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# The Patient Perspective: Satisfaction Survey

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Why Consider Quality from the Patient Perspective?

- To find out what patients think about the way they were treated, and
- To find out what the problems were from the patient's point of view.

An important dimension of quality of care.



# Quality Chasm

# Crossing the Quality Chasm (IOM, 2001) identifies patient centered care as one of the six aims for the health care system.



# **Dimensions of Patient Centered Care**

(adapted from Picker Institute)

## Access

waiting time for an appointment; getting needed care

Respect for patients' values preferences and expressed needs; involvement in decision making



# **Dimensions of Patient Centered Care**

(adapted from Picker Institute)

- Coordination and integrated care including acute care, ancillary and support services, chronic illness management
- Information, communication and education facilitation of autonomy, self care and health promotion



#### Dimensions of Patient Centered Care (cont') (adapted from Picker Institute)

- Physical comfort help with pain management
- Emotional support impact of illness of self and family
- Transitions and continuity information about medication, coordination and discharge planning following a hospitalization.

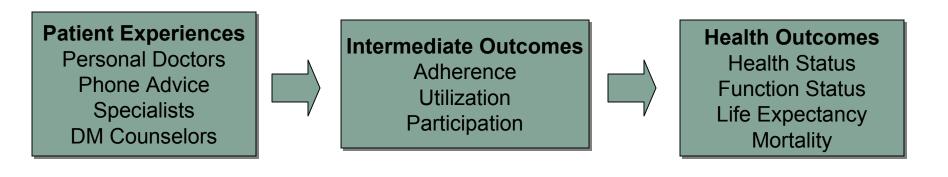


## Patient Perspective of Health Care Services

- Reflects three concepts:
  - □ The personal preferences of the individual
  - The individual's expectations regarding health care services
  - □ The realities of the care received



#### Conceptual Framework (Adapted from Morales et al, 2003)





Three main goals when serving patients:

To provide quality services
To make those services accessible
To treat patients with courtesy and respect



# What are we measuring when we measure "satisfaction"?

- While we can learn something about patient and consumer likes and dislikes, do satisfaction surveys:
  - capture the most salient or pertinent issues form the public/patient point of view?
  - > allow us to identify actionable results?



What are some of the issues with Satisfaction Surveys

- Typically elicit overwhelmingly positive results
- Used as marketing tools
- More rigorous methods are needed if patient centered quality improvements will result from these data



Patient Perspective: Assessing Experience with Care

- Satisfaction –asks patients to rate their care on a likert scale (e.g., poor, fair, good, very good, excellent)
- Experience –asks patients to report about their experience by responding to questions about processes or events related to an episode of care (e.g., having to wait too long for a call back from the DM nurse).



# Satisfaction versus Experience

Knowing that 15% of patients rate an intervention as "fair" or "poor"

How does a clinician or manager know what to do to improve care?

Knowing that 15% of patients report frequently having to wait a long time to hear back from the DM nurse How does a clinician or manager know what to do to

improve care?



# Ratings versus Reports

Ratings ask the patients to assess overall experience with some aspect of care

Typically anchored with '0' as worse care to '10' as best care, for example:

"on a scale of 0 to 10, with 0 being the worse program to help you with your diabetes and 10 being the best, how would you rate your diabetes program?



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# Designing a Satisfaction Survey

The Medicare Chronic Care Initiative Beneficiary Survey as an Example

# Why focus on patient satisfaction?

- To identify ways to improve your interventions
- To compete in the market place data on patient satisfaction is used to empower consumers and foster informed choice.
- In our case, required by the MMA legislation



# **Congressional Mandate**

The Chronic Care Improvement Program under traditional Fee-for-service Medicare initiative is authorized by Section 721 of the Medicare Prescription Drug, Improvement, and Modernization Act of 2003 (Pub. L. 108-173) Section 721 requires the Secretary of Health and Human Services to provide for the phased-in development, testing, evaluation, and implementation of chronic care improvement programs.



# Improvement in Satisfaction as Legislative Requirement

- In the evaluation shall include an assessment of the following factors for each program:
  - quality improvement measures;
  - beneficiary and provider satisfaction;
  - health outcomes; and
  - financial outcomes.



# **Research Questions**

#### Satisfaction Outcomes

Does the program improve beneficiary and provider satisfaction?

- Behavioral Outcomes
  - Does the program improve knowledge and selfmanagement skills?



# Constructing a patient survey

- Identify domains relevant to the intervention
- Identify domains relevant to the population being targeted
- Make it brief and easy to understand
  - Avoid double barrel questions (those that incorporate more than one question)
  - Instrument should be cognitively tested with target population to make sure that items are understood as intended.



# **Domains for Beneficiary Survey**



# Health Status

# Self Rated Health Physical and mental SF 12 Activities of Daily Living Depression



# Perceived Helpfulness of Interventions

- How helpful were materials like a newspaper, magazine, pamphlet, or videotape, that you may have received on caring for your health
  - Very helpful
  - Somewhat helpful
  - A little helpful
  - Not helpful
  - Did not receive materials



# Self Efficacy

How sure are you that you can take all of your medications when you should?

- Very unsure
- Somewhat unsure
- Neither
- Somewhat sure
- Very sure



Self Care Activities

On the how many of the LAST SEVEN DAYS did you take your medication as prescribed?

#### 0 1 2 3 4 5 6 7



Health Care Experience: Overall Rating

- Overall, how would you rate your experience with your health care team in helping you cope with your condition?
  - Excellent
  - Very good
  - Good
  - Fair
  - Poor



# Health Care Experience

- In the last 6 months, how often did your health care team give you clear instructions about what to do when health problems came up?
  - Never
  - Sometimes
  - Usually
  - Always



Additional Items for Case Mix Adjustment

- Race and ethnicity
- Education
- Living arrangement (living alone, spouse, other)
- Proxy respondent



# Survey Considerations

- In House Capability?
- Vendor?
- Consider:
  - Sample Size
  - Response Rate
  - Data quality
    - Missing data
    - Item non-response



# At minimum, a patient survey should cover:

# Quality

e.g., how did the patient experience the intervention

#### Access

e.g., how easy was it to contact the DM counselor or nurse?

# Interpersonal issues e.g., how compassionate or caring was the staff?

