

Unlocking the Potential of Digital Health

The Future of Health IT and Mobile Technology

Robert Wah, MD

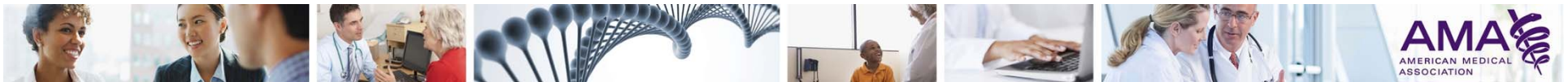
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Robert Wah, MD

- Immediate Past President of American Medical Association
- Reproductive endocrinologist and ob-gyn
- Practices and teaches at the Walter Reed National Military Medical Center and the National Institutes of Health.
- Served more than 23 years on active duty as a captain in the U.S. Navy Medical Corps
- Served as Associate CIO for Military Health System at DoD.
- Started Office of National Coordinator for Health IT (ONC) at HHS as first Deputy National Coordinator/Chief Operating Officer
- Follow me [@RobertWahMD](#)



The AMA Strategic Plan





A new era of
collaboration and
innovation

Connecting with Patients

- Patients are more informed than ever before, and that is changing the doctor-patient relationship
- Patient Portals allow patients to ask questions and access their own health records remotely.
- Telemedicine and Telehealth give patients more frequent dialogue with their physicians, while also driving down cost
- Mobile phones, wearables and tablets offer enormous potential to change health care for the better

Connecting with Physicians

- Technology makes our lives simpler and more complicated
- Electronic Health Records create efficiencies but are deeply flawed
- The AMA has made physician practice sustainability and reducing administrative red tape an action priority
- New health care technologies **MUST** involve physicians in the planning and design stage



The threat of over-regulation

Meaningful Use

- In an ideal world, “Meaningful use” would improve quality, safety, efficiency, and reduce health disparities
- Instead of clinician and patient needs driving demand, it is MU requirements
- Regulatory obstacles distract us from the work we do and steals time with patients
- The AMA continues to fight for changes in MU to better align with the way physicians work

www.BreakTheRedTape.org



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BREAK the RED TAPE

Congress needs to hit the reset button on Meaningful Use (MU) Stage 3 regulations. Electronic health record systems (EHRs) should be designed to meet the needs of patients and physicians, not federal program requirements.

[Share your EHR story](#)





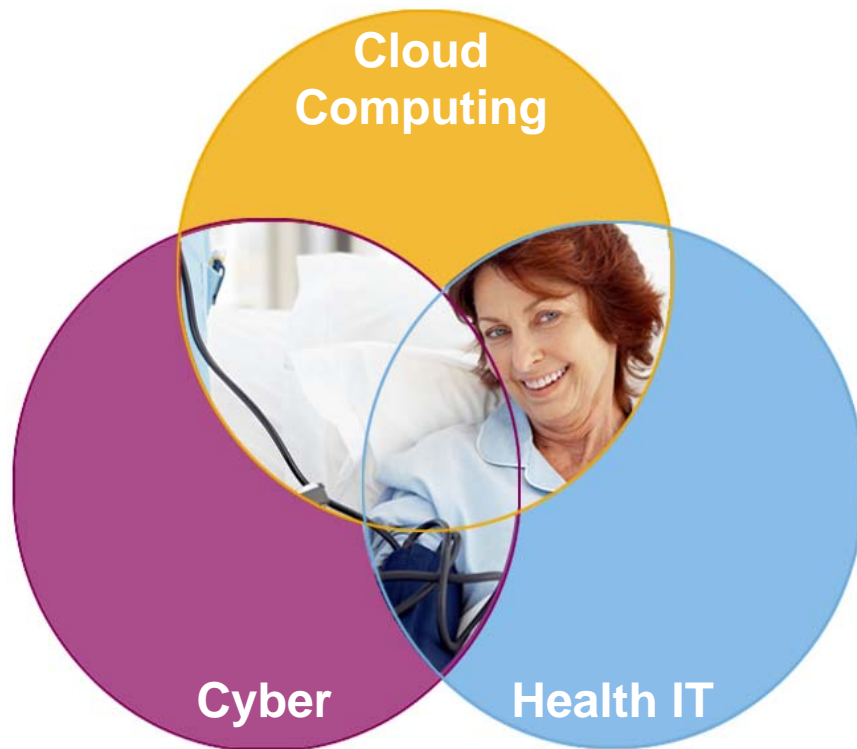
21st Century care

Charting the Future of Medicine

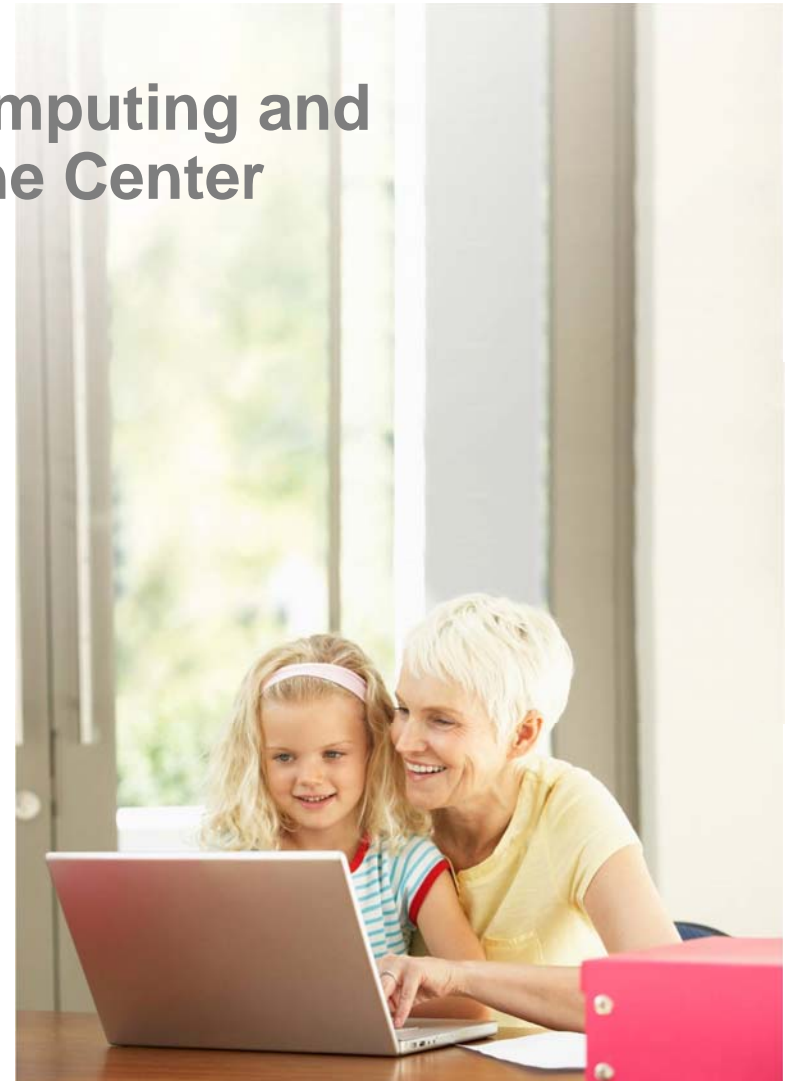
- The AMA is spurring scientific innovation in exciting ways
- Working with entrepreneurs and tech innovators in Chicago, Boston and San Francisco to research and develop new products
- Helping invent the medical schools of the future through ACE initiative
- Collaborating with non-profits and public-private partners to build nationwide health exchanges
- Developing a national Physician Innovation Network



Intersection of Health IT, Cloud Computing and Cybersecurity with the Patient in the Center

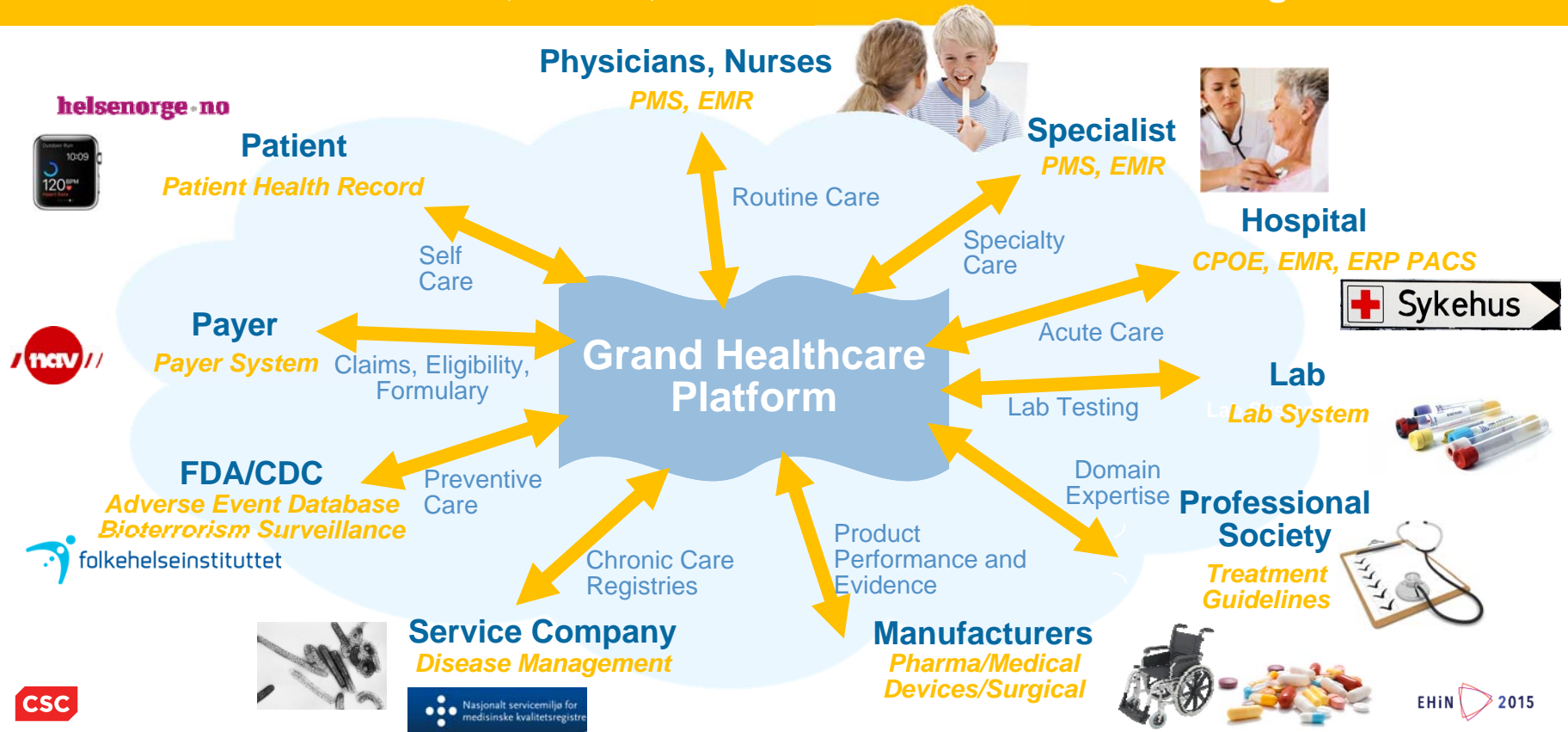


CSC



The Future

Interconnected, Private, Secure Health Information Exchange



Better Information for Better Health Care Decisions

QUALITY OF CARE IS IMPROVED WITH BETTER INFORMATION - SAVING LIVES AND MONEY



Patients make better decisions about their care, their physicians, and their health



Physicians make better decisions for their patients



Government makes better decisions about quality of care, biosurveillance, utilization, integrity and transparency

In Closing ...

- The current pace of change in medical technology is unprecedented in human history
- Today, more than ever before, patients are our partners in care
- With these efforts, the AMA is bringing the future of medicine into sharper focus and improving health care for generations to come

A Better Future...

For America's physicians
For America's medical students
For America's patients



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