The Fifteenth National HIPAA Summit

Overview of Approaches to Security Officer Training

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Fundamental Questions

• What does a Chief Information Security Officer (CISO) or a ISO need to know to do his/her job effectively?

• How can he/she gain the necessary knowledge?

How People Learn

- Hearing (10%)
- Seeing (40%)
- **Doing** (50%)

"Knowing is not enough; we must apply Willing is not enough; we must do" -Goethe-

"What I hear, I forget.
What I see, I remember.
What I do, I understand."
Confucius 451 BC-

- Not just technical, also administrative
- Manager, facilitator, coordinator, initiator
- Must understand the business processes and the data flows (usability vs. security: "know thyself")
 - What data (sensitive and non-sensitive) exists and in what applications
 - Where it begins, who touches it (internally and externally and user privileges), what is done to it, on what devices (mobile and stationary), when it is backed up

- Have knowledge of and be able to discuss with technical and administrative staff
 - Access controls
 - Authentication
 - Multi-factor (biometrics)
 - Authorization
 - Audit controls
 - Network protection
 - Data management and protection
 - Encryption

- Security requirements in the SDLC
- Virtualization
- Disaster Recovery/Contingency Planning/Business Continuity ... "93% of companies that suffer a significant data loss are out of business within five years" ... US Bureau of Labor
- Policy/procedure development and implementation
- Be able to perform a risk analysis (vulnerabilities, threats, probabilities, impacts), devise corrective action plans, formulate and administer risk management strategies

- Develop, oversee, and participate in the delivery of security training, education, and awareness programs
 - In-house training (face-to-face, e-learning, contracted, organization staff)
 - Train-the-trainer
 - Special days, newsletters, log-on banners, posters, promotional products, screen savers
 - Intranet "security tips" page
 - Special presentations

Don't just tell them what to do, show them how!

- Understand federal, state, local (and international, if necessary) regulatory requirements for data protection and enable the organization to be compliant
- Understand the nexus/convergence between physical and logical security controls

- Be able to quickly respond to alleged security incidents in accordance with an established and tested process (work with HR, legal, IT, PR and law enforcement)
- Be able to measure the effectiveness of the organization's security program and report it to various levels (governance, administrative, and technical) of the organization

Staying Effective as a CISO

- Keep up with "best practices" not only in health care but also in other industries where sensitive data includes intellectual property, proprietary information, financial data
- Join professional organizations- CSI, SANS, etc.
- Attend conferences and technical training sessions on-line and in person; university training in information assurance, forensics, etc.
- Seek certification: CISSP, CISA, CISM, GIAC, etc.

Conclusions

- The CISO should be a well-informed, multifaceted individual
- He should be immersed in a continuous effort to gain greater education and awareness and be dedicated to passing along relevant training to the organization with a goal of making good security practices second nature
- There are numerous opportunities available in today's multi-media environment for learning new techniques and approaches and keeping up with best practices



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