

# Telemedicine System for Glaucoma Screening and Disease Management

Sean lanchulev, MD MPH



# New Paradigm: Telemedicine and online patient care for cost-effective disease management

### How to leverage new technology to:

- 1 Facilitate access to health care services
- 2 Streamline patient flow and increase through-put
- Enable patient self-care, compliance and e-health
- Reduce physician and clinic resources spent on routine care



# New Paradigm: Telemedicine and online patient care for cost-effective disease management

#### Solution: Telemedicine + Disease Management

- 1 Reduce utilization
- 2 Reduce unit cost of service
- Improve system-wide quality indicators (HEDIS metrics)



# GLAUCOMA DZM: Case in point

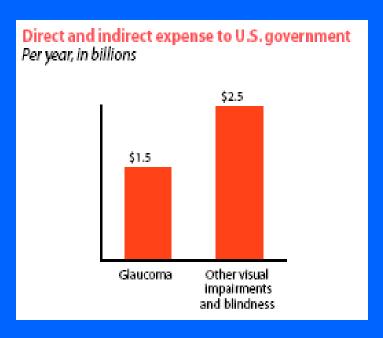
#### Glaucoma:

- 1. Leading cause of blindness
- 2. Progressive, Irreversible Optic Nerve Atrophy
- 3. Largely undiagnosed (>50%)
  - 2 million have the disease
  - 2-3 million undiagnosed





## **HEDIS 2005 – Glaucoma Screening Cost Analysis**



#### **Cost to Society**

**Annual Cost of Treatment: \$2 Billion** 

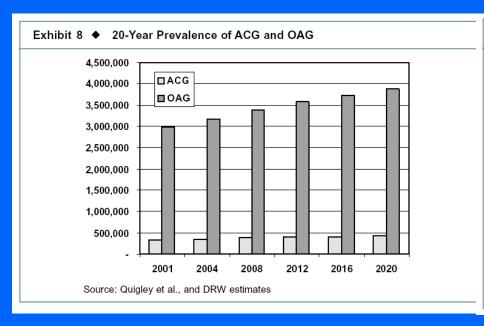
Irreversible Blindness and High Treatment Costs from Late Detection

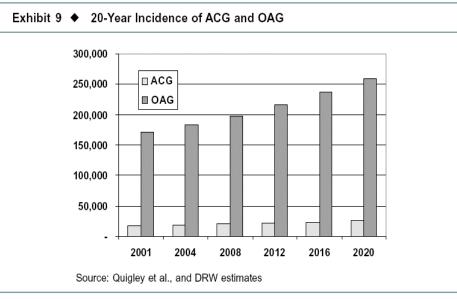
5tage	<b>Total costs</b> mean (SD), <i>P</i> =0.0156*	Medication costs mean (SD), P=0.0007*
0	\$200 (\$106)	\$36 (\$71)
1	\$374 (\$193)	\$60 (\$70)
2	\$483 (\$183)	\$186 (\$119)
3	\$605 (\$116)	\$72 (\$61)
4	\$836 (\$409)	\$195 (\$107)

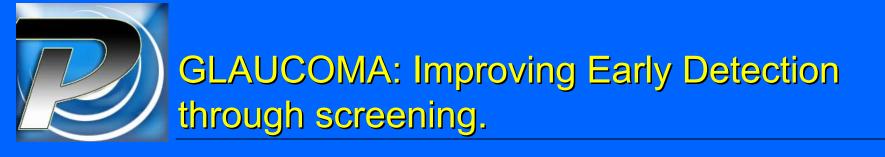


# **GLAUCOMA Disease Management**

# Glaucoma: Public health Impact







#### Glaucoma HEDIS measure mandatory - January 2006

#### **HEDIS glaucoma compliance and reporting**

HEDIS score of each health plan based on the percentage of plan participants over 65 years of age who have have one of the following evaluations over a 2-year period:

> mid-level eye exam by a physician (level 2 - 4)

#### OR

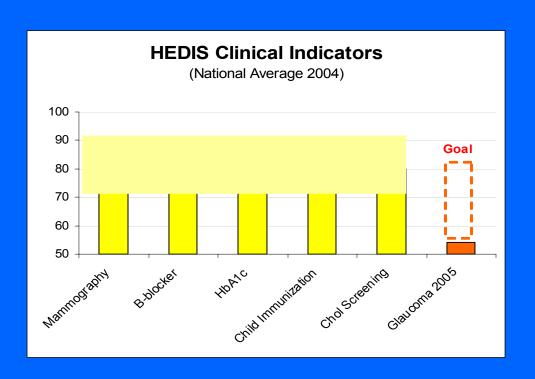
> glaucoma screening by a physician using the G code

#### OR

>Visual field (perimetry) screening test



# Glaucoma metrics: Can we improve HEDIS score?



#### HEDIS score – Impact

- Improving HEDIS rates on average requires sustained, rational and often costly efforts – only 5% increase in breast cancer screening rates for the last 8 years (NCQA)
- Low glaucoma rates can adversely impact total HEDIS score – an important surrogate for overall quality of care.



## Glaucoma screening rates vary widely

- Glaucoma screening rates vary from 22.8% to 93.3% among the managed care organizations<sup>1</sup>
- Large differences between plans due to lack of standardized screening and disease management programs.
- Underperforming plans will need to create inhouse programs to improve rates. No programs for outsourced glaucoma screening and disease management.



# **GLAUCOMA Disease Management**

## Challenges: Can Disease Management Help?

- 1. Improve (early) detection?
  - 50% undiagnosed
  - 80% present with advanced visual field defects
  - 75% skip annual exam because of doctor visit
- 2. Improve Compliance with Rx
  - Compliance rate 30-50%



# GLAUCOMA: Enabling Tools for screening and prevention.





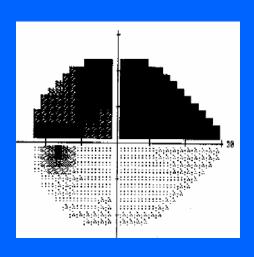


	Conventional Office Perimetry	Optic Disc Analyzer	Peristat ® Virtual Perimetry
Sensitivity	>85%	>85%	>83%
Specificity	>95%	>90%	>90%
Screening	Eye MD Office-based	Eye MD Office-based	Self testing Home/Online



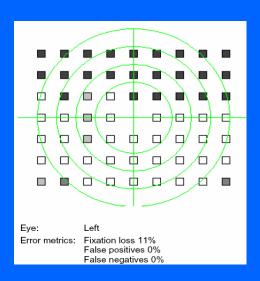
#### **Peristat – The Clinical Results**

#### Peristat Reproduces HVF Results with High Accuracy



> 90% Sensitivity

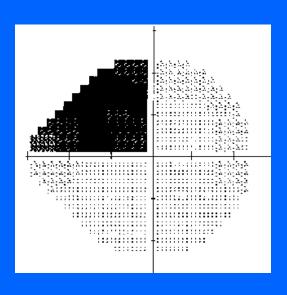
> 90% Specificity





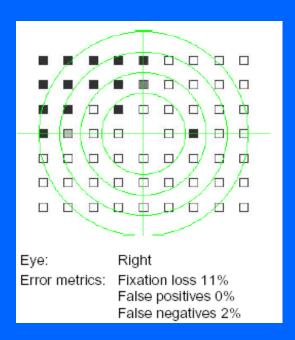
#### **Peristat – The Clinical Results**

#### Peristat Reproduces HVF Results with High Accuracy



> 90% Sensitivity

> 90% Specificity





# Online Perimetry vs Conventional Office Perimetry



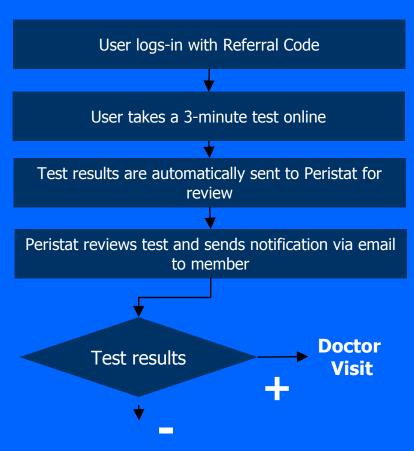
	Peristat	Standard Office Perimetry
Clinical Validation	Yes	Yes
Sensitivity	85%-90%	85%-90%
Specificity	90%	90%-95%
Reliability parameters	False Positives	False Positives
	False Negatives	False Negatives
	Fixation Losses	Fixation Losses
Multiplex Testing	Yes	No
Technician-Free	Yes	No
Home Testing	Yes	No
Results Data-basing	Yes	No
Online Recording and	Yes	No
Retrieval		
FDA Clearance	Yes	Yes

# ...High-throughput Self-screening via Telemedicine





## Online Perimetry Service



- Online, fully automated process
- Test administration through selftesting
- Telemedicine system for screening and disease management
- Scalable System
- No equipment needed

**Follow-up Routine Care** 

# Glaucoma – The Office Screening Paradigm

2-3 glaucoma cases for every 100 target screens

**Repeat Testing 30-40%** 

\$70-100 per test

**Office Visit** 

Registration

Preparation & Instructions

On-Site Testing

Analysis & Review



## **HEDIS 2005 – Glaucoma Screening Cost Analysis**

A More Cost-Effective Method?

#### **Conventional Screening Options**



Cost to administer test: \$70-\$100

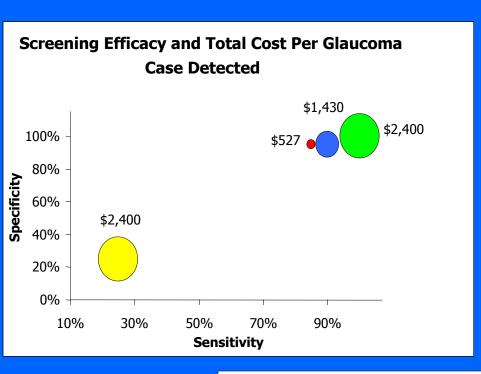
#### **Online Visual Field Screening**



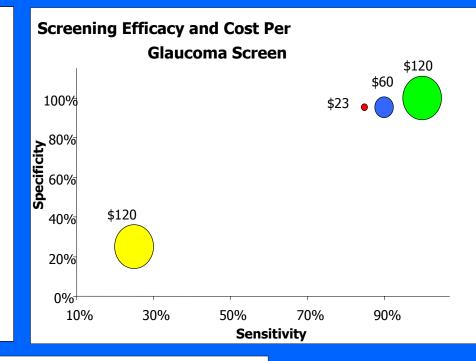
Cost to administer test: \$10-15



## Online glaucoma screening: cost-optimized



= cost (\$)



Office Glaucoma Test

Exam

Survey

Peristat



#### **Peristat Overview**

#### WHY ONLINE PERIMETRY?

#### **Benefits of Telemedicine Screening**

- SCALABILITY: Can be taken and delivered any time, any place, and to unlimited simultaneous users.
- SELF-ADMINISTERED AND AUTOMATED: Online Perimetry is a SELF-test (unaided) does not require a specialized technician to administer every test
- COST SAVINGS: Online Perimetry requires no equipment and maintenance (Average perimetry device costs \$15,000-20,000); Cost to administer a perimetry test \$60-100 per office test vs <\$15 for Peristat

