### Harvard Pilgrim Health Care's Internet Strategy

The eHealth Colloquium Harvard University The Economics and Finance of the Healthcare Internet Monday 8/21/00 Thomas C. Hawkins, M.D., M.S. Director, Web Development, Harvard Pilgrim Health Care

## **A Supportive Strategy**

- HPHC's Web Strategy is supportive of our underlying health and business needs – working with PerotSystems, Inc.
- Overall and constituent web strategies for members, providers, employers/brokers, and employees
- Develop reliable, trustworthy, satisfying experiences which increase loyalty, reduce hassles, and reduce administrative costs

### **Elements of a Strategy**

- Start with patients and physicians
- Demonstrate value based on customer joy
- Use the internet for everything
- E-mail, FAQs, and hour long hand holding Ian Morrison, Alliance For Community Health Plans Annual Conference

## Implications For Community Health Plans

- A time to differentiate
- Not an Entovian world
- Value must be demonstrated to the enrollee and the media, not just the employers and wonkland
- Medical and Service excellence enabled through e-commerce
- Re-emerge as the innovators Ian Morrison

### **Internet Use**

- Internet penetration in Boston: 46.0% of adults online, now estimated at 54%
- Y2000: African American 40%, Hispanic 43%, Asian 69%, Caucasian 44%
- Place of Primary (>50%) Net Access:
   (1999) Home 46%, Office 54%, Other 13%
- Reason to be online: (1999) Research/Info: 28% (drop from 44% prev year),
- E-mail: 48% (a jump from 27% previous year), News/Mag: 3%, Bank/Invest: 4%, Entertainment 4%

The eGlobal Report, eMarketer Y2000

### **Health Internet Use**

- #1 use: look up new diagnosis
  - #1 desire: e-mail their physician

Tom Ferguson

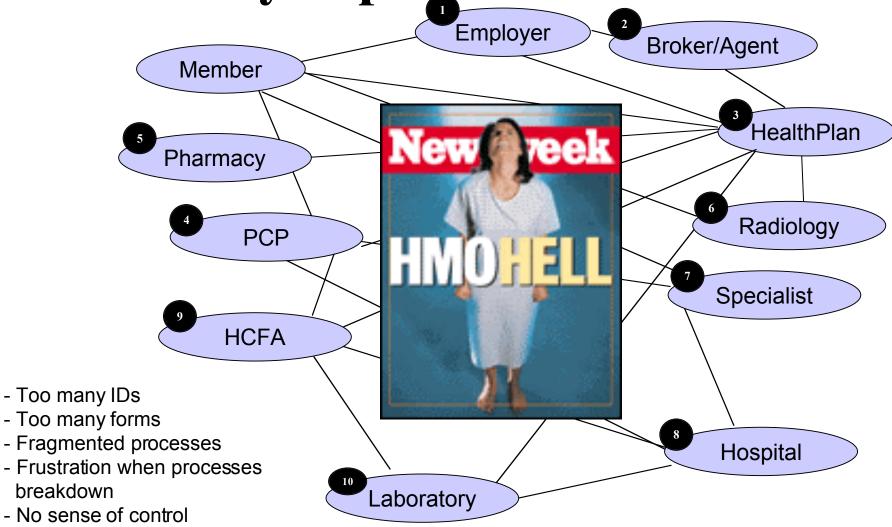
 37% of 10.3M internet users who anticipate changing insurance carriers over the next 12 months would be likely to switch carriers in order to manage benefits online

CyberDialog, <u>Where Will The Road To e-Health Lead?</u>, First Consulting Group May 2000

 Women's use, especially age 55 and older, jumped 109% in one year, esp. research

Jupiter Communications/Media Metrix

# Understanding our key constituents How they experience health care



- Wasted time and \$

### **Member Opinions**

- Frustrated with red-tape, paper work
- Believe managed care produces more rushed, less personal care
- Want the physician left alone
- Would like EASE OF USE, personal service, and no surprises

### **HCHP's Internet Goals**

- Increase ease of use, reliability, satisfaction around all the basic interactions
- Reduce administrative costs
- Increase personal service/health support when members want it
- Improve management of prevention and chronic diseases

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For Employers For Members	<ul> <li><u>Harvard Pilgrim Health Care Receives</u></li> <li>NCQA Accreditation</li> </ul>	and the second		
For Providers	After an exhaustive examination of Harvard Pilgrim's	to both he		
Career Opportunities	clinical and service quality programs , followed by an off-site evaluation, NCQA granted an <u>accreditation status</u>	THAT WE THE		
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	<ul> <li>Introducing HPHConnect: Online Transactions at Harvard Pilgrim!</li> </ul>	<u>Bike Helmet Discounts</u> (for members only)		
	Interactive Health Resources	Quick Links		
	<ul> <li>Harvard Pilgrim affiliated programs:</li> <li><u>Specialists Online</u>: Ask a health-related question</li> <li><u>CHESS</u>: Support for Breast Cancer, Menopause and Prostate Cancer</li> <li><u>DoHealth</u>: Customized health programs</li> </ul>	<ul> <li><u>Provider directory</u></li> <li><u>Your Health newsletter</u></li> <li><u>Health Plans</u></li> <li><u>Drug Formulary</u></li> <li><u>Health Classes</u></li> </ul>		T
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# Goal 1: Increase ease of use, reliability, satisfaction with the basics

- Routine transactions should have low emotion, and build loyalty through status quo: it works how I want it to work
- Most of healthcare has managed to make these well remembered negative emotions

### **Perot Systems Corporation**

- HPHC's IT Partner
- Uses an enterprise process model, for an organization and across an industry
- Jointly with HPHC, Created HPHConnect

# **The Solution**

- Build a cooperative systems, data and process platform for constituents
- Dramatically simplify health care administration through the creation of a shared/secure record
- Asynchronous, persistent middleware integration layer interfacing with existing systems
- Highly customizable user interface to support the constituent's identity
- Implement in a series of regular releases constantly improving functionality/performance

# Share a narrow set of industry-wide market processes

#### 1. Authenticate/enroll

- member/emergency contacts, MCO, servicing provider

#### 2. Validate

- coverage eligibility, current medications, allergies, PCP

#### 3. Request/authorize services

- request appointment, referrals, authorizations, pre-certifications

#### 4. Compensate service providers

- validate CPT, fee schedule, instant claim clearing/settlement

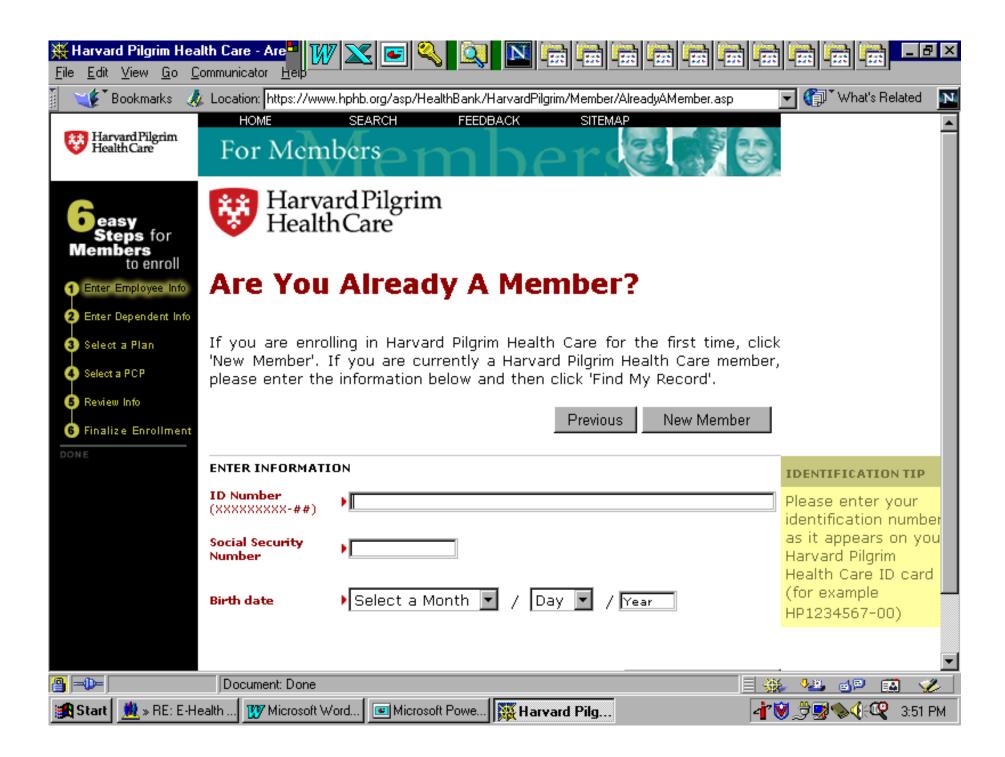
#### 5. Collect premium

- roster validation, bill presentment, bill payment, A/R reconcilliation

#### 6. Reconcile accounts/communicate

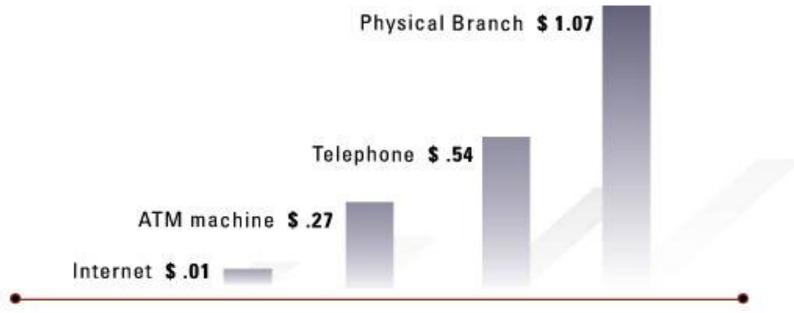
- Track and report activity, summarize results, monitor account, communicate between and among all parties

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G	Enrollment Overview		
<ul> <li>easy Steps for Members to enroll</li> <li>1 Enter Employee Info</li> <li>2 Enter Dependent Info</li> <li>3 Select a Plan</li> <li>4 Select a PCP</li> <li>5 Review Info</li> </ul>	The enrollment process includes a set of screens to gather information about you and your dependents. Each screen has options to guide you through the process. At the end of the process you will be able to review and confirm all your information before submitting it. A human resources administrator from your company will verify your submission within three business days. Your human resources administrator will determine whether your application will be approved or denied. If you are approved, your information will be submitted to Harvard Pilgrim for enrollment. If you are denied, your human resources administrator will notify you.		
6 Finalize Enrollment	The enrollment steps include:		
DONE	<ol> <li>Enter Employee Info</li> <li>Enter Dependent Info</li> <li>Select a Plan</li> <li>Select a PCP</li> <li>Review Info</li> <li>Finalize Enrollment</li> </ol>		
	What you will need:		
	<ul> <li>Your Employer ID # (provided to you by your employer)</li> <li>Your Employer Sub Group (if applicable)</li> <li>Your social security number</li> </ul>	ENROLI MENT TIP	<b>v</b>
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# Goal 2: Reduce administrative costs

### e.g. banking transactions



NetCommerce Magazine, November 1999

# **Projected Annual MCO Transaction Savings (online)**

- Enrollment 30.0%
- Claims 7.5%
- Referral 24.5%
- Member Services 22.5%
- Provider Services 30.0%

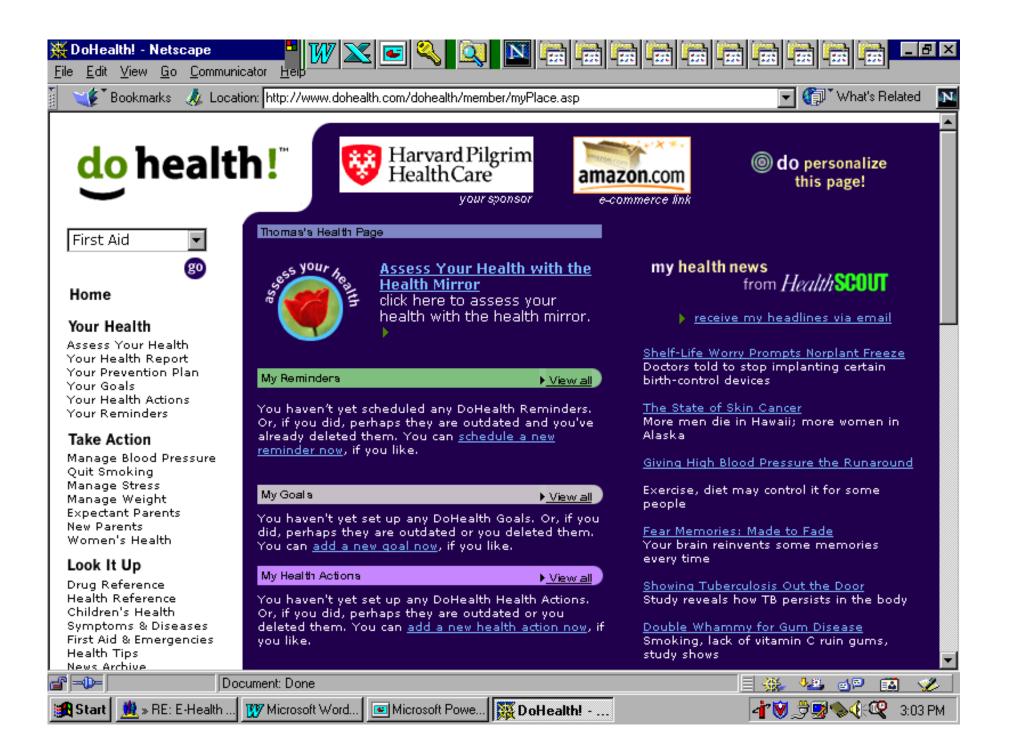
# Goal 3: Increase personal service/health support

(when members want it)

- Life events are a big opportunity to deliver service and create loyalty
- Most of these events have been missed by health plans, and those physicians who do understand this have patients for life
- High touch or self service: personal preference and situation dependent
- More affordable with internet

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HPHConnect Member Services	Member Services	Physician Directory	HPHConnect	
CHESS DoHealth Discounts & Programs Senior Focus Specialists Online	Learn how to contact our Member Services department and find answers to commonly-asked questions.	Use our <u>online directory</u> to find pharmacies and doctors.You can also learn more about a physician in <u>provider</u> <u>profiles</u> .	<u>HPHConnect</u> provides secure online services for participating employers and their employees.	
Health Events/Classes	Specialists Online	DoHealth!	Health Events/ Classes	
	Let the specialists answer your health questions.	Online resources to help you manage your health.	Want to improve your health and well-being? These programs can help!	
	Your Health	CHESS	Discounts & Programs	_
	Read the latest articles from Harvard Pilgrim's member magazine.	Online information and support for breast cancer, menopause and prostate cancer.	Take a look at all the savings that come with being a Harvard Pilgrim member.	
	Senior Focus			
	Information, articles and events just for seniors.			•
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Specialists Online			Medical Associates		
Health Events/Classes					
		Answered By: Thomas C. Hawkins, MD	Affiliation: HarvardPilgrim HealthCare		
	End of Life Care/Geriatrics	Answered By:	Affiliation:		
	E-u-R	<b>Bob Buxbaum, MD</b> Rehabilitation, Geriatrics and Caring for Aging Parents	Vanguard Medical Associates		
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		Susan P. Pauker, MD	Vanguard Medical Associates		Ţ
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	If you are a member of Harvard Pilgrim Health Care, you can select one of these three health issues to explore through CHESS: Breast cancer Menopause Prostate cancer		
	CHESS can answer many of your questions, help you find out about Document: Done	A market and a market a	
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Harvard Pilgrim HealthCare	HOME SEARCH FEEDBACK SITEMAP Harvard Pilgrim Online– <i>For Employers/Brokers</i>		
Up One Level Product Choices	Multicultural Services from Harvard Pilgrim		
Service Area Zip Codes	Harvard Pilgrim's deep commitment to diversity stems from our strong		
HEDIS Reports	belief that valuing the differences of our members and our employees is		
Sample RFP	critical to our success as an organization. As the demographics of our		
Financial Info	community shift, we must be able to effectively manage the diversity of an		
Worksite Programs	increasingly multicultural customer base. We also must attract and retain		
Multicultural Services	the finest employees and harness their diverse talents and perspectives.		
Related Links			
Technical Q&A	Initiatives to support this commitment include educating our workforce to		
Employers and Broker:	better recognize diversity as an important business issue, providing		
Broker Support	accessible and competent services to our multilingual members through the use of trained medical interpreters, and implementing a curriculum for physicians that provides skills to enhance their ability to treat individuals from varying cultural backgrounds. In an effort to hold ourself accountable for progress in this area, over the past four years we have incorporated diversity objectives into the performance goals of our senior management.		
	We were honored to receive the Arnold Z. Rosoff Award for Excellence in Diversity from the AdClub of Greater Boston, recognizing us as "a leader committed to fostering a more racially and culturally diverse and inclusive medanless."		•
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# e- Loyalty

- The unique economics of e-business make customer loyalty more important than ever – the high cost of low loyalty
- Between 15 and 60+ percent of customers, depending on the industry, defect before the break even point
- The old rules are as vital as ever: still about earning trust and delivering a consistently superior experience
- Price does not rule the web, trust does Reichheld, Schefter, HBS July-August 2000

# Goal 4: Improve management of prevention and chronic diseases

- Less data/experience on how this will really help vs traditional
- At the least, we can do more, at less expense, more predictably
- Chronic disease nurses spread out over geography helped
- Less expensive centralized monitoring systems
- Assuming security, a central repository for information lost in transitions

### **Return On Investment**

reinvested in service and lower premium increases

- Actual ROI unknown variable forcasts
  - Reduced administrative costs
  - Increased loyalty
  - Reduced medical management costs
  - Minus web costs
  - \_\_\_\_ \_\_\_\_\_\_
  - Over three years

### Summary I

- Web is a supportive strategy addressing the biggest problem: complexity
- A vehicle for delivering service not previously affordable
- Ability to reduce medical management costs seems promising, yet to be seen

### **Summary II**

HPHC, like other MCOs, is at the crossroads of insurance, service, and health support where the Internet has huge potential. Wading through the technology to deliver the what the customers really want is key.