



# Planning for a Nuclear Incident: Tackling the “Impossible”

Katherine Uraneck, MD

New York City Department of  
Health & Mental Hygiene



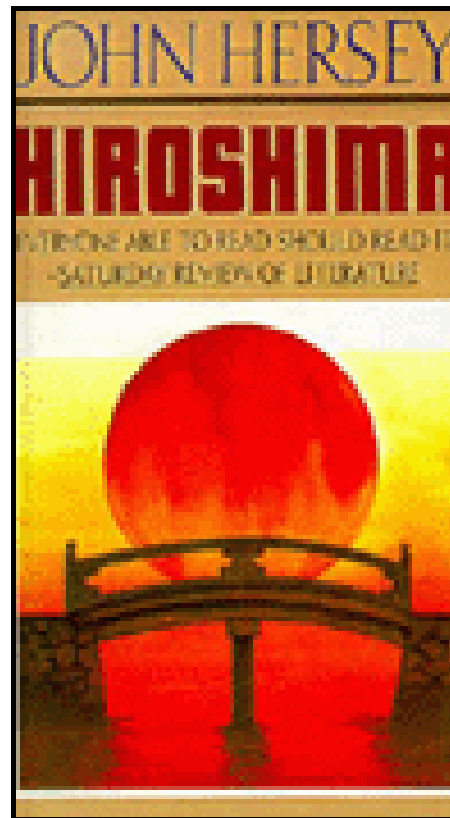


# Objectives

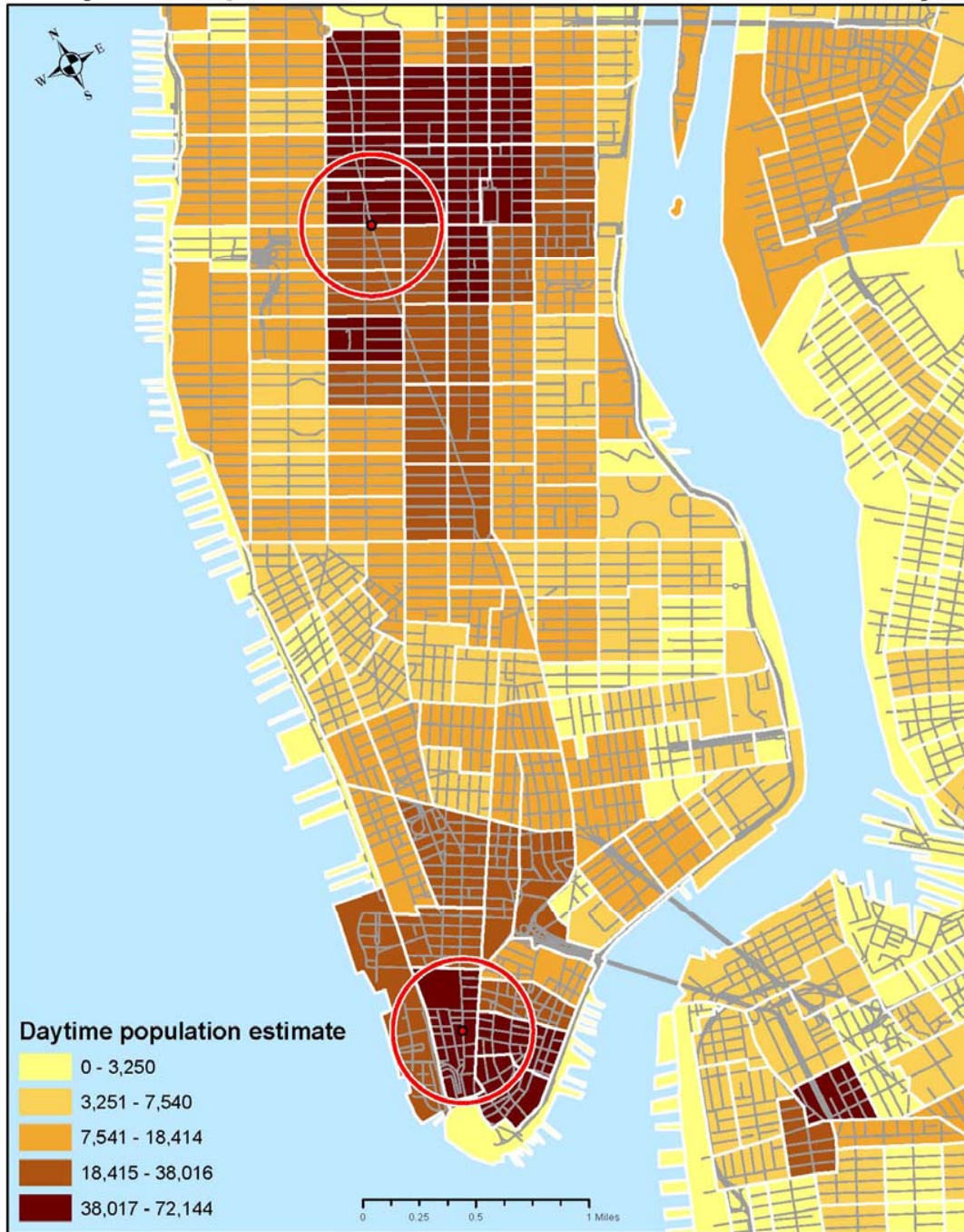
---

- Scope of a Catastrophic Nuclear Incident
- Planning for Catastrophes
- Planning for Nuclear Catastrophes
- NYC Rad Planning Activities

# Planning for the Aftermath of a Nuclear Incident



# Daytime Population Estimate with 500m Radius Overlays



2/10/08





# Estimated Initial Impact 10Kt

- Instant fatalities > 14 K
- Injured, but alive > 150 K
- Critical evacuation needed > 500K
- Shelter-in-place needed > 1.3 million
- Shadow evacuation > 3 -12 million
- Dose over 150 rem > 300K





# Injury Predictions

- Combined Injuries 65-70%
  - Burns + Irradiation 40%
  - Burns + wounds + irradiation 20%
  - Wounds + irradiation 5%
  
- Single Injuries 30-40%
  - Irradiation 15-20%
  - Burns 15-20%
  - Wounds <5%



## Complicating Factors

- Electromagnetic Pulse (EMP) damage up to 1.2 km from GZ
- Loss of electrical power 1-4 weeks
- Loss of telecommunications 1-4 weeks
- Major Fires > 250
- Significant ground contamination
- Loss of supply chain (foods, medications ...)



# Complicating Factors

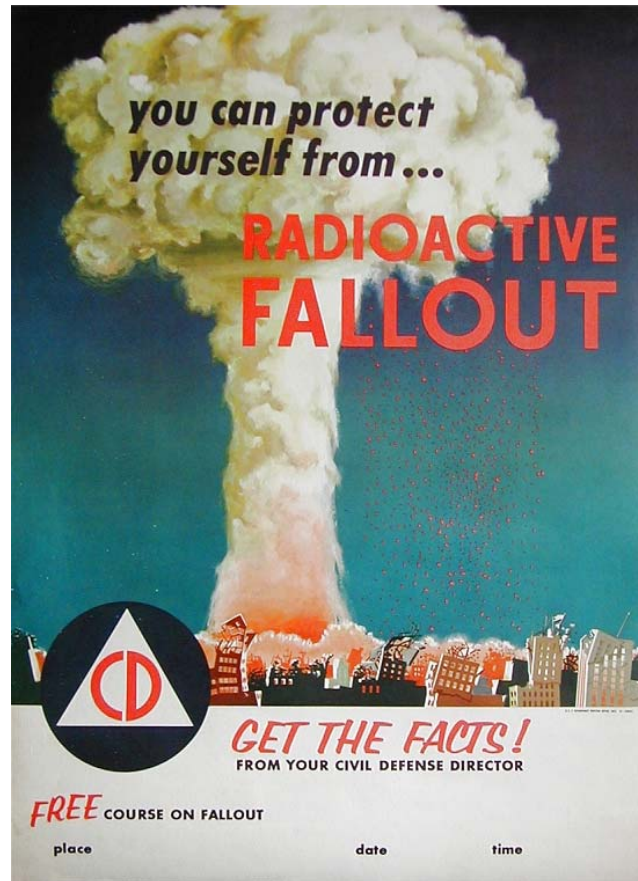
---

- Significant loss of healthcare infrastructure
- Significant loss of responders and healthcare providers





# Is it even possible to plan?





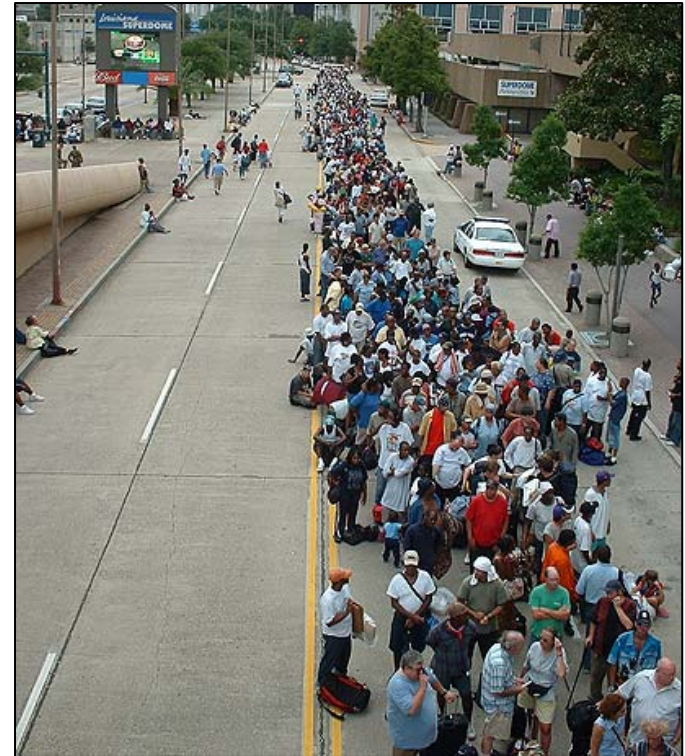
# Levels of Preparedness

- **Level 1 Emergency** – Stressed locality/facilities with local resources intact
- **Level 2 Disaster** – Stressed but sustainable locality/facilities with damage to local resources/infrastructure
- **Level 3 Catastrophe** – Locality/facilities unsustainable in time frame of external support



# Catastrophic Preparedness

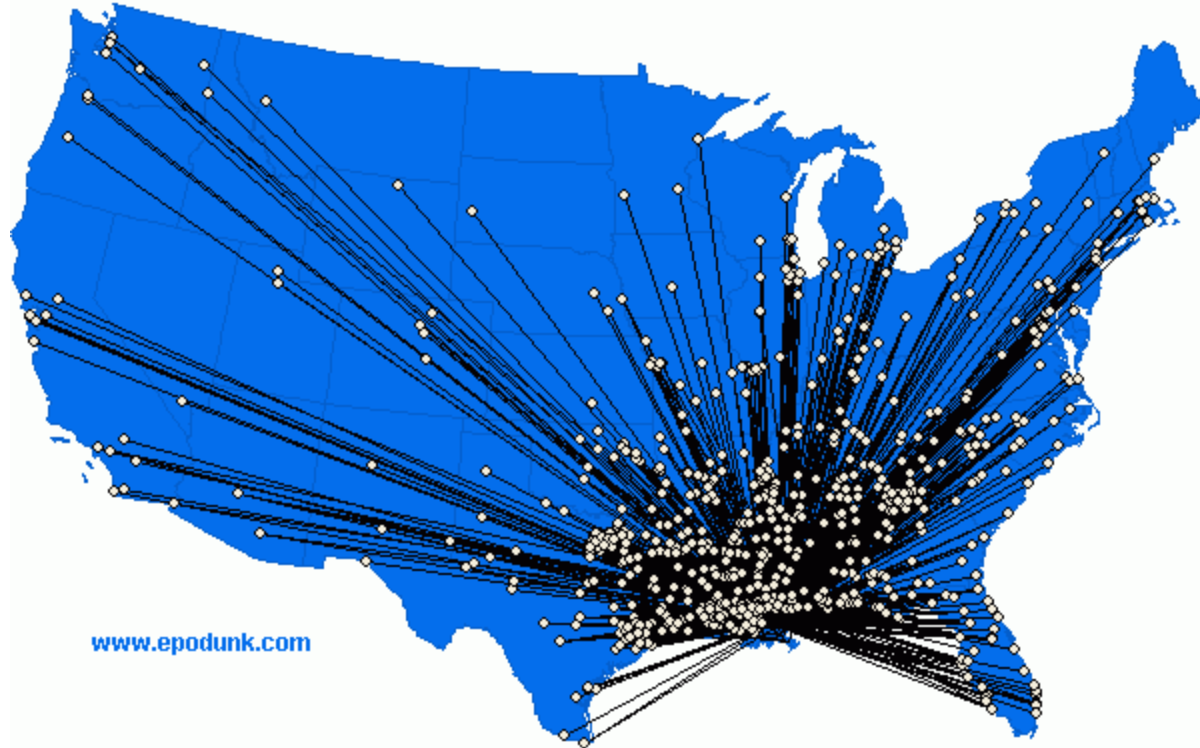
- In catastrophes, the entire country will be impacted
- Therefore, catastrophic response is a national response





# National Impact of Catastrophes

## Diaspora of Hurricane Katrina Evacuees





# Preparedness Based on Regions

- Region of Primary Impact: greatest loss life, infrastructure & communication
- Region of Secondary Impact:
  - Infrastructure & communication mostly intact;
  - Includes area of significant fallout; and
  - May require significant shelter-in-place or evacuation to avoid acute health consequences
- Region of Tertiary Impact:
  - Infrastructure intact; and
  - No significant fallout



# Regions of Primary Impact

- Plan for individual and facility self-reliance
  - 7 days sustainability
  - How to shelter-in-place/evacuate
- Plan for novel communications
- Hospitals: Plan for emergent care, shelter-in-place, evacuation



# Regions of Primary Impact

- Self-Sufficiency  
Training for Citizenry
- Consider Hardening  
Communications
- Radiation Detection,  
Safety, and  
Equipment Training  
for 1<sup>st</sup> Responders  
and 1<sup>st</sup> Receivers





# Regions of Secondary Impact

- Plan on rapid decisions for shelter-in-place *and* mass evacuation
- Plan on rapid dissemination of information
- Plan mass decontamination

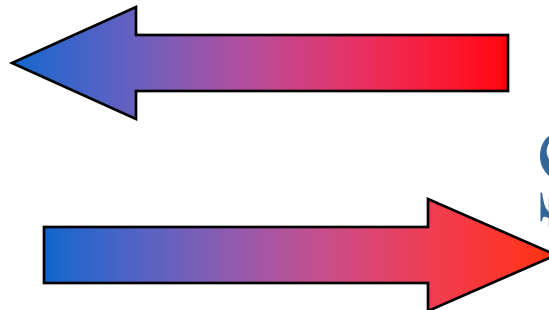




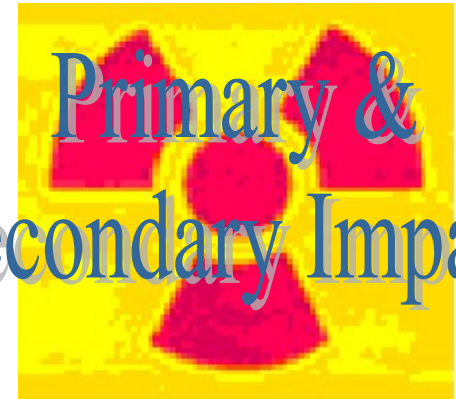
# Regions of Tertiary Impact/Support

- PLAN FOR RECEIVING

**Tertiary Impact**



**Primary &  
Secondary Impact**



- PLAN FOR SENDING



# Plan for Receiving

- Reception and Screening of Evacuees
- Reception and Triaging of Injured
- Reception and Integration of Support Teams and Portable Disaster Medical Facilities





## Receiving Evacuees

---

- Evacuees will have extensive medical, psychological, and physical needs
- Decontamination may not have occurred prior to arrival
- All cities should have ability to detect radiation by 1<sup>st</sup> responders and 1<sup>st</sup> receivers



# Receiving Evacuees

- Plan locations for Reception/Screening
- Plan locations for mass sheltering
- Plan locations for special needs sheltering
- **Radiation Detection and Control Plan needed at each site**



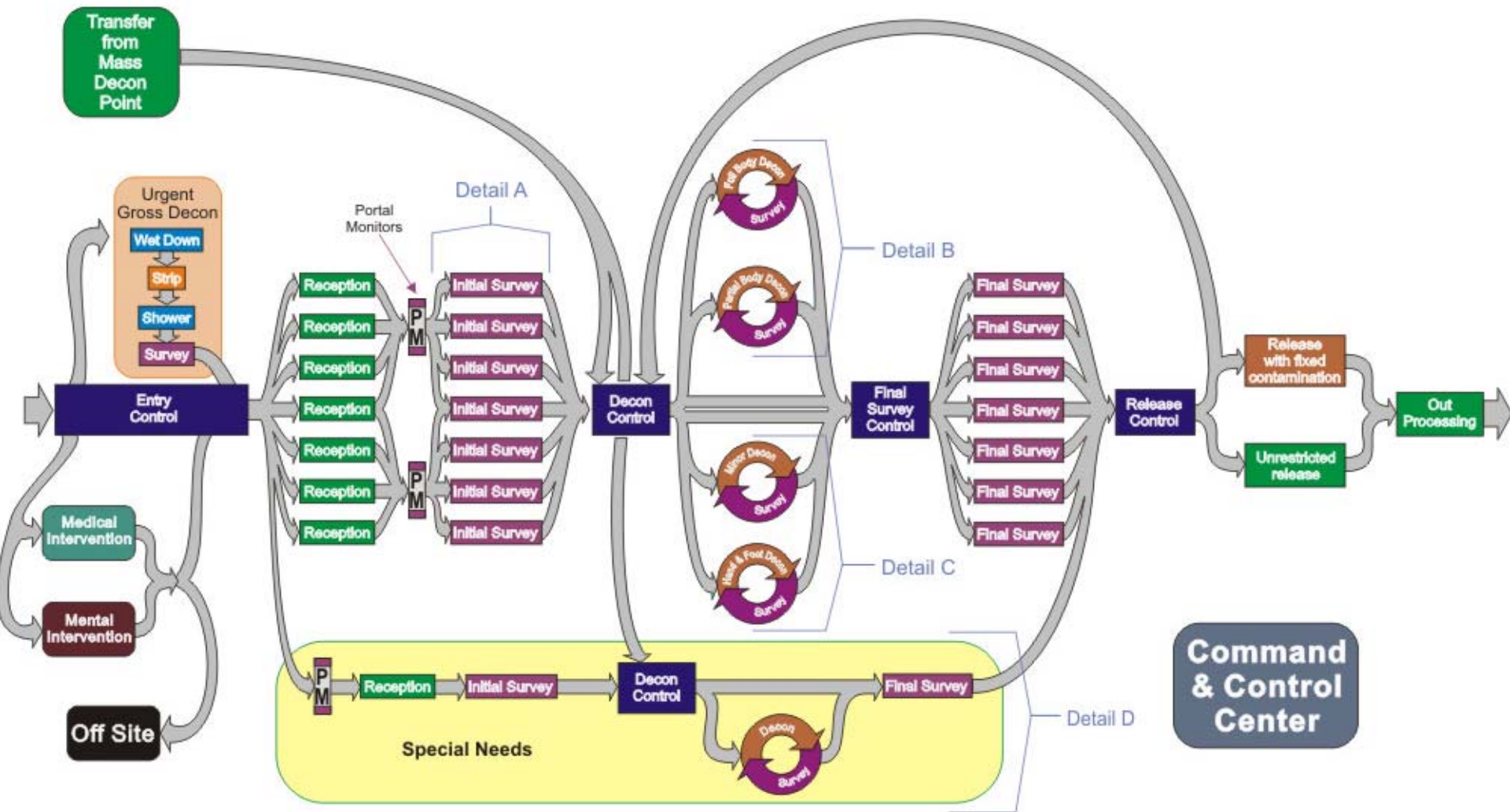
Photo Daniel Cima/American Red Cross



# Potential Shelter Sites

- Aircraft hangers
- Military facilities
- Churches
- National Guard armories
- Community/recreation centers
- Surgical centers / medical clinics
- Convalescent care facilities
- Sports facilities / stadiums
- Fairgrounds
- Trailers
- Government buildings
- Tents
- Hotels/motels
- Warehouses
- Meeting halls

# Mass Screening Point





# Recruit Radiation Trained Volunteers into MRCs/DMATS

- University Research Facilities Personnel
- Nuclear Power Facilities Personnel
- Health Physics Societies
- Radiation Safety Personnel



PHOTO: REAC/TS  
<http://www.ornl.gov/reacts/>



# Receiving Injured

- Plan for arrival of patients over days to weeks
  - Delays in Dose Reconstruction
  - Delays in Treatment
- Plan for burn, trauma, isolation, and psych surge capacity
- Plan for limited resources
- Plan for prioritizing care
  - "Greatest good for the greatest number"
- Radiation Detection and Control Plans for Mass Casualties needed at each Hospital





# Receiving Injured

- Plan Alternative Treatment Sites
  - Only if you have staff to spare
  - Or if to be staffed by external support teams from other regions/military/countries





# Receiving Support Teams

- Federal Radiological Emergency Response
  - Radiological Assistance Program (RAP) Teams
  - EPA
- Domestic Emergency Support Teams
- Strategic National Stockpile
- DMAT/DMORT/DVET/PHS Teams



# Plan for Sending

---

- Utilize EMAC
- Support Teams
  - Medical, Environmental, Logistical, Transport, etc.
- Supplies



# Sending Support Teams

- Plan in advance
- Intact teams better than ad-hoc
- Plan for self-sufficiency for length of stay (food, water, PPE, detectors,...)
- Train teams in radiation detection and safety



# Training for Staff

- CDC on-line courses
  - “Radiological Terrorism: Medical Response to Mass Casualties “  
<http://www.bt.cdc.gov/radiation/masscasualties/training.asp>
  - “Preparing for Radiological Population Monitoring and Decontamination”  
<http://www.phppo.cdc.gov/PHTN/Radiological2006/default.asp>
- REAC/TS courses <http://www.ornl.gov/reacts/courses.htm>
- NYC DOHMH Radiation Equipment Training  
<http://www.nyc.gov/html/doh/html/bhpp/bhpp-focus-rad.shtml>

# NYC Radiation Preparedness Projects



- Hospital Radiation Equipment Project
- Hospital Radiation Response Working Group
- EMS Radiation Equipment Project
- Hospital Radiation Materials Security Project
- Mass Screening Planning
- Internal Contamination for Mass Populations Project
- Burn Surge Project



# NYC Hospital Radiation Detection Project

- 58/67 NYC hospitals participating
- Equipment includes:
  - Personal digital dosimeters, survey meters, and area monitors
- Training provided to all hospitals
- Plan to drill 2008-2009



# NYC Hospital Radiation Response Working Group

- Creating NYC specific guidance on hospital response to contaminating radiation incidents
- Draft open for public comment

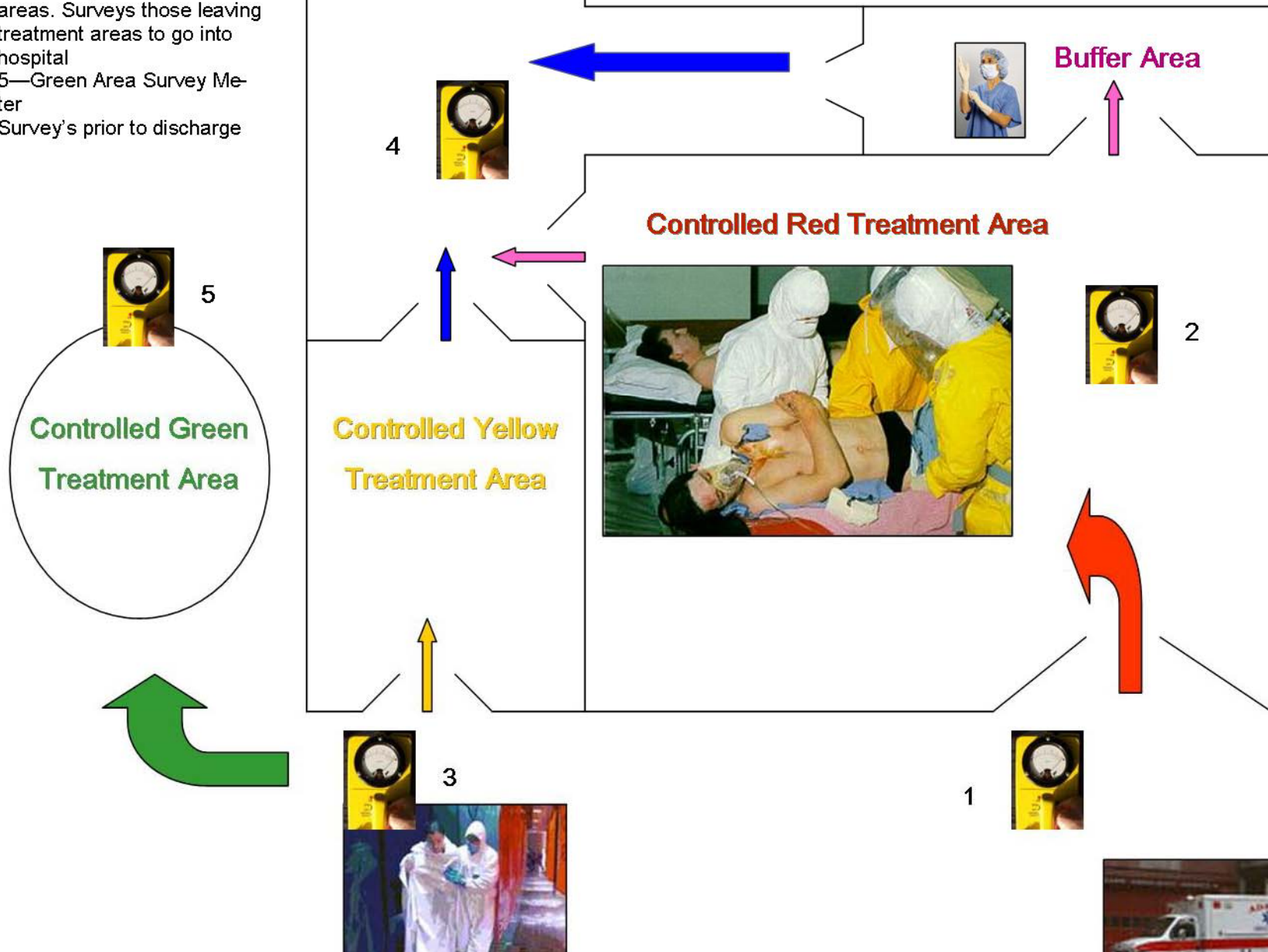
The image shows the cover of a document titled "NYC Hospital Guidance for Responding to a Contaminating Radiation Incident". At the top left is the HEPP logo (Healthcare Emergency Preparedness Program) with the text "New York City Department of Health and Mental Hygiene". To the right of the logo is a small graphic strip with icons of a radiation symbol, a person, a building, and a globe. Below the title is a blue radiation warning symbol. Underneath the symbol is the date "November 2007". A white box with a black border contains the text "DRAFT", "OPEN FOR PUBLIC COMMENT", and "UNTIL April 30, 2008". At the bottom left, it says "Created by NYC Hospital Radiation Response Working Group & NYC Department of Health and Mental Hygiene". At the bottom right is the NYC Health logo with the website "nyc.gov/health".



# Emergency Department Schematic

## Radiation Survey Meter Deployment during a Radiation Incident

- 1— Searches for high activity sources on incoming
- 2— Red Area Survey Meter Survey on entry to Red Area, surveys during treatment
- 3— Post Decon Survey
- 4— Survey meter at Buffer areas. Surveys those leaving treatment areas to go into hospital
- 5— Green Area Survey Meter Survey's prior to discharge





# NYC Burn Project

- Surge Capacity plan to increase burn beds from 71 to 400 using an additional 30 hospitals for up to 5 days
- Creating of Burn Care Training for clinicians and nurses centers
- Provided burn supply/equipment carts for participating hospitals



# Conclusions

---

- Shift paradigm of planning for catastrophes to include secondary and tertiary regional response
- Rapid decisions for shelter-in-place / evacuation of primary importance
- Include radiation response plans for EMS, shelters, hospitals, cities



# Questions?



Contact:

Katherine Uraneck, MD

NYC Dept. of Health and Mental Hygiene

[kuraneck@health.nyc.gov](mailto:kuraneck@health.nyc.gov)



# References & Resources

- Federal Radiological Monitoring and Assessment Center Program  
<http://www.nv.doe.gov/nationalsecurity/homelandsecurity/frmac/default.htm>
- Guidance for Radiation Accident Management, REAC/TS,  
<http://www.ornl.gov/reacts/guidance.htm>
- Gunter, P. (2004) 25 Years later: Emergency planning still unrealistic. Nuc Monitor, March 2004.
- Hogan, D.E., and Burstein, J.L. (2002). Disaster Medicine, (Lippincott Williams & Wilkins, Philadelphia, PA).
- Lawrence Livermore National Laboratories  
[http://www.llnl.gov/nai/Programs/Counterterrorism/Nuclear\\_Incident\\_Response.php](http://www.llnl.gov/nai/Programs/Counterterrorism/Nuclear_Incident_Response.php)
- National Planning Scenarios, DHS, 2005.
- US House of Rep. (2006) A Failure of Initiative: Report to Investigate Preparation for and Response to Hurricane Katrina, (US House of Rep., Washington, DC).
- Zajtchuk CR, Jenkins DP, Bellamy RF, Ingram VM (1989) Medical Consequences of Nuclear Warfare.  
[http://www.bordeninstitute.army.mil/published\\_volumes/nuclearwarfare/nuclearwarfare.html](http://www.bordeninstitute.army.mil/published_volumes/nuclearwarfare/nuclearwarfare.html) (Department of the Army, Office of The Surgeon General, Borden Institute, Washington, DC ).