### State Roles in Promoting Accountable Care Organizations and Medical Homes

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## Overview

- 1. Context
- 2. State Roles in ACO Development
- 3. ACOs and Patient Centered Medical Homes (PCMHs)
- 4. State Opportunities in Federal Health Reform
- 5. Concluding Themes from States

#### Why States are Looking to Promote ACOs and PCMHs— Better Value!

- States are seeking better value in health care
  - Fragmentation and is pervasive in health care systems
  - ACOs are a promising means of health system reform
  - States have a substantial role as payers, regulators,
    & purchasers of health care
  - States are seeking systematic responses for their
  - vulnerable populations
  - States are well-positioned to promote models that address community-level needs and infrastructure

### What is an ACO?

- ACOs take on a variety of forms
  Key principles:
  - Payment reform that promotes value
    - Includes shared savings model based on targeted savings using a global, prospective, budget
  - Performance measurement using timely and accurate data allowing for quality and cost accountability
  - Delivery system reform that promotes integrated, organized processes for improving quality and controlling costs

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# **Our Research**

- On the Road to Better Value: State Roles in Promoting Accountable Care Organizations
  - Purpose of report:
    - Discuss the levers, strategies, and resources being used by states to support ACOs



Kitty Purington, NASHP Policy Specialize

- Encourage collaboration among states to coordinate initiatives
- Stimulate consideration of ACOs at the state level
- Profiles from six states: CO, MA, MN, OR, WA, VT
- Structured interviews with 14 key state policy makers, ACO national thought leaders, & health care providers

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# State Roles in ACO Development: Key Components

Data Design and promotion of new payment models Accountability measures Identification and promotion of systems of care Support for a continuum of care & the medical home model

States play a critical role in each of these key ACO components

# State Roles: Designing and Promoting Data

- Unique capability of states to gather, analyze & share data that cuts across providers and payers
  - Data disclosure mandates
  - Data shields from competitors
  - Promotion of transparency in cost-reporting
- 6 states using role as data-broke develop allclaims all-payer databases
  - VT: Vermont Information Technology Leaders (VITL)

# State Roles: Designing and Promoting Data



- States are providing leadership & funding to develop new data capabilities
  - Ex. multi-payer databases to assist in the collection of health care data
- States are at the data frontline thanks to the American Recovery and Reinvestment Act
  - State Health Information Exchange Cooperative Agreement Program
  - Medicaid Electronic Health Record Incentives
    Program
    - Regional Extension Centers

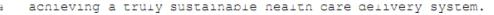
## State Roles: Designing & Promoting New Payment Models

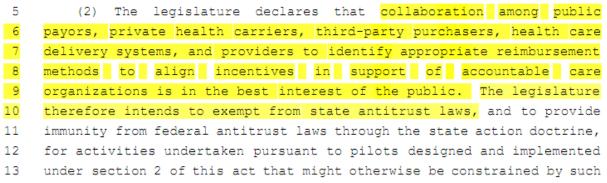
#### Convening stakeholders

 "State Actions Doctrine" allows for antitrust protections facilitating the convention of payers and providers

#### **State Actions Doctrine:**

permits some "anticompetitive" activities if actions are: 1)in furtherance of a clearly articulated state policy, **and** 2) actively supervised by the state.





#### WA: ACO Pilot Projects, Ch. 220, Session Laws of 2010

## State Roles: Designing & Promoting New Payment Models

#### □ States are...

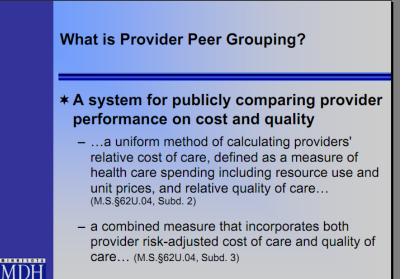
- Creating pilots and funding initiatives
  - WA: Adaptation of medical home pilot payment models for ACO pilot
- Using their purchasing power
  - Purchaser of Medicaid, state employer coverage
  - OR: Oregon Health Authority
- Bringing Medicare to the table
  - VT: Plan to expand Medicare involvement from the Medical Home Initiative into Advanced Primary Care Demo; anticipate doing the same for ACO pilot

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# State Roles: Fostering the Use of Accountability Measures

Adopting statewide requirements to lead design of accountability measures

- Ex. mandates of quality reporting standards
- MN: "Provider Peer Grouping"



Minnesota Dept. of Health Slides for May 10, 2010

http://www.health.state.mn.us/healthreform/peer/index.html

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## State Roles: Fostering the Use of Accountability Measures

#### Leveraging funding to set new standards

Significant purchasing power

CO: Performance-based Medicaid contracts

Tying standard to state-funded initiatives:

VT: adaptation of NCQA medical home standards for use in ACO initiative

Convening stakeholders to develop measures

 OR: Health Incentives and Outcomes Committee includes providers, payers, employers, advocates

# State Roles: Identifying and Promoting Systems of Care

- States are using a continuum of strategies to identify and/or foster ACOs
  - These range from very dire approaches of system identification & establishme to the facilitation of community-level activities

#### Table 5: A Spectrum of StateActivity to Create Systems of Care

Identification and Designation of Systems of Care

Colorado: Regionalization of Medicaid program into coordination organizations

Vermont: ACO pilots through regionally distributed hospital systems

*Oregon:* Health reform efforts designed to enforce communities of care

Washington: Promotion through information sharing and the convention of stakeholders and experts

Promotion of Systems of Care

#### Support for a Continuum of Care ACOs and PCMHs

#### Primary Care is at the heart of accountable care

- Reduction of high-cost care means the promotion of primary and preventive care
- VT: ACO Feasibility Study

According to a recent NASHP survey, 31 states are currently engaged in patient centered medical home initiatives

*Broad scope of service coordination.* First, the ACO must be able to manage the full continuum of care settings and services for its assigned patients. Though the details of exactly how to best to do this will vary, Vermont has recommended that the ACO implement a patient-centered medical home approach to primary care as a basic building block for care coordination and to reinforce the ties of patients to their primary care providers. The Community Health Team, which is included in the Vermont Enhanced Medical Home pilots, is an innovative approach to coordinating both care and preventive

# Support for a Continuum of Care ACOs and PCMHs

- PCMHs & ACOs are not mutually exclusive nor are they mutually dependent—there are synergies
- Like for PCMHs, ACO savings can be reinveste in the community
- Accountable care model seeks "system-ness"

PCMHs can be a diving off point from which states can create ACOs



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### State Opportunities for ACO Development in Federal Health Reform

- Enormous opportunities available to states to transform the delivery system
  - Medicare shared-savings program
  - Pediatric ACOs
  - Center for Medicare and Medicaid Innovation
- States can leverage the activities of interested providers
- States can provide input and lessons learned in the regulatory process
- Exchanges provide opportunities for states to promote ACOs

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# Key Themes on State Roles in ACO Development

- Build on other state health reform initiatives
- Lay the foundation by improving primary care
- Look for community-based and regional opportunities
- Establish pilots to test new models
- Use legislation as a tool to develop efforts
- Build stakeholder support
- ACOs are not a "one-size-fits-all" model

### Thanks to...



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#### For further information...

Purington, K., Gauthier, A., Patel, S. On the Road to Better Value: State Roles in Promoting Accountable Care Organizations, Forthcoming CMWF/ NASHP publication, November 2010



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