

MCKESSON

Empowering Healthcare

Sandeep Wadhwa, MD, MBA,
Vice President,
Care Management Services

**Prepared for the Second National Medicare
Prescription Drug Congress**

Medicare Part D and Medicare Health Support

Medicare Part D

- ◆ Designed to reduce Rx costs for low-income seniors
- ◆ Average monthly premiums: \$32; annual deductible: \$250

Medicare Health Support

- ◆ Designed to improve health and wellness through chronic illness management
- ◆ Co-morbid heart failure and diabetes managed
- ◆ Evidence-based guidelines utilized

Evidence-based guidelines: a panacea? Not on their own

- 👉 **Review of evidence-based guidelines shows that co-morbid conditions often not taken into account***
- 👉 **Co-morbid conditions necessitate multiple medications**
 - ◆ **Non-adherence to medication regimens common**
- 👉 **Medicare Health Support pilots**
 - ◆ **Manage multiple medications**
 - ◆ **Coordinate management of multiple medications**
 - ◆ **Secure medication information from beneficiaries, provide to PCP**

*"Adding Value to Evidence-Based Clinical Guidelines," Journal of the American Medical Association. Patrick J. O'Connor, MD, MPH. August 10, 2005. Vol. 294, No. 6. Pp. 741-743.

Medicare Part D Approach to Polypharmacy

- 👉 **Formulary control (Bier's list drugs, which have the potential to cause problems in senior population, generally excluded)**
- 👉 **Medication Therapy Management Program (MTMP)**
 - ◆ **Must be Offered by Part D Plans**
 - ◆ **Beneficiaries with chronic conditions on 5+ medications**
 - ◆ **Reimbursable pharmacist review/counseling**
 - ◆ **Need not (but can) be provided at local level**

McKesson Medicare Support Approach

- 👉 **Pharmacist review of patients on multiple (9+) medications (including OTC and alternative therapies) or on Bier's list agents**
 - ◆ **Bier's list agents may be appropriate but need review**
 - ◆ **Focus on therapeutic duplication**
 - ◆ **Need for drugs indicated for underlying conditions**
 - ◆ **Drug-drug, drug-disease, drug-food interactions, dose- range checking**
 - ◆ **Direct-to-provider communication when potential issues identified**

Questions and comments

Thank You.

Sandeep Wadhwa, MD, MBA
sandeep.wadhwa@mckesson.com