Pricing and Quality Transparency – Who’s In Charge?

National Consumer Driven Healthcare Summit
Washington, DC – 19 October 2008

David Hammer
VP / Revenue Cycle Solutions
McKesson Provider Technologies
Transparency
The Payor Perspective
Healthcare Costs Continue to Rise

Annual Health Care Cost Per Employee – National Averages

SOURCE: Hewit Health Value Initiative™ © 2007 Hewitt Associates LLC
What are Payors Doing About the Cost of Healthcare Today?

- Payor Market – A convergence of trends to address healthcare costs and quality

- Current Payor Initiatives
  - Transparency (cost, quality, business rules)
  - Pay for Performance
  - Electronic Health Records (PBHR)
  - Contract Management Tools
  - Claims / Payment Policy Disclosure
  - Connectivity Strategies
Payor Transparency

- Transparency is about…
  - Making “health plan data and operations” more visible
  - Allowing providers and health plans to use shared data
  - Encourage more informed healthcare decisions

- In order to…
  - Create operational efficiencies
  - Improve patient outcomes
  - Support new initiatives
Four Cornerstones Plan

Executive Order signed by Bush (9/06) that directs federal agencies to:

- Increase Transparency in Pricing
- Increase Transparency in Quality
- Encourages Adoption of Health Information Technology Standards
- Provide Options that Promote Quality and Efficiency in Health Care

SOURCE: http://www.hhs.gov/transparency/
Transparency Continuum

Payors are Driving

Payor / Provider Transparency
• Quality evaluations
• P4P evaluations
• Claims payment policies
• Contract terms
• Patient data (PBHR)

Payor / Consumer Transparency
• Price information
• Provider quality data
• Cost-comparison tools
• Clinical content
• Patient data (PHR)

Provider / Consumer Transparency
(Payors Facilitating)

Providers  

Consumers
Transparency
Challenges and Controversies

Providing price / quality info is complex and, at times, controversial

Consumers tend to equate higher quality with higher price

Many procedures are complex, and tailored to the individual... not amenable to standard pricing

Some sources of price and quality information are more trusted by consumers than others

Approved quality metrics are not widely available for selected specialties

Carriers and providers are not always willing or able to disclose negotiated rates

Not all consumers have the same appetite, or ability to utilize, quality and price information

Some consumers have limited access to online tools

The accuracy of reported price and quality date is, at times, suspect

Systems to capture and publish price and quality information are underdeveloped
Transparency Initiatives

An evolving process...

- **Price transparency**
  - Typically average or relative cost for procedures or conditions
  - Minimal focus on out-of-pocket costs
  - Pharmacy (drug) pricing and comparison tools most advanced

- **Quality transparency**
  - Metrics borrow heavily from CMS / AHRQ
  - Current focus primarily on hospitals
  - Physician / specialist metrics are in development

- **Medical / payment policy transparency**
  - Currently being linked available through web portals
  - Eventual linkage to real-time adjudication
Pay for Performance (P4P)

Why, and Why Now?

- Awareness of medication errors and patient safety
  - Quality is not advancing rapidly enough

- Employer pressure to improve quality
  - Health Plan selection criteria

- Publishing hospital morbidity data
  - Suboptimal results

- Improving consumer choice
  - Suboptimal results
Pay for Performance

What does “performance” mean?

- Currently over 100 health plans offer P4P programs
- Different methods exist to measure physician performance
## Consumer Access

### Health plan and provider performance information

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EMRs: The Road to Transparency

A “building blocks” approach for payors

- **Target:** All
  - **Purpose:** Ability to share health info with other systems (e.g. EMR, RHIOs, etc.)

- **Target:** Providers
  - **Purpose:** View-only access to claims info at point-of-care

- **Target:** Providers and Care Managers
  - **Purpose:** Interactive longitudinal health record

- **Target:** Members
  - **Purpose:** Interactive access to comprehensive health record

- **Target:** Payors
  - **Purpose:** Interactive access to claims info at point-of-care

- **Target:** Personal Health Record

- **Target:** Payor-based Health Record

- **Target:** Integrated EHR

Electronic Health Record
Where will payors place their bets?
RHIOs a long-term strategy, but market demands something sooner

- While hundreds of RHIOs have been formed throughout the country the vast majority are “people with a little bit of grant money, a mission statement, and a PowerPoint stack.”*

- Fewer then 10 RHIOs have launched pilot tests of data exchange systems.

- Santa Barbara County Data Exchange representing more than 5 years and $11M, is not yet operational

- Health Plans will press forward with their own member-centric health records

- Claims, DM records & member demographics, although far short of a comprehensive E.H.R, will provide clinicians a much better view than they have today

- The PBHR solution is ‘good enough’ – and much less expensive than a RHIO

Claims Disclosure

Disclosure mandates and critical business issues

- **Disclosure Mandates**
  - California, Texas, North Carolina, Minnesota, Virginia, Florida
  - The National Association of Insurance Commissioners (NAIC) has recently been asked by the AMA to develop standards that require disclosure of payment practices between payors and providers

- **Critical Business Issues**
  - Strengthen provider relations
  - Decrease appeal rate
  - Reduce administrative activities and cost
  - Embrace a proactive approach related to current legislation
What is Claims Disclosure?

*Industry imperative due to regulation*

- “…explanation of all payment and reimbursement methodologies that will be used to pay claims…” *Texas DOI Rules*

- This includes:
  - Fee schedules
  - Coding methodologies
  - Bundling processes
  - Down coding policies
  - Any other applicable policies or procedures that affect payment
What is Claims Disclosure?

*Industry imperative due to settlement of litigation*

- On April 27, 2007, 23 Blue Cross Blue Shield plans and the BCBS Association agreed to settle the Thomas / Sullivan class-action suit

- Establishes standardized business practices for BCBS plans
  - Criteria for claims adjudication and fee schedules will be shared with providers
  - Plans will align with AMA CPT coding guidelines (as a base)
  - Dispute resolution processes consistent across the nation

- The 23 plans and the Association also agreed to
  - Increase the transparency of fee schedules and reimbursement
  - Set up a review board to address disputed claims
  - Give providers an active role in future business practices
Success Story

Blue Cross Blue Shield of North Carolina

Problem

Needed to comply with state legislation requiring payors to give providers access to claims auditing rules and clinical rationale(s)

Solution

- Easy access to claims payment rules and edit rationale through secure provider portal
- User friendly – no technological ability required
- 82% of providers are registered users; average of 3000 hits/month
- 73% of providers rated the functionality as ‘somewhat to strongly effective and helpful to their office’

Call Volume

- Decrease in call volume and talk time
- Fewer questions regarding how claims were processed
- Efficiencies in number of medical record pulls

Appeals

- Reduction in claims payment appeals
- Avoids costly clinical review

Provider Relations

- Increases stability of provider networks
- Shows commitment to standards-based decision making
- Provides consistent messaging
Claims Transparency
2008 trends – Claims disclosure is a small first step

Use of these tools will facilitate adoption of high deductible health plans (CDHPs, HSAs, etc.)

Step 1: Disclose Payment Policies
- Will need to be exposed to members to support CDHP

Step 2: Generic Payment Calculator
- Generates ‘best guess’ regarding claims payment & member liability

Step 3: Proprietary Payment Calculator
- Customized to payer-specific payment policies

Step 4: Real Time Adjudication
- The “holy grail.” Exists currently for Pharmacy only

Step 5: Real Time Reimbursement
- Adoption an estimated 8 -10 years away
Contract Management Tools

Contract Management Tools allow for:

- Improved contract transparency
- Standardized and expedited contracting process
- Mitigation of risks and improved contract compliance

Using contract management tools, payors can improve provider relationships by:

- Fostering transparency and clarity of contractual requirements
- Streamlining the contracting process
- Standardizing provider data and contracts
Contract Management Value

Central Repository

- Single Source of Truth
- Provider Maintenance
- Import / Export Capabilities

Streamlined Processes

- Rate & Fee Schedules
- Pay for Performance
- Contract Boilerplates

Standardization

Workflow & Routing
Contract Builder
Payor Transparency Summary
Connecting stakeholders and providing transparency will build trust

- Access to information
- Pay for performance (EBM)
- Electronic health records (PBHR)
- Claims / payment policy disclosure
- Contract management tools
- Connectivity strategies (i.e. portals, e-visits, direct links)

Share information, garner trust, improve care
Payor Transparency Value

- Consumers “Need to Know”
  - The best available information regarding quality and cost efficiency

- Quality Performance Measures
  - Mutually agreed-on measures to support quality improvement and provider incentives

- Provider Trust and Enablement
  - Transparency with providers regarding performance evaluations, contract terms, and payment rules
Transparency
The Provider Perspective
What is “Healthcare Transparency?”

- **Pricing Information**
  - Self pay pricing
  - Insured view of pricing = out of pocket expenses

- **Quality Information**
  - Standard measures:
    - JCAHO accreditation
    - Number of cases
    - Surgical infection rates
  - Provider differentiators:
    - Location
    - Awards and Accolades
    - Modern equipment
  - Patient satisfaction feedback:
    - Press Ganey scores
    - Open forum for comments
Why is Transparency Important?

*Rise in the patient portion of A/R*

- **Number of Employers Offering Health Coverage is Declining**
  - Employers Offering Health Benefits
    - 2000: 69%
    - 2003: 66%
    - 2006: 61%

- **Rise in Insurance Premiums Continue to Outpace Gains in Earnings**
  - Premiums vs Wage Gains
    - 2000: 8%
    - 2003: 14%
    - 2006: 8%

- **Number of Uninsured is Climbing**
  - The Uninsured Population (millions)
    - 2001: 41.2
    - 2005: 44.8
Why is Transparency Important?

Rise in out-of-pocket expenses

Higher Co-Pay & Deductible Plans Proliferating

Average Employee Healthcare Costs Up Nearly 150% Since 2000

Cost to Collect from Consumers Far Higher than Payors

Number of Employers offering CDH Plans

2004 2006 2008

40% 60%

Nat’l Average Out of Pocket Expenses & Employee Contributions

2000 2007 (Proj)

Out of Pocket

Premium

$639 $694

$1,678 $1,627

Cost to Collect A/R

Payor Dollar

Consumer Dollar

1 3
August 22, 2006 Presidential Order mandating price and quality transparency

38 states require hospital reporting of quality data

32 require reporting charges for selected procedures:
  - “GA Hospital Price Check” – reporting is voluntary
Healthcare Connectivity Strategy

Portals

Hospital
Physician Office
Connectivity

Health System
Community
Integrated
Independent
Patient
Payor
Pharmacy
Connectivity Assets

**Pharmacy Solutions**
- Real-time retail pharmacy claim network
- Value-added pre- and post-edits on claims
- Data services
- eScript connection to retail pharmacies
- PHS real-time claims processing technology

**Provider Solutions**
- Secure online communication w/ patient and MD
- webVisit consultations
- Virtual business office
- Telehealth Advisor
- eScrip generation

- 1 billion financial transactions
- 1 million patient records
- 8.5 billion pharmacy transactions
- Connections to 90% of retail pharmacies

- Financial clearance
- Print services/document outsourcing
- Medicare direct entry
- Virtual remittance services
- Revenue cycle outsourcing
Patient Connectivity

- Secure data exchange
  - Physicians
  - Patients
  - Hospitals

- webVisit®
  - Lab results
  - Rx refills

- Request appointments
  - Check eligibility
  - Pay bills
  - Calculate out-of-pocket expenses

- Chronic-care support
  - In-home monitoring services
Financial Connectivity

Self-Service and Cash Management

- Financial clearance
- Financial settlement
- Price transparency

- “Smarter” swipe cards
- “All Payment” processing
- Expanded EFT

- HSA / FSA crossover
- Payor-based health record
- Price transparency
Financial Connectivity

Improving Revenue Cycle Performance

Connect

- Consumer
  - Financially-clear patients
  - Financially-settle accounts
  - Offer self-service options

- Financial Institution
  - Accelerate cash
  - Reduce back-office payment reconciliation
  - Expand EFT capabilities

- Payor
  - Improve transparency
  - Submit/ adjudicate claims in real-time
  - Integrate HSAs and eligibility

“Next Generation” Integrated Revenue Cycle
Payor / Provider Contract-Transparency Issues

- Consistent understanding of how to execute contract terms
- Disconnect between the contract and the execution
  - Terms and rules are in English
  - Payment is enforced by coding systems and mathematical equations
Correct Payment Is A Challenge

- Different systems
  - Claims management vs. revenue cycle management
  - Different capabilities and different data
- Assumptions being made
  - No synchronization or coordination
  - Retrospective reconciliation because of perceived errors
Contract Transparency Examples

- Providers expect payment on claims for medical trays, the claims for which may lack HIPAA-compliant codes

- Payors pay lump-sum payments to account for underpayments, instead of making sure the contract is executed correctly
Financial Connectivity

Consumer-Driven Health Care Backlash

“One of the greatest public-relations coups in the history of the health-care industry is the creation of the term ‘consumer-driven health care.’

Anyone that follows healthcare knows that consumers had nothing to do with this latest cost-saving invention from the minds of employers and health insurers.”

David Burda
Editor, Modern Healthcare
Oct 10, 2005
Financial Connectivity

The Confusing and Complicated Patient Billing Experience

Patients receive multiple bills from hospital and physicians

Patients receive multiple bills for every episode of care at hospital

Patients have to call hospital, physician(s), and payor(s), and are often put on hold

Provider websites do not enable self-service account management

Patients receive multiple EOBs for every provider bill

Bills do not contain full disclosure of financial and insurance information

Bills with patient balances are often sent 25 days after Insurance payment received
Financial Connectivity
Possible CDHC Financial Ramifications

- Rising pressure to increase financial transparency
- Summer 2005 McKinsey & Company study of 2,500 insured people (1,000 in CDHC plans) showed
  - CDHC-plan members felt they lacked sufficient info to make meaningful healthcare-choice decisions
  - Wondered about how much MDs and hospitals get paid
- Yet, McKinsey study also showed CDHC plan members were
  - 50% more likely to ask about cost
  - 33% more likely to independently find alternative care
  - 300% more likely to have chosen a less extensive, less-expensive treatment

SOURCE: Snowbeck, C., Pittsburgh Post-Gazette, Sep 18, 2005
Providing Information Transparency

Manual Yet Valuable

- A SE health system proactively provides out-of-pocket estimates
  - 5-6 FTEs
  - Collects 75-80% out-of-pocket obligations prior to service

- A MO health system initiated a phone line dedicated to price estimate requests
  - Approximately 45 minutes to generate a quote
  - Call consumer back within 2 days

Percentage of Patient Obligations Collected Prior to Service

- 75%

Increase in Phone Inquiries: 2005
Vision of a Transparent Healthcare System

Following the procedure, the Consumer:
- Views post procedure education on-line
- Manages accounts on-line
- Asks questions of the care provider and makes follow-up appointments on-line
- Receives clear and concise paper bills

In the waiting area, Consumer:
- Reviews pre-reg information
- Pays co-pay/balances
- Signs forms and checks in
All without help from the registrar

Physician determines a knee replacement is necessary:
- Consumer chooses hospital
- Physician communicates procedure information to hospital via secure messaging

Consumer experiences knee pain:
- Researches health problem on-line
- Chooses physician

Consumer contacts the hospital via web or telephone:
- Estimate procedure cost
- Schedule surgery and pre-register
- Pre-pay out of pocket estimate
- Apply for financial assistance
- View procedure education on-line

Physician determines a knee replacement is necessary:
- Consumer chooses hospital
- Physician communicates procedure information to hospital via secure messaging
Planned Solution Phasing

**Phase I**
- Point-of-Service Optimization
  - Provider View: Predict total estimated charges
  - Estimate insured and self pay obligations prior to services being rendered
  - Consumer View: Out-of-pocket estimates on-line for select procedures through virtual business office

**Phase II**
- Quality Transparency
  - Provider View: Real-time eligibility inquiry
    - MPI integration
    - HIS FCW integration
  - Consumer View: Quality Data template
    - “Blind” payments via price estimate module
    - Spanish
    - Customers w/o in-house managed care system: ASP transparency solution

**Phase III**
- Pulling “It” All Together
  - Provider View: Integration focus:
    - Scheduling integration
    - Kiosk integration
    - Secure messaging
  - Consumer View: Physician orders direct to acute care facility
    - Financial Counseling / financial assistance link
    - Link to FSA/HSA dollars

**Phase IV**
- The Consumer Experience
  - Consumer View:
    - Clinical content as front end to consumer UI
    - Enhanced quality content
    - Ambulatory integration
Vision of a Transparent System

Step I – Pricing transparency: telephone version

Consumer

Requests Price Estimate

Hospital

Routed to financial counselor or pricing dept

Logs into POS estimation tool

System calculates out-of-pocket estimate, based on:

- Historical claims
- Insurance-benefits info from HIS system / eligibility check / consumer feedback
Vision of a Transparent System

Step I – Pricing transparency: “virtual business office” version

Consumer needs price estimate and researches pricing online

Hospital’s Virtual Business Office

Consumer enters key information into system’s pricing module

System generates out of pocket estimate based on: historical claims

Insurance benefits info, based on consumer feedback (if provided)
Virtual Business Office

Out-of-pocket price estimation
Virtual Business Office

Estimated patient-portion calculation – version 1

Estimated Patient Portion Calculation

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Updated 4-11-2007

Pro fees, Etc.
Virtual Business Office

Estimated patient-portion calculation – version 3

Social Security Number: XXX-XX-7662
Name: Shields, Carla
Date of Birth: 03/25/1954
Insurance Company: Aetna
Insurance Plan: Point of Service (POS)
Coinsurance %: $0
Co-Payment: $250
Annual Deductible Remaining: $425
Type of Procedure: Eye
Procedure: Cataract removal, insertion of lens

* Required

CONTINUE   CANCEL
Estimated Patient Portion Calculation

Patient Name: Carla Shields
Account Number: A000008594

Social Security Number: XXX-XX-7662
Date of Birth: 03/25/1954
Insurance Company: Aetna
Insurance Plan: Point of Service (POS)
Type of Procedure: Eye
Procedure: Cataract removal, insertion of lens

Total Estimated Charges: $1,414
Co-Payment: $250
Coinsurance: $0
Annual Deductible Remaining: $425
Total Estimated Responsibility: $675

To see status on your payment go to View Account Details


If you participate in a Health Reimbursement/Savings account, your out of pocket cost may be reduced by your balance. The information provided in this estimate is not a guarantee of final billed charges. Estimates are based on the information provided by you and your insurance company. Timeliness of claims processing may affect your overall out of pocket estimate. Professional fees, such as physician, radiologist, anesthesiologist and pathologist are not included in this estimate, and you will be billed separately. Cost estimates are based on your use of an in-network provider for your health insurance plan.
Healthcare Transparency

The connected community

- Hospital
- Patient
- Payor
- Physicians
- Financial Institution
- Pharmacy
Speaker’s Resume

David Hammer, Vice President, McKesson

Mr. Hammer is a Vice President in McKesson’s Business Performance Solutions group. He focuses on revenue cycle, consumer-directed health care, and pay for performance issues for hospitals, health systems, and related entities. In his more than 22 years of industry experience, Mr. Hammer has held a variety of positions with leading health systems, Big-4 consulting firms, I.T. vendors, and revenue cycle outsourcing companies.

Background and Affiliations

Mr. Hammer received an MBA in Management and an MHS in Health Care Administration from the University of Florida in 1987. He also received a BBA in Accounting with a minor in Information Systems (Magna cum Laude) from the University of North Florida in 1985. Mr. Hammer is certified by HFMA as a Fellow (FHFMA) and as a Certified Healthcare Finance Professional (CHFP). He has been named an HFMA Distinguished Speaker for five consecutive years, and has received HFMA’s Gold, Silver and Bronze service awards. Mr. Hammer is a nationally recognized speaker on revenue cycle management, consumer directed health care, pay for performance, and electronic health records.

Recent Publications


Contact Information

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