

# CMS Medicaid Perspective: Dual Eligibles

**Barbara Edwards, Director**

Disabled and Elderly Health Programs Group

*Center for Medicaid, CHIP, and Survey & Certification*

*Centers for Medicare & Medicaid Services*

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# Almost 7 Million Full Dual Eligibles

- Impoverished elderly and people with disabilities: many are frail, vulnerable, with complex chronic, acute and LTC needs
  - 64% female
  - 41% minority
  - 79% single, divorced, widowed, separated
  - 51% self report Fair or Poor health
  - 57% have cognitive or mental impairment

# High Cost Population

- Average combined Medicare and Medicaid spending = \$37,900 per dual
  - Average Medicare spending per dual eligible is about twice the average amount for non-duals (high acute care expenditures)
  - 58% of Medicaid spending on dual eligibles is for LTC services and supports
- \$307 billion in combined total spending in 2010

# Least Likely to Receive Coordinated Care

- Fragmented service delivery between Medicare and Medicaid systems
- Most states exclude dual eligibles from enrollment in Medicaid managed care arrangements
- Even if duals enrolled in managed care for Medicaid, Medicare enrollment is optional

# DEHPG's Goals for Integration

1. Integration across primary, acute, behavioral health and long term services and supports
2. Person-centered approach to benefit design, financing, and delivery systems
3. Consumer-directed services that promote community integration
4. Care management to improve linkages, outcomes and health status

# DEHPG's Goals for Integration (cont)

5. Single or fully reconciled regulatory framework
  - Quality, health and welfare standards for HCBS within managed care models
  - Strong beneficiary rights and effective beneficiary education and information for self-direction
6. Payment reform to encourage improved value (better outcomes, reduced cost trends)

# Current Models of Integration

- PACE
  - Completely integrated model
  - Single payment to PACE provider for all Medicare and Medicaid services
  - Targeted to beneficiaries with NF level of care
  - Tied to adult day care site
  - Difficult to bring to scale

# Current Models of Integration

- Dual Eligible SNPs
  - Medicare Advantage option for Medicare
  - Some state Medicaid programs contract with dual SNPs for Medicaid services
  - Not fully integrated: “Medicare and Medicaid stand close together” but operate separately
  - Challenges reported by states



# State Interest in New Models

- State as administrative agent for Medicare
- Single administrative requirements: marketing, grievances, enrollment, managed care
- Shared savings, other incentives for state participation
- Clear path to Medicare and Medicaid authority
- All Payer approaches to system reform

# Federal Coordinated Health Care Office (Affordable Care Act)

- Bring together Medicare and Medicaid at CMS to
  - More effectively integrate benefits and
  - Improve coordination between Federal government and states to assure full access to services for duals

# Goals Include

- Simplify processes
- Improve quality
- Increase duals' understanding and satisfaction
- Eliminate regulatory conflicts
- Improve care continuity and assure safe and effective transitions
- Eliminate cost shifting

# Responsibilities of New Office

- Support states, MA plans, providers and others in developing programs that align Medicare and Medicaid
- Support states in aligning acute and LTC services for duals
- Encourage coordination of contracting and oversight by States and CMS
- Coordinate with MEDPAC and MACPAC
- Study and report to Congress

# Next Steps

- Formal establishment of new Office
- Identify and understand authorities for new opportunities under ACA
- Assess what states have learned through current integration initiatives
- Explore beneficiary attitudes and needs
- Address challenges in existing opportunities and models

# Current Resources

- Integrated Care Toolkit (SNPs) -  
<http://www.cms.gov/IntegratedCareInt/>
- Programs of All-Inclusive Care for the Elderly -  
<http://www.cms.gov/pace/>
- Other information on community services and long term supports -  
<http://www.cms.gov/CommunityServices/>