

Sample Diabetes Pre-Visit Summary

Current prescriptions:

GLYBURIDE 5 MG PO TABS, 1 tablet before meals 2 times daily
AVELOX 400 MG PO TABS, 1 TABLET DAILY
LOVASTATIN 40 MG PO TABS, 1 TABLET DAILY AT DINNER
LISINOPRIL-HYDROCHLOROTHIAZIDE 20-25 MG PO TABS, 1 TABLET DAILY
METFORMIN HCL 1000 MG PO TABS, 1 TABLET 2 TIMES DAILY WITH MEALS
WELLBUTRIN SR 150 MG PO TB12, 1 TABLET TWICE DAILY
B-D INSULIN SYRINGE ULTRAFINE 30G X 1/2" 0.3 ML MISC, Use as directed
ROSIGLITAZONE MALEATE 4 MG PO TABS, 1 TABLET DAILY
LANTUS 100 UNIT/ML SC SOLN, 22 units at bedtime, change as directed
GLUCAGON (RDNA) 1 MG IJ KIT, As directed
ASPIRIN 325 MG PO TABS, Take 1 by mouth each day

Because you have diabetes, you are at an increased risk for heart disease and stroke. By managing the ABC's of diabetes, you can reduce your risk.

A = A1C: Glycohemoglobin A1C is a measure of your blood sugar control over time. Our goal is to get your A1C level to less than 6.5% because that has been shown to reduce your chances of developing heart disease, stroke, eye damage and kidney damage related to diabetes. Your most recent A1C scores are:

A1CP 8.7 09/07/2005
A1CP 8.3 04/22/2005
A1CP 7.3 01/31/2005
A1CP 7.0 08/11/2004
A1CP 8.3 04/28/2004

B = Blood Pressure: High Blood pressure (hypertension) does increase your chances of heart disease and stroke. Our goal is to keep your blood pressure at less than 130/80.

C = Cholesterol:: LDL cholesterol is your bad cholesterol. Our goal is to get your LDL cholesterol to less than 100 mg/dL as that has been shown to reduce your chances of developing heart disease and possibly stroke. Your most recent LDL scores are:

LDL 130 04/22/2005
LDL 83 08/11/2004
LDL 81 09/11/2003
LDL Unable to calculate due to elevated trig 01/28/2003
LDL Unable to calculate due to elevated trig 09/26/2002

Your Body Mass Index is a measure of your weight in relation to your height. If you are overweight, then lowering it can help you improve your ABC's (your blood sugars, blood pressure and cholesterol).

Your Body Mass Index is 40.60 kg/m². (Morbidly obese, BMI>40)
From wt 287 lbs (130kg) on 2/2/05 and ht 5' 10.5" (1.79m) on 9/11/03.
Normal weight = 134-177 lbs
Overweight = 177-212 lbs
Obese = 212-283 lbs

Health Maintenance Topic(s)	Status	Last Satisfied
DIABETIC EYE EXAM	Overdue	Not on File
DIABETIC FOOT EXAM	Up to Date	02/02/2005
GLYCOHEMOGLOBIN	Up to Date	09/07/2005
INFLUENZA VACCINE	Up to Date	12/03/2003
LIPID SCREENING	Up to Date	04/22/2005
MICROALBUMIN	Up to Date	02/23/2005
PNEUMOCOCCAL VACCINE (PNEUMOVAX)	Up to Date	10/18/2002
TETANUS AND DIPHTHERIA VACCINE	Up to Date	12/01/2003