# Eleventh National HIPAA Summit

5.04 Security Incident Response – What to do if a breach occurs and how to mitigate damages Chris Apgar, CISSP



## **Overview**

Background
 Establishing a security incident response team



- Forensics or how to investigate a breach
- Follow up or how to mitigate damagesSummary & resources

## Background

IPAA requirements Establishing policies and procedures Importance of documentation Mitigation of legal and regulatory risks Sound security practices



## Establishing a Security Incident Response Team

What is a security response team?
Designing the program
Corporate buy in
Determining size of team based on policy and process requirements
Establishing the team

## Establishing a Security Incident Response Team

Establishing a chain of command
 Supporting policies and procedures
 Designating a team lead
 Responsibilities of the team and team lead
 Training the team



## Establishing a Security Incident Response Team

- Establishing a support structure in the organization
- Mapping out process and external resources
- What external resources may be needed?
- Relation to disaster recovery plan



- Stop any further breach
   Solving the "crime"
   Importance of creating an evidence trail
- Importance of creating unimpeachable evidence





 Investigating the breach
 Duties of the incident response team
 Establishing a command center
 Determining type of breach
 Determining if truly a breach or a malfunction of software/hardware

 Tracing the breach to its source
 Internal versus external breach – hacker versus employee

- Actions to be taken based on source of breach
- Regulatory requirements in some states



- A word about investigations
- Treat a breach as if you were a detective
- If criminal activity is present following proper forensic procedures is extremely important
- When is it necessary to call in the police, FBI, etc.?

Use of external organizations to conduct investigations Advantages of external resources to smaller organizations Use of external resources does not mean it replaces at least a small incident response team Best to contract in advance of any incident

- A word about mitigating damages
   Importance of proper backup and recovery processes
- Don't forget proper forensics keep a copy of the data in question before restoring safeguards, data, etc.
- Coordinate with incident response team



- Fast action results in lower mitigation requirements
- S Assess damage to data, hardware, software
- Coordinate with appropriate organizational representatives but keep the list short
   Determine if privacy breach also
- Determine if privacy breach also occurred

Determine whether to notify members or patients of any privacy breach Be aware of state reporting requirements (especially California) Avoiding adverse publicity Proactively responding if adverse publicity occurs



- Limiting litigation or legal risk
- Limiting regulatory risk
- Why or why not report incidents to the authorities
- Internal versus external exposure



- Internal versus external perpetratorInvolving Human Resources
- Sanctions consistency a must
- Determining the audience who should I tell?
- Steps to limit future threat of similar nature



No requirement to report breach to OCR or CMS but state laws may require reporting What if CMS or OCR investigates? Importance of policies and procedures Check your contracts – do they require any specific reporting and when

Returning to normal



# Summary

Establish incident response team before incidents occur The importance of forensics Importance of consistency and limiting exposure Fast reaction limits damages and mitigation costs Beware of regulatory, legal and public exposure



#### References

# NIST Special Publication 800-61: <u>http://csrc.nist.gov/publications/nistpu</u> <u>bs/800-61/sp800-61.pdf</u> SANS: <u>http://www.sans.org</u>

- SISSA: http://www.issa.org
- WEDI: <a href="http://www.wedi.org/snip">http://www.wedi.org/snip</a>

## References

Handbook for Computer Security Incident Response Teams (Carnegie Mellon): <u>http://www.sei.cmu.edu/publications/d</u> <u>ocuments/03.reports/03hb002.html</u>

FCC Computer Security Incident Response Guide:

http://csrc.nist.gov/fasp/FASPDocs/in cident-response/Incident-Response-Guide.pdf

ISS Computer Security Incident Response Planning: <u>http://documents.iss.net/whitepapers/</u> <u>csirplanning.pdf</u>

#### Q&A

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