Comparative Effectiveness – A Key to Health Care Reform

Gail R. Wilensky
Project HOPE
February 23, 2009



We All Agree on the Problems

- Unsustainable spending growth
- Lots of problems with patient safety
- Lots of problems with quality/clinical appropriateness

And, of course—the uninsured

Slowing Spending/Improving Value is Critical



- in spending is biggest driver of uninsured
- Improved value/slower growth will facilitate coverage expansions
- Rising health care costs putting huge pressures on Employers, Employees, Federal Budget

What We Know



- Huge variations in care exist
- Spending *more* **not** the same as *more quality*
- Spending growth partly relates to technology grow need to learn how to "spend smarter"
- Spending growth largely related to growth in chron disease, need to learn how to "treat smarter"

To Change Where We Are...

- We need to *measure better*
 - -- need a "score-card"
 - -- quality, efficiency, "patient-centeredness"
- We need better information
- We need to change the incentives
 - -- Medicare 25 years getting it exactly wron
 - -- Private Sector not much better

Better Data is Starting to be Available



"Hospital Compare" - public data

- New P4P measures being collected for docs Really P4R, started July 1, 2007
 - JCAHO "Quality Check" Public reporting

Need More Data; Better Data



Means a major investment in Comparative Effectiveness information

That is ... Information on...

"What works when, for whom, provided by..."

also...

Recognition that "technology" is rarely *always* effective or *never* effective

CCE Needs the Right Focus



Elemental building blocks to "spending smarter"

- Focus on *conditions* rather than interventions/therapeutics; procedures, not just Rx and devices
- Invest in what is not yet known; use what is known more

effectively

Dynamic Process...

Role of IT in CCE



- Health IT is a major *enabler*
 - -- EMR would facilitate analysis from existing variation
 - -- Selection bias and other statistical concerns more easily resolved with IT

But **NOT** a silver bullet!

How to Bring in Cost-Effectiveness



- Fund cost-effectiveness studies with same funding stream as CCE
- Strong preference to keeping activities separate
 - -- at AHRQ or CMS or wherever
- CMS needs new authority to use C/E
 - -- reimbursement vs. coverage
- Private payers can fund additional C/E studies
 - -- universities; free standing centers

"Spending Smarter" Also Means Better Incentives

- Need to realign financial incentives
- Reward institutions/clinicians who provide high
- quality/efficiently produced care Use "value-based" insurance and "value based"
 - purchasing
 Reward healthy lifestyles by consumers

Will Better Information, Better Information Systems and Better Incentives --

- Improve Values?Yes, should improve values
- Moderate spending growth rates?

Should – but don't know for sure

Better than the Alternatives!



What Next?

- Strong Congressional interest
 - -- Baucus/Conrad bill
 - -- Previous House bills
- Stimulus package includes \$1.1 billion for CE

2009 is the **start!**