# National Summit on Health Care Price, Cost and Quality Transparency

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www.communityhealthadvisors.com mark@communityhealthadvisors.com Mark Rukavina is a principal at Community Health Advisors, LLC. In this role, Mark provides customized service to healthcare providers interested in achieving community health excellence. Services include assisting non-profit hospitals in developing financial assistance, billing and collection policies, as well as conducting community health needs assessments and developing health improvement/implementation strategies that comply with new regulatory requirements.

Mark serves on the Healthcare Financial Management Association's National Medical Debt Advisory Task Force and the Price Transparency Task Force. Prior to founding CHA, Mark served as executive director of The Access Project, a national non-profit. His experience includes managing a community health program sponsored by the AHA's Health Research and Educational Trust. He is recognized for his policy expertise on healthcare affordability, community benefits, and community health improvement. Mark has testified before House and Senate Congressional committees on these issues.

He holds an MBA from Babson College and a BS from of the University of Massachusetts in Amherst.

# Consumer Perspective on Healthcare Pricing



## Financial Assistance (Charity Care) Policies

- Affordable Care Act Established New Federal Tax Exemption Requirements - Section 9007
- Internal Revenue Code Section 501 r
  - Establishes the following requirements
    - Financial Assistance Policy
    - Limitation On Charges
    - Billing And Collection Policy
    - Community Health Needs Assessment

### **Internal Revenue Service**

- July 2012 IRS Public Notice of Proposed Rulemaking on Financial Assistance and Billing and Collection.
  - Several hundred comments on the proposed rule
  - Public hearing held in December 2012
- April 2013, Notice of Proposed Rulemaking issued on Community Needs Assessment – stated in this notice is that IRS intends to finalize the 2012 proposed (FAP) regulations in conjunction with the finalizations of these (CHNA) proposed regulations.

## The Significance of Financial Assistance Policies

- Charity Care/Financial Assistance is an important part of the American healthcare safety net
- Hospitals provided \$41 billion in uncompensated care in 2011
- Even with full implementation of the ACA, millions of American will be uninsured and millions will struggle with healthcare costs

# Background: Media Attention



## March 2013



Bitter Pill: Why Medical Bills Are Killing Us By Steven Brill March 04, 2013

## Ten Years Earlier - March 2003

#### Jeanette White Is Long Dead But Her Hospital Bill Lives On

By LUCETTE LAGNADO

Staff Reporter of THE WALL STREET JOURNAL

March 13, 2003



Gabe Palacio

**Quinton White**, 77 years old, in his bedroom in Bridgeport, Conn., has been trying to pay Yale-New Haven Hospital's ballooning bill for his late wife's care for the past 20 years

# The New England Journal of Medicine October 17, 2013

#### **Perspective**

Full Disclosure — Out-of-Pocket Costs as Side Effects

Peter A. Ubel, M.D., Amy P. Abernethy, M.D., Ph.D., and S. Yousuf Zafar, M.D., M.H.S.

- •... many patients in the United States experience substantial harm from medical interventions whose risks have not been fully discussed. The undisclosed toxicity? High cost, which can cause considerable financial strain.
- •Admittedly, out-of-pocket costs are difficult to predict, but so are many medical outcomes that are nevertheless included in clinical discussions. Policymakers need to continue the push for greater transparency in medical costs, especially those borne by patients.

# **Consumer Pain Points**



# Medical Bill Problems Among Working Aged Americans

In 2012, 75 million (41%) working aged American adults experienced medical bill problems

- Problems paying or unable to pay medical bill
- Contacted by a collection agency for unpaid medical bill
- Changed way of life in order to pay medical bill
- Medical bills being paid off over time

Source: The Commonwealth Fund Biennial Health Insurance Survey (2012)

### **Medical Bill Collections**

 In 2012, 32 million American adults were contacted by a collection agency for unpaid medical bills



Source: The Commonwealth Fund Biennial Health Insurance Survey

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## **Medical Collections and Credit Reports**

 More than half (52%) of accounts in collection are medical bills

 More than one-third (36%) of medical collections had balances due, when reported, of \$100 or less



### Confusion

- One out of ten medical claims is processed inaccurately by health insurers, according to an American Medical Association survey
- Nearly one in three Americans (31%) let a medical bill go to collection because they did not understand the bill or explanation of benefits statement, according to an Intuit Health Survey

## **Medical Collections Linger on Credit Reports**

#### Discrepancies on Medical Bills Can Leave a Credit Stain

New York Times, May 4, 2012

Ray White, Lewisville, TX had a \$200 ambulance bill which he paid despite the assurances from the insurer that it was covered. It was only when he and his wife went to refinance the \$240,000 mortgage on their home, nearly six years later, that he learned the bill had shaved about 100 points from his credit score. With no other debts, a healthy income and otherwise pristine credit, the couple had to pay an extra \$4,000 to secure a lower interest rate.

# National Health Expenditures

#### 2012 - Estimated

- Estimated National Health Expenditures of approximately \$2.8
  Trillion
- Of total expenditures, \$320 billion was paid out of pocket
  (i.e. deductibles, co-payments, co-insurance)

#### 2020 - Projected

- Estimated National Health Expenditures of \$4.4 Trillion
- Of total, \$411 billion is estimated will be paid out of pocket

### Internal Revenue Code Section 501 r

- Financial Assistance Policy Transparency
- •Rationale for Limitations on Charges for Patients Qualifying for Financial Assistance

# Financial Assistance Policy

- Written financial assistance policy
- Criteria for eligibility (i.e. percentage of federal poverty guidelines, whether assets considered)
- Type of assistance provided (i.e. free care, discounted care, medical indigent or hardship)

# Limitations on Proposed Charges

- Proposed regulations prohibit charging patients eligible for financial assistance gross charges
- Fees charged to patients eligible for financial assistance must be limited to Amounts Generally Billed (AGB) those with insurance
- AGB is applied to all ER and medically necessary care
- Regulations cite specific examples for calculating AGB

## NPR Includes Two Methods

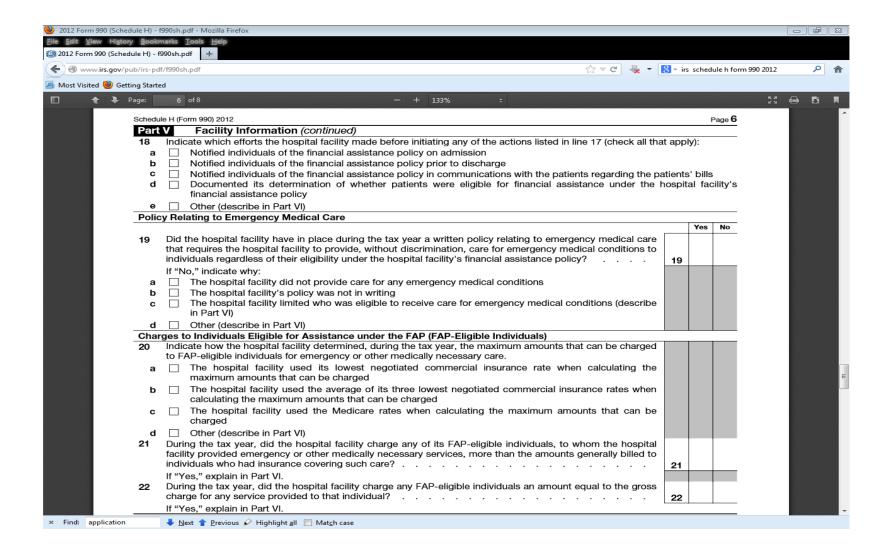
- Look Back Method based on actual past claims paid by Medicare fee-for-service and deductible and copayments made by the Medicare beneficiary, or Medicare FFS together with all private health insurers, as well as costs paid by Medicare beneficiaries or insured patients through deductibles, copayments or co-insurance
- Prospective Method estimate that amount that would be paid by Medicare and the Medicare beneficiary for the emergency or medically necessary care, if patient were a Medicare beneficiary

## Safe Harbor Provisions

The proposed rule includes a "safe harbor" provision for certain charges in excess of amounts generally billed.

- •Hospitals will meet requirements if an eligible patient has not completed FAP applications and the hospital continues to make reasonable efforts to determine whether a patient is eligible for assistance.
- •If a patient is later found to be eligible, payment made in excess of amounts generally billed to be refunded.

# Schedule H – Amounts Generally Billed



# **Amounts Generally Billed**

- Lowest negotiated commercial insurance rate
- Average of lowest 3 negotiated commercial insurance rates
- Medicare rates
- Other
- Also note whether hospital charged patients eligible for assistance gross charges for any services provided

# Surprisingly Limited Response



Given the current policy environment, it was surprising that hospitals and the hospital associations did not challenge claims made in article by disclosing details to explain the pricing for patients qualifying for financial assistance.

# Operating During Interim Period Prior to Issuance of IRS Final Rule

- Focus on affordability It is the <u>Affordable</u> Care Act
- Follow guidance outlined in the Proposed Rule and on IRS Form 990, Schedule H
- Avoid criticism and respond to scrutiny with clear policies and defensible practices
- Apply policies consistently

# **Policy Transparency**

- Ensure existing policies/ practices are sufficient in new regulatory environment
- Secure board approval of financial, billing and collection policies
- Widely publicize policies
- Review info submitted on IRS Form 990, Schedule H to ensure compliance
- Connect financial need AND community benefit

## **Questions and Discussion**



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