# **Proactive Patient Outreach**

## Improving Patient Care Has its Rewards

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# **Transition to Proactive Care**

Reactive

Proactive

- •Whoever shows up
- •Chief complaint driven
- •Staffing constraints
- •Financial constraints
- •Limited clinical data

- •Population management
- •Evidence-based protocols
- •Technology enabled
- •ROI justified
- •Leverage existing data while adding capabilities



# **Physician-Driven Disease Management**

- Strengthen Patient-Physician Relationship
- Build on evidence-based guidelines
- Integrate clinical data from all sources
- Technology enabled solution
- Minimal disruption to existing workflows
- "Smart" communications



# **Framework for Sustainable Improvement**





# **Proactive Patient Care**



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#### **Proactive Patient Care**



#### **Proactive Patient Outreach**

- 1. Identifies patients due for follow-up care
- 2. Notifies patients of recommended services
- 3. Tracks compliance events
- 4. Measures impact on quality and financial return.





# **HOW IT WORKS**

Affordable set-up fees via subscription business model.

Demand on IT systems is minimal – Phytel works with existing PM system resources to define data fields and provide needed technical support.

Virtually no physician disruption or training is needed since the service operates invisibly in the background = 100% Physician adoption

Limited impact on office workflow - schedulers are trained by Phytel.

Phytel cost is contractually guaranteed to provide a minimum 3X return on investment (via additional practice profitability and adherence improvements) or the Service Agreement may be cancelled and fees refunded.



# **IDENTIFY**

# Identify patients that are overdue for service (non-compliant):

- Data integration across all available systems (flexible input)
- Evidence-based protocols or provider specific recommendations
- Build and maintain an active patient registry for disease management and preventative care events
- Automatic, daily scan of all patients for non-compliant conditions
- Prioritization and consolidation of overlapping protocols



#### **SAMPLE GUIDELINES / PROTOCOLS**

| Primary Care<br>(Internal Med/FP)  |                   | Peo  | diatric  |   | Ophthalmology  |
|--|-------------------|--|--|---|--|
| Diabetes     Hypertension     Congestive Heart Failure     Coronary Artery Disease     High Cholesterol/Lipid Manage     Thyroid Management     Annual Visits     IPPE/Medicare (one-time) Phys     Prostate Screening | ical              | •Annual Visit Remir<br>•Immunizations (MI<br>•Well Baby Exam<br>•Chlamydia Screen<br>•School Physicals<br>•Sports Physicals<br>•Flu Vaccinations<br>•Asthma<br>•Birthday | MR, Varicella)   | •Macula<br>•Glauce<br>•Myopia<br>•Strabia<br>•Cornea<br>•Astign | I Detachment<br>ar Degeneration<br>oma<br>a<br>smus<br>al Decompensation |
| •Annual Visits<br>•Annual Pap Smear<br>•Breast Cancer Screening<br>•Osteoporosis Screening<br>•Chlamydia Screening   | •Bone-D<br>•Mammo | ensity (DEXA)<br>ogram<br>und/Sonogram   | •Health Alerts<br>•Drug Recalls<br>•Moving Notificatio<br>•New Services<br>•New Providers<br>•New Locations<br>•Changes Notifica | ons   | Dysplastic Nevi     Melanoma     Annual Scans                            |
| Cardiology<br>•Congestive Heart Failure<br>•Coronary Artery Disease<br>•Coumadin   | -                 | t <mark>roenterology</mark><br>ırveillance<br>copy   | Pulmon<br>•Cystic Fibrosis<br>•COPD  | ary   | 2008 PQRI<br>• CMS Performance Measures                                  |



## **EVIDENCE-BASED GUIDELINES / PROTOCOLS**

| Tier             | Standards              | Sponsoring Entity                | Update Cycle      |  |  |  |
|------------------|------------------------|----------------------------------|-------------------|--|--|--|
|                  | Organization           |                                  |                   |  |  |  |
| 1 <sup>st</sup>  | PQRI                   | CMS                              | Annually          |  |  |  |
| 2 <sup>nd</sup>  | Physician Consortium   | AMA/CMS                          | Variable          |  |  |  |
|                  | for Performance        |                                  |                   |  |  |  |
|                  | Improvement (PCPI)     |                                  |                   |  |  |  |
| 3 <sup>rd</sup>  | NQF                    | Consortium/CMS                   | Variable          |  |  |  |
| 4 <sup>th</sup>  | USPSTF                 | AHRQ/CMS                         | Variable          |  |  |  |
| 5 <sup>th</sup>  | Ambulatory Care        | AAFP, ACP, AHIP &                | Variable          |  |  |  |
|                  | Quality Alliance (AQA) | AHRQ/CMS                         |                   |  |  |  |
| 6 <sup>th</sup>  | Integrated Healthcare  | Aetna, Blue Cross of California, | Variable          |  |  |  |
|                  | Association (IHA)      | Blue Shield of California, CIGNA |                   |  |  |  |
|                  |                        | HealthCare of California, Health |                   |  |  |  |
|                  |                        | Net and PacifiCare               |                   |  |  |  |
| 7 <sup>th</sup>  | NCQA-HEDIS             | Independent 501c3 Quality        | Annually          |  |  |  |
|                  |                        | Standards Organization           |                   |  |  |  |
| 8 <sup>th</sup>  | DOQ-IT                 | CMS                              | No longer updated |  |  |  |
| 9 <sup>th</sup>  | Specialty Society      | Specialty                        | Variable          |  |  |  |
| 10 <sup>th</sup> | Disease Association    | Association                      | Variable          |  |  |  |
| 11 <sup>th</sup> | Journal Citation       | Journal Citation Individual(s)   |                   |  |  |  |

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#### **PM System Data (No EMR)** DIABETES MELLITUS, TYPE 2 HEMOGLOBIN A1c EVERY 6 MONTHS

#### **PM System** $\rightarrow$ **Phytel Registry**:

Patients with Type 2 DM and their contact information

#### Phytel Protocol Engine:

> 6 Months

#### PM System Appointment Module:

No Appointment Scheduled

#### Phytel Messaging:

Notify patient that lab test is due; notify scheduling why patient was called



#### **Practice Management and EMR Data** DIABETES MELLITUS, TYPE 2 HEMOGLOBIN A1c OPTIMUM STRATIFICATION





# NOTIFY

# Notify patients that they are overdue for a needed service:

- Flexible Messaging to patients phone, email, HIPAA-compliant secure messaging
- Communication back to scheduler(s) regarding what calls have been placed and for what reason
- Confirm All Existing Appointments

Sample Notification Disease Management Sample Notification Bone Density Exam Sample Notification
Well Child Visit

Sample Notification
Appointment Confirmation



## **THE PHYTEL CONNECTION® CLIENT - OUTREACH**

| 🕶 Ph           | ytel Connectio | n Clien | it      |  |      |              |   |            |        |                                   |                                  |
|----------------|----------------|---------|---------|--|------|--------------|---|------------|--------|-----------------------------------|----------------------------------|
| <u>Fi</u> le A | ction View     |         |         |  |      |              |   |            |        |                                   |                                  |
| 0              | ٩ 🔊            | 0       | Ú,      |  |      |              |   |            |        |                                   |                                  |
| Q              | 🛧 Last         |         |         | First                                      | Date | Today        | • | Status All | Ŧ      | Recall Reason                     | >                                |
| <b>R</b>       | General 📚      | Re      | _       |  |      |              |   |            |        |                                   |                                  |
|                |                | Sta     |         | Status Date/Time                           |      | Patient Name |   | Birth Date | PMS ID | Reason                            | Contact Informati                |
|                | Inbox          |         | <u></u> | 09/14/2006 09:34 AM                        | PI   |              |   | 11/08/1960 |        | /CHOL 6mo                         | (972) 998-0693                   |
|                | Outbox         |         | <u></u> | 09/14/2006 09:33 AM                        | Gi   |              |   | 01/08/1992 |        | /Annual                           | (972) 986-6681                   |
|                | Appointments   |         | <u></u> | 09/14/2006 09:33 AM                        | B/   |              |   | 09/03/1988 |        | /Annual                           | (972) 986-8388                   |
|                | Recall History |         | <u></u> | 09/14/2006 09:33 AM                        | FE   |              |   | 09/09/1936 |        | /CHOL 6mo /THY 6mo /MA            | . ,                              |
|                |                |         | <u></u> | 09/14/2006 09:33 AM                        | M    |              | _ | 04/29/2000 |        | /Annual                           | (972) 986-7130                   |
| 1              | Contacts 😞     |         | <u></u> | 09/14/2006 09:32 AM                        | M    |              |   | 02/24/1955 |        | /HTN 6mo /CHOL 6mo                | (972) 986-4254                   |
| <u> </u>       |                |         | <u></u> | 09/14/2006 09:32 AM                        | H    |              |   | 02/13/1963 |        | /HTN 6mo /CHOL 6mo /TH            | · ·                              |
|                | Patients       |         | <u></u> | 09/14/2006 09:32 AM                        | Q    |              |   | 09/29/1955 |        | /HTN 6mo /CHOL 6mo /TH            | · ·                              |
|                |                |         | <u></u> | 09/14/2006 09:31 AM                        | G    |              |   | 07/26/1953 |        | /CHOL 6mo                         | (972) 898-7998                   |
|                |                |         |         | 09/14/2006 09:30 AM                        | T    |              |   | 08/03/2001 |        | /HTN 6mo /CHOL 6mo                | (972) 870-5774                   |
|                |                |         | <u></u> | 09/14/2006 09:30 AM                        | SL   |              |   | 09/23/1957 |        |                                   | (972) 841-8210                   |
|                |                |         |         | 09/14/2006 09:29 AM<br>09/14/2006 09:29 AM | DI   |              |   | 03/23/1956 |        | /CHOL 6mo<br>/HTN 6mo /DEXA /MAMM | (972) 790-9338                   |
|                |                |         |         | 09/14/2006 09:29 AM                        | W    |              |   | 01/24/1936 |        | /CHOL 6mo                         | (972) 790-8918<br>(972) 790-6330 |
|                |                |         |         | 09/14/2006 09:29 AM                        | F    |              |   | 02/17/1953 |        | /HTN 6mo                          | (972) 762-8990                   |
|                |                |         |         | 09/14/2006 09:29 AM                        | TI   |              |   | 03/16/1987 |        | /Annual                           | (972) 762-8990                   |
|                |                |         |         | 09/14/2006 09:28 AM                        | т    |              |   | 03/16/198/ |        | /CHOL 6mo                         | (972) 642-6973                   |
|                |                |         |         | 09/14/2006 09:27 AM                        | M    |              |   | 08/29/2001 | 503986 |                                   | (972) 659-1158                   |
|                |                |         |         | 09/14/2006 09:27 AM                        | S/   |              |   | 05/08/1925 |        | /CHOL 6mo                         | (972) 570-0626                   |
|                |                |         | <u></u> | 09/14/2006 09:26 AM                        | G/   |              |   | 12/08/1929 |        | /Annual                           | (972) 567-9056                   |
|                |                |         |         | 09/14/2006 09:26 AM                        | B    |              |   | 12/06/1999 |        | /HTN 6mo /CHOL 6mo /DE            | (972) 602-9870                   |
|                |                | <       | _       | ш  |      |              | _ |            |        |                                   | >                                |

Facility: River Oaks User: Gary Zimny

Items: 125



# THE PHYTEL CONNECTION<sup>®</sup> CLIENT

| 🀴 Abbey, Jeff Q_DOB: 11/09/1964_Gender: -  | M - Protocol   | Opt Out      |  |                                       |  |  |  |  |  |
|--|--|--------------|--|---------------------------------------|--|--|--|--|--|
| Opt Out Reason Protocol Specific Opt Out   | Opt Out Reason Protocol Specific Opt Out 🕑 🗌 Remove From Appointment Reminder 🛛 Last Update Date |              |  |                                       |  |  |  |  |  |
| Please check the protocols you wish to opt out for Abbey, Jeff Q and then select a reason. Uncheck the proctocols you wish to reinstate.   |  |              |  |                                       |  |  |  |  |  |
| Protocol Name  | Effective Date   | Opt Out Days | Expiration Date  | Protocol Specific Reason              |  |  |  |  |  |
| Annual Visit Female Recalls  | 7/30/2007  |              | NEVER  | Please select a reason from the list  |  |  |  |  |  |
| Annual Visit Male Recalls  |  |              |  |                                       |  |  |  |  |  |
| Annual Visit Recalls   | 8/23/2006  |              |  |                                       |  |  |  |  |  |
| Bi-Annual Female Visit   |  |              |  |                                       |  |  |  |  |  |
| Bi-Annual Male Visit   |  |              |  |                                       |  |  |  |  |  |
| 🔲 Bi-Annual Visit  |  |              |  |                                       |  |  |  |  |  |
| Colon Screening 10-Year Recall   |  |              |  |                                       |  |  |  |  |  |
| Colon Screening 5-Year Recall  |  |              |  |                                       |  |  |  |  |  |
| Coumadin Recall  |  |              |  |                                       |  |  |  |  |  |
| Default External Recall  |  |              |  |                                       |  |  |  |  |  |
| 🔽 Dexa Scan Recall   | 8/23/2006  |              | NEVER  | Please select a reason from the list  |  |  |  |  |  |
| Diabetes 3-Month Recall  | 8/16/2006  |              |  |                                       |  |  |  |  |  |
|  |  |              |  | OK Cancel                             |  |  |  |  |  |
|  | K  |              |  | ↓                                     |  |  |  |  |  |
| Patient is Opted Out of All Protocols<br>1.Doctor Request – Global Opt Out<br>2.Invalid Phone Number<br>3.Left Practice - Changed Doctors<br>4.Left Practice - Insurance Change<br>5.Left Practice - Moved From Area<br>6.Left Practice - Patient Dismissed<br>7.Not a Regular Patient<br>8.Other Global Opt Out<br>9.Patient Deceased<br>10.Patient Impaired<br>11.Patient Request - Does Not Like Auto |  | pt Out       | 1.Appoint<br>2.Benefit<br>3.Conditio<br>4.Conditio<br>5.Doctor I<br>6.Followe<br>7.Other R<br>8.Patient<br>9.Patient<br>10.Service | d by Other Provider in Other Location |  |  |  |  |  |

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## **PHYTEL APPOINTMENT CONFIRMATIONS**

| Phytel Connection                     | Client             |                            |                      |                                     |          |
|---------------------------------------|--------------------|----------------------------|----------------------|-------------------------------------|----------|
| <u>Fi</u> le Action View <u>R</u> epo | rt                 |                            |                      |                                     |          |
| 8 🗎 🔅                                 | 🍃 💑 🚯 🕝            | 🧭 😫 🎴 🍟 👘                  |                      |                                     |          |
| 🔍 🦘 Schedule                          | Фрр                | t Date 9/15/2006 🔻 Statu   | Not Completed        |                                     |          |
| General 🙁                             | Appointments       |                            |                      |                                     |          |
|                                       | 🗸 Sta 🖃 Time       | Dur Patient Name           | Туре                 | Memo                                | Con      |
| 📄 Inbox                               | 🥺 👰 08:30 AM       | 15 🔳 🧰 , WM                | OFFICE VISIT 15 MIN. | FU MEDS                             | (972) 💻- |
| 📄 Outbox                              | Confirmed on 09/13 | 15 PAUL<br>3/2006 06:28 PM | OFFICE VISIT 15 MIN. | CHECKUP BP                          | (972) 💳- |
| 😑 Appointments                        |                    | , ROBERT                   | OFFICE VISIT 15 MIN. | FU BP                               | (972) 💻- |
| 📄 Recall History                      | 🔤 🙀 09:15 AM       | 15 📕 ALUMKAL S             | OFFICE VISIT 15 MIN. | CONGESTION                          | (972) 페- |
|                                       | 🧧 🙀 09:45 AM       | 15 LANNY                   | OFFICE VISIT 15 MIN. | MEDICATION REFILL                   | (972) 💶- |
| Contacts 🖈                            | 🔤 🙀 10:00 AM       | 15 LAWRENCE                | OFFICE VISIT 15 MIN. | FU LAB RESULTS                      | (972) 💶- |
| 👘 Contacts 🙁                          | 🤷 🔬 10:15 AM       | 15 DOUGLAS                 | OFFICE VISIT 15 MIN. | CHECKUP CHOLEST                     | (940) 💶- |
| 📄 Patients                            | 🥶 🔬 10:30 AM       | 30 BETTY                   | PHYSICAL 30 MINUTES  | PHYSICAL                            | (972) 💶- |
|                                       | uc 🚫 11:00 AM      | 15 🔲, SUSAN                | OFFICE VISIT 15 MIN. | FU MEDS                             |          |
|                                       | 🥺 👰 11:15 AM       | 15 JUDY                    | OFFICE VISIT 15 MIN. | PAPERWORK FOR STEF                  | (940) 💶- |
|                                       | 🔯 👰 11:30 AM       | 15 MITCHELL                | OFFICE VISIT 15 MIN. | FU LABS RESULTS                     | (469) 💶- |
|                                       | UC 11:45 AM        | 15 🔳, KAYLEIGH             | OFFICE VISIT 15 MIN. | TRIED ALOT                          |          |
|                                       | 📧 🔬 12:00 PM       | 15 EMMA J                  | OFFICE VISIT 15 MIN. | BLADDER INFECTION                   | (972) 💶- |
|                                       | 📴 🔬 12:15 PM       | 30 GEORGE                  | OFFICE VISIT 30 MIN  | BACK PAIN                           | (972) 페- |
|                                       | 💷 🔬 12:30 PM       | 15 RICHARD                 | OFFICE VISIT 15 MIN. | FU PAIN                             | (972) 💶- |
|                                       | <                  |                            |                      |                                     | >        |
| Items: 15                             |                    |                            |                      | Facility: River Oaks User: Gary Zim | w [      |



# TRACK

# Track to see if a visit is scheduled:

- Monitor booking activity and patient compliance rates as result of intervention
- Typically call up to 5 times over a 6 to 8 week interval based
- Historical outcome average is about 50% or 1 out of every 2 patients receiving an automated reminder will follow through and book the appointment



# **TRACKING IMPACT ON ADHERENCE**

| ProviderName | ActivePatients | DM    | HTN   | CHOL  | THY | ASTHMA | CHRONIC 9 | % N/C  | NC_Annual | % N/C          |
|--------------|----------------|-------|-------|-------|-----|--------|-----------|--------|-----------|----------------|
| Physician    | 1780           | 125   | 360   | 200   | 104 | 45     | 484       | 27.19% | 320       | 17.98%         |
| Physician    | 1441           | 57    | 160   | 100   | 36  | 31     | 267       | 18.53% | 236       | 16.38%         |
| Physician    | 1525           | 90    | 239   | 202   | 67  | 41     | 396       | 25.97% | 307       | 20.13%         |
| Physician    | 1,640          | 131   | 278   | 107   | 54  | 47     | 417       | 25.43% | 267       | 16.28%         |
| Physician    | 1,421          | 99    | 247   | 36    | 30  | 25     | 367       | 25.83% | 305       | 21.46%         |
| Physician    | 1,915          | 134   | 305   | 238   | 97  | 24     | 475       | 24.80% | 387       | 20.21%         |
| Physician    | 883            | 24    | 81    | 51    | 32  | 24     | 115       | 13.02% | 197       | 22.31%         |
| Physician    | 1,897          | 171   | 447   | 369   | 144 | 60     | 616       | 32.47% | 373       | 19.66%         |
| Physician    | 2,303          | 160   | 400   | 260   | 129 | 77     | 629       | 27.31% | 426       | 18.50%         |
| Physician    | 2,240          | 120   | 354   | 137   | 95  | 24     | 559       | 24.96% | 419       | <u> 18.71%</u> |
|              | 17,045         | 1,111 | 2,871 | 1,700 | 788 | 398    | 4,325     | 25.37% | 3,237     | 18.99%         |

| Active Patients | Patients seen within last 24 months or ava | ailable history   |
|-----------------|--|-------------------|
| DM              | Diabetes                                   | NC_DM             |
| HTN             | Hypertension                               | NC_HTN            |
| CHOL            | High Cholesterol                           | NC_CHOL           |
| ASTHMA          | Asthma                                     | NC_THY            |
| CHRONIC         | Count of unique patients with one or more  | e chror NC_ASTHMA |
| THY             | Thyroid Disorders                          | NC_CHRONIC        |
|                 | •  | NC_Annual         |

Diabetes Non-compliant 6mo follow-up Hypertension Non-compliant 6mo follow-up High Cholesterol Non-compliant 6mo follow-up Thyroid Disorders Non-compliant 6mo follow-up Asthma Non-compliant 6mo follow-up Count of unique patients non-compliant with one or more chronic conditions Count of patient non-compliant without annual visit exam



# MEASURE

# Measure patient adherence to drive and validate quality improvement:

- Better patient adherence = better outcomes.
- P4P can add practice revenue to justify investment in achieving greater adherence and quality
- Manage the quality measurement denominator: bring patients into adherence, verify care elsewhere, or dismiss from the practice
- Report to providers



# **ADHERENCE MEASUREMENT**

| Facility    | Recall Provider | Patient   | Days<br>Since<br>Last<br>Appt | Days<br>Since<br>Last<br>Chronic<br>Visit | Days<br>Since<br>Last<br>Prev<br>Visit | Days<br>Until<br>Next<br>Visit | First<br>Recall<br>Date | Call<br>Count | Recall Reason              | Booking Type          | Booking<br>Date | Sched<br>Date |    | Days<br>Book<br>to<br>Visit |
|-------------|-----------------|-----------|-------------------------------|---|--|--------------------------------|-------------------------|---------------|----------------------------|-----------------------|-----------------|---------------|----|-----------------------------|
| FAM-BROADWA | PHYSICIAN A     | PATIENT A | 59                            | 254                                       | _                                      |                                | 02/13/07                | 1             | /HTN CON /CHOL CON         | EXM:Physical, Annual  | 02/21/07        | 03/01/07      | 8  | 10                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT B | 34                            | 215                                       | 215                                    |                                | 02/16/07                | 1             | /HTN CON /CHOL CON /MAMM   | LAB:Fasting           | 02/20/07        | 03/06/07      | 4  | 16                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT B | 34                            | 215                                       | 215                                    |                                | 02/16/07                | 1             | /HTN CON /CHOL CON /MAMM   | OFF:Follow Up         | 02/20/07        | 03/09/07      | 4  | 19                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT C | 220                           | 220                                       |  |                                | 02/22/07                | 1             | /CHOL CON                  | OFF:Follow Up         | 03/02/07        | 03/13/07      | 10 | 11                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT D | 296                           | 296                                       |  |                                | 02/16/07                | 1             | /HTN CON                   | EXM:Physical, Fasting | 02/21/07        | 04/30/07      | 5  | 69                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT E | 303                           | 303                                       |  |                                | 02/20/07                | 1             | /HTN CON /CHOL CON         | EXM:Physical, Fasting | 02/21/07        | 04/30/07      | 1  | 69                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT E | 303                           | 303                                       |  |                                | 02/20/07                | 1             | /HTN CON /CHOL CON         | OFF:Follow Up         | 02/27/07        | 03/01/07      | 7  | 4                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT F | 73                            |   |  |                                | 02/22/07                | 1             | /CHOL CON /MAMM            | OFF:Follow Up         | 02/22/07        | 02/26/07      | 0  | 4                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT G | 94                            | 354                                       | 354                                    |                                | 02/14/07                | 1             | /HTN CON /CHOL CON         | LAB:Fasting           | 02/16/07        | 03/06/07      | 2  | 20                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT H | 94                            | 354                                       | 354                                    |                                | 02/14/07                | 1             | /HTN CON /CHOL CON         | EXM:Physical, Annual  | 02/16/07        | 03/12/07      | 2  | 26                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT I | 374                           | 374                                       | 374                                    |                                | 02/23/07                | 1             | /CHOL CON                  | EXM:Physical, Annual  | 02/27/07        | 03/05/07      | 4  | 8                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT J | 374                           | 374                                       | 374                                    |                                | 02/23/07                | 1             | /CHOL CON                  | LAB:Fasting           | 02/27/07        | 02/28/07      | 4  | 1                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT K | 342                           | 342                                       | 383                                    |                                | 03/01/07                | 1             | /HTN CON /CHOL CON         | LAB:Fasting           | 03/02/07        | 03/06/07      | 1  | 4                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT L | 342                           | 342                                       | 383                                    |                                | 03/01/07                | 1             | /HTN CON /CHOL CON         | EXM:Physical, Fasting | 03/02/07        | 03/09/07      | 1  | 7                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT M | 213                           | 213                                       |  |                                | 02/07/07                | 1             | /DM CON /HTN CON /CHOL CON | LAB:Fasting           | 02/08/07        | 02/15/07      | 1  | 7                           |
| FAM-BROADWA | PHYSICIAN A     | PATIENT M | 213                           | 213                                       |  |                                | 02/07/07                | 1             | /DM CON /HTN CON /CHOL CON | OFF:Follow Up         | 02/08/07        | 02/20/07      | 1  | 12                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT M | 213                           | 213                                       |  |                                | 02/07/07                | 1             | /DM CON /HTN CON /CHOL CON | OFF:Follow Up         | 02/13/07        | 02/20/07      | 6  | 7                           |
| FAM-BROADWA |                 | PATIENT M | 213                           | 213                                       |  |                                | 02/07/07                |               | /DM CON /HTN CON /CHOL CON | LAB:Fasting           | 02/21/07        | 05/21/07      | 14 | 90                          |
| FAM-BROADWA | PHYSICIAN A     | PATIENT M | 213                           | 213                                       |  |                                | 02/07/07                | 1             | /DM CON /HTN CON /CHOL CON | EXM:Physical, Annual  | 02/28/07        | 05/25/07      | 21 | 85                          |

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# **BOOKING MEASUREMENT**

| ApptType                 | BookingCnt |     | Av | g Reimb | Boo      | oking Revenue |
|--------------------------|------------|-----|----|---------|----------|---------------|
| ACT:Cough/Cold           |            | 2   | \$ | 80.00   | \$       | 160           |
| ACT:OTHER,SEE COMMENT    |            | 19  | \$ | 80.00   | \$       | 1,520         |
| DXT:Nuclear Stress Test  |            | 1   | \$ | 80.00   | \$       | 80            |
| EXM:Phys- Well Woman     |            | 16  | \$ | 200.00  | \$       | 3,200         |
| EXM:Physical             |            | 1   | \$ | 200.00  | \$       | 200           |
| EXM:Physical, Annual     |            | 28  | \$ | 200.00  | \$       | 5,600         |
| EXM:Physical, Fasting    |            | 44  | \$ | 200.00  | \$       | 8,800         |
| EXM:Physical, PreOp      |            | 1   | \$ | 200.00  | \$       | 200           |
| EXM:Physical, Well Child |            | 1   | \$ | 80.00   | \$       | 80            |
| LAB:Fasting              |            | 37  | \$ | 80.00   | \$       | 2,960         |
| LAB:Normal               |            | 3   | \$ | 80.00   | \$       | 240           |
| OFF-New Patient Mcare    |            | 1   | \$ | 80.00   | \$       | 80            |
| OFF:Established Patient  |            | 50  | \$ | 80.00   | \$       | 4,000         |
| OFF:Follow Up            | 2          | 232 | \$ | 80.00   | \$       | 18,560        |
| OFF:Hospital Follow Up   |            | 1   | \$ | 80.00   | \$       | 80            |
| OFF:Meds Check           |            | 5   | \$ | 80.00   | \$       | 400           |
| Unknown Appointment      |            | 1   | \$ | 80.00   | \$<br>\$ | _80           |

\$



# **ROI MEASUREMENT**

| Package  | Subscription | Providers | Total       |
|--|--------------|-----------|-------------|
| Phytel Patient Outreach Package (including setup costs with 3yr Amortiza | \$ 338.00    | 10        | \$<br>3,380 |

| Range of Return                    | ROI  | Benefi | ts / Mo | E  | Benefit / Yr |
|------------------------------------|------|--------|---------|----|--------------|
| Low ROI (Guaranteed Pricing Level) | 3.0  | \$ ·   | 10,140  | \$ | 121,680      |
| Medium ROI                         | 10.0 | \$ 3   | 33,800  | \$ | 405,600      |
| High ROI                           | 15.0 | \$ !   | 50,700  | \$ | 608,400      |

#### **Phytel Benefit Components:**

Booking Revenue from formerly non-compliant patients Incremental Appts X Avg Reimb Rate = Incremental booking revenue

#### Typical ROI Estimating Factors (Specific rates may be higher or lower)

| Office Visit Revenue | \$<br>80.00  |
|----------------------|--------------|
| Annual visit revenue | \$<br>200.00 |
| Dexa Scan Revenue    | \$<br>130.00 |
| Staff cost per hour  | \$<br>13.00  |

| Actuals from February 5 thru March 5 2007            | Мо | nthly Cost | Months | Total        |
|--|----|------------|--------|--------------|
| Subscription Costs                                   | \$ | 3,380.00   | 1      | \$<br>3,380  |
| Booking Revenue from Formerly non-compliant patients |    |            |        | \$<br>46,240 |

#### **Return on Investment**



## **OUTREACH EXCEPTION MEASUREMENT**

DM Recall Exceptions Facility: FAMILY PRACTICE Report Generated: Jun 14 2007 11:00PM

MD

This report contains patients who have not booked an appointment after receiving 3 successful Disease Management Calls or a total of 5 attempts. This group of patients was lastcontacted during the week of Jun 11, 2007.

| Patient Name | PMS<br>ID | Phone | Reason                         | Last Appt              | Accessed | Failed | Attempts |
|--------------|-----------|-------|--------------------------------|------------------------|----------|--------|----------|
|              | 456335    |       | /THY 6mo                       | Mar 21 2007<br>12:00AM | 3        | 0      | 3        |
|              | 476057    |       | /Annual                        | Apr 17 2007<br>12:00AM | 0        | 3      | 3        |
|              | 426441    |       | /Annual                        | Mar 26 2007<br>11:10AM | 2        | 0      | 2        |
|              | 404414    |       | /Annual /MAMM                  | Mar 29 2007<br>12:00AM | 2        | 0      | 2        |
|              | 475507    |       | /Annual                        | May 2 2006<br>8:30AM   | 2        | 0      | 2        |
|              | 502245    | -     | /Annual                        | Mar 28 2007<br>2:20PM  | 2        | 0      | 2        |
|              | 475141    |       | /THY 6mo                       | Oct 13 2006<br>2:45PM  | 3        | 0      | 3        |
|              | 503263    |       | /HTN 6mo /CHOL 6mo /THY<br>6mo | Nov 3 2006<br>2:00PM   | 0        | 5      | 5        |
|              | 61518     |       | /Annual                        | Feb 16 2007<br>9:20AM  | 2        | 0      | 2        |
|              | 407584    |       | /Annual                        | Mar 26 2007<br>3:00PM  | 2        | 0      | 2        |
|              | 446715    |       | /HTN 6mo /CHOL 6mo             | Oct 4 2006<br>11:00AM  | 3        | 0      | 3        |
| · ·          | 500626    |       | /Annual                        | Mar 26 2007<br>1:30PM  | 2        | 0      | 2        |
|              | 448952    |       | /Annual /MAMM                  | Apr 16 2007            | 0        | 3      | 3        |



# **CASE STUDY**

# Profile



- Private multi-specialty group practice with 55% PCPs servicing suburban Milwaukee (Menomonee Falls)
- 100+ physicians across 27 specialties & 5 sites
- Wellness Center, PT, Diabetes Clinic
- Ancillary: Lab, Bone densitometry, Mammography
- Self Reporting to Wisconsin Collaborative for Healthcare Quality (<u>www.wchq.org</u>)
- NCQA recognition & excellent quality ratings
- GE IDX Practice Management System & InteGreat EMR
- GPIN, AMGA Membership (Presenting at AMGA 2008)
- Launched quality project to improve cancer screenings



# **CASE STUDY**

# **Opportunity**

medical associates health centers ...the first choice.

- Automate patient recalls & appointment confirmations
- Proactive patient care and patient safety
- Increase revenue & physician productivity
- Optimize resources within ancillary departments
- Improve quality scores
- Reduce staff time currently doing 3,000 manual calls daily or 150 hours/day
- Redirect staff time to provide better patient service

# **CASE STUDY**

# **Phytel Solution**



- Proactive Patient Outreach Service
  - 100% Primary Care Physician Adoption
  - Phytel protocols for diabetes, hypertension, cholesterol, CAD, CHF, annual physicals, paps, immunizations, colorectal screenings, Dexa, mammograms
- Automated Appointment Reminders
  - 100% Primary Care Physician Adoption
  - 95% Specialist Physician Adoption
  - 176 Providers/Resource Schedules Deployed
- Collaborative Implementation Project with Go-Live in 63 Days



## Methodology

- All patients that were non-compliant with a Phytel chronic protocol in the program inception registry were identified.
  - Protocols included Asthma, Diabetes, Heart Failure, High Cholesterol, Hypertension and Thyroid Disorder.
- The analysis was divided into three time periods:
  - 7/2007 to 9/2007: 1st quarter
  - 10/2007 to 12/2007: 2nd quarter
  - 1/2008 to 3/2008: 3rd quarter
- For each time period, the population was divided by protocol into those who received calls from Phytel and those that did not.
  - The percentage of patients who received a call or calls was compared to those who did not receive a call.



#### Percentage of patients called over course of study



- By the third quarter, 85% of the chronic patients had been called.
- It should be noted that call volume is determined by the contracted physicians.
- Had the call volume been higher, Phytel could have reached the 85% threshold earlier in the course of the program.



#### Physician visits by non-compliant patients after 9 months



• By the end of the third quarter, the percentage of outreach patients who visited their physician after receiving calls from Phytel was almost 85% better than those who received no Phytel calls.



### High Cholesterol visit percentages by quarter



- The difference between the visit percentages of the two high cholesterol groups gradually increases.
- By the end of the third quarter, non-compliant high cholesterol patients receiving calls from Phytel are 62% more likely to visit their physician than patients who are not.



### Hypertension visit percentages by quarter



 By the end of the third quarter, non-compliant hypertension patients receiving calls from Phytel are 140% more likely to visit their physician than patients who are not.



#### End of study results for all chronic protocols



- For each chronic protocol, the call group has a higher visit percentage than the group not receiving calls.
- Overall the increase is about 85%.



#### **Average number of patient visits**



- In addition to increasing the number of visits by about 85%, Phytel also increases the average number of visits per patient.
- For all protocols, the average increase is 10%.
  - Asthma, Diabetes, Heart Failure and Hypertension together show an average increase of 40%.



# CASE STUDY Clinical Results – First 120 Days



- ✓ 729 days of most non-compliant patient booked Chronic
- ✓ 832 days of most non-compliant of patient booked Preventative
- ✓ 31,863 patients recalled
- ✓ **11,359 additional** appointments (patients back in compliance)

## Financial Results – First 120 Days

- ✓ 100,000+ appointment reminders delivered with 3.3% No Show Rate
- ✓ \$61,576 in operational savings from 9,000 minutes per day redirected staff time from not having to make manual calls
- ✓ \$1,244,920 incremental booking revenue
- ✓ 14X ROI



### SAMPLE PHYTEL CLIENTS

- Aurora Healthcare, Milwaukee, WI (~1,000 providers)
- Gundersen Lutheran Health System, La Cross, WI (~500)
- Health Management Associates, Naples, Florida, (~700)
- Mamoidodes, Brooklyn, New York (~1,000)
- Great Falls Clinic, Great Falls, Montana (~150)
- Ogden Clinic, Ogden, UT (~100)
- John C. Lincoln Health System, Tucson, AZ (~50)
- North Shore Medical Group, Boston, MA (~130)
- Medical Clinics of N. Texas, N. Richland Hills, TX (~115)
- East Texas Medical Center, Tyler, TX (~200)
- Community Health Systems, Nashville, TN (~1,200)
- Compass Medical Group, Boston, MA (~100)
- Community Care Physicians, Boston, MA (~150)
- Hampden County Physicians, Boston, MA (~80)
- UNT Health Sciences Center, Ft Worth, TX (~210)



# Questions

# **Thank You**

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