



# 2.05 Predictive Modeling P4P and Physician Engagement

Pay for Performance Summit February 7, 2006







## Agenda

Three Key Healthcare Trends

About "Predictive Modeling"

About "Reporting"

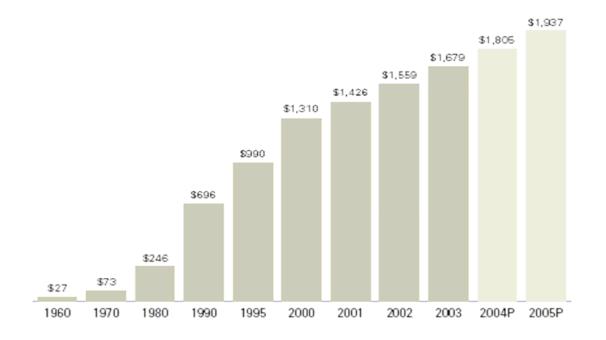
Business and Clinical Outcomes





## Healthcare Costs...

## National Health Spending in Billions



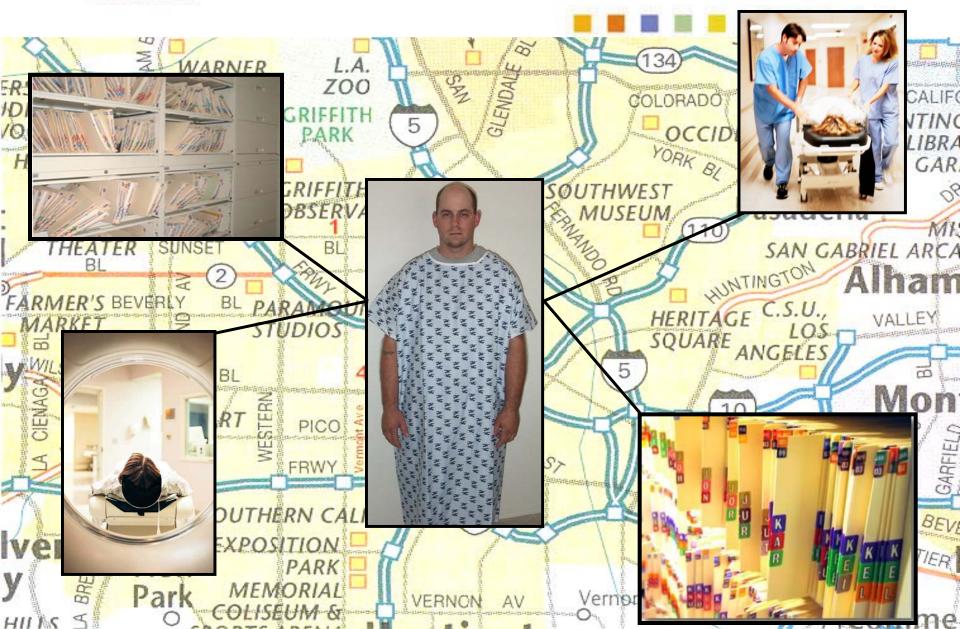
Health Care Costs 101 SPENDING LEVELS

Health spending reached \$1.7 trillion in 2003—about 4.3 times the amount spent on national defense.

Note: Selected rather than continuous years of data are shown prior to 2000. Years 2004 forward are CMS projections. Source: Centers for Medicare and Medicaid Services (CMS), Office of the Actuary.



## Fragmented Information





## Quality 'Gaps' in Care

"Our results indicate that, on average, Americans receive about half of recommended care processes." - McGlynn, et.al, NEJM; June 26, 2003

"Poor quality care leads to 65.5M avoidable sick days and \$1.8B in Excess Medical costs each year..."

- State of Healthcare Quality: 2004\*

\* Source: www.NCQA.org/communications/somc/sohc2004.pdf







## Challenge: Chronic Disease

- Chronic Disease 50-75% of US health care spend
- Chronic Diseases 125mm
   Americans with at least 1
   chronic disease, 45mm with >2
   chronic conditions
- Patients with chronic medical conditions account for:
  - 76% of inpatient admissions
  - 88% of prescription drug use
  - 96% of home care visits
  - 72% of physician visits



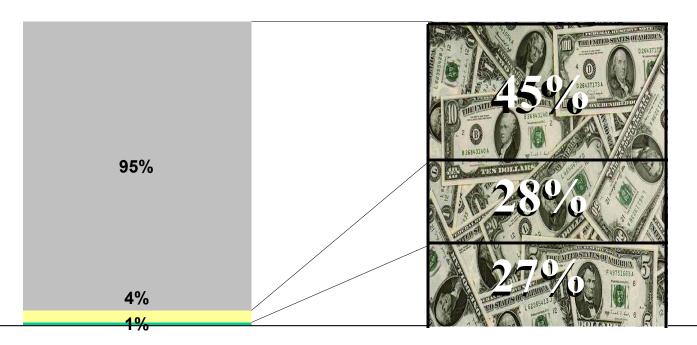
Source: Chronic Conditions: Making the Case for Ongoing Care; December 2002; Partnership for Solutions, Johns Hopkins University, for The Robert Wood Johnson Foundation



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### Opportunity: Chronic Disease

### **Population Contribution to Total Health Care Costs**



Membership

**Medical Costs** 

<u>Source</u>: AC Monheit, "Persistence in Health Expenditures in the Short Run: Prevalence and Consequences," Medical Care 41, supplement 7 (2003): III53–III64.





## Role for Medical Management

Covere Population	otal Druç Spend	Avg. Annual Cost/Case	Participants	Distribution Channels	Emerging Management
90%	1/3	\$1,200	Acute Low-Grade Chronic Healthy	Retail	Demand Management
	1/3	\$6,600	Prevalent chronic (Asthma, Diabetes) Procedures (Childbirth,Surgery)	Retail and Mail Order	Disease Management
9% 1%	1/3	\$71,600	Rare chronic (Hemophilia, Hepatitis C, MS, RSV, Growth Hormone)	Specialty Pharmacy	Case Management





### Success Formula "Musts"

- 1) Aggregate records of health care services
- 2) Measure effectiveness of care:
  - Benchmark the <u>process of care</u> against medical evidence-based metrics
  - Benchmark the <u>outcome of care</u> against what is valued
- 3) Establish valid economic correlates to the care
  - Use case-severity adjusted measures
- Use data mining and statistical analysis to predict which individuals will most benefit from proactive delivery of services
- 5) Convey timely and accurate reporting to physicians
- 6) Align financial incentives of stakeholders





## Objectives

- Understand uses of predictive modeling as an applied science in health care delivery
- Cite how predictive modeling can advance disease management
- 3. Review how predictive modeling can be can be applied to pay for performance programs
- 4. Cite specific steps for implementation





### Predictive Modeling: Definition

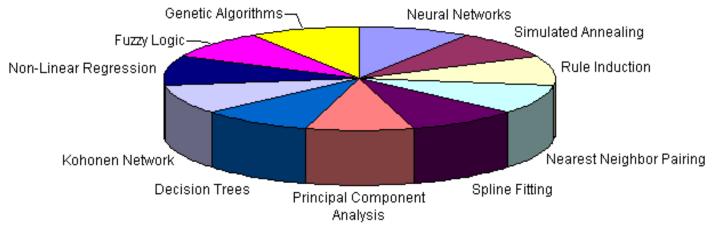
- The process of using predictive analytics to identify a set of variables that can be combined and used to forecast probabilities of an event with an acceptable level of reliability.
- Steps in creating a predictive model:
  - 1) Data is collected
  - 2) A statistical model is formulated
  - 3) Predictions are made
  - 4) Model is validated (or revised) as additional data becomes available.





## Modeling Process

- Identify segments & select best drivers/variables
  - Segments: Diseases, Enrollment Groups, Users, Benefit Class, Product Line
     Via Classification Methods
  - Best Variables via: Decision Networks, Nearest Neighbor Pairing....,
- Select model for optimum training of each segment
  - Linear & Nonlinear / Regression, Neural Networks....,



- Apply model on out-of-sample set for validation
  - Sensitivity/specificity, R2
  - Content experts evaluate results by reviewing variables across risk categories
- Each Client's Population is evaluated against population parameters to determine Universal Model to deploy & whether optimization of model is required



### Creating a Predictive Model

#### Raw Data

Medical Claims

**Rx Claims** 

Member Eligibility

Optional Data Lab results HRA UM/Auth

### **Transformed Variables**

- Episodes of care *Symmetry* ETG
- Drug Groupings First Databank
- MEDai clinical groupings
- Service timing/frequency Inpt/ER/Phys
- Patient characteristics
- Evidence Based Risk Markers

Output - Risk

Forecasted Costs for each member



Relative Risk Index

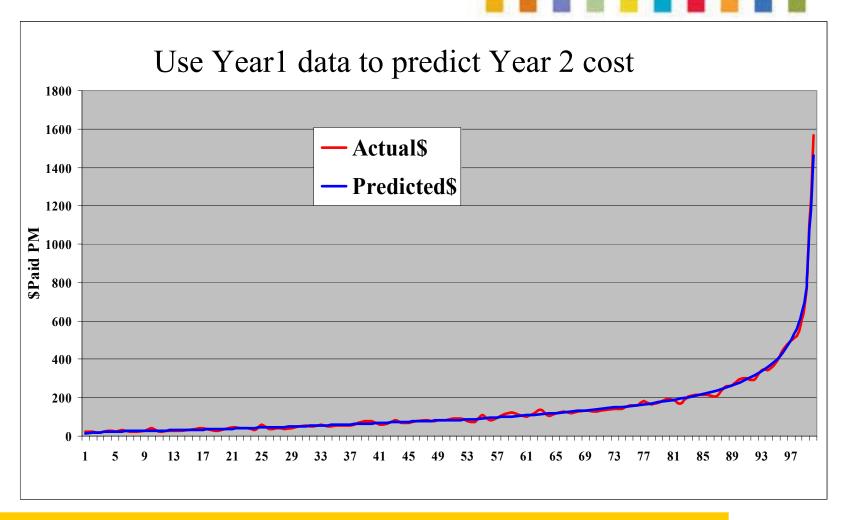
### MITCH ENGINE





### Validation Set

## \$ Paid PM Predicted vs. Actual

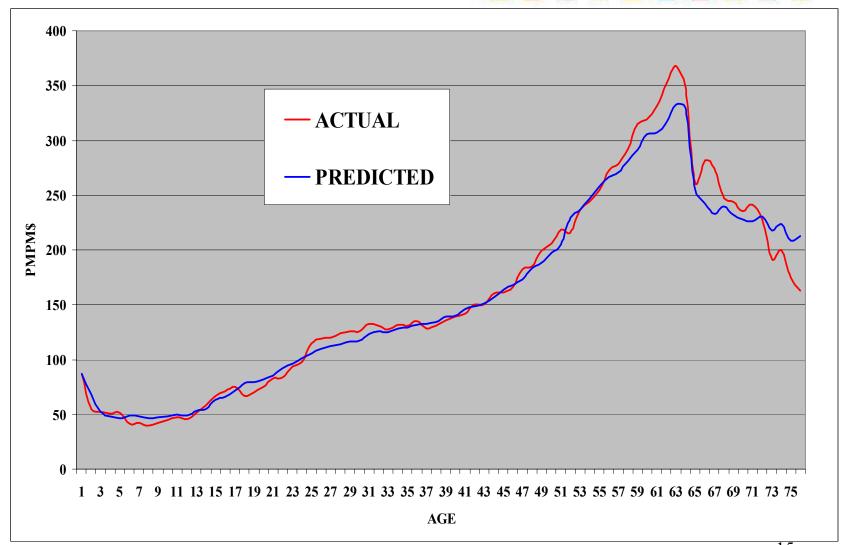


Each data point represents a single group of members within a range of predicted paid amount from the lowest predicted group to the highest predicted group (100 groups each with 1100+ members)



### Validation Set by Age Grouping

\$ Paid PM Predicted vs. Actual





## **Engage Physicians**

### Providers need:

- Incentives Pay For Performance
- Single point of access
  - Complete patient history
  - Member / Risk / Impact Profile
  - Access to Evidence based guidelines & references
  - Identify "gaps" in care for all patients
  - Stratification of prospective risk for all patients
  - Identify where to spend resource
- No disruption of day to day work flow





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**High Risk Members** Guideline Gaps Movers

Custom Filters

Physicians Employers Batch Reports

#### Physician Guideline Reporting Module



Select a Patient

Last Name:



My Patient List

Patient Summaries and Guideline Compliance



**Disease Registry** 

Physician Guideline Compliance



**Diagnosis Profile** 

Physician Diagnosis Summary



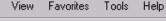
**Utilization Profile** 

Physician and Population Utilization Comparison



**Detailed Physician Profile** 





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Patient List **Diagnosis Profile** 

**Utilization Profile** 

Pnysician Demographics (Da:	sea on all patients for the current physician)
Physician Name	UHXM-THLX, SNME

# Patients UHXM-THLX, SNME

Physician ID 030774 **Avg Total Cost** \$2,358

**Avg Forecasted Cost** \$3,372

Disease Registry					
Guideline Condition	# Members w/Condition	# Non-Compliant Members	Average % Compliance	# Members in Care Management	% Members in Care Management
COPD	1	1	25%	0	0%
CAD	5	5	52%	2	40%
Depression	9	8	11.1%	0	0%
CHF	3	0	100%	3	100%
<u>Diabetes</u>	32	29	60.7%	6	18.8%
CVA	3	2	70%	3	100%
<u>Asthma</u>	10	9	30%	0	0%
<u>Hyperlipidemia</u>	60	29	64.4%	4	6.7%
Preventative Care	280	114	60%	12	4.3%



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**High Risk Members** 

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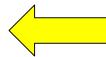
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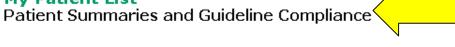


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Physician Guideline Compliance



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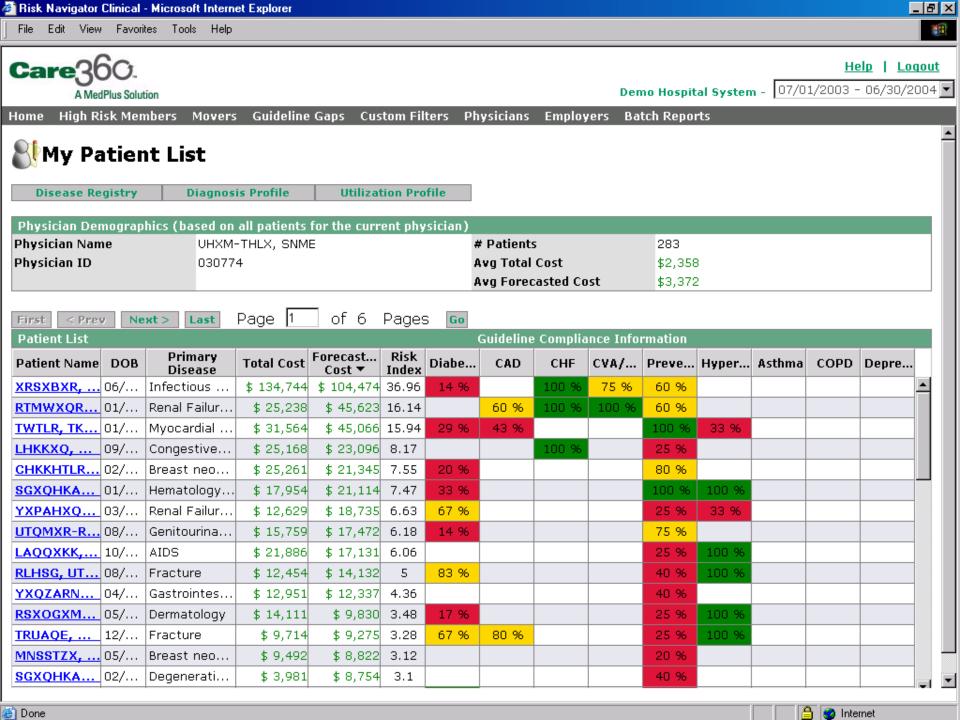


**Utilization Profile** 

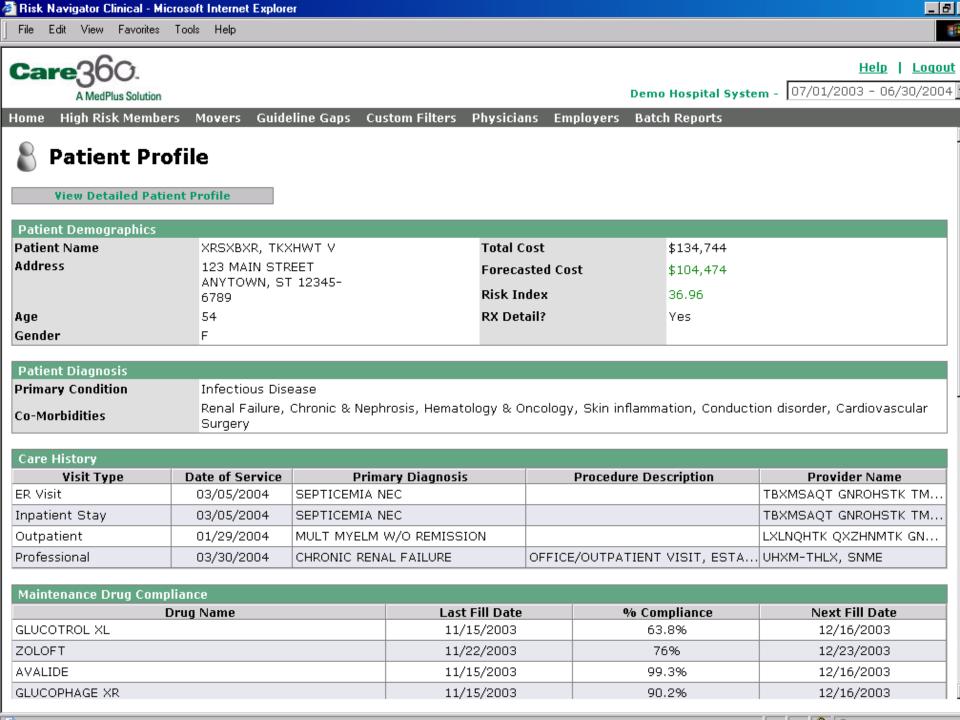
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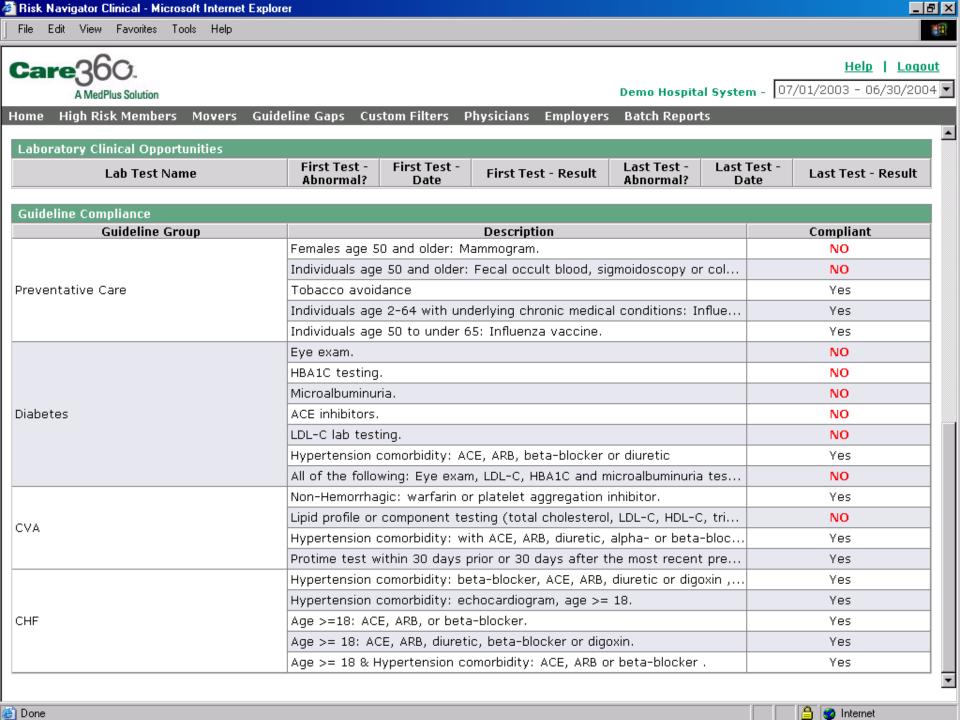


**Detailed Physician Profile** 













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#### Physician Guideline Reporting Module



Select a Patient

Last Name:



My Patient List

Patient Summaries and Guideline Compliance

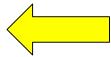


**Disease Registry** 

Physician Guideline Compliance



**Diagnosis Profile** Physician Diagnosis Summary



**Utilization Profile** 

Physician and Population Utilization Comparison



**Detailed Physician Profile** 





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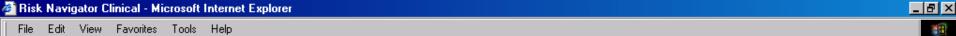


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**Detailed Physician Profile** 







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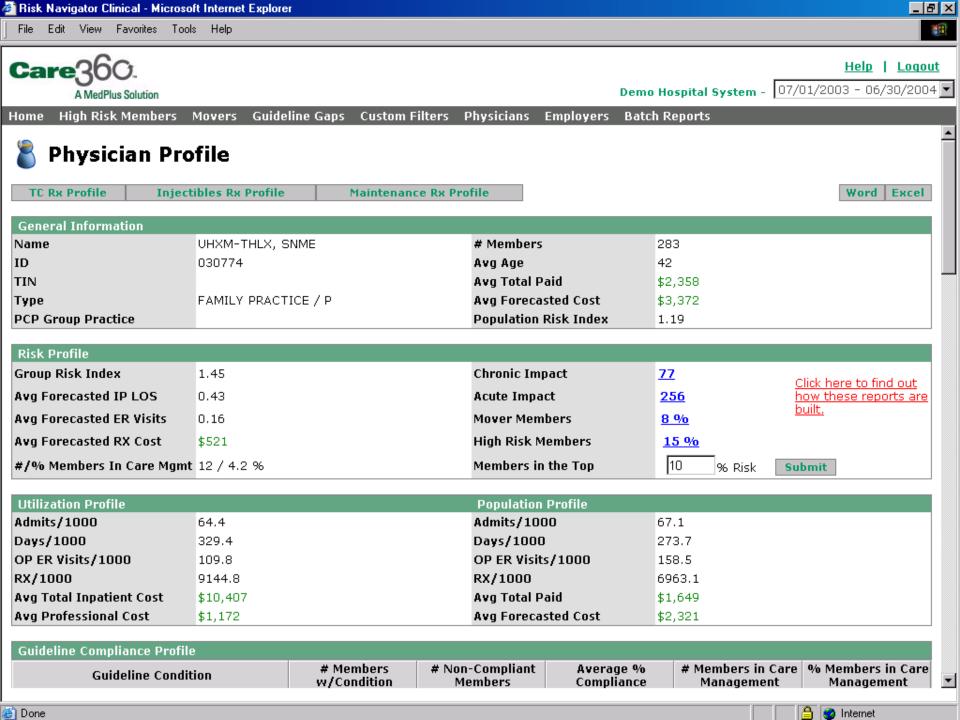
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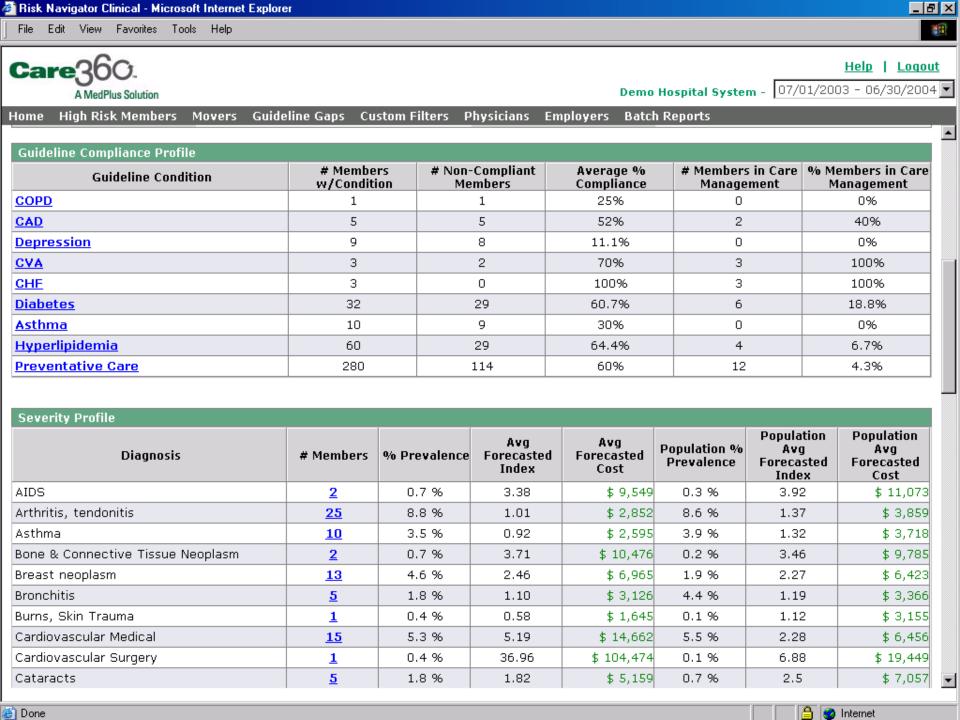
### **III**Utilization Profile

Patient List **Disease Registry Diagnosis Profile** 

Physician Demographics (based on all patients for the current physician)				
Physician Name	UHXM-THLX, SNME	# Patients	283	
Physician ID	030774	Avg Total Cost	\$2,358	
		Avg Forecasted Cost	\$3,372	

Utilization Profile		Population Profile	
Admits/1000	64.4	Admits/1000	67.1
Days/1000	329.4	Days/1000	273.7
OP ER Visits/1000	109.8	OP ER Visits/1000	158.5
RX/1000	9144.8	RX/1000	6963.1
Avg Total Inpatient Cost	\$10,407	Avg Total Paid	\$1,649
Avg Professional Cost	\$1,172	Avg Forecasted Cost	\$2,321





## Care 360 What Does this Capability Mean for You?

- Physicians can focus on the proactive delivery of services that will have a predictable impact on quality and cost
- No disruption to existing workflow
- An EMR or e-Prescribing software is not required to be in place
- Revolutionizes physician <u>access</u> to information: View of <u>ALL</u> the care services irrespective of provider
- Better coordination of care between Health Plan and entire provider network as well as between providers
- IPAs "at risk" are able to:
  - Improve financial performance under the 'cap' in real time
  - Validate actuarial fairness of their capitation agreements



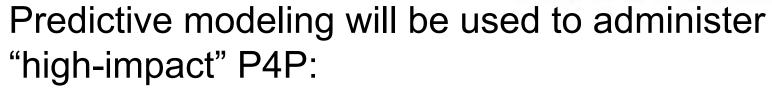
## Predictive Modeling & P4P

- Predictive modeling can be thought of as the "entry level" HIT system that can be adopted by any practicing physician with computer in the office
- Reporting is evidence based, transparent
- Enables P4P to connect the "process of care" to the "clinical impact on outcomes"
- Ability to align incentives <u>fairly</u> and equitably irrespective of the condition or severity of illness





### P4P Programs: Future Predictions



- Multi-payer reporting
  - Ability to address a physician's entire practice
- Simultaneous, multi-cohort disease management with unified criteria (payer, QIO, CMS)
- Automated P4P, QIO & CMS reporting of outcomes
- Substantial financial incentives tied to "Quality"
- Automated "dash-board" reporting in real time
- Can be used to administer a more sophisticated physician payment system which reimburses for proactive care in both FFS and capitated plans







### **Today**

- Seldom involves more than one payer in a practice
- Enables multiple conditions to be tracked and managed simultaneously and "at scale"
- Can be solely "payer driven"

#### **Near Term**

- Needs to involve reporting from all payers
- Need for payer coordination of the clinical goals in collaboration with physicians
- Recommend collaborative approach with physicians and/or IPA governance and consideration of positions of organizations such as American College of Physicians and others





## Summary

Medical claims, pharmacy utilization and clinical laboratory information, can serve as valuable 'inputs' into a predictive modeling engine to automate reporting which will:

- Identify patients most likely to require medical services over the prospective benefit period
- Segregate of those with "impactable" risk
- Determine the most effective clinical course of action to mitigate acuity and cost of illness
- Support fair and equitable management of P4P initiatives "at scale"







### Contacts:

Patrick Tellez, MD, MPH, MSHA

Vice President, Medical Affairs

MedPlus, a Quest Diagnostics Company

4690 Parkway Dr.

Mason, OH 45040

513.229.5500

ptellez@medplus.com

Rebecca Hellmann

Payer Services

MedPlus, a Quest Diagnostics Company

4690 Parkway Dr.

Mason, OH 45040

513.229.5500

rhellmann@medplus.com

### **Further Reading:**

- 1) Predictive modeling: www.medai.com
- 2) P4P Program Design:
  - a) "Linking Physician Payments to Quality Care" American College of Physicians Position Paper 2005; <a href="www.acponline.org/hpp/link\_pay.pdf">www.acponline.org/hpp/link\_pay.pdf</a>
  - b) American Assn. Family Practice: http://www.aafp.org/x30307.xml