

CMS Support for Patient-Centered Medical Homes

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Overview

- Congressional support for medical homes reflected in legislation since 2006
- Administration support for medical homes in demonstrations
- State support for medical homes, often foundation for health care reform efforts

Goals

- Patients receive seamless, efficient care consistent with their values & preferences
- Physician- and nurse practitioner-led practices restructure the organization & delivery of care to enhance access, continuity, & coordination
- Integrate medical care with social, behavioral, & community services

Current Initiatives

- Multi-payer Advanced Primary Care Practice Demonstration
- Federally Qualified Health Center (FQHC) Advanced Primary Care Practice Demonstration
- Medicaid Health Homes
- Other models under development

CMS Support for Medical Homes/Health Homes

Demonstration or Program	Medicare Multi-payer Advanced Primary Care Practice (MAPCP) Demonstration	Medicare Federally Qualified Health Centers (FQHC) Advanced Primary Care Practice Demonstration	Medicaid Health Homes
Authority	§402 of the Social Security Amendments of 1967 (as amended)	§1115A of the Social Security Act (Innovation Center authority) as added by §3021 of the Affordable Care Act	§1945 of the Social Security Act as added by §2703 of the Affordable Care Act
Participants	MD and NP practices participating in state health care reform initiatives promoting ACP	FQHCs and “look-alikes” serving relatively large numbers of Medicare beneficiaries	Primary care providers and interdisciplinary teams that may include nurses, medical specialists, pharmacists, social workers, dieticians, etc.
Size and Scope	~ 1,300 practices and nearly 1 million Medicare beneficiaries in 8 states: ME, MI, MN, NC, NY, PA, RI, VT	Up to 500 FQHCs and ~200,000 Medicare beneficiaries nationally	States that exercise option to establish health homes
Targeted Beneficiaries	All Medicare beneficiaries “assigned to” participating practices	All Medicare beneficiaries receiving primary care services from participating FQHCs	Medicaid beneficiaries with mental health, substance abuse, asthma, diabetes, heart disease, overweight

Medical Home Services

- Development & implementation of plan of care
- Coordination of care across all physicians or other practitioners & settings
 - Follow-up to referrals
 - Medication reconciliation
 - Post-hospital follow-up to prevent readmissions

Medical Home Services (cont)

- Non-visit-based access & care
 - After-hours arrangements
 - Telephone, email consults
- Use of evidence-based medicine to improve quality, outcomes
- Use of decision-support tools to promote patients' goals

Medical Home Services (cont)

- Active promotion of patient self-management
 - Patient education
 - Referrals to community and social service resources

What Do We Want to Learn?

- What does it take for different types of practices to transform care to meet the medical home model?
 - Level of financial support
 - Technical assistance
- Were some practice changes easier to implement than others?
- What types of medical home services were provided to patients?

Primary Evaluation Questions

- How do the health care quality and outcomes of beneficiaries treated in medical homes compare to those of beneficiaries treated in other practices?
- How do the costs and utilization of beneficiaries in medical homes compare to those of beneficiaries in other practices?

Additional Evaluation Questions

- Who participates?
 - Practice characteristics
 - Beneficiary characteristics
- What was the value added from the physician perspective? Patient/family perspective?
- Other lessons learned

Beyond Medical Homes

- Integration of medical homes into accountable care organizations
- Coordination of medical homes w/ other initiatives (Care Transitions)
- Integrated delivery models for high-need populations
 - Independence at Home Demonstration
 - State Demonstrations to Integrate Care for Dual Eligible Beneficiaries
 - Concurrent Care Hospice Demonstration

For More Information

- Demonstrations:
www.cms.hhs.gov/DemoProjectsEvalRpts/MD/list.asp#TopOfPage
- State Medicaid Directors Health Home Letter:
www.cms.gov/smdl/downloads/SMD10024.pdf
- Innovation Center:
<http://innovations.cms.gov/index.shtml>