Health Information Technology 101: Basics for Hospitals

A Brief Agenda

- Setting the Stage
 - Information Technology (IT) & the health care system
 - A Little Perspective
- Electronic Health Records
 - It really can work now
 - Does it make any difference?
 - Some additional features and capabilities
- **♦ The Next Frontier: Personal Health Records**
- **♦** The Concept of Healthe People

Veterans Health Administration

- VHA is an Agency of the Department of Veterans Affairs
- Locations & Affiliations
 - ~ 1,300 Sites-of-Care
 - » Including 158 medical centers, ~ 850 clinics, long-term care, domiciliaries, home-care programs
 - Affiliations with 107 Academic Health Systems
 - » Additional 25,000 affiliated MD's
 - » Almost 80,000 trainees each year
 - » 60% (70% MDs) US health professionals have some training in VA

Veterans Health Administration

Budget, Staff, & Patients

- ~193,000 Employees (~15,000 Doctors, 56,000 Nurses, 33,000 AHP)
 - » 6% decrease since 1995
 - ♦ 13,000 fewer employees than 1995
- ~ \$27.4 Billion budget
 - **>> 42% increase since 1995**
 - ♦ Flat at ~ \$19B from 1995 1999
- 5.1 million patients, \sim 7.5 million enrollees
 - » 104% increase in patients treated since 1995
 - ♦ From 2.5 million patients / enrollees in 1995

VA's Patient Satisfaction Index

External American Customer Satisfaction Index

(University of Michigan)

- **2000: 79 of 100 on Outpatient Care**
- 2001: 82/100 Inpatient & 83/100 Pharmacy
 - ◆ Significantly better than private health sector average of 68
 - Loyalty Score of 90 & Customer Service Score of 87 were healthcare benchmarks!
- 2002: Repeat Performance Outpatient (79) & Inpatient (81)
- 2003: Repeat Performance Outpatient (80) & Inpatient (81)

Health Information Technology as a

Health internations for refocusing care delivery around consumers without substantial regulation and industry upheaval.

Information technology can result in better care (care that is higher in quality, safer, and more consumer responsive) and at the same time, more efficient (care that is appropriate, available, and less wasteful).

There are very few other alternatives that can achieve both of these goals in a balanced and timely manner."

The Decade of Health Information Technology:

Delivering Consumer-centric and Information-rich Health Care

July 21, 2004

US Department of Health and Human Services

Improved Health & "PAPERLESS"

Standards

- Data
- Communications

Health Info Systems

- Electronic Health Records Systems (EHRs)
- Personal Health Record Systems (PHRs)
- Info Exchange

Improved Health

Paperless (IOM)

2001 2002 2003 2004 2005 2006 2007 2008 2009 2010

^{*} This graphic inspired by discussions at a Kaiser-Permanente and IOM sponsored meeting in October 2001.

System"

- Electronic Health Records (EHRs)
 - Robust, Widespread Use of High Performance Electronic Health Records (EHRs)
- Personal Health Records (PHRs)
 - Full copy of one's own health information along with personalized services based on that information

Patients Jon't seek care just to be safe, Safety is Fundamental 21 - Goal: Avoid Getting It Wrong

♦ Safety & Effectiveness, To Close to Chasm

- Expect effectiveness in maintaining & improving health, managing disease & distress
- Goal: Getting It Right . . . Consistently

♦ Patient-Centered, Coordinated Care

- Patient is locus of control
- **Seamless across environments**
- Integrates disease-specific, general health and social needs
- Anticipates health trajectory and modifies risks, even before traditional risk factors manifest
- Goal: Care that is safe, effective & predictive and delivered in the time, place & manner that the patient prefers
- **♦ Information Technologies & Care Coordination** in Supporting These Goals



Medical Computing Status





"... Given the huge increase in personal computer and Internet use, as well as the dramatic changes in other industries, most consumers assume that healthcare is highly electronic and computerized. The reality, however, is that 90 percent of ... Becausie (sealthcare (in the U.S.) is a trillion-dollar cottage in Whytry!

Shortcomings of a Cottage Industry: Dual Challenges

Information:

- 1 in 7 hospital admissions occurs because care providers do not have access to previous medical records.
- 12% of physician orders are not executed as written
- 20% of laboratory tests are requested because previous studies are not accessible.
- 1 in 6.5 hospitalizations complicated by drug error
 - » 1 in 20 outpatient prescriptions

• Effectiveness:

- 98,000 Americans die each year from medical errors
- Virtually every patient experiences a gap in care from best evidence
- Health care inflation accelerating without commensurate value
 - » ↑ Uninsured & pharm uninsured
 - » ↑ Administrative costs
- American health care is reactive;
 - » Safety net after catastrophe
 - » Marginal Prevention
 - » Unable to systematically anticipate needs that will predictably arise
- Patient / Payors / Providers increasingly dissatisfied

Every XCEPtion Center has

Electronic Health Records!



EHR Electronic Health Records

Praise for VistA...

"VHA's integrated health information system, including its framework for using performance measures to improve quality, is considered one of the best in the nation."

Institute of Medicine (IOM) Report, "Leadership by Example: Coordinating Government Roles in Improving Health Care Quality (2002)"

VistA's Contribution to VA

Creating a Culture of Quality: The Remarkable Transformation of the Department of Veterans Affairs Health Care System

"What was largely an inpatient, subspecialty-based system became a "full-service," integrated delivery system committed to a new model of health promotion, disease prevention, and coordination of care.

. . .

The "culture of quality" depended on the successful implementation of several innovations: a uniform data collection system facilitated by nationwide implementation of an electronic medical record system, systematic application of quality standards, and externally monitored local area networks to monitor quality."

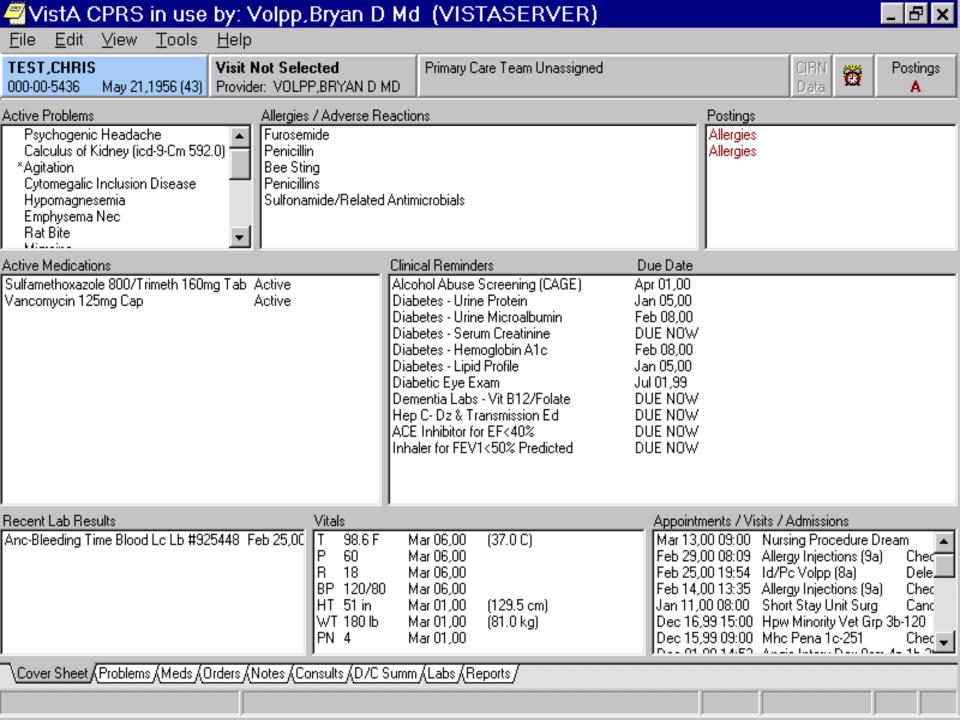
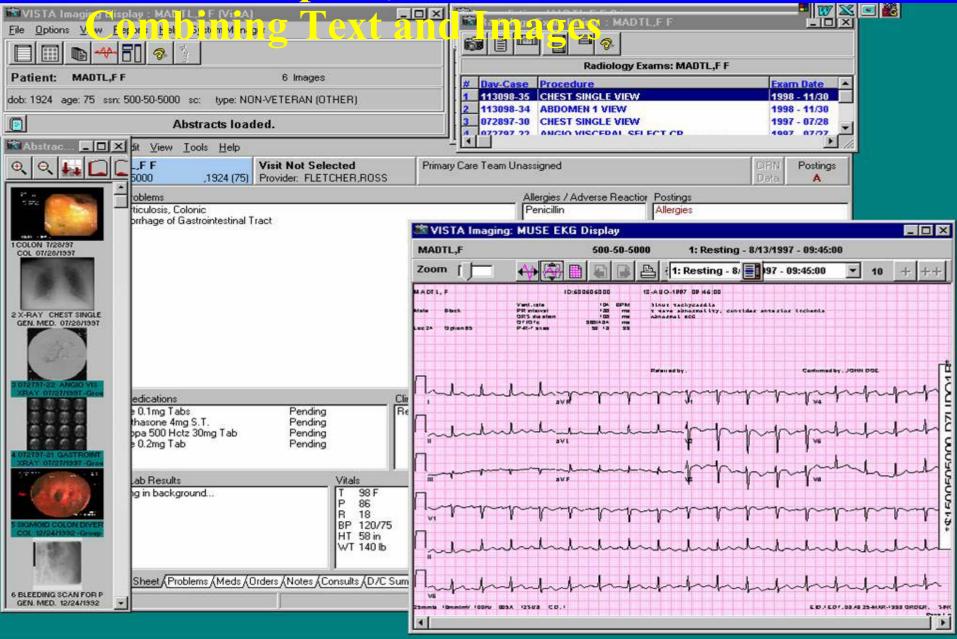


Chart Metaphor,

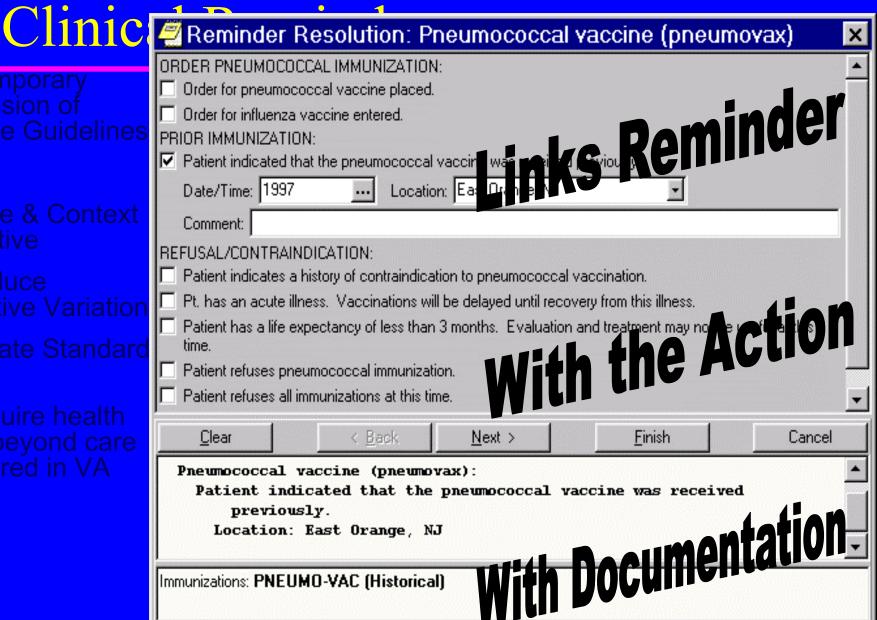


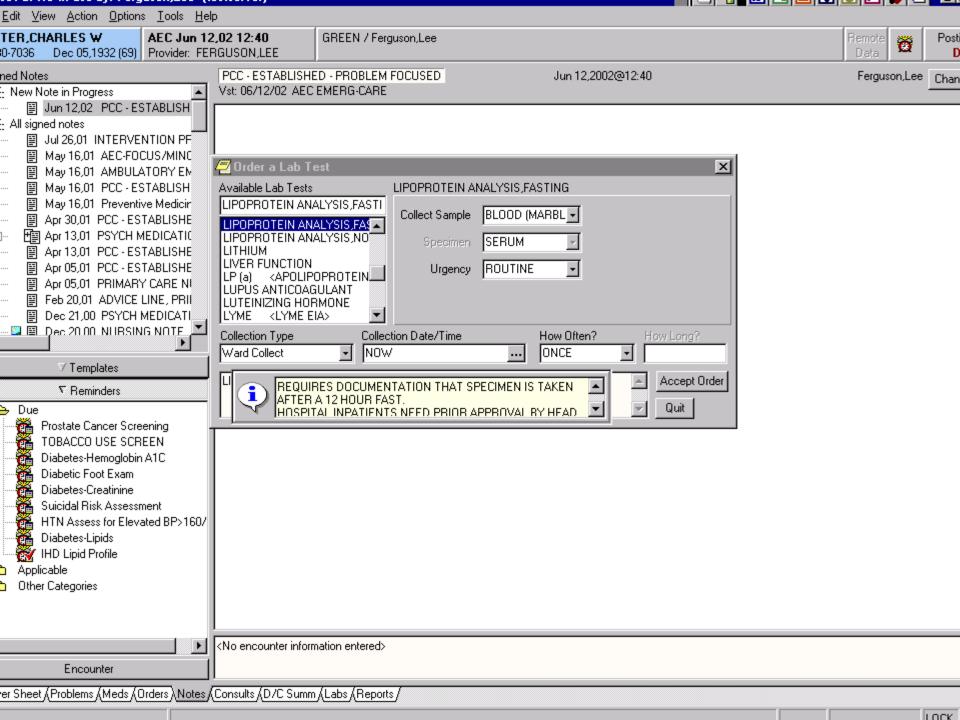
So....

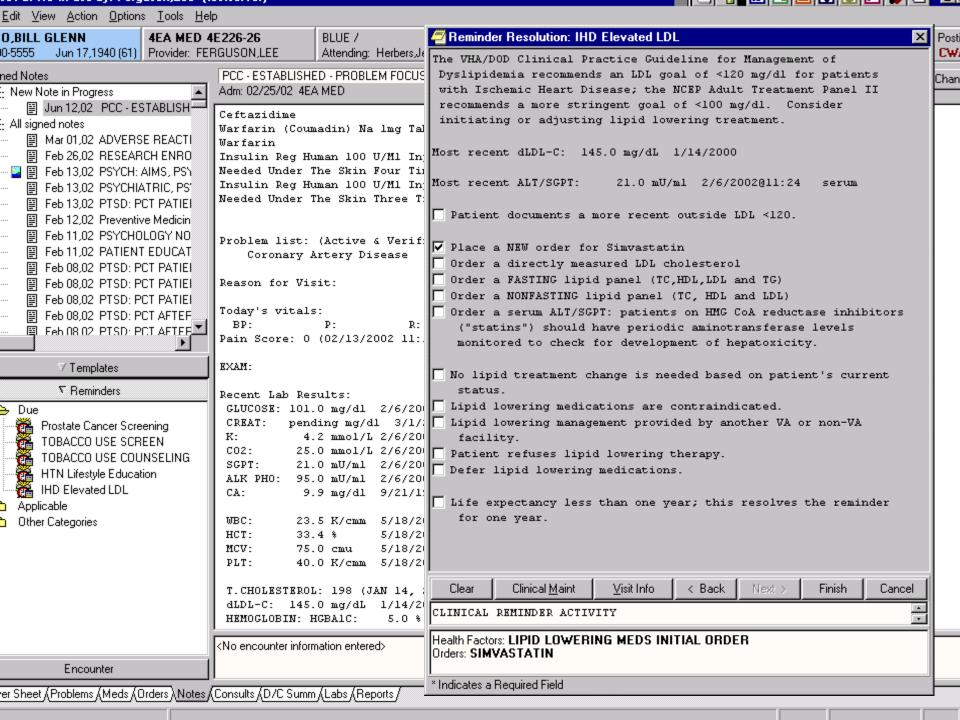
What Else Can an EHR Do?

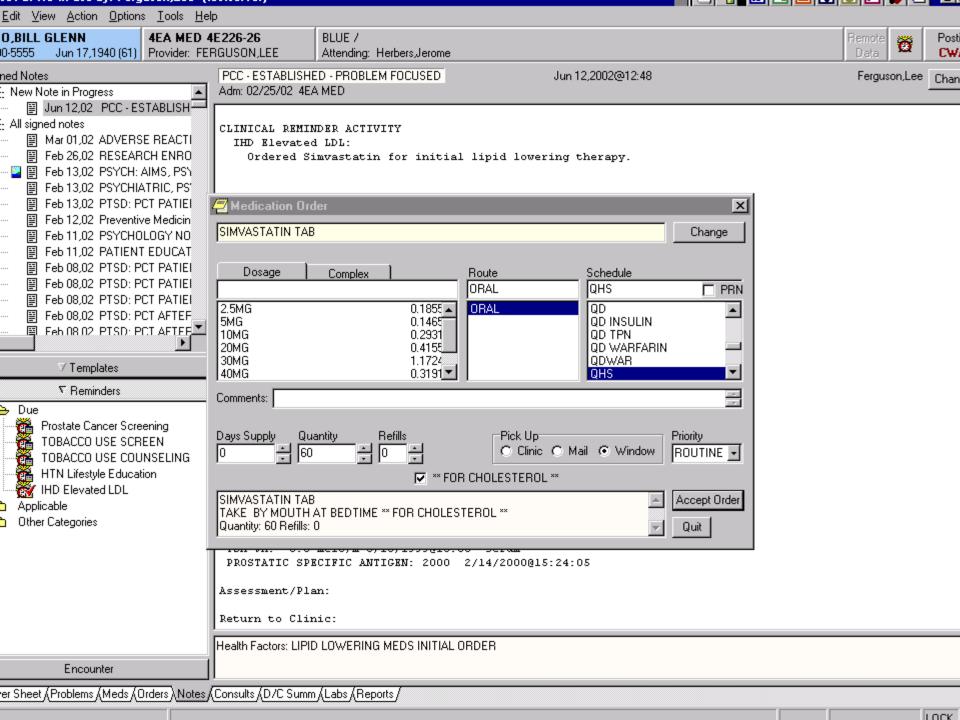
Contemporar Practice Guidelines

- Negative Variation
- Create Standard









Some National VistA Statistics (Total / Daily)

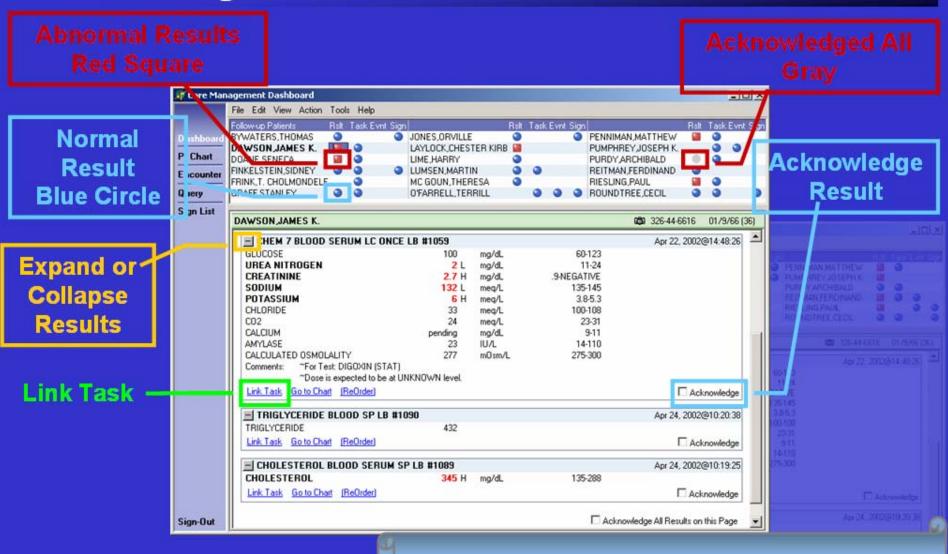
- Number of orders
 - 1.14 Billion / >860,000
- ♦ Number of Documents (Progress Notes, Discharge Summaries, Reports)
 - **533,000,000 / >510,000**
- Number of Medications Administered with BCMA
 - **500,000,000 / >580,000**
- Number of Images
 - **197,000,000 / ~340,000**

Performance Measurement Setting the U.S. Benchmark for 18 Comparable Indicators

Clinical Indicator	VA 2003	Medicare 03	Best Not VA or Medicare
Advised Tobacco Cessation (VA x3, others x1)	75	62	68 (NCQA 2002)
Beta Blocker after MI		93	94 (NCQA 2002)
Breast Cancer Screening	84	75	75 (NCQA 2002)
Cervical Cancer Screening		62	81 (NCQA 2002)
Cholesterol Screening (all pts)	91	NA	73 (BRFSS 2001)
Cholesterol Screening (post MI)		78	79 (NCQA 2002)
LDL Cholesterol <130 post MI	78	62	61 (NCQA 2002)
Colorectal Cancer Screening		NA	49 (BRFSS 2002)
Diabetes Hgb A1c checked past year		85	83 (NCQA 2002)
Diabetes Hgb A1c > 9.5 (lower is better)		NA	34 (NCQA 2002)
Diabetes LDL Measured	95	88	85 (NCQA 2002)
Diabetes LDL < 130		63	55 (NCQA 2002)
Diabetes Eye Exam		68	52 (NCQA 2002)
Diabetes Kidney Function		57	52 (NCQA 2002)
Hypertension: BP ≤ 140/90	68	57	58 (NCQA 2002)
Influenza Immunization		P	68 (BRFSS 2002)
Pneumocooccal Immunization		P	63 (BRFSS 2002)
Mental Health F/U 30 D post D/C		61	74 (NCQA 2002)

And yet a few more features

Care Management: Clinician Dashboard, Result



New results may be viewed, acknowledged and associated with tasks for follow-up

Bar-Coded Medication Administration (BCMA)





Virtually Eliminates Errors at the Point of Administration

PHR Personal Health Record

The Opportunity of the Web

- •2 million new Internet users/month
- 45% of the population uses email on a regular basis
- •35% of internet users are searching for health information
- National Survey of Veterans in 2001:62% of veterans reported internet access











Those who have been the least traditional users – people of lower income levels, lower education levels, or the elderly – are among the fastest adopters of this technology.

A NATION ONLINE: How Americans Are Expanding Their Use of the Internet U.S. DEPARTMENT OF COMMERCE February 2002

What Is My HealtheVet?

- My HealtheVet is a new ehealth portal where veterans, family, and clinicians may come together to optimize veterans' health care.
- Web technology will combine essential patient record information and online health resources to enable and encourage patient/clinician collaboration.
- Veterans will be provided with information on benefits, services, and special programs, and can request services online.

Principles:

- •The veteran "owns" his/her My HealtheVet Personal Health Record
- •The VistA Computerized Patient Record System (CPRS) is the authoritative VA medical record
- •The veteran can request that a copy of his/her VistA record be electronically extracted and sent to the My HealtheVet system

My HealtheVet (Phase 1) Veterans Day 2003





Healthe People Initiative: Toward a "Virtual Health System"

◆EHRs —

- Provide financial incentives
- Strongly encourage private sector vendors to make available affordable, high quality, standards-based EHRs
- Strongly encourage provider-based efforts like AAFP
- Continue to improve HealthePeople-VistA & make available

◆Standards –

- Consolidated Health Informatics as federal leadership
- Strongly encourage public/private development/adoption of national standards

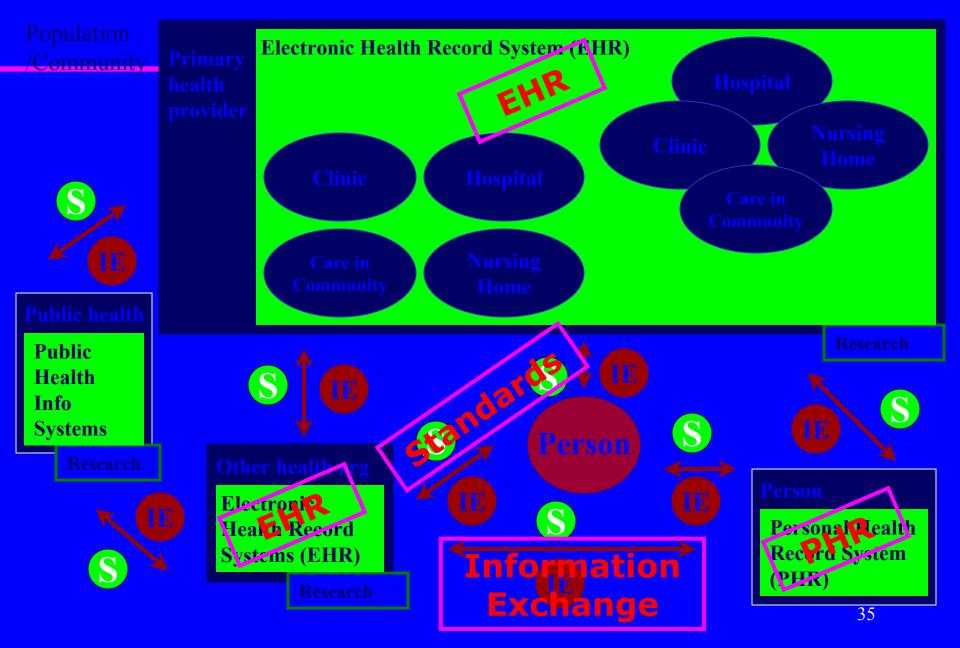
♦PHRs –

 Strongly encourage public/private sector to work together to develop & make available PHRs for persons

◆EHR/PHR Info Exchange (IE) –

 Strongly encourage public & private sector to work together to develop & make available national "exchange" solution

EHRs, PHRs, Health Info Exchange (IE) & Standards (S)



What Causes Value?

Brown and Hagel. Harvard Business Review, July, 2003

- Innovation in business practices
- Economic value results from incremental innovations rather than "big bang" initiatives
- Strategic value results from the cumulative effect of sustained initiatives to innovate business practices

Studies of Sustained IT Excellence

- McKenney, Copeland and Mason. Waves of Change: Business Evolution Through Information Technology. Harvard Business School Press (1995)
- Sambamurthy and Zmud. Information technology and Innovation: Strategies for Success. Financial Executives Research Foundation (1996)
- Ross, Beath and Goodhue. "Develop Long-Term Competitiveness Through IT Assets." MIT Sloan Management Review (1996)
- Weill and Broadbent. Leveraging the New Infrastructure: How Market Leaders Capitalize on Information Technology. Harvard Business School Press (1998)

Achieving and Sustaining IT Excellence

Strong, sustained and clear themes often provided the basis for IT decisions

- We must continuously improve the care we deliver
- We must improve the professional lives of our providers
- We must engage the patient as an active participant in their care

Individuals and leadership matter

- Leaders who are smart, honest, seasoned, committed and value the healthy exchange of ideas
- Leadership engages in the information systems conversation and once committed has the strength to stay the course
- Leadership asks hard questions and is pragmatic but it never loses sight of its beliefs and value
- Leadership has focus and stamina and endures

Achieving and Sustaining IT Excellence

- Relationships between IT and organization individuals and teams are crucial
 - CIO/CEO/COO/CFO/CMO/CNO
 - Project teams and project managers
 - Various mechanisms to integrate physicians into the IT agenda and activities
- Technical infrastructure both enables and hinders
 - Possesses characteristics of agility, potency, supportability, reliability and efficiency
 - Provides critical capabilities, e.g., enables the extension of applications to anywhere on the globe or allows delivery of applications to any form factor

Achieving and Sustaining IT Excellence

Innovation is encouraged and is recognized to take time

- Supports experimentation and creativity
- Encouragement is practical, goal-directed, bounded and managed

Evaluation of IT opportunities is thoughtful

- Folds the IT agenda into the strategy conversation and the budget discussion
- Applies disciplined upfront and postimplementation review
- "Allows" instinct and raw beliefs

Processes, data and differentiation forms the focus of impact

- Referral, order entry or patient access
- Quality measures, referral patterns or financial status
- Patient-physician communication or referring physician booking of specialist appointment