HIPAA Administrative Simplification



Health Information Privacy

William R. Braithwaite, MD, PhD "Dr. HIPAA"

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Requirements for Privacy

HIPAA requires:

 "Standards with respect to the privacy of individually identifiable health information ..."

- Final Rule published 12/28/2000
- Guidance issued 7/6/01.
- Compliance required 4/14/2003.

Modifications will be proposed in NPRM soon.

- Expect proposals to decrease administrative burden.
- Expect no change in compliance date.

5 Principles of Fair Info Practices

Openness [Notice]

 Existence and purpose of record-keeping systems must be publicly known.

Individual Participation [Access]

- Individual right to see records and assure quality of information.
 - accurate, complete, and timely.

Security

 Reasonable safeguards for confidentiality, integrity, and availability of information.

Accountability [Enforcement]

- Violations result in reasonable penalties and mitigation.
- Limits on Collection, Use, and Disclosure [Choice]
- Information collected only with knowledge and consent of subject.
- Information used only in ways relevant to the purpose for which the data was collected.
- Information disclosed only with consent or legal authority.

Bare Bones of HIPAA Privacy Standards



Scope: What is Covered?

Protected health information (PHI) is:

- Individually identifiable health information,
- Transmitted or maintained in any form or medium,
- Held by covered entities or their business associates.

De-identified information is not covered.Specific rules determine de-identification.

Individual's Rights

Individuals have the right to:

- A written notice of information practices from health plans and providers.
- Inspect and obtain a copy of their PHI.
- Obtain an accounting of disclosures.
- Amend their records.
- Request restrictions on uses and disclosures.
- Accommodation of reasonable communication requests.
- Complain to the covered entity and to HHS.

I just want to be left alone!



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Key Points

Covered entities can provide greater protections if they want.

Required disclosures are limited to:

- Disclosures to the individual who is the subject of information.
- Disclosures to OCR to determine compliance.

All other uses and disclosures in the Rule are permissive.

Uses and Disclosures

Must be limited to what is permitted in the Rule:

- Treatment, payment, and health care operations (TPO).
- Uses and disclosures involving the individual's care or directory assistance,
 - Requiring an opportunity to agree or object.
- For specific public purposes.
- All others as authorized by individual.

Requirements vary based on type of use or disclosure.

Consent: Rule

Written consent required before direct treatment provider may use PHI for TPO.

Exceptions:

- emergency treatment situation,
- substantial communication barriers,
- when required by law to treat.

Not required for:

- Indirect Treatment Providers,
- Health Plans,
- Health Care Clearinghouses.

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Policy Exceptions

Covered entities may use or disclose PHI without a consent or authorization only if the use or disclosure comes within one of the listed exceptions & certain conditions are met;

- As required by law.
- Health care oversight.
- For public health.

Policy exceptions, (2)

- For research.
- For law enforcement.
- For judicial proceedings.
- For other specialized government functions.
- To facilitate organ transplants.
- To Coroners, medical examiners, funeral directors.

Authorizations (not TPO)

Generally, covered entities must obtain an individual's authorization before using or disclosing PHI for purposes other than treatment, payment, or health care operations.

Most uses or disclosures of psychotherapy notes require authorization.

HIPAA: it not only looks complicated ...



Minimum Necessary

Covered entities must make reasonable efforts to limit the use or disclosure of PHI to minimum amount necessary to accomplish their purpose.

Exceptions:

- Disclosure to or request by provider for treatment.
- Disclosure to individual.
- Under authorization (unless requested by CE).
- Required for HIPAA standard transaction.
- Required for enforcement.
- Required by law.

Minimum Necessary: Rule

Reasonableness standard -

consistent with best practices in use today.

"Role-based" access limits.

Standard protocols for routine & recurring uses / disclosures.

Review each non-routine disclosure.

May rely on judgment of requestor if:

- public official for permitted disclosure.
- covered entity.
- professional within covered entity.
- BA for provision of professional service for CE.
- researcher with IRB documentation.

Oral Communication

<u>All</u> forms of communication covered.

Requires reasonable efforts to prevent impermissible uses and disclosures.

Policies and procedures to limit access/use
except disclosure to or request by provider for treatment purpose.

Business Associates

Agents, contractors, others hired to do work of or for covered entity that requires PHI.

Satisfactory assurance – usually a contract --that a business associate will safeguard the protected health information.

No business associate relationship is required for disclosures to a health care provider for treatment.

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Business Associates (2)

Covered entity is responsible for actions of business associates, if:

- knew of violation of business associate agreement
- failed to act.

Liability only when:

- CE is aware of material breach &
- fails to take reasonable steps to cure breach or end relationship.

Monitoring is not required.

Administrative Requirements Flexible & scalable.

Covered entities required to:

- Designate a privacy official.
- Develop policies and procedures (including receiving complaints).
- Provide privacy training to its workforce.
- Develop a system of sanctions for employees who violate the entity's policies.
- Meet documentation requirements.

Hippocratic Philosophy of Rule-Making

First, do no harm ...

- to the patient
- to the provider
- to the parts of the system that work!

Don't go too far ...

- either way
- reaction could kill it.

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Rule #1: Don't surprise the patient!!!



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Resources

Office for Civil Rights Web Site:

- http://www.hhs.gov/ocr/hipaa/
- for privacy related publications and questions.

William.R.Braithwaite@us.PwCglobal.com

