Tools to Help Address HIPAA Privacy and Security Regulations

Pat Wise, RN, MSN, MA
Executive Director, CPRI-HOST
for

Ted Cooper, MD

National Director

Confidentiality & Security

Kaiser Permanente

HIPAA Security & Privacy Standards Requirements

We must

- Perform and thoroughly document formal risk assessment and management efforts to determine the policies, procedures and technology to deploy to address the standards.
- We must asses the types and amounts of risk that we have, which we will mitigate with policy, procedure and/or technology, and understand what risks remain and that we are willing to accept (i.e. those that will not be addressed completely)
- Assign responsibility for meeting the standards to specific individuals.

HIPAA Standards for Security & Privacy

While these are called the HIPAA Security and Privacy Standards, the "standard" simply means that we must address their requirements. For the most part both standards are not explicit on the extent to which a particular entity should implement specific policies, procedures or technology. Instead, they require each affected entity to assess its own security and privacy needs and risks and then devise, implement and maintain appropriate measures as business decisions.

Tools

- CPRI Toolkit: Managing Information Security in Health Care
- CPRI-HOST HIPAA Privacy & Security Assistant
- CPRI-HOST Confidentiality and Security Training Video
- NCHICA's HIPAA EarlyViewô
- SEI's Self Risk Assessment Tool
- WEDI'S HIPAA Security Summit Implementation Guidelines
- AAMC Guidelines for Academic Medical Centers on Security and Privacy

The CPRI Toolkit: Managing Information Security in Health Care

- A Resource
- Its Origin
- Third Version of Toolkit
- http://www.cpri-host.org
- How to use it to address HIPAA confidentiality and security

CPRI Toolkit

Content Committee

- Ted Cooper, M.D., Chair Kaiser Permanente
- Jeff Collmann, Ph. D., Editor Georgetown U.
- Barbara Demster, MS, RRA WebMD
- John Fanning DHHS
- Jack Hueter CHE
- Shannah Koss IBM
- Elmars "Marty" Laksbergs, CISSP Netigy
- John Parmigiani HCFA
- Harry Rhodes AHMIA
- Paul Schyve, MD JCAHO

Goal

- Build security capable organizations!
- Incorporate sound security practices in the everyday work of all members of the organization, including the patient.

NOT JUST implement security measures!

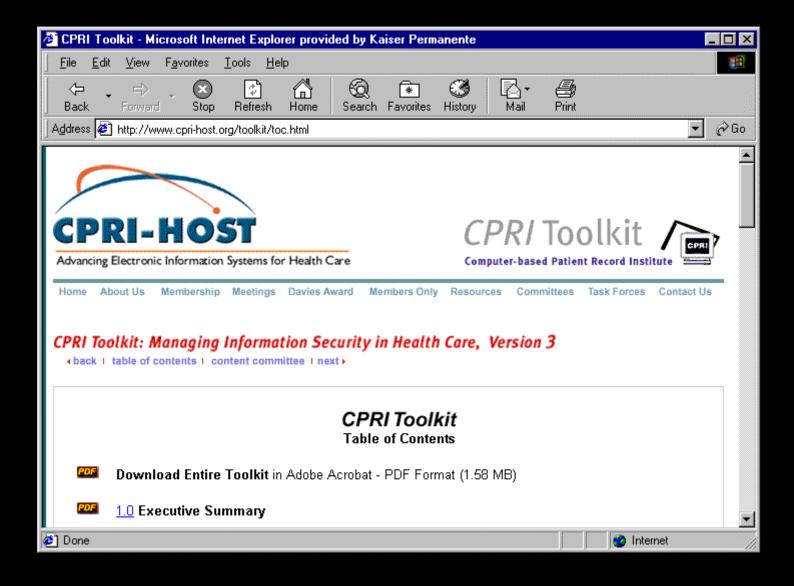
Security Program Functions

- Monitor changing laws, rules and regulations
- Update data security policies, procedures and practices
- Chose and deploy technology
- Enhance patient understanding and acceptance

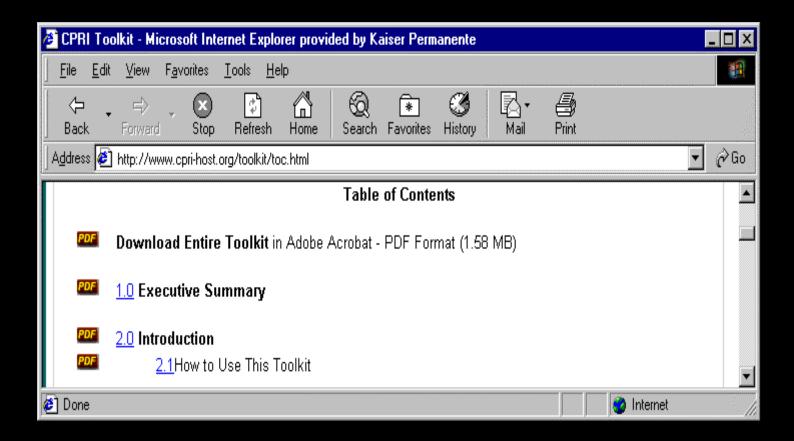
How does the *Toolkit* help?

- Regulatory requirements
- CPRI booklets
 - How to go about it
 - What to consider
- Case studies & examples of colleagues' work

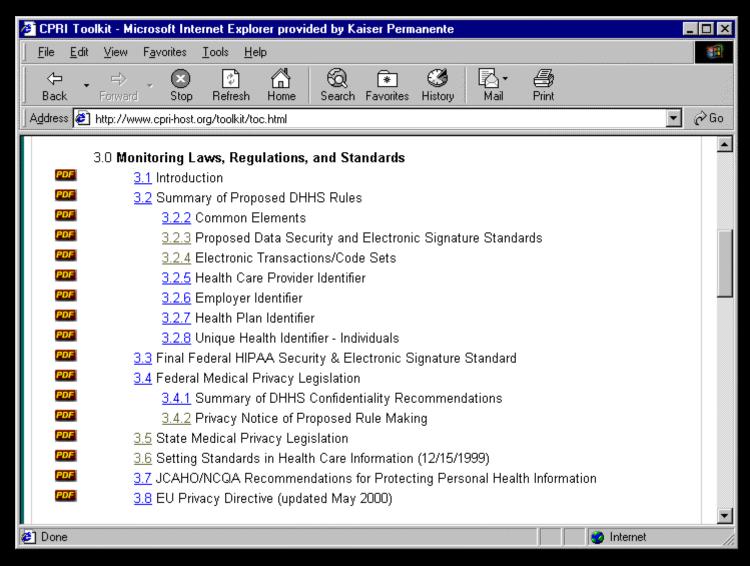
Table of Contents



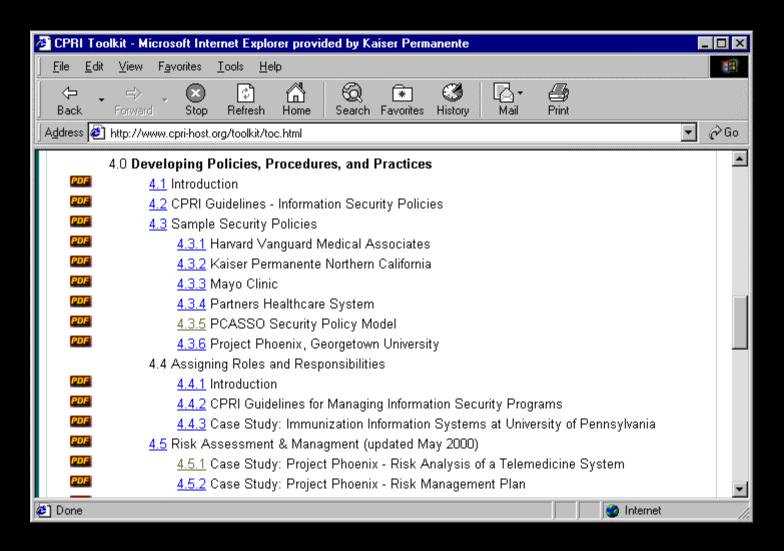
Toolkit - Sections 1 & 2



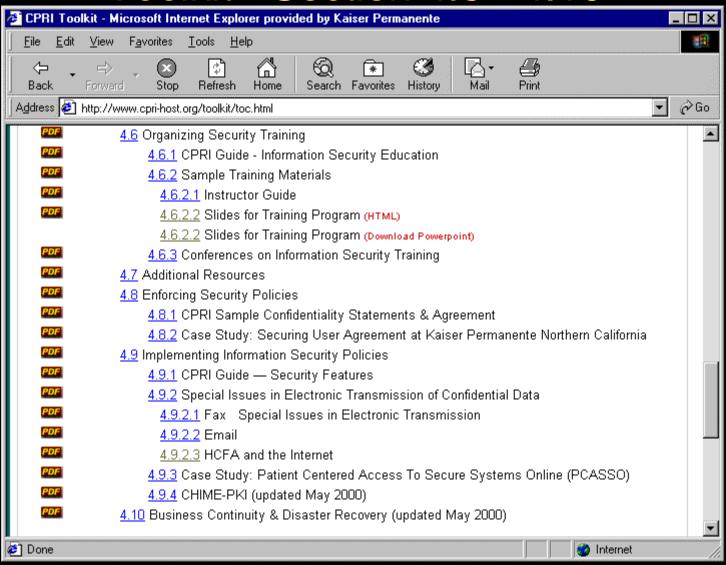
Toolkit - Section 3



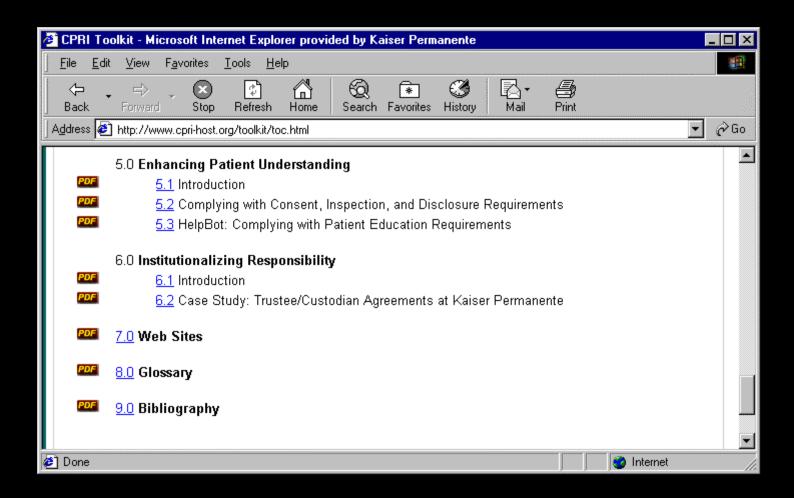
Toolkit - Section 4.0 - 4.5.2



Toolkit - Section 4.6 - 4.10



Toolkit - Section 5-9



Critical Steps in Process

- 1. Decide what to do
- 2. Assign security responsibilities
- 3. Build risk management capability
- 4. Drive enterprise-wide awareness
- 5. Enforce policies & procedures
- 6. Design, revise & validate infrastructure
- 7. Institutionalize responsibility & support
- 8. Enhancing patient understanding HIPAA Deadline: 2003 ???

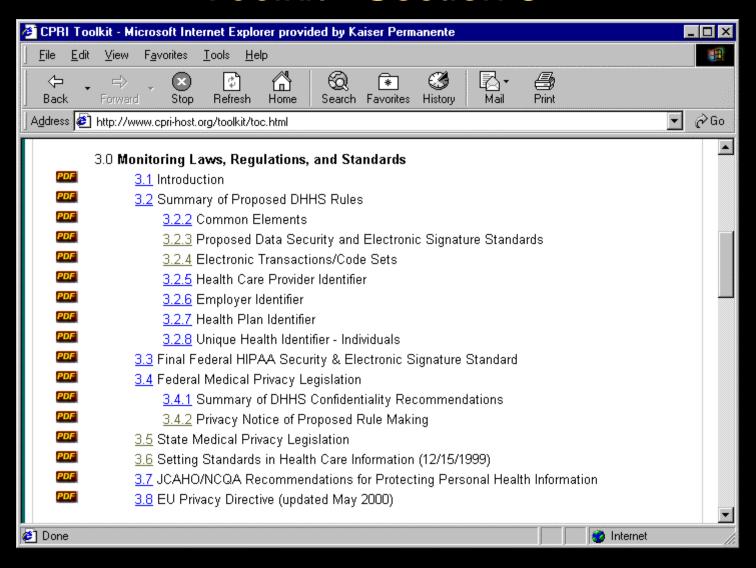
1. Deciding what to do

- Understand the Regulations 3
- Information Security Policies 4.2
 - Describes how to develop policies
 - Identifies areas policies should address
 - Security policy examples 4.3.1 to 4.3.6

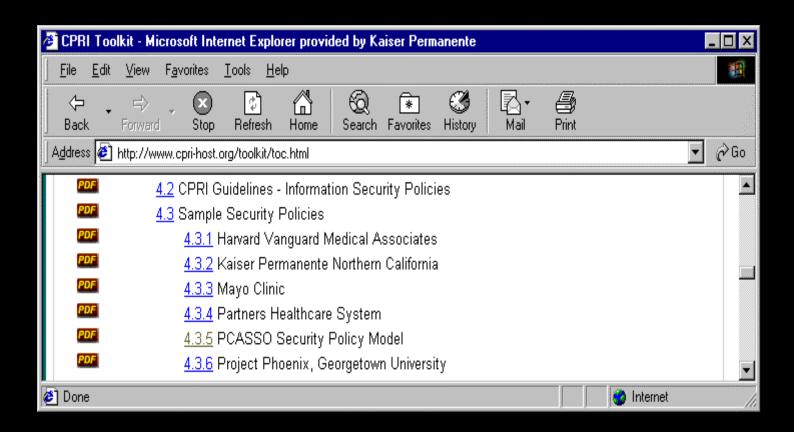
Know the Laws, Rules & Regulations

- HIPAA
 - Security Rules 3.1
 - Medical Privacy 3.2
- State Medical Privacy Laws 3.3
- Setting Standards 3.4
- JCAHO/NCQA Recommendations 3.5
- EU Privacy Directive "Safeharbor"

Toolkit - Section 3

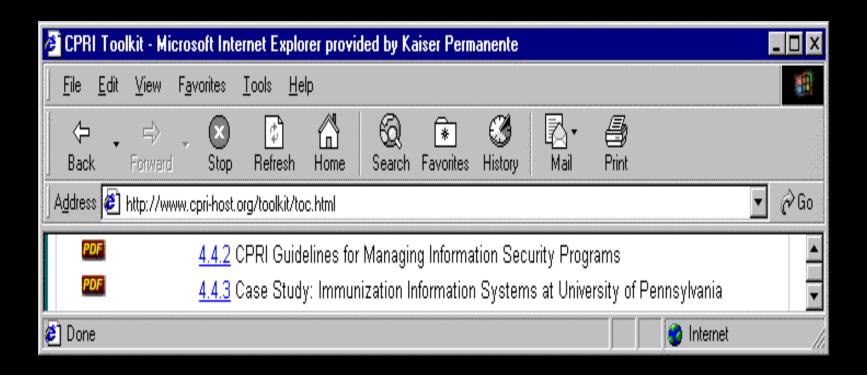


Information Security Policies



- 2. Assigning Roles and Responsibilities
- Managing Information Security Programs
 - CPRI Guide on management processes 4.4.2
 - Case Study of UPenn electronic registry 4.4.3

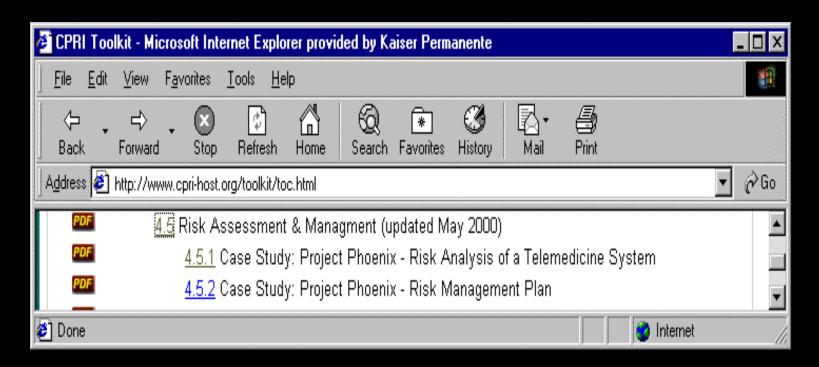
Managing Information Security Programs



3. Building Risk Management Capability

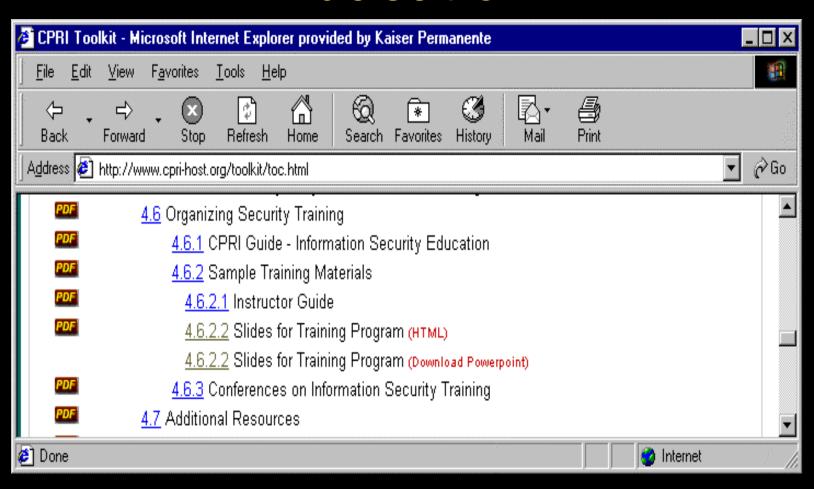
- CPRI Toolkit 4.5
 - Health Information Risk Assessment and Management
 - Software Engineering Institute
 - Risk assessment 4.5.1
 - Risk management plan 4.5.2

Building Risk Management Capability



- 4. Driving enterprise-wide awareness
- Information Security Education 4.6
 - CPRI Guide on security training 4.6.1
 - Sample Instructor's guide and slides 4.6.2

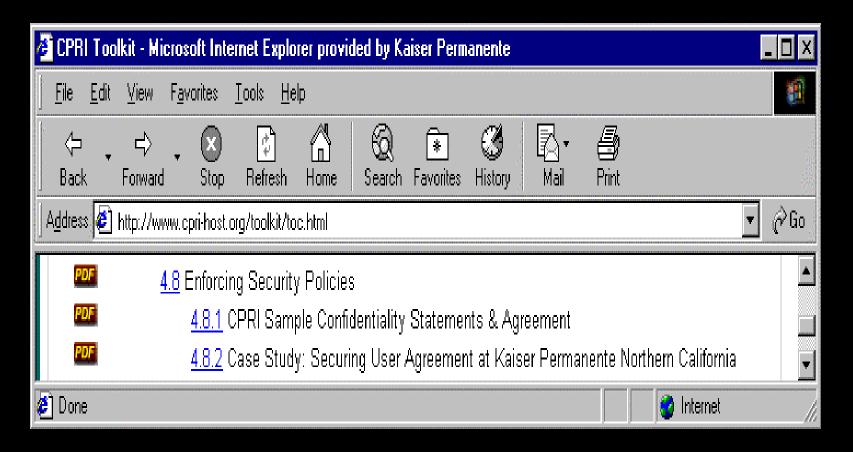
Information Security Education



5. Enforcing Security Policies

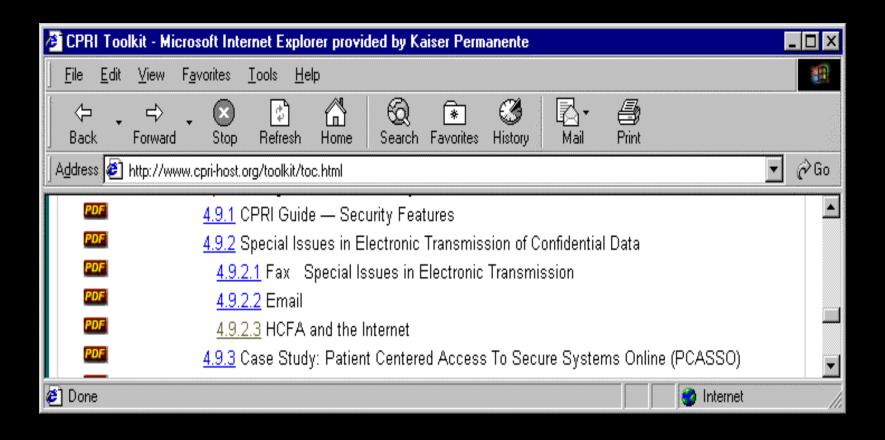
- Confidentiality Statements 4.8
 - Harvard Vanguard Policies 4.3.1
 - Mayo Clinic Policies 4.3.3
 - Kaiser Reaccreditation Process 4.8.2

Enforcing Security Policies



- 6. Implementing Security Infrastructure
- CPR Guide on Security Features 4.9.1
- Special Issues in electronic media- 4.9.2
 - Fax, email
 - HCFA Internet Policy
 - Technology for securing the Internet
 - Connecticut Hospital Association PKI
 - Business Continuity Planning & Disaster Recovery Planning - 4.10

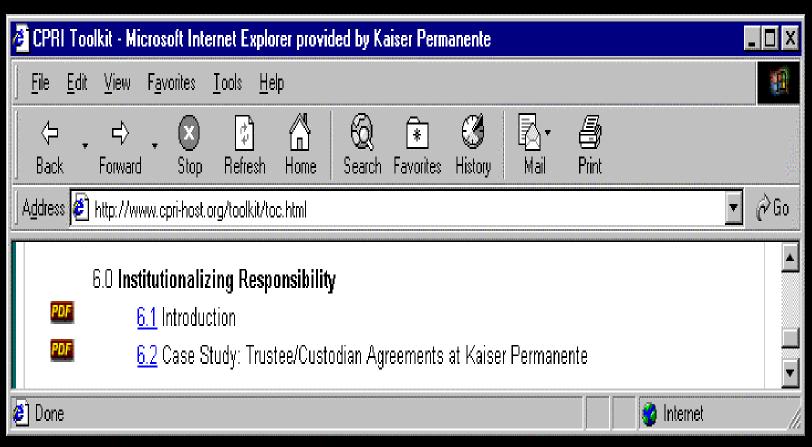
Implementing Security Infrastructure



7. Institutionalizing Responsibility

Kaiser's Trustee-Custodian Agreement

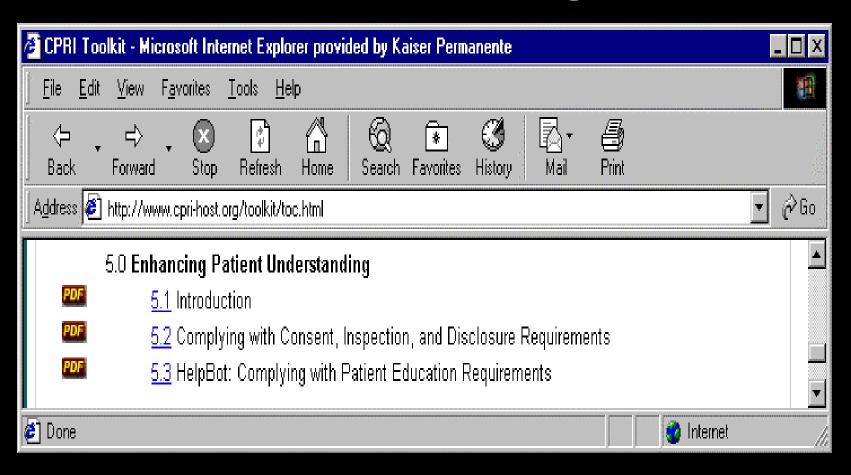
Institutionalizing Responsibility



8. Enhancing Patient Understanding

- Toolkit Section 4.3.4
 - Partners Healthcare System, Inc.
- Toolkit Chapter 5.0
 - AHIMA Forms
 - HelpBot Georgetown University

Enhancing Patient Understanding



Results

Enhanced judgement in managing health information

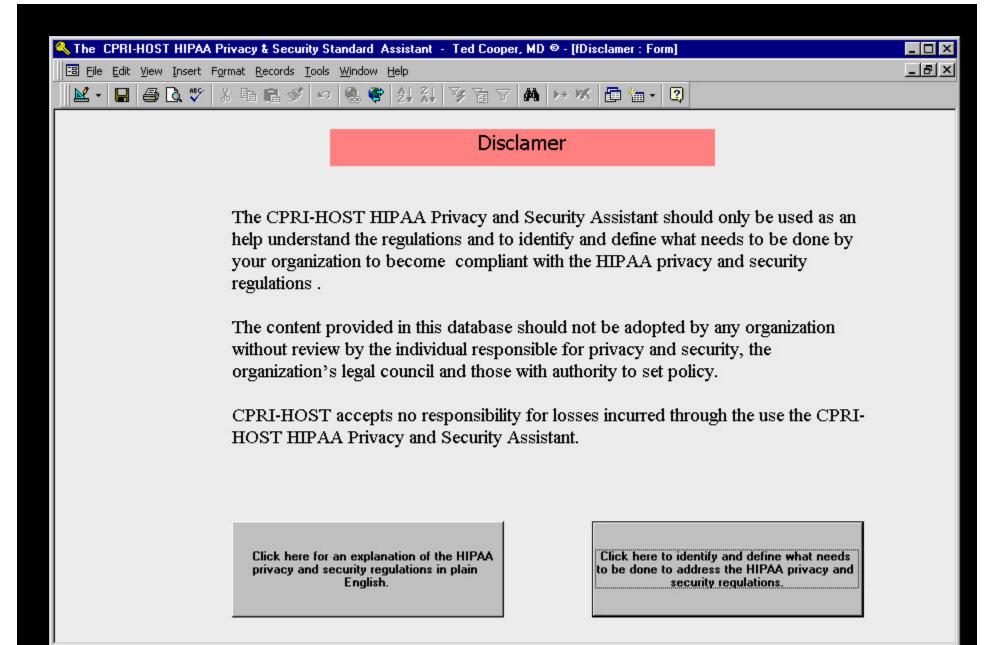
Improved health care information security

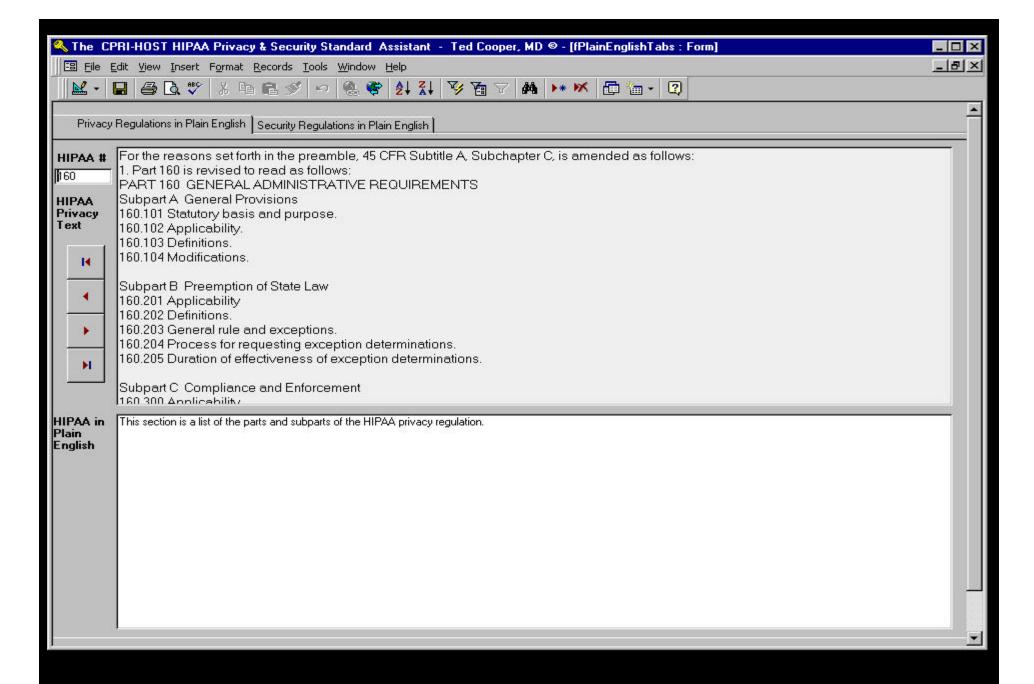
CPRI-HOST HIPAA Privacy & Security Assistant

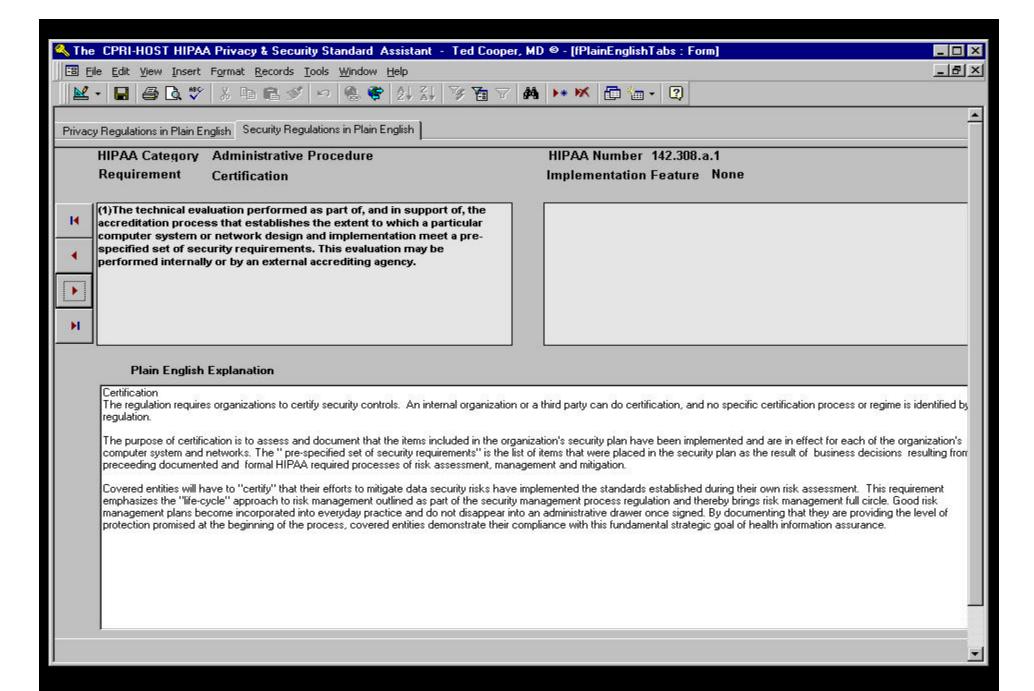
- Microsoft Access Database Application
- Displays each HIPAA
 - Requirement/Section
 - Implementation Feature
 - "HIPAA in Plain English"
- Provides for your entry of
 - Items needed to be done to address each
 - A description of each item you enter
 - Task assignment and tracking

HIPAA Security Assistant

- Future CPRI-HOST Product
- Focus Groups are being conducted
 - Contribute Content
- Analysis will be done to determine which items are common
- Can provide output in
 - MS Access Reports
 - MS Word file
 - MS Excel file









The Computer-based Patient Record Institute - Healthcare Open Systems and Trials (CPRI-HOST)HIPAA Privacy and Security Assistant is a software tool made available to help organizations understand the HIPAA privacy and security regulations and to identify what they will need to do to address them.

It is designed to help an organization use a systematic process to identify and track the individual items needed for each of the HIPAA privacy and security regulations.

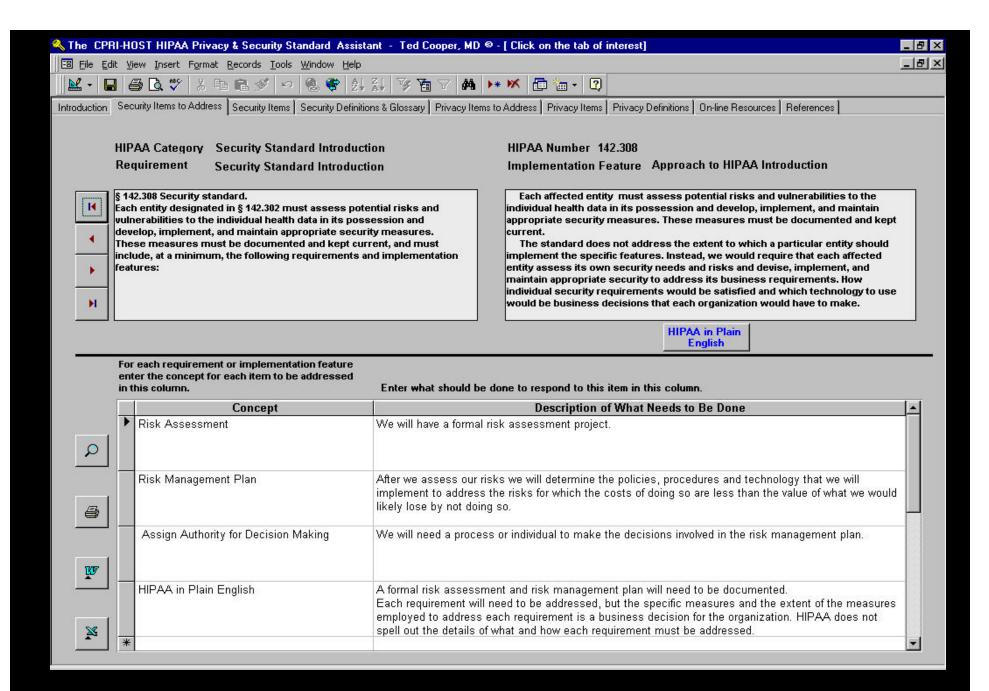
The Assistant takes a slightly different approach to the privacy regulations than it does to the security regulations. For the HIPAA privacy regulations it displays each section of the regulations and for the security regulations, each requirement and implementation feature is individually displayed. For both data entry tables are provided to capture the items that need to be addressed. Different approaches were taken because of the different structures of the privacy and security regulations.

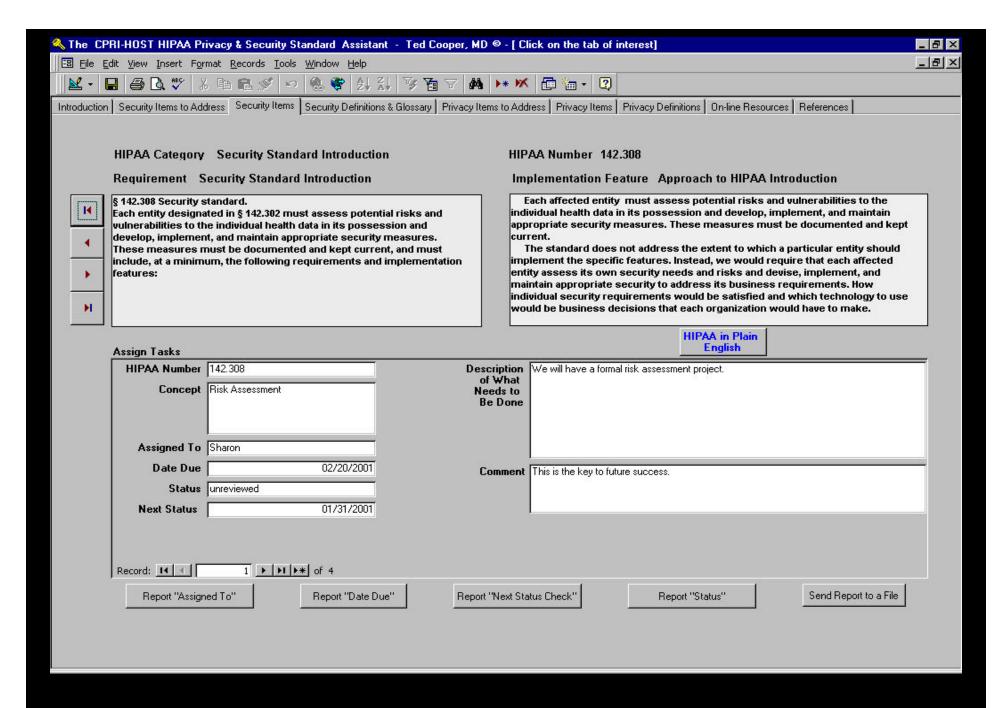
This tool also has functions for managing the items identified to be addressed. A number of reports are available and the data may be output to a word-processing or spreadsheet file. It is possible to import these files into project management software.

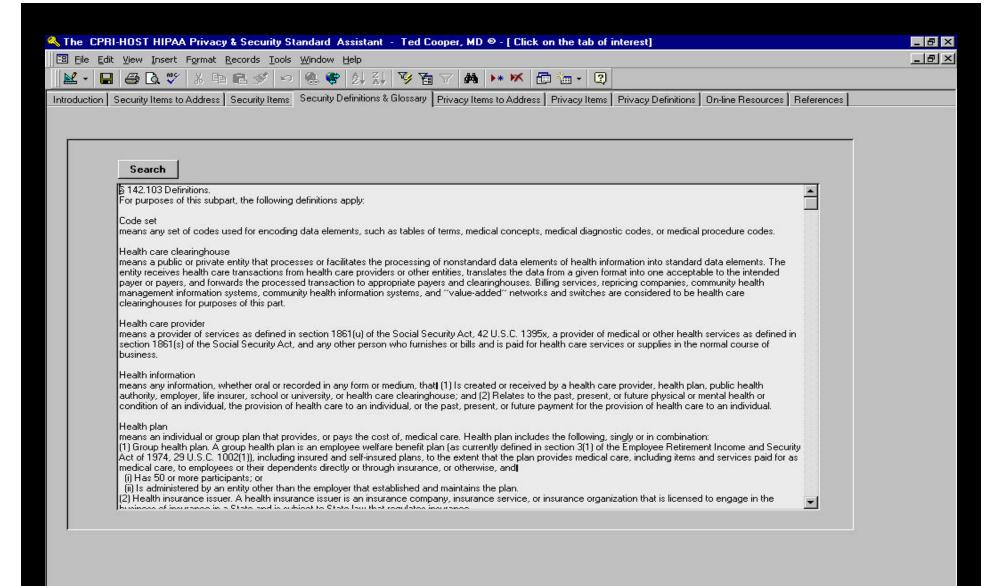
The tabs above, display the different areas of functionality. The reference section provides direct links to Internet resources.

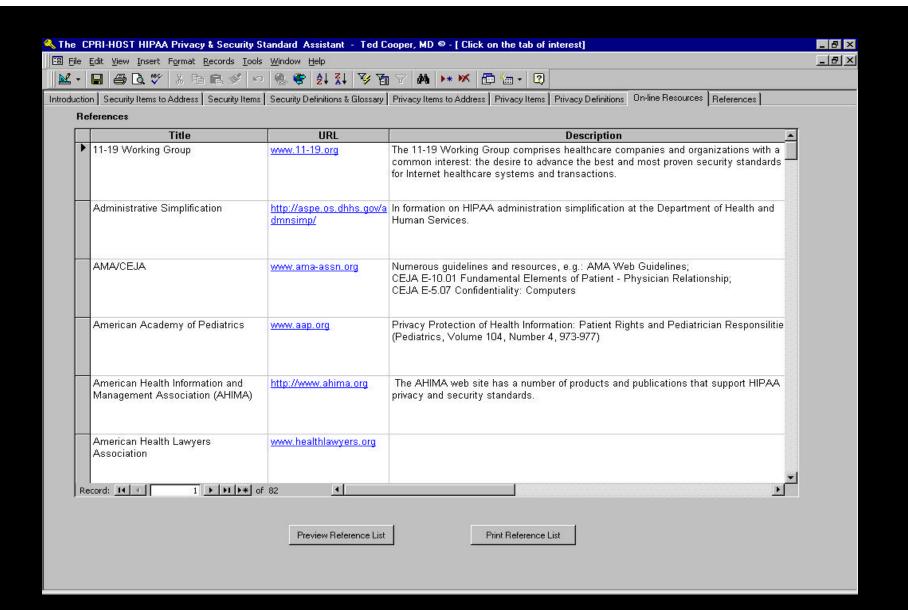
The CPRI-HOST HIPAA Privacy and Security Assistant was developed by Ted Cooper, MD.

HIPAA in Plain English









CPRI-HOST Confidentiality and Security Training Video

- What if it were yours?
- Donated to CPRI-HOST by Kaiser Permanente
- www.cpri-host.org



HIPAA Proposed Security Regulation Self-evaluation Tool



Uses of HIPAA EarlyViewÔ

- Staff education
- Gap analysis
 - Inadequate or missing policies
 - Previously unidentified vulnerabilities
- Due diligence documentation
- Budget planning

Greeting



NCHICA

r war

HIPAA EarlyView

Version 1.0

HIPAA Security Proposed Regulation Self-Evaluation Tool

http://www.nchica.org 919-558-9258



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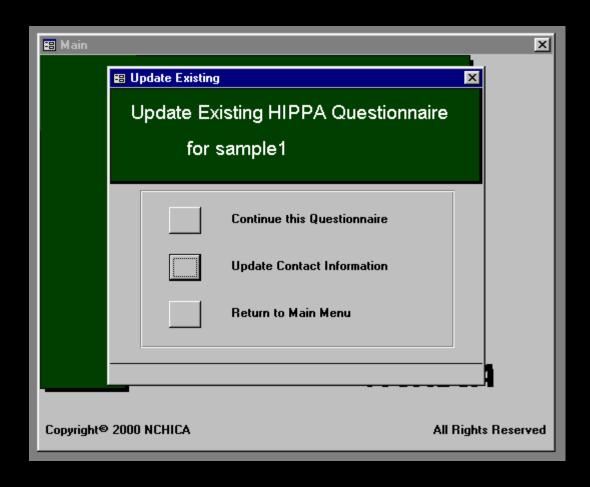
Main Menu

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HI	PAA EarlyView [™]			
	Start New Questionnaire Update Existing Questionnaire Run Reports About HIPAA EarlyView(TM) Exit			
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Enter Contact Data

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Department Name	sample1						
Organization	Org						
Division	Div						
Cost Center	cc						
Project Lead	Proj Lead						
Title	Title	Start Date 1/1/00 M/D/YY					
Address1	Addr1	Due Date 12/31/00 M/D/YY					
Address2	Addr2	Facilitator Facilitator					
City	City	Title Title					
State	ST Zip 99999-9999	F. Phone (999) 999-9999 Ext.					
Phone	(999) 999-9999 Ext. Fax (999) 999-9999	F. E-Mail facilitator@sampel.com					
E-Mail	email@sample.com	Serial # 1234					
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Save and Close Form HIPAA Questionnaire							
	Save and Close Form HIPAA	Suestion rail e					

Update Questionnaire Menu



Security Questions

Question Question Questionnaire Name: sample1

Has an external entity or group performed a technical evaluation for BOTH your information systems AND network design for compliance with security standards?

Answer: Yes No N/A Unanswered Due Diligence Demonstrated: Check if YES

Comments: evaluation done by test org - june 1999

Refer To:

Document Location:

Readdress Requirement: -

Next Review Date (MM/DD/YYYY):

Contact E-Mail: |boss@sample.com

Contact Phone: (999) 999-9999 Ext. 1234

Document Name: tech eval

Periodically Reviewed? No

Answer Date (M/D/Y):

Doc Type: Paper

Point of Contact: Mr. Contact

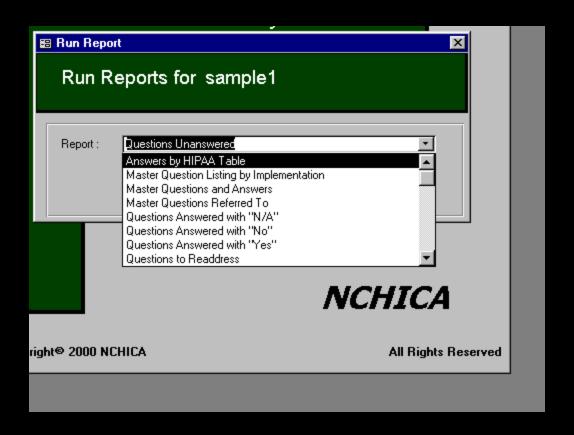
Contact FAX: (999) 999-9999

6/9/00

Contact Title: boss

This form is used by a facilitator to conduct the HIPAA Security Questionnaire. It is designed to be used to capture all required

Report Menu



Report Example

Questions answered with "NO"				samp	
H PAA Table A					
HIPAA Requirement	Certificati	on			
HIPAA Implementation					
Questio	on Number	Detailed Question	Refer To:	Contact	Contact Phone
	2	Does your organization have an internal audit group that performs technical evaluations for BOTH information systems AND network design for compliance with security standards?	Susan Reference		



Available on the NCHICA Web site: \$150 license fee per site

(\$50 per site for NCHICA members)



Information Security Risk Assessments: A New Approach

- Christopher Alberts
- Team Leader
 - Security Risk Assessments
- Software Engineering Institute
- Carnegie Mellon University
- Pittsburgh, PA 15213
- Sponsored by the U.S. Department of Defense (Will be used by military treatment facilities)

Self-Directed IS Risk Assessments

Goals:

- To enable organizations to direct and manage risk assessments for themselves
- To enable organizations to make the best decisions based on their unique risks
- To focus organizations on protecting key information assets



Why a Self Directed Approach?

- SEI's experience
 - Acting as external resource
 - Identify specific problems
 - Provide "laundry list" of items to be fixed
 - Fixes applied by organization
 - Next assessment similar issues identifies
 - Root cause of issues remains



Why a Self Directed Approach?

- SEI's experience
 - Sees need for organizations to internalize risk assessment
 - approach
 - education/knowledge
 - practices
 - instill a change in culture

Benefits

- Organizations will identify information security risks that could prevent them from achieving their missions.
- Organizations will learn to direct information security risk assessments for themselves.
- Organizations will identify approaches for managing their information security risks.
- Medical organizations will be better positioned to comply with HIPAA requirements.



IS Risk Assessment

Organizational View

Assets
Threats & Vulnerabilities
Practices
Security Requirements



Risk Analysis

Technology View



Risks
Protection Strategy

Technology Vulnerabilities

HIPAA Security Summit Implementation Guidelines

- Lead by Roger May
- Sponsors IBM, TRW, COMPAQ, KSM Healthcare Resources, Johns Hopkins, Microsoft, SMS
- WEDI infrastructure support

What Kind of Guidance?

- Reasonable
 - Can you live with it? Does it protect enough?
- "Implementable"
 - Can you put it into operation? Keep it there?
- Scalable
 - Dentists to Integrated Delivery Systems
- Business Oriented
 - How Do I it fit within my Business Processes?
- Where to Start???

Who Contributed?

Payers	23
Providers	39
Consultants	47
Technology	22
Clearinghouses	4
Payer Vendors	3
Provider Vendors	10
Government	10
Professional Organizations	10
Law Firms	2

Going Forward

•Now a part of WEDI/SNIP

Strategic National Implementation
Process for Complying with the
Administrative Simplification
Provisions of the Health Insurance

•View Current Draft at http://www.wedi.org/public/articles/details.cfm?id=42

Academic Medical Centers HIPAA Privacy & Security Guidelines

- Association of American Medical Colleges
- GASP
 - Guidelines for Academic Medical Centers on Security and Privacy: Practical Strategies for Addressing the Health Insurance Portability and Accountability

AAMC HIPAA Privacy & Security Guideline Sponsors

- Association of American Medical Centers
- Internet 2
- National Library of Medicine
- Object Management Group

AAMC HIPAA Privacy & Security Supporting Organizations

- CPRI-HOST
- Health Care Financing Administration
- Healthcare Computing Strategies, Inc.
- North Carolina Healthcare Information and Communications Association
- Southeastern University Research Association
- Workgroup on Electronic Data Interchange

AAMC Guidelines

- Privacy & Security Regulations
- AAMC explanation of each regulation
- What you must do
- What you should do
- Organizing principles

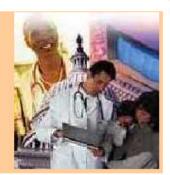
File Edit View Favorites Tools





Practical Strategies for Addressing the Health Insurance Portability and Accountability Act (HIPAA)

Contact for questions and ordering information



(links below are all pdf files)

Table of Contents

Background

Executive Summary (file size 266kb)

Introduction

Purpose, Scope and Acknowledgments

AMC Guidelines Organization of the Guidelines

AMC HIPAA Security Guidelines

Section One: Requirements for Security Administration Section Two: Requirements for Physical Safeguards

Section Three: Requirements for Technical Security, Services, and Mechanisms

AMC HIPAA Privacy Guidelines

Section One: Covered Entities

Section Two: Consent and Authorization Section Three: Uses and disclosures Section Four: Consumer Controls

Section Five: Administrative requirements AMC

AMC General Policy and Management Guidelines

Acronyms

Definitions of Terms Used in this Guideline

References

The privacy and security regulations stemming from the Health Insurance Portability and Accountability Act of 1996 (HIPAA) have captured the attention of the healthcare community. The cumulative cost of compliance with these regulations is variously estimated to cost from somewhere between the equivalent of Y2K preparation for the community to many times that amount. A recent study commissioned by the American Hospital Association placed costs at \$22.5 billion over the next five years. To assist medical schools and teaching hospitals in addressing the new regulations, The National Library of Medicine (NLM) funded a series of workshops engaging the membership of several organizations: AAMC's Group on Information Resources, Internet 2, Object Management Group, and Workgroup on Electronic Data Interchange. The workshop participants analyzed current health information security and privacy polices, made recommendations, and developed this resource of best practices for healthcare security and privacy. The Guidelines for Academic Medical Centers on Security and Privacy: Practical Strategies for Addressing the Health Insurance Portability and Accountability Act (HIPAA) addresses the unique concerns of academic medical centers.

The traditional tripartite mission - patient care, education, and research - distinguishes academic medical centers (AMC) from their peer institutions, which focus primarily on patient care services. In the past two decades the ability of academic medical centers to balance and sustain these multiple missions has been severely tested by changes in health care financing and regulation. The implementation of the HIPAA regulations will create barriers unique to these environments. Because of their multiple missions and collegial concerns. AMCs have come together in an effort to create the guidelines - to ensure the privacy, security and confidentiality of patient information.

AAMC Guidelines

- Is available on web sites
 - AAMC
 - WEDI
 - www.amc-hipaa.org

Thank you!