## State Privacy Regulation: New York and New Jersey

Harvey Z. Werblowsky, Esq. McDermott, Will & Emery (212) 547-5432 hwerblowsky@mwe.com

## Background

- Health care providers are already sensitive to the confidentiality of health information.
- State laws and professional codes of ethics have long required providers to keep medical information confidential.
- State law may be different and/or conflict with HIPAA Privacy Rules.

## Background

- State laws typically accomplish four objectives:
  - Require health information to be confidential
  - Create exceptions: patient denied access
  - Create exceptions: no patient consent required for disclosure
  - Create exceptions: "extra-sensitive" information

## Background

- State law varies substantially state by state
- If a covered entity is using or transmitting information in more than one state, it will be subject to different state laws

# Remember Three HIPAA Reconciliation Principles

- Preemption
- Adherence to stricter State law
- Compliance with State law disclosure requirements

- <u>Rule One</u>: If State law is conflicting or less stringent, follow HIPAA. (This is referred to as preemption.)
- A State law is conflicting if:
  - it is impossible to comply with both the law and HIPAA; or
  - if it would stand as an obstacle to the accomplishment of the purposes of HIPAA.
- Preemption analysis is not always as easy as one might think

- <u>Rule Two</u>: If State law is stricter or provides for greater protections, follow state law.
- A State law is stricter if it imposes:
  - greater limitation on the health care provider's uses or disclosures;
  - gives greater right of access or amendment to the patient; or
  - provides greater privacy protection.

- Rule Three: HIPAA expressly defers to State law on certain matters, including, for example:
  - reporting child abuse, disease, birth, death, etc.;
  - who may act as a personal representative of the patient;
  - the relationship between a minor and his/her parents or guardian.

# HIPAA's Process for Requesting the DHHS Secretary's Determination

## State law survives only when the Secretary determines:

- that the State law is necessary:
  - to prevent fraud and abuse;
  - to ensure appropriate State regulation of insurance and health plans
  - for State reporting on health care delivery and costs
  - for purposes serving a compelling need related to public health, welfare or safety or the privacy intrusion is warranted when balanced against the need to be served
- that the State law's principal purpose is the regulation of controlled substances

# HIPAA's Process for Requesting the DHHS Secretary's Determination

- Requests are submitted by States, not private sector covered entities
- "Chief elected official or designee"
- Who will this be?

#### State Initiatives: New York

- State Office For Technology
- Coordination, not compliance
- How will health care providers be heard?
- What will be the template?

## State Initiatives: New Jersey

- HINT Advisory Group
- Educational effort
- State agencies focused on their own individual HIPAA compliance efforts

#### New York Existing Privacy Framework

- Historically, well-developed confidentiality scheme
- Different laws apply to each type of license held by facility, for example:
  - Article 28: hospital, nursing homes, etc.
  - ward, wing or unit certified by OMH,
    OMRDD, OASAS
  - substance abuse services
- Already very specific time frames and forms

#### Intersection of New York & HIPAA

New York health care providers already satisfy many HIPAA requirements

- Duty to keep information confidential
- Patient right to access information
- Procedures in place to obtain a patient's consent to disclosures
- Permit disclosure without patient consent in certain cases

# New York: Duty to Keep Information Confidential

- Professional misconduct
- Patient statement of rights
- General statements in facility-specific provisions (except: OMH, OMRDD)
- Information-specific provisions
  - general statements: genetic information, chemical dependence services, etc.
  - more detail: HIV (facility-specific)

#### New York: Patient Access

- Most detailed
- Bulk of preemption analysis here
  - more than just time frames
  - type of information which is accessible
  - bases for denial

#### New York: Patient Consent

- Little guidance as to content and procedure
- Exceptions:
  - HIV related information
  - Information held by facilities (or ward, wings or units) regulated by OMH or OMRDD

#### New York: Disclosures Without Consent

- Expressly addressed in HIV and OMH/OMRDD facility provisions
- Scattered reporting obligations: for example, child abuse, disease reporting, etc.

#### New York: What's New?

- HIPAA adds many new administrative requirements:
  - Privacy Officer
  - Notices
  - Training
  - Authorizations
  - Marketing

#### New York: What's New?

- (. . . continued) HIPAA adds many new administrative requirements:
  - Fundraising
  - Research
  - Greater Rights to Amend

## New York: Open Issues

- Physical Safeguards
  - HIPAA provides that a covered entity must have in place appropriate administrative, technical and physical safeguards to protect the privacy of protected health information
- Security

## New York Security

- Limited existing guidance for health care providers in New York
  - Facility-specific general admonitions to safeguard information from loss, destruction and unauthorized use
  - General Hospitals--policies and procedures regarding the authentication of medical records

#### New Jersey Existing Privacy Framework

- Also well-developed
- "Meat" is in the facility/practitioner specific regulations
- Less detailed compared to New York and HIPAA
  - No forms provided
  - Less instruction as to content, process or method

#### Intersection of New Jersey & HIPAA

Like New York, New Jersey also addresses many of the major topics:

- Duty to keep information confidential
- Patient right to access information
- Require patient "approval" to disclose
- Permit disclosure without patient consent in certain cases

# New Jersey: Duty to Keep Information Confidential

- Professional misconduct
- Patient Statement of Rights
- General Statements in facility-specific provisions
- Information-specific provisions
  - HIV
  - genetic information
  - venereal disease

### New Jersey: Patient Access

- Not much detail as to process
- No appeal rights addressed
- "More stringent" aspects:
  - legible copies, typewritten transcriptions, translations to English
  - No categories of information which are inaccessible
  - If medically contraindicated, must still provide access to the patient's representative or health care provider

## New Jersey: Patient "Approval"

- Facilities: do not release without patient "approval"
- Physicians: "current written authorization"

#### New Jersey: Disclosures Without Consent

- List differs by facility/practitioner
- Anyone within the facility

## New Jersey: What's New?

- Administrative Requirements
- Patient Amendment Rights
- Patient Appeals to Denials
- More Process and Forms

## New Jersey: Open Issues

- Physical Safeguards
- Security

## **New Jersey Security**

- General admonishment to protect against loss, damage, unauthorized removal or use
- Facility/provider-specific
- Not detailed

## Preemption Can Be Complicated

- Need to watch for developments in State administrative agencies and legislatures
- Judgment, Judgment, Judgment