

PRIVACY AND SECURITY One Clinician's Perspective

National Health Care Compliance Conference February 6, 2002

John DesMarteau, MD FACA

CEO

eHealthConnector, Inc.



HIPAA Requirements

Covered entities are required to have:

- 1. Privacy Officer and appropriate policies and procedures
- 2. Security Officer and appropriate policies and procedures

HIPAA Requirements

- Covered entities are:
 - PROVIDERS
 - Health Plans
 - Health Care Clearing Houses

Privacy and Security: A Matter of...

- People
- Systems
- Technology
- Regulations
- Evolution

Privacy and Security: It may be as simple as...



Privacy and Security: And...

Secured by...

Locking the office files and the office securely



Privacy and Security: Ascomplex as...

- On sents/authorizations -
 - Obtained
 - At the point of care
 - Mass mailings (paper)
 - E-
 - Entered/Stored in electronic databases
 - Fag when accessing membership (patient) system and/or electronic medical record
 - Vable current consent
 - Revoked consent
 - Authorizations and their status
 - Desclosure Tracking System

Privacy and Security: And...



Privacy and Security: Information Assurance Cycle



- Still a reluctance to use the Internet
 - Physician-Patient E- Mail communication
 - Only 23% using in a survey of 1,200 physicians¹

¹Fulcrum Analytics Oct/Nov 2001



- Current Use
 - Many using for personal e-mail
 - Clinical Uses
 - Visiting Pharmaceutical Web Sites
 - Recommending Info Web Sites to Patients

Source: Fulcrum Analytics Oct/Nov 2001



- Future Use
 - Likely to increase
 - Based on Insurance reimbursement and...
 - Reallocation of staff
 - Time saving
 - See more patients
 - Cut expenses

Source: Fulcrum Analytics Oct/Nov 2001



- The Wild Card The PDA
 - Use Likely to increase
 - High speed mobile communication device
 - Telephony
 - Internet
 - 30% already using
 - 84% Maintain personal schedules
 - 67% Manage professional schedules
 - 57% Accessing drug databases
 - 50% hope to be able view lab results someday

Source: Fulcrum Analytics Oct/Nov 2001

- The End Result:
 - Physicians will ultimately migrate from paper to digital
 - Privacy and Security implementation and their maintenance for clinicians will migrate from the simple to the more complex for most



Privacy: For almost 5000 years



The patient tells another person: • no documentation • no privacy

"My left foot is numb and I have this incredible thirst. I've been kind of depressed lately."

Nevertheless...

Privacy: Fears



Steven—you are to begin therapy, as your blood test indicates 25% risk of teenage depression based on your genetic profile.

Father just got a telemarketing call from a home blood sugar monitoring service. But I don't think he ever followed up on that office visit to the doctor!

Privacy: Over The Top

And now, Mr. Jones' scores from our health insurance judges.



Privacy: Over The Top (continued)



"Hi, I have an appointment with Dr. Smith tomorrow."

"Mr. Dawson, are you one of Dr. Smith's office staff? What is your mother's maiden name and who won the world series in 1934?

OK, please login to my personal medical records website, where I can grant you access to view my records before my visit. The web address is:

www.myhealthypersonalonlinemedicalrecordnetcomwebdo ctorehealthicareupracticenetorgcommd.biz/whatever.shtml "

Privacy: Two Important Tenets:

1. Managing Health Information effectively is more critical than restricting access.

2. The patient-provider relationship is still at the heart of managing integrity of the data.

Privacy: Managing Health Information - 1

- 1. Determining the integrity and source of the information
- 2. Understanding its completeness
- 3. Knowing its relevance to the patient and/or circumstance
- 4. Defining its time sensitivity
 - → (is it fixed, as in height, or dynamic, as in weight?)

Privacy: Managing Health Information - 2

- 1. Does <u>every</u> provider manage his or her "own"information on a patient?
- 2. How do "prior" providers manage their "own" for subsequent providers?
- 3. Who has to know if the meaning of the data or the data itself changes downstream?
- 4. What is the role of the patient in the process?

Privacy: Flux: Effects of Bio-surveillance

- Protected Health Information definitions will change identifiable source of data (i.e. the patient) will become more critical to disseminate for surveillance.
- Definitions of usage of information will change.
- Broad spectrum of possibilities for bio-exposure. Avoiding "Risk" to individual will rapidly migrate to avoiding "risk" to other individuals or groups.
- Dynamic state of regulation may change depending on circumstances.
- Recent regulations on wiretapping and monitoring—are there definitions around what parameters would reverse these?

Privacy: Elements of Privacy Management -1

- Admission
- Authentication
- Access controls
- Administration
- Accountability
- Audits (Before not after)
- Apprehension

For example...

Privacy: Elements of Privacy Management - 2

<u>Audits</u>

- Someone has to write the rules¹
- Someone has to run the audits²
- Someone has to be accountable

¹the rules have to be meaningful ²the audits have to be meaningful

Electronic examples...



Privacy: QI Via Privacy Management

HEALINX	,		Priva	cy Info Help	Contact	t Support	Logout
Home	Your Doctors	Message Cent	ter	Health Re	cords	Accour	nt
View Medical Inform Personal Inform Health Habits Who Has Viewe	ation nation This inform prescribin below to s	View Medical I mation is useful for you g medications for you select whose medical	nforma our docto . Use the informat	ation r for both online a Select Family ion you want to	e consultat Member see, To u	ions, and for to View mer se this servic	r nu ce for a
Health Record	o has viewed your chart	mber not on the list b the left. Family Member to y	elow, clia	ck Add a Famil drew barbash 🔻	y Member To	ols tha	options It facilitate
Add a Condition Add an Allergy Add a Medicati Add a Family M	on Health Iember Conditio	Condition n		When	did i and i	ivacy n In also	nanageme help in th
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	latex Medica	tions		Edi	t ca	re thro	ugh bette
	Drug Tenormin Tenormin	(Oral Tab 25 MG) (Oral Tab 25 MG)	<u>Edit</u> Edit	Started Takin Oct 1, 2000 Jul 20, 2001	ig Yes Yes		

Privacy: Privacy Officer Needed

- Necessary for the practice to be HIPAA compliant
- Necessary as a good business practice
 - Making certain that the practice remains HIPAA compliant
 - ✓ Gathering consents
 - ✓ Proper disclosures
 - ✓ Proper security
 - Interface with patients
- Can be the "office manager"
- HIPAA Publications abound (print and Internet)
- Expert help abounds

Security: Sizing a Security Program

Proposed Security Standard

Four Categories:

- Administrative Procedures
- Physical Safeguards
- Technical Security Services
- Technical Security Mechanisms
- Future Placeholder for Electronic Signature

Security: Sizing a Security Program

Final Security Standard

Each covered entity is responsible for:

 Securing patient records containing individually identifiable health information (PHI) so that they are not readily available to those who do not need them

 Establishing appropriate safeguards to ensure privacy

Security: The Top Reason to Defer Security

"Compliance is in the eye of the beholder"

"The HIPAA Security Standard is not finalized!"

Security: How Is Information Threatened?

Information is a Health Industry Asset

Information can be critical and/or sensitive

Loss of Confidentiality, Integrity, or Availability can have financial implications

Loss of Integrity or Availability can cost a life!



Security: Threats:

What is a threat?

Possibility, or likelihood, of an attack against your organization

Potential for damage to your organization

Accidental vs. intentional threats

Threat forms

- Human Errors
- Malicious Acts
- System Failures
- Natural Disasters

Security:

Vulnerabilities: some examples

ltem	Paper	Digital
Lack of policies and procedures		►
Incorrect policy implementation		•
No intrusion detection		
Software bugs/design flaws		
No firewall or poor implementation		
No virus protection or poor implementation		

Security: Information Security Hierarchy

Best Practices Approach

Administrative

- Policy and Procedure
- Personnel Security

Technical

- Network Connectivity
- Viruses
- Authentication
- Audit
- Backup and Recovery
- Encryption
- Physical Security

Step 6 Validation

Step 5 Auditing, Monitoring and Investigating

Step 4 Information Security Technologies and Products

Step 3 Information Security Awareness and Training

Step 2

Information Security Architecture and Processes

Step 1 Information Security Policy and Standards

Source: Gartner Research

Privacy & Security: Recommended Response...NOW!

- Assessment Gap
- Establish Roadmap
- Implement appropriate administrative measures
- Information Classification
- Policies
- Awareness Training
- Undertake appropriate technical remediation
- Configurations
- Physical security



"Little pieces at at time"

Privacy and Security: Change is inevitable:

- **1.** Technology is advancing.
- 2. People are critical to the process of ensuring privacy, regardless of technology.
- 3. Keeping up with the pace of development of new uses for information will tax security experts.
- 4. HIPAA is a "work-in-progress" and your voice is important.

Privacy and Security: HIPAA Compliance

It's not





HIPAA



PRIVACY AND SECURITY

One Clinician's Perspective

National Health Care Compliance Conference February 6, 2002 John DesMarteau, MD FACA CEO eHealthConnector, Inc. 4651 Massachusetts Ave NW Washington, DC 20016 301-523-7571 (Cell/Pager) jdesmarteau@ehealthconnector.com

Thanks for attending!