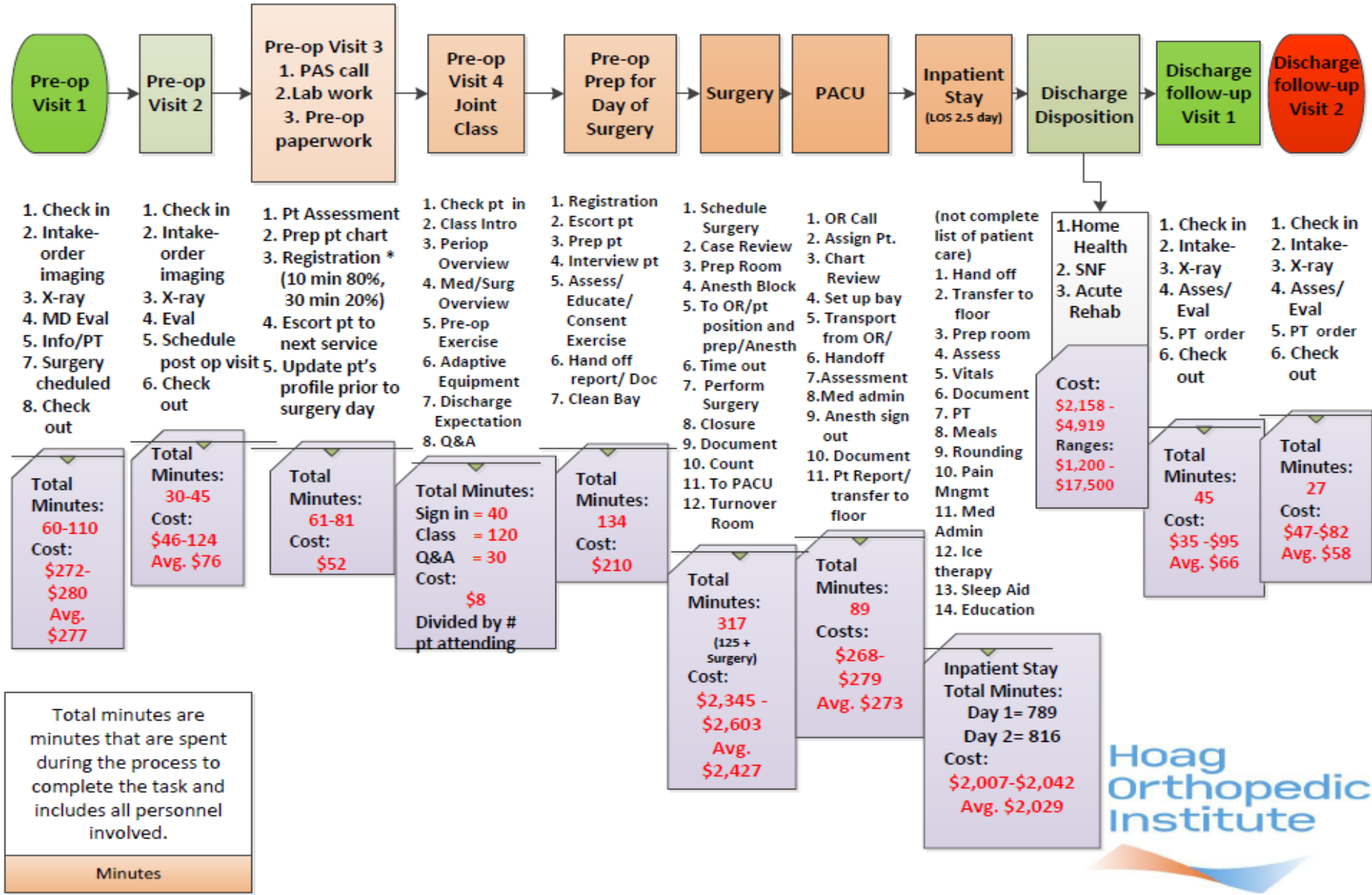
## Level 2: Study care cycle



## Level 3: Process maps



# HOI CARE CYCLES



Hoag Orthopedic Institute

## Home Health Assumption

- Total of 10 visits. 9 visits, in addition to initial assessment
- Cost is \$135/visit
- **Average Cost \$1,350**

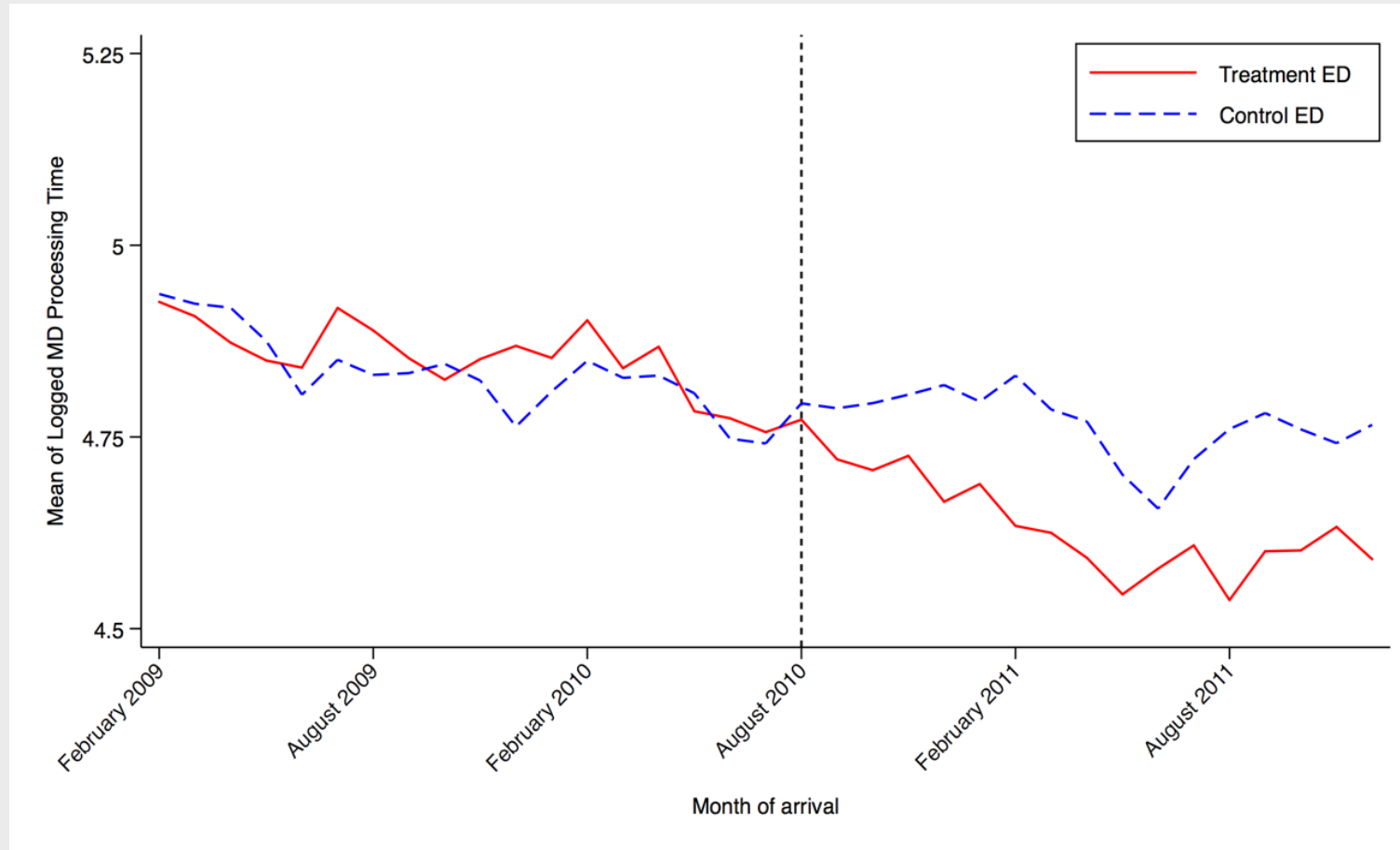
## Skilled Nursing Facility Assumption

- Average LOS is 7 days
- Cost is \$650/day
- **Average Cost \$4,550**

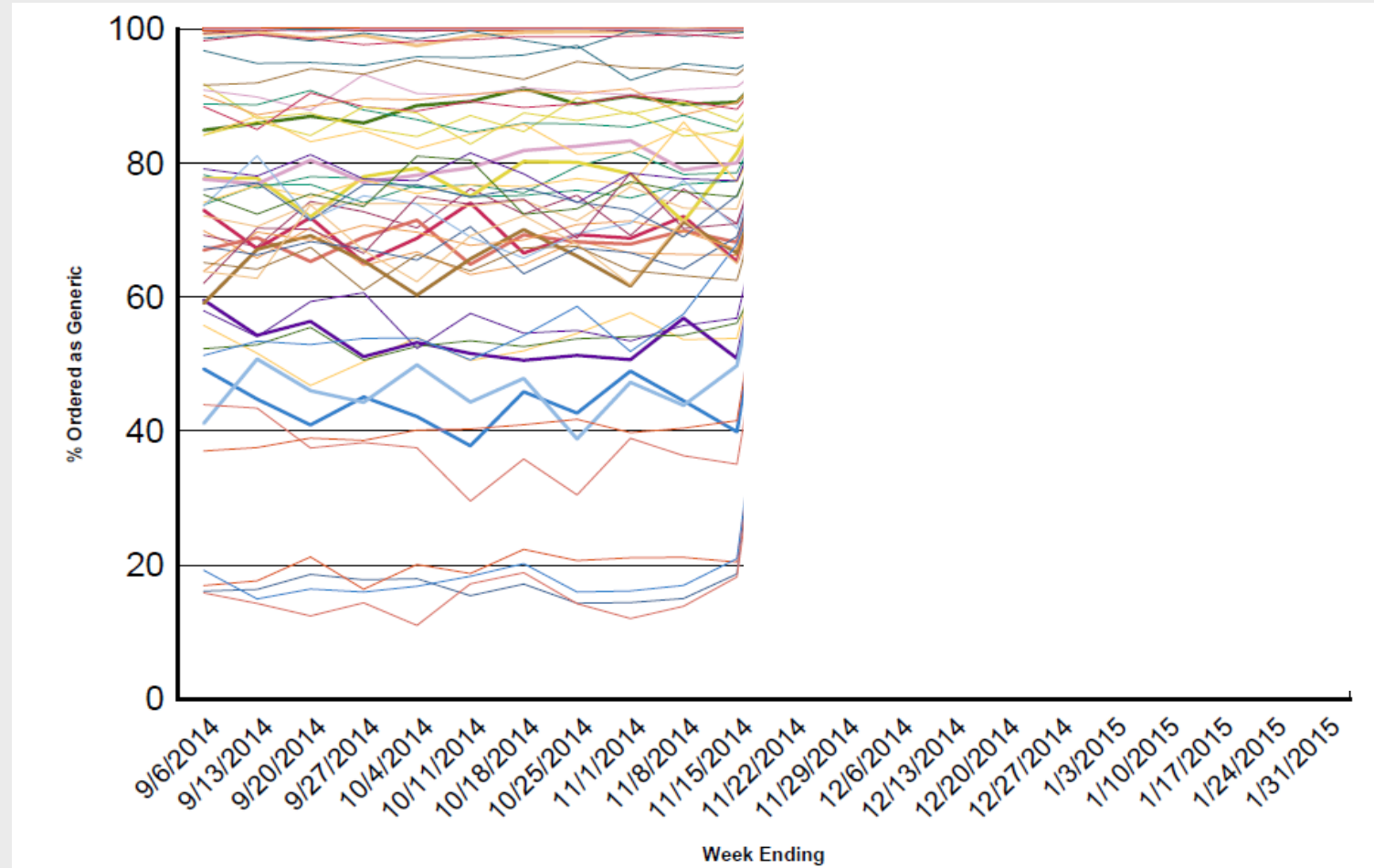
## Acute Rehab Assumption

- Average LOS is 8.7 days
- Cost varies/day, median cost \$1,653/day
- **Average Cost \$14,381**

# Performance Measurement



# Performance Measurement



# Performance Measurement

*“We are using physicians’ names. The opportunity is here for physicians to go down the hallway to their colleague, who is showing up better than they are, and have that conversation...you start to see changes in performance because of these conversations.”*

*~ Dr. Bernadette Loftus*

*Kaiser Mid-Atlantic*

# Administrative Savings

## Billing and Insurance Related Costs estimated by National Academy

Category	Total Spending	Total Excess Costs	33% Savings of Excess Costs
Total spending on billing and insurance related cost	\$496 billion	\$248 billion	\$82 billion
Spending by private insurance companies	\$158 billion	\$104 billion	\$34 billion
Spending by Medicare and Medicaid	\$56 billion		
Spending by physicians, hospitals and others	\$282 billion	\$141 billion	\$46 billion



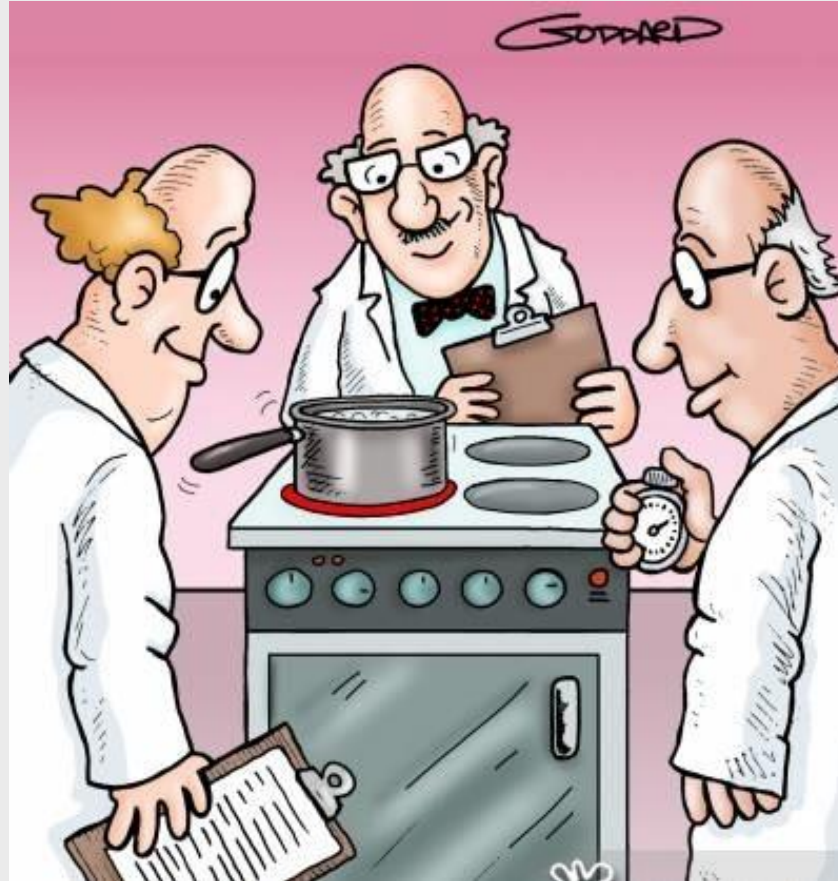
# Physician Payment and Practice Changes

- Ultimately, physicians order tests and treatments
- Physicians need to practice better to reduce:
  - Unnecessary services—PET/CT for early stage breast cancer
  - Inefficiently delivered services—using clinically equivalent but more expensive care

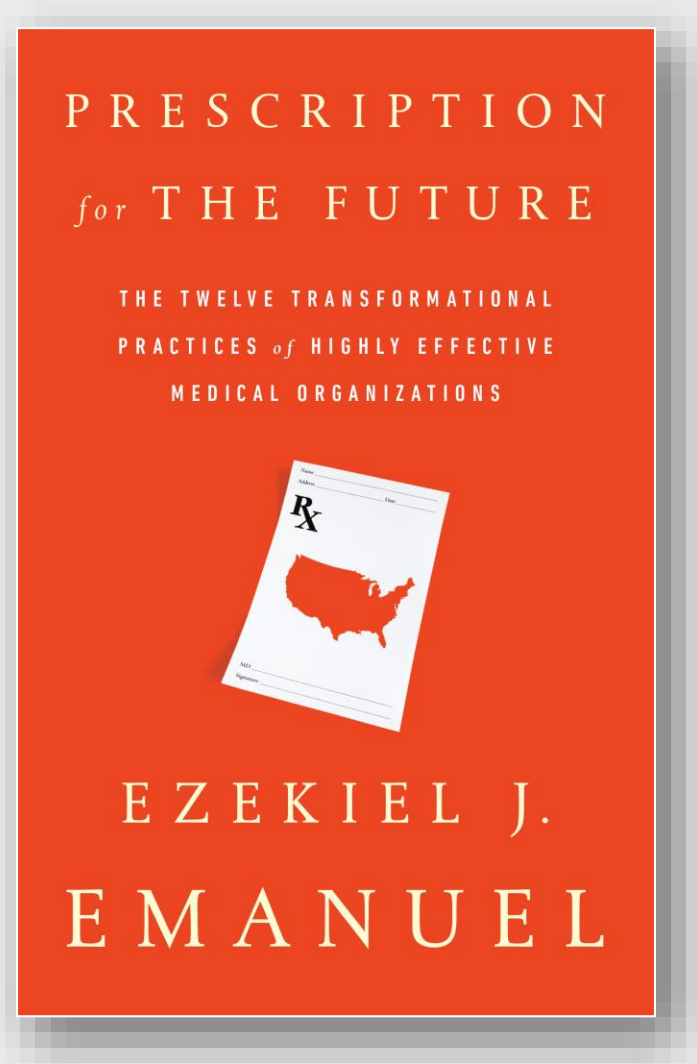
# Payment and Practice Changes

- Capitation for oncologists: Remove any financial incentives for oncologists to prescribe chemotherapy.
- New bundles for orthopedists: Incentivize pain management instead of joint replacement
- Capitation with bonus: Incentivize PCPs to do hospital at home instead of hospital admission.
- New Bonuses for Limited Quality Measures: Bonus PCPs for hemoglobin A1c and BP control and provide care coordinators.

# Timeline of Transformation



# Conclusion





# Learn Relate Innovate

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