

# Living with HIPAA: Compendium of Next steps from Rural Hospitals to Large Health Systems to Physician Practices



Presented by HIPAA Pros  
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# Living with HIPAA

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- Implementation priorities
  - Assuring money and effort is well spent
  - The three legs of Administrative Simplification
  - Where to begin?
- Identifying “chunks”
- What is “reasonable?”
- Who will do the work?

# Experiential Based

- Rural Hospital Experiences – Best Practices
- Community Hospitals: Security Needs
- Large Health Systems: compliance tracking tools
- How to establish priorities
- Determining “Chunks”

# ***LESSONS LEARNED***

## **#1**

### EDI Remains a Major Concern

- Vendor Readiness
- Facility Readiness

# ***RECOMMENDATION***

## **#1**

EDI Task force working with vendors and health plans to identify data elements and prepare for testing by April 14, 2003

# ***LESSONS LEARNED***

## **#2**

Most of HIPAA Compliance comes  
down to Behavioral Changes

Staff....Physicians....volunteers...etc

# ***RECOMMENDATION***

**#2**

Staff Training

✓ Ongoing

✓ Focused

# ***LESSONS LEARNED***

## **#3**

Future Compliance demands solid

- ✓ Policies
- ✓ Procedures
- ✓ Training



# ***RECOMMENDATION***

## **#3**

Establish a “HIPAA Coordinators”  
Group to Encourage Exchange of  
Information

# ***LESSONS LEARNED***

## **#4**

Need to consider  
“Contingency Plans”

# ***RECOMMENDATION***

**#4**

Get Moving

Get Serious

Get Done

- The end goal: find it, follow it and protect it
  - All the activities basically follow the PHI
  - More than electronic, paper and oral
  - What is it and who controls it?
    - Surprise: not you
    - It's everything for all intents and purposes!



Some days we just get stuck, and bogged down.  
Some days all you can do is smile and wait for someone to kindly  
remove your butt from the hole you find it wedged into.

# *Common Security Compliance Findings*



*Applicable to Community  
Hospitals and all Other  
HIPAA entities (that's  
the lesson learned!)*

## Standards: Subject Areas

- Administrative Procedures [45 CFR §142.308(a)]
- Physical Safeguards [45 CFR §142.308(b)]
- Technical Security Services [45 CFR §142.308(c)]
- Technical Security Mechanisms [45 CFR §142.308(d)]



- Certification Process and Program Development [45 CFR §142.308(a)(1)]
  - Internal or external
  
- Contingency Program Development [45 CFR §142.308(a)(3)]
  - Must include: Applications and Data Criticality Analysis
  - Data Backup Plan
  - Disaster Recovery Plan for the Entire Enterprise
  - Emergency Mode of Operation
  - **Testing and Revision Procedures**

## (continued)

- Records Processing Policies and Procedures Development [45 CFR §142.308(a)(4)]
  - Receipt, manipulation, storage, dissemination, transmission, disposal of PHI
- Information Access Control Policies and Procedures [45 CFR §142.308(a)(5)]
  - Access Authorization (overall access procedures)
  - Access Establishment (Initial right of access)
  - **Access Modification (job change or termination)**

# Administrative Procedures

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(continued)

- Security Configuration Management Policies  
[45 CFR §142.308(a)(8)]
  - Hardware and software installation and maintenance review and testing
  - Hardware and **software inventory**
  - Security Testing (host and network component **penetration testing**) Protocols and Services

# Administrative Procedures

(continued)

- Training Program Development  
[45 CFR §142.308(a)(12)]
  - Security Awareness Training for ALL Personnel
  - Periodic Reminders
  - Virus Protection Education
  - Log in Access Education
  - Password Management Education

- Assigned Security Responsibility [45 CFR §142.308(b)(1)] (must understand all aspects of information security)

- Access Control [45 CFR §142.308(c)(1)(i)]
  - Implementation Features - at least one of the following:
    - Context-based
    - Role-based
    - User-based
- Audit controls [45 CFR 42.308(c)(1)(ii)]
  - Mechanisms to record and examine system activity

# Technical Security Mechanisms

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- Network Controls [45 CFR §142.308(d)(2)]
  - Alarm (IDS)





*“The computer expert is here, Mr. Rumson.”*



*Do Not Delay*

- Multiple Acute Care Hospitals
- Long-term Care Facilities
- Health Plan
- Clinics
- Dental Clinics
- Faculty Practice Plans

# HIPAA Implementation Situation <sup>27</sup>

- Organize HIPAA implementation for a large, urban single entity healthcare system with 130 facilities ranging from large acute care to small clinics.
- Track and monitor implementation progress throughout a diverse, distributed entity.

- Create an implementation plan for 7,500 HIPAA recommendations and findings.
- Organize and coordinate central and local implementation teams.
- Manage and track compliance implementation as findings are addressed in an auditable manner.

- Perform Analysis
- Design Implementation Projects
- Formulate Organization Structure & Operating Processes
- Formulate Organizational Roles and Responsibilities
- Create and Deploy Implementation Tools

- Recommendations and findings were extracted from reports and categorized with 25 unique identifiers that include regulation paragraph number and section, implementation workgroup, and action required for implementation.

- Projects were formulated based on type of action required on recommendations and findings.
- Projects were prioritized based on the regulatory risk profile of the entity.



# Organization

- Structure was designed to include executive management, privacy officer, compliance directors, implementation workgroups and consultant subject matter experts.
- Process for organizational behavior was pre-defined to ease information and workflow during implementation.
- Roles & responsibilities were defined within process to assist team behavior and function.



- Compliance tracking database was design and developed to house recommendations, work groups and projects.
- Tool enables users to monitor their area of responsibility for HIPAA implementation.
- Tool provides compliance audit trail for regulatory enforcement inquiries.

- Features:
  - My Dashboard, for executive level compliance tracking
  - My Recommendations, for manager level tracking of activity by recommendation and finding
  - Projects, for project creation, maintenance and tracking
  - Recommendations, for user designed query searches of recommendation database, and recommendation management.

# Compliance Tracking Tool

## My Dashboard

### My Statistics

Recommendation Statistics

Recommendation Search

#### Recommendations by Reg. Class Level 2

Name	Rec.	Prj.
Access of Individuals to their own PHI	318	314
Accounting Of Disclosures	152	152
Additional Requirements for Health Plans	0	0
Additional Restrictions on Uses and Disclosures Requested by Individuals	24	24
Administrative Procedures	1298	1298
Alternative Means or Location of Communication Requested by Individuals	48	48
Amendment of PHI	80	80
Code Sets	0	0
Complaints to the Covered Entity	0	0
Coordination of Benefits	33	0
Electronic Signature Standards	0	0
Eligibility for a Health Plan	53	53
Enrollment & Disenrollment in a Health Plan	0	0
General Provisions	0	0
Group Health Plan	6	2
Health Care Claim Status	34	34
Health Care Claims or Equivalent Encounter Information	0	0
Health Care Payment and Remittance Advice	34	34
Health Plan Premium Payments	0	0
Mitigation of Harmful Effects of a use or disclosure	1	1
Notice of Privacy Practices	0	0
Physical Safeguards	466	466

#### Recommendations by Project Priority

Name	Rec.	Prj.
High	126	4
Low	3	4
Medium	99	2
Mission Critical	0	1
None	0	0

#### Recommendations by Project Status

Name	Rec.	Prj.
Completed	0	0
Defined	0	0
In Progress	0	0
Plan Complete	228	11
Recommendations assigned	0	0
Started	0	0
Stopped before completion	0	0
Workgroup assigned	0	0

#### Recommendations by Status

Name	Rec.	Prj.
Assigned to group	0	0
Assigned to project	6855	6747
Compliance in progress	0	0

# Compliance Tracking Tool

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My Dashboard

Administration

Recommendation

Project

## Facility Types

- Facilities
- Networks
- Source Type
- Source Name
- Source Status
- Departments
- Sub Departments
- Groups
- Reg. Class Level I
- Reg. Class Level II
- Reg. Class Level III
- Reg. Ref./Deadline
- Organization Level I
- Organization Level II
- Project Status
- Project Priority
- Users
- User Type

## Facility Type

Add New

Facility Type	Definition	Edit	Delete
AC	Acute Care Facility - Hospital	<a href="#">Edit</a>	<a href="#">Delete</a>
ACMH	Acute Care & Mental Health Facility (Hospital)	<a href="#">Edit</a>	<a href="#">Delete</a>
CF	Correctional Facility	<a href="#">Edit</a>	<a href="#">Delete</a>
D&TC	Diagnostic & Treatment Center	<a href="#">Edit</a>	<a href="#">Delete</a>
EO	Executive Office	<a href="#">Edit</a>	<a href="#">Delete</a>
H&HC	Home & Health Care	<a href="#">Edit</a>	<a href="#">Delete</a>
LTC	Long Term Care	<a href="#">Edit</a>	<a href="#">Delete</a>
MPHP	Metro Plus Health Plan	<a href="#">Edit</a>	<a href="#">Delete</a>
OH	Oral Health	<a href="#">Edit</a>	<a href="#">Delete</a>
OT	Other	<a href="#">Edit</a>	<a href="#">Delete</a>
RC	Rehab Center	<a href="#">Edit</a>	<a href="#">Delete</a>
SBC	School Based Clinic	<a href="#">Edit</a>	<a href="#">Delete</a>
SC	Small Clinic	<a href="#">Edit</a>	<a href="#">Delete</a>
SNF	Skilled Nursing Facility	<a href="#">Edit</a>	<a href="#">Delete</a>
UKN	Unknown	<a href="#">Edit</a>	<a href="#">Delete</a>

An Application Built By:



**HIPAA**  
PROS.com

# Compliance Tracking Tool

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My Dashboard      Administration      **Recommendation**      Project

**My Recommendations**      [Search For Existing Recommendations](#)      [Create New Recommendation](#)

<a href="#">Text</a>	Status	Facility Name	Reg. Class Level I	Text	Delete
<a href="#">Detail</a>	Assigned to project	Queens Hospital Center	Privacy	Work with the Medical Records Department to create ...	<input type="checkbox"/>
<a href="#">Detail</a>	Assigned to project	East New York D&TC	Privacy	Work with Medical Records to develop a process to ...	<input type="checkbox"/>
<a href="#">Detail</a>	Assigned to project	Gouverneur D&TC	Privacy	While it is a best practice to keep employee ...	<input type="checkbox"/>
<a href="#">Detail</a>	Assigned to project	Renaissance Health care Network D&TC	Privacy	While it is a best practice to keep employee ...	<input type="checkbox"/>
<a href="#">Detail</a>	Assigned to project	Segundo Ruiz Belvis D&TC	Privacy	While it is a best practice to keep employee ...	<input type="checkbox"/>
<a href="#">Detail</a>	Assigned to project	MetroPlus Health Plan	Privacy	Once health assessment forms are entered into ...	<input type="checkbox"/>

[Delete](#)

# Compliance Tracking Tool

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[My Dashboard](#)

[Administration](#)

[Recommendation](#)

[Project](#)

## Recommendation Detail:

[Back to Main Page](#)

### Description

[Edit](#)

### Notes

[Add](#)

#### Text

Work with the Medical Records Department to create a procedure to ensure that the records are included in the designated record set.

#### Notes

#### User

#### Date

**Status** Assigned to project  
**Reg. Class Level I** Privacy  
**Reg. Class Level II** Access of Individuals to their own PHI  
**Reg. Class Level III** N/A  
**Regulatory Reference** 164.524  
**Regulatory Deadline** 2003/04/14  
**Org. Level I** Local Type 2  
**Org. Level II** Designated Record Set  
**Facility Name** Queens Hospital Center  
**Facility Type** AC  
**Dept Name** Psychiatry  
**Sub Dept Name** N/A  
**Network Name** Queens Health Network  
**Network Code** QN  
**Location** 70  
**Source Name** Queens Hospital Center  
**Source Section** Behavioral Health/Psychiatry  
**Source SubSection**

[My Dashboard](#)[Administration](#)[Recommendation](#)[Project](#)

## Recommendations

[My Recommendations](#)

### Search For Existing Recommendations

To perform a previously saved search, simply select the saved search from the drop down menu below and click go.  
To edit a previously saved search, select the search by clicking edit. Or, create a new search with new criteria.

 [Edit Saved Search](#)[Create New Search](#)

### Create New Recommendation

To create a new recommendation, please provide the following information and click "Add".

\* means required

Text:

\*

Status

Reg. Class Level I



# Compliance Tracking Tool

<a href="#">My Dashboard</a>	<a href="#">Administration</a>	<a href="#">Recommendation</a>	<a href="#">Project</a>
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## Projects

<a href="#">Detail</a>	Project Name	Manager	Sponsor	Start Date	End Date	Priority	Status
<a href="#">Detail</a>	AO – Correctional Health					N/A	N/A
<a href="#">Detail</a>	AO – Group Health Plan					N/A	N/A
<a href="#">Detail</a>	AO – Health & Home Care					N/A	N/A
<a href="#">Detail</a>	AO – Metro Plus					N/A	N/A
<a href="#">Detail</a>	CO – Business Associates			2002/06/01	2004/04/14	N/A	N/A
<a href="#">Detail</a>	CO – Chain of Trust Partners					N/A	N/A
<a href="#">Detail</a>	CO – Trading Partner Agreements					N/A	N/A
<a href="#">Detail</a>	DRS – Access of Individuals to their own PHI			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Accounting of Disclosures			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Additional Restrictions on Uses & Disclosures by Individuals			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Amendment of PHI			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Safeguards (administrative, technical and physical)			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Uses & Disclosures for TPO			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Uses & Disclosures of PHI: General Rules			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Uses & Disclosures: Authorization or Individual Agree or Object NOT REQUIRED			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Uses & Disclosures: Authorization REQUIRED			2002/10/01		N/A	N/A
<a href="#">Detail</a>	DRS – Uses & Disclosures: Individual Agree or Object REQUIRED			2002/10/01		N/A	N/A
<a href="#">Detail</a>	EDI – Additional Requirements for Health Plans			2002/10/01		Low	Plan Complet



# Compliance Tracking Tool

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My Dashboard

Administration

Recommendation

Project

## Project Details:

Back

Delete

### Project Description

Edit

### Notes

Add

**Name:** CO – Business Associates

**Manager:**

**Sponsor:**

**Start Date:** 2002/06/01

**End Date:** 2004/04/14

**Priority:** N/A

**Status:** N/A

**Description:**

Notes

User

Date

### Recommendations

Detail	Recommendation Text	Status	Delete
<a href="#">Detail</a>	A procedure should be developed for all vendors requiring them to submit invoices for payment without the PHI, if the PHI is not necessary for the order.	Assigned to project	<input type="checkbox"/>
<a href="#">Detail</a>	A procedure should be developed specifically for Quest Diagnostics indicating that invoices should be submitted for payment without the PHI, if the PHI is not necessary for the order.	Assigned to project	<input type="checkbox"/>
<a href="#">Detail</a>	To the extent that some vendors receive personally identifiable health information from Bellevue for reasons other than treatment (Quest is involved in patient treatment), and that reason is ...	Assigned to project	<input type="checkbox"/>
<a href="#">Detail</a>	A procedure should be developed specifically for Quest Diagnostics, and for any other vendors that include PHI on invoices. Such a procedure would require the originating Department to review the ...	Assigned to project	<input type="checkbox"/>
<a href="#">Detail</a>	To the extent that some vendors receive PHI from CIH for reasons other than treatment, payment or health care operations (Quest is involved in patient treatment), and such vendors are providing ...	Assigned to project	<input type="checkbox"/>
<a href="#">Detail</a>	A procedure should be developed specifically for any other vendors that include PHI on invoices. Such a procedure would require the originating Department to review the invoices and submit it for ...	Assigned to project	<input type="checkbox"/>

- Use of an implementation partner has distinct advantages to the organization:
  - Available implementation tools.
  - Proven HIPAA implementation management methods and techniques.
  - Regulatory subject matter expertise built through training and experience.

# Where to start?

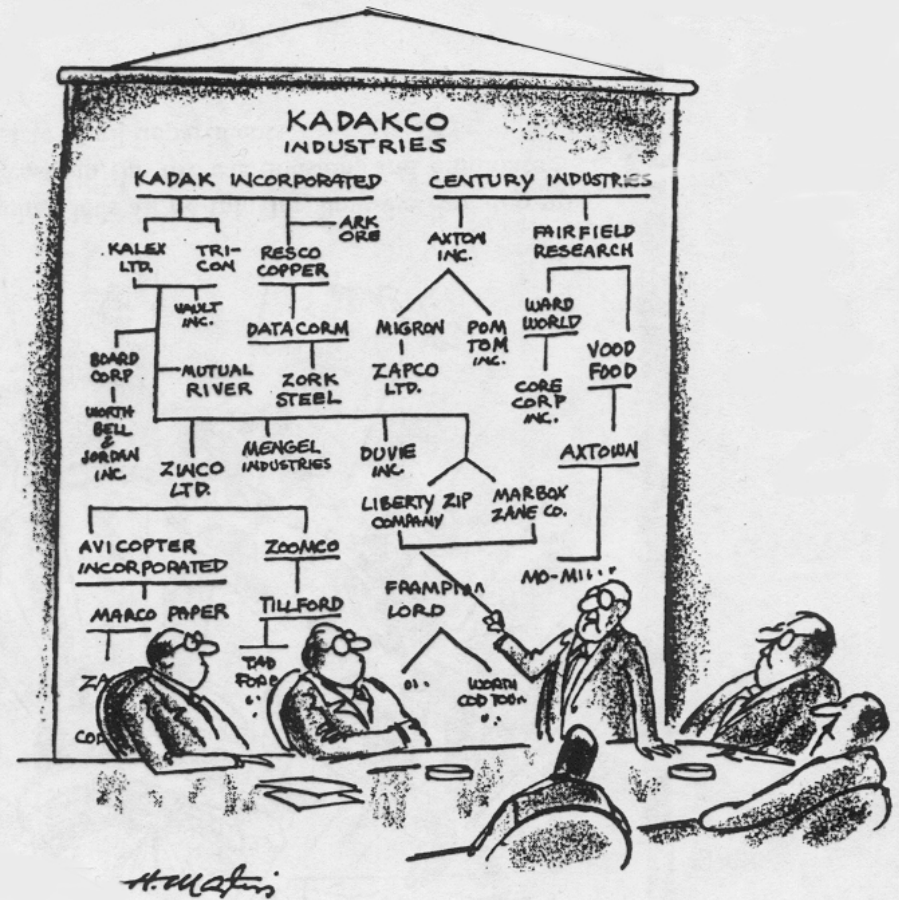
- Assuming a work plan exists from the initial baseline assessment, it is clear that providers must first address “HIGH” risk areas
- “Typical” high risk areas include:
  - Vendor readiness
  - Health Plan directives
  - Lack of Compliance Plan components (required)
  - Training, training and more training
  - Business Associates
  - Physical Security
  - Records management

# Setting Priorities

- Infrastructure issues
  - Firewalls
  - Protecting the network
  - Access controls
- Patient rights
  - HIPAA is a patient-centric set of regulations and the patient rights (Notice of Privacy Practices, handling disclosures)  
documentation of decisions is a critical step

- Working in the above priorities, define chunks of tasks that can be delegated to the work groups all designed to address the high priority areas
  - Security in the systems: effected by decisions already made to address the EDI concerns
  - EDI task forces: focus is on meeting testing parameters and assuring the system (whether computerized or manual) allows all components of your HIPAA Covered Entity to capture the required data elements
  - Privacy projects: awareness training, formation of compliance office, documents, management of patient rights and Business Associates





*“And now, let’s determine if we are a covered entity, affiliated single covered entity, hybrid covered entity or organized health care arrangement.”*

# Covered Entity Decisions

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- Single entity
- Affiliated Single entity
- Hybrid entity
- Organized health care arrangement
  - Considerations
  - Pros/Cons
  - documentation



- EDI standards require uniform codes for all payers
- Uniformity = Cost Savings
- This is the bottom line!



# Question & Answer



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