

Value Based Insurance: practical considerations

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Will VBID be the answer?

- Depends on the question
 - Manage medical cost?
 - Improve compliance?
- Will vary with other benefit design questions
- Will vary according to plan sponsor



When considering VBID...

- Is compliance with medications the biggest issue?
- Do I know how my members use the pharmacy benefit now?
- What therapeutic areas have the biggest potential?



Beyond pharmaceuticals

- What other areas are right for VBID?
- Am I willing to change benefit designs?



Barriers

- Easier to implement in ERISA plans
- Difficult to convince state insurance regulators to accept new designs
- Employers are concerned with equity and fairness



Context

- VBID for pharmacy benefits is implemented primarily to address adherence
- Need to address other adherence issues
 - Inadequate explanation of need for drug
 - Fears regarding safety and pill burden
 - Difficulty in working adherence into daily routine



Does VBID work

- Will not make money but can break even
- This is a win for employers and members because the unmeasured benefit is better health

