



# Medicare

## **HEALTH SUPPORT**

### **PROGRESS REPORT**

Sandra M. Foote

Senior Advisor, Chronic Care Improvement

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# Flashback – June, 2002

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- CMS co-hosts first meeting of national experts to discuss the concept of testing population-based disease management in FFS Medicare

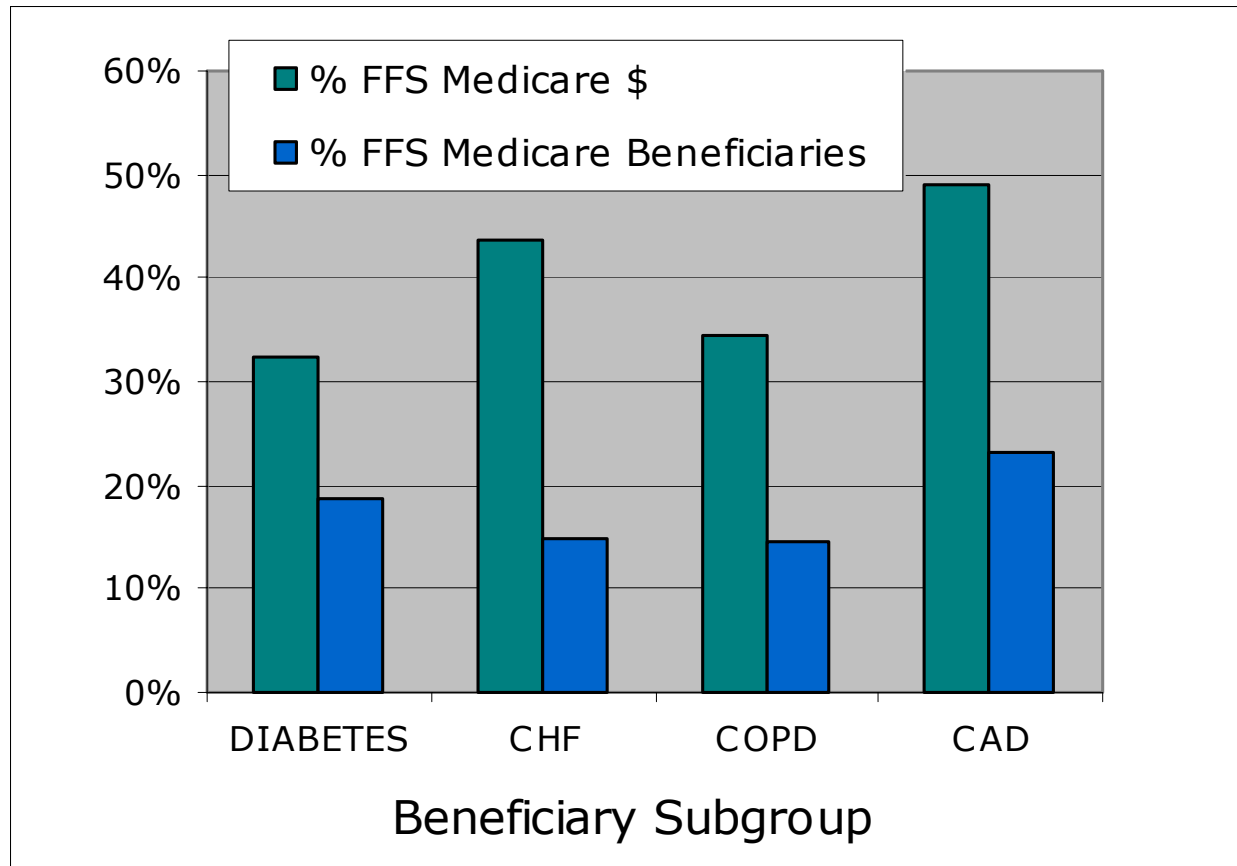


# KEY QUESTIONS - June, 2002

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- Where are the most promising opportunities?
- What would be essential program ingredients?
- How should payment be structured?
- What objections are we likely to encounter?
- How would we measure success?

# Target Populations?



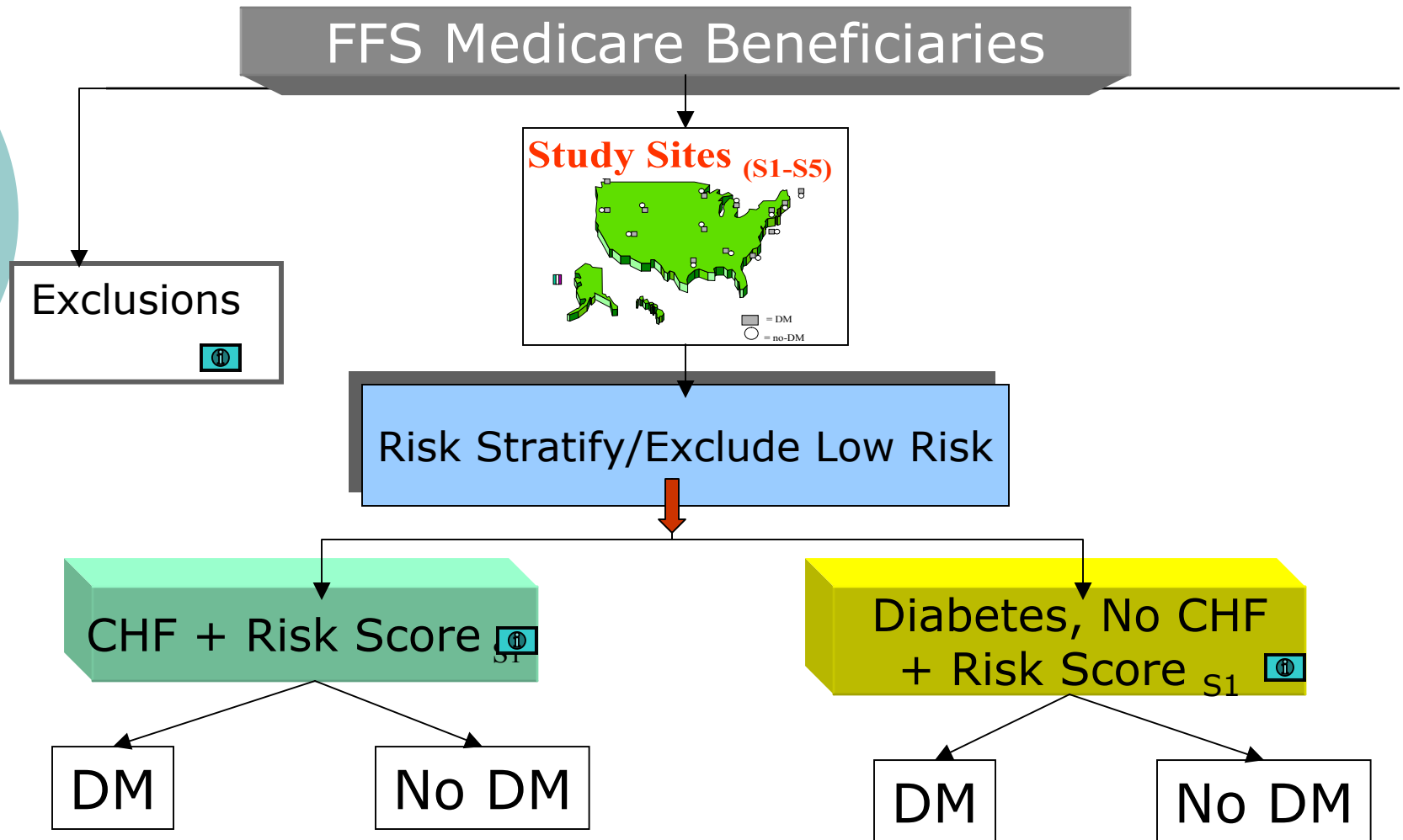
Source: Medicare Current Beneficiary Survey Cost and Use Files, 1999

# Selected Regions?

State	> 500,000 Medicare Beneficiaries	> 17% Diabetes or > 12% CHF	> 16% Minorities in Medicare	Low Avg. Quality Rank	>20% Pop. Rural
Alabama	√	√	√	√ (42)	√
Georgia	√	√	√	√ (47)	√
Illinois	√	√	√	√ (46)	
Louisiana	√	√	√	√ (51)	√
South Carolina	√	√	√	√ (32)	√
Texas	√	√	√	√ (49)	
Florida	√	√	*	√ (41)	
Indiana	√	√	*	√ (27)	√
Michigan	√	√	*	√ (26)	√
New Jersey	√	√	*	√ (43)	
Pennsylvania	√	√	*	√ (31)	√

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# Population Selection and Randomization



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# Desired Outcomes?

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- Randomized controlled trials showed self-care support programs improved health outcomes and reduced Medicare claims costs for selected target populations with diabetes and/or CHF.
- Adherence to evidence-based treatment guidelines increased.
- Rates of hospitalization and emergency room visits decreased.
- Sophisticated data analysis tools and expert clinical systems were used to support program operations.



# More Desired Outcomes...

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- Programs were acceptable to physicians
- New integrative infrastructure was created to reduce fragmentation in delivery system
- Programs focused on patient total health
- Programs were adaptable, scalable and replicable nationally
- Quality and cost outcomes were sustainable over time
- Administrative model worked and showed how/when/where interventions were effective
- Business model (fees at risk) was successful
- Programs were effective in dually eligible populations





# Flashback – June, 2003

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- CMS solicitation written for a population-based DM demonstration
- Medicare reform debate heats up, including “Voluntary Chronic Care Improvement in Traditional Fee-For-Service” in H.R. 1



# KEY QUESTIONS - June, 2003

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- How large should Phase I be?
- Should there be only one program per region?
- How should the programs be financed?
- What services should be required?
- How will Phase II expansion be triggered?

# Congressional Proposals

## **S.1**

- **Title IV, Section 443,  
Medicare FFS Care  
Coordination  
Demonstration Program  
(6 sites)**
- **Available to “high risk”  
beneficiaries**
- **Case mgmt organizations**
- **Any eligible beneficiary in  
demonstration areas may  
participate**

## **H.R. 1**

- **Subtitle C, Section 721,  
Chronic Care Improvement  
Program**
- **New national program  
envisioned**
- **Population-based program  
structure**
- **Contracted programs  
regionally**
- **Eligible beneficiaries  
prospectively identified and  
offered participation**



# Flashback – June, 2004

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- Medicare Prescription Drug, Improvement and Modernization Act of 2003 enacted (December, 2003)
- Section 721 implementation begun!
- Solicitation issued; applications due August, 2004
- CMS infrastructure development underway



# KEY QUESTIONS - June, 2004

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- How will the industry respond?
- How will physician leaders engage nationally and regionally?
- How can CMS help maximize the potential for Phase I success?



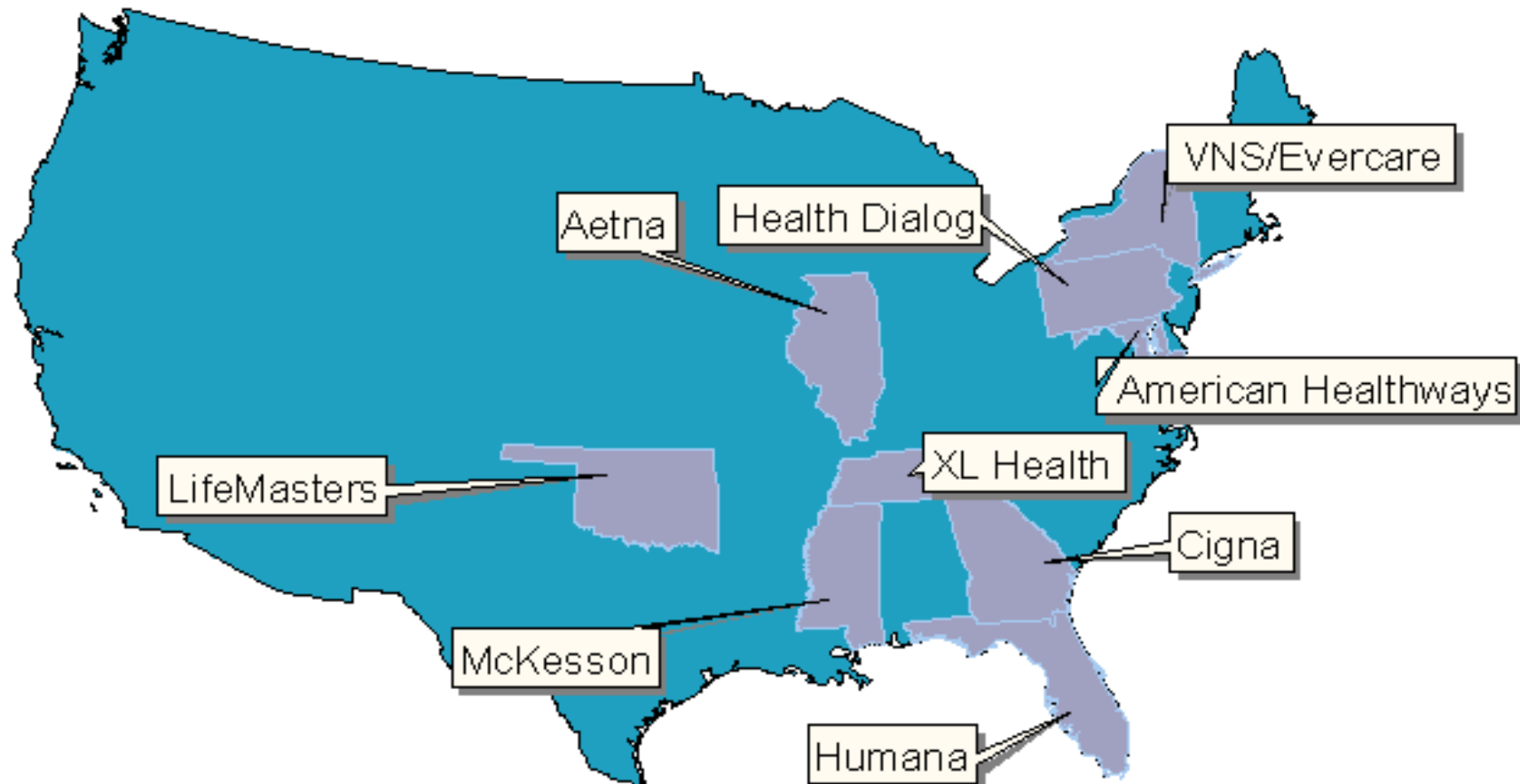
## Current Status

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- 9 Phase I awards made; roll out planned summer-fall, 2005
- CMS infrastructure assembled
- Physician engagement strong
- Widespread support for MHS

# Phase I Pilot Programs

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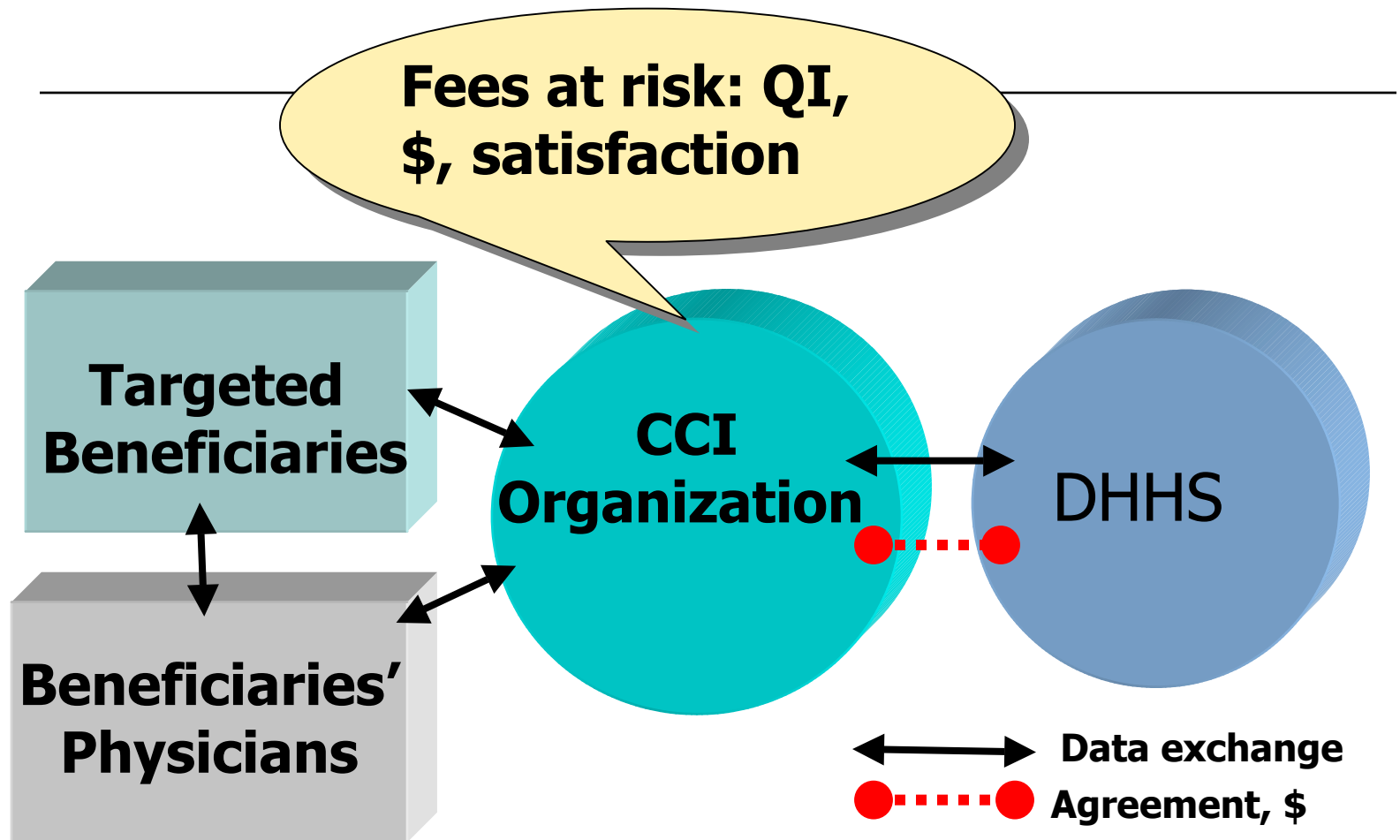
# Core MHS Program Elements

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- Self-care education for beneficiaries
- Facilitating beneficiary-provider communications
- Collaboration to enhance communication of relevant clinical information

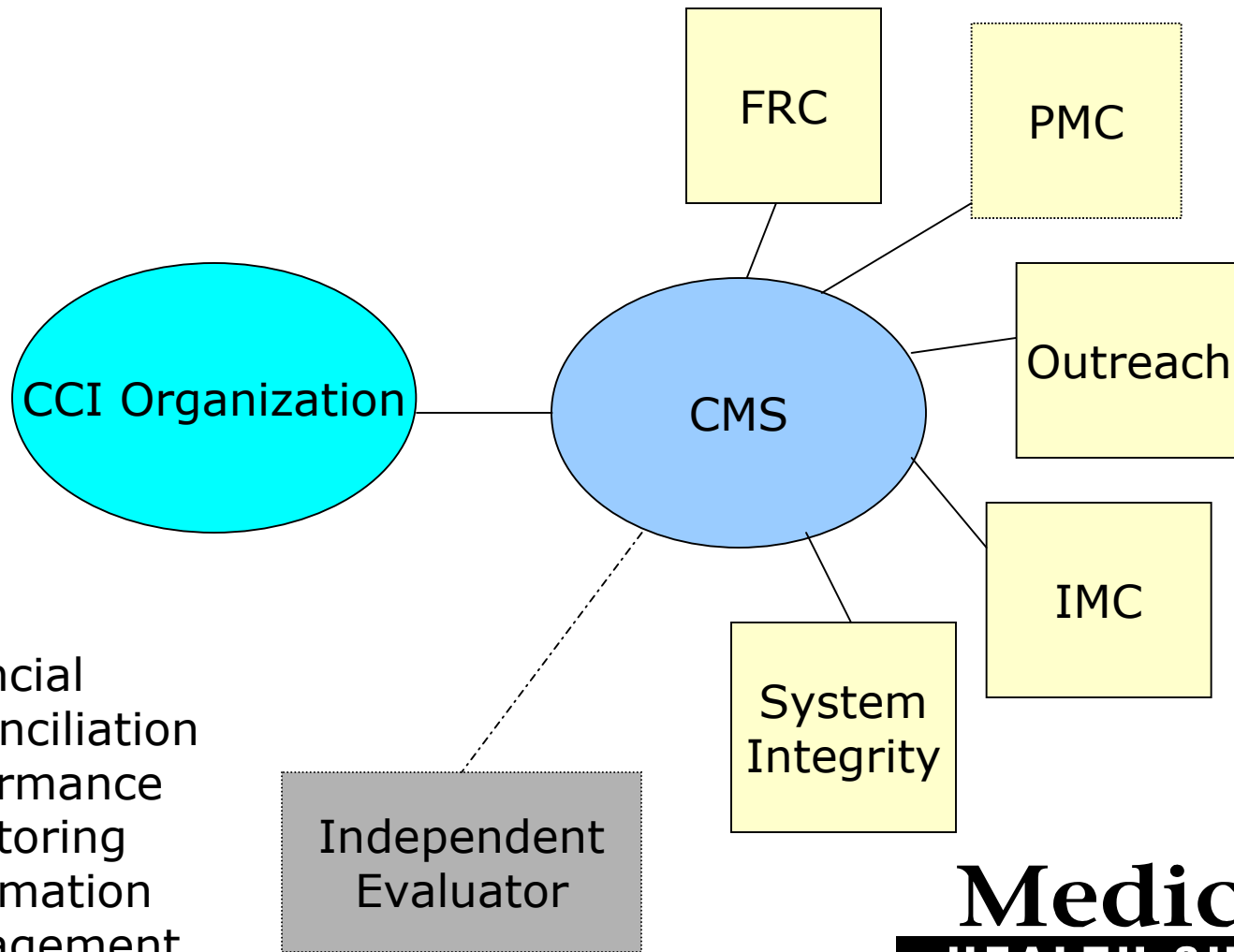


# Program Structure



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# CMS Program Infrastructure



FRC= Financial  
Reconciliation  
PMC=Performance  
Monitoring  
IMC= Information  
Management



# Physician Engagement

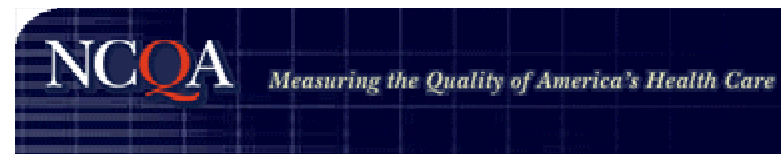
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New national and regional alliances  
developing with awardees

Examples:

- American College of Physicians
- American College of Cardiology
- American Academy of Family Physicians
- American Geriatric Society

# CMS Partners for Medicare HEALTH SUPPORT



...AND MANY OTHERS!



# Lessons to date

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“It takes longer than you expect, and it’s hard work.”

Crowson, T. and Wuorenma J. Disease Management Lessons Learned. HealthPartners internal document, 2001



# Moving forward...

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- Maximize MHS awareness and participation
- Develop program operations that are robust, scalable, and flexible
- Keep asking, listening and learning



# KEY QUESTIONS – June, 2005

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- How can we most effectively integrate Medication Therapy Management with MHS?
- How can MHS help facilitate connectivity across providers?
- What design issues are most important to begin exploring now for Phase II?