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Approach to, and rationale for "value-based" tiering

- Collaboration with providers to develop "valuebased" metrics
- Member response to tiering



Decrease Medical Trend & Improve Quality & Service

Network Tiering bridges the boundary between supplyside and demand-side initiatives

Supply Side

- Risk Contracting
- P4P
- Selective Contracting
- Profiling
- UR\PA
- TIERING

Demand Side

- Benefits
- Cost-Sharing
- HRA\HSA
- Disease Management
- Health Promotion
- TIERING



Plan Design Overview

PPO Benefits

Phased, multi-year, approach beginning 7/1/04 *

- In-network providers covered at different levels based on quality and efficiency measures
- Out-of-network covered at 80% after deductible
- Efficiency and quality measures
 - Began with index scores for hospitals
 - 3 hospital inpatient specialties
 - Add PCPs and specialists in future
- Variable co-pay based on provider selection
- Core medical & Rx management

* State's open enrollment effective 7/1/04



Example of Hospital Index Year 1: FY 2005

Hospital Index (Inpatient)

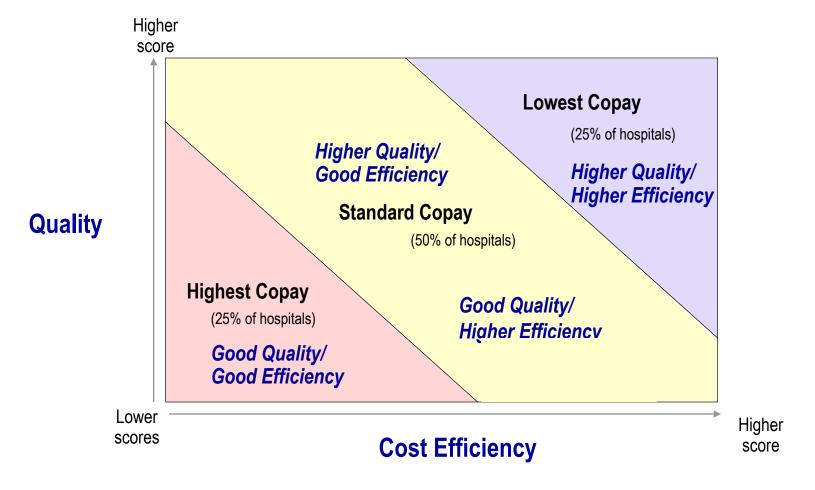
Better Quality	Better Quality
Good Efficiency	Better Efficiency
Standard co-pay	Lower co-pay
Good Quality	Good Quality
Good Efficiency	Better Efficiency
<u>Higher co-pay</u>	Standard co-pay

Efficiency



Quality

Actual Hospital Index (Inpatient)



TUFTS <mark>î H</mark>ealth Plan

Hospital Cost & Quality Measures

Cost

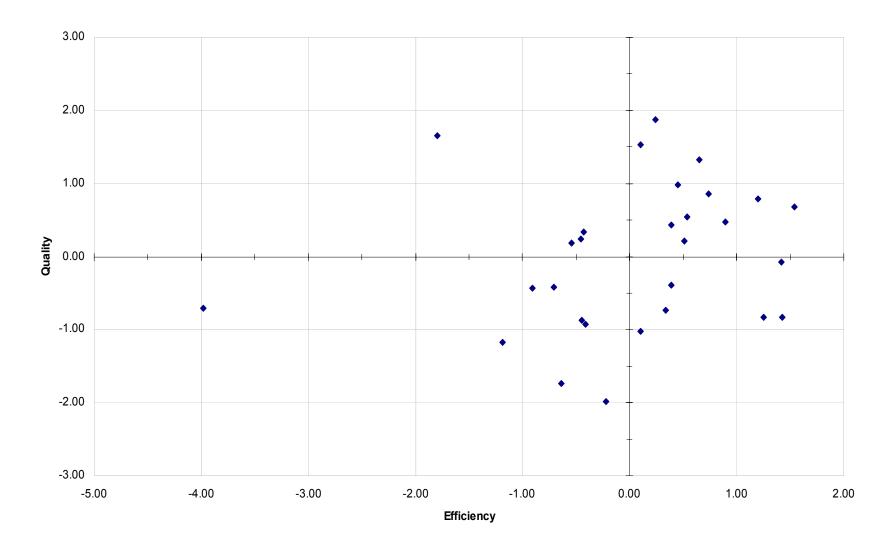
- Adjusted average cost per case:
 - Contracted rates
 - Average length of stay
 - Service mix
- Case-mix and severity adjusted

Quality

- Adjusted mortality rate
- Adjusted complications rate (AHRQ)
- NHVRI/JCAHO measures
- Leapfrog (CPOE, ICU Staffing, Safe Practices)
- Volume
- Credentialing status



Eastern Pediatric Quality vs. Efficiency Community Hospitals



TUFTS <mark>11</mark> Health Plan

Hospital Response

"Right product, right concept"

- Upset by initial lack of consultation
- Methodology stinks



Refinements via collaboration

- Feedback on hospital inpatient metrics
- Extensive network involvement
 - Network hospitals individually and collaboratively
 - Expert Panel convened throughout summer, 2004
 - Invited Hospital Association to have leading role
- Great respect for process and grudging acceptance of outcome
- One tier-3 hospital given consulting assistance & pulled itself up to tier-1



Original 3 Year Proposal: PCP's: FY 2006 Specialists: FY 2007

1	Physician Index (Outpatient &								
Quality	Better Quality Good Efficiency Standard co-pay	Better Quality Better Efficiency Lower co-pay							
	Good Quality Good Efficiency Higher co-pay	Good Quality Better Efficiency Standard co-pay							

Efficiency



Provider Education & Outreach 2.0

- PCP ratings development began July, 2005
- Began discussion with Central Physicians Committee in Sept. 2004
 - Review industry trends and Tufts HP strategy related to quality and efficiency measurement
 - Overview of plan design and tiering methodology by Ms. Mitchell
- Reached out to Massachusetts Medical Society
- Physician Quality Measurement Expert Advisory Panel empowered to help define quality and efficiency metrics in conjunction with Central Physicians Committee
- Value-based ratings using cost (episodes of care) and quality (HEDIS & patient satisfaction)



How to Design Products and Deploy Information to Improve Value:

1. Sensitize beneficiaries to value [quality & price]

- 2. Enable shopping ("transparency")
 - 3-tier Rx
 - Value-scoring providers
 - Decision-support tools
- 3. Align contracting strategy (P4P)



Sensitize Members to Value in Plan Design

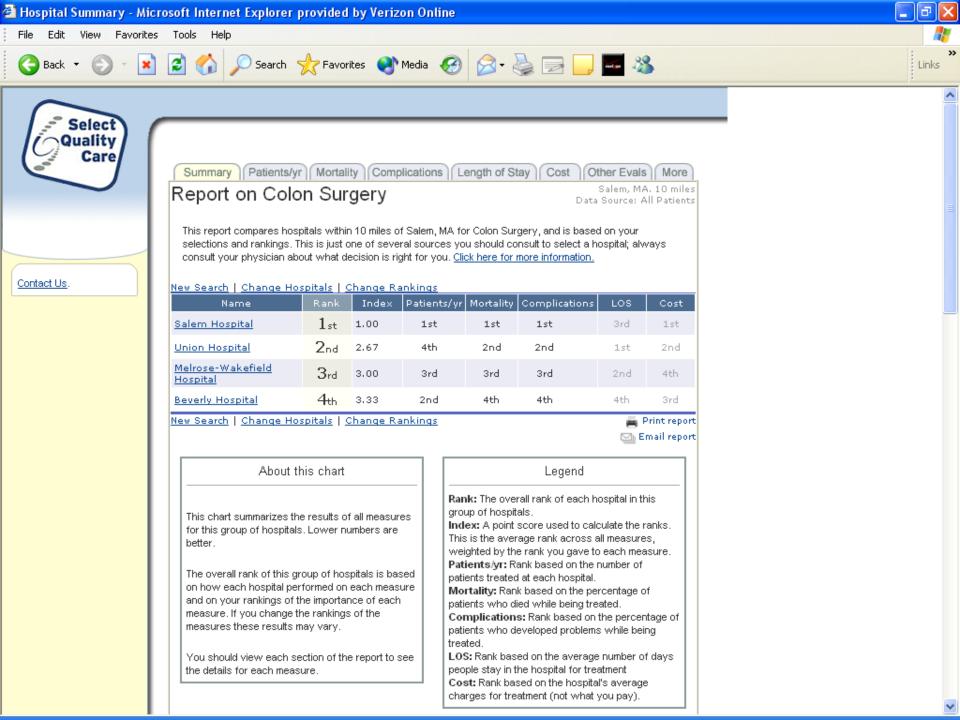
Inpatient Copayment by Value Tier

Hospital	Pediatrics	Obstetrics	Adult Med/Surg
Hospital A	\$200	\$200	\$200
Hospital B	\$400	\$600	\$400
Hospital C	N/A	\$400	\$600



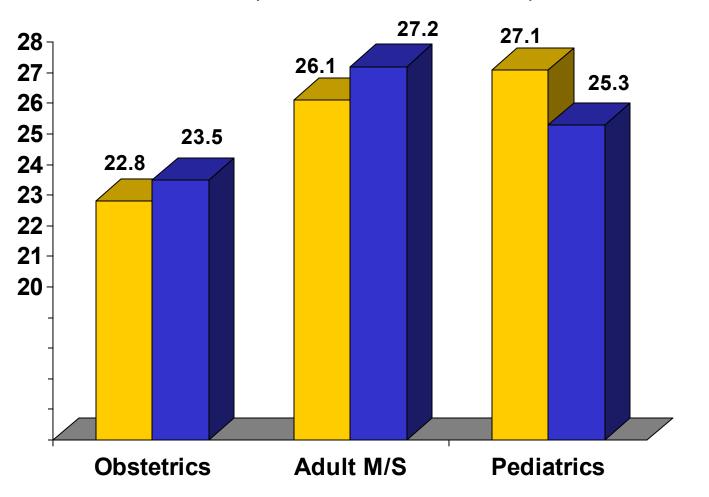
Sample Web Screen Enables Shopping

	Cost					<u>Quality</u>							
	\$\$\$\$		75th perce	75th percentile or more51st - 75th percentile26th - 50th percentile			****			75th p	erce	entile or mor	e
	\$\$\$		51st - 75tł				***			51st - 75th percentile			
	\$\$	Increasing	26th - 50th				**	Increa	sing	26th -	50t	h percentile	
	\$	Cost	25th perce	25th percentile or less			* Quality 25th pe		erce	ercentile or less			
			Adu	ult Med	l/Surg		Obstetrics			Pedi	atrics		
			Co	st	Quality		Cos	st (Qua	lity		Cost	Quality
Hosp	oital		Sco	ore	Score		Sco	re	Sco	ore		Score	Score
Hospita	al A		\$\$	\$	**		\$\$		**	*		\$	***
Hospita	al B		\$		****		\$\$\$	5	**	*		\$\$	***
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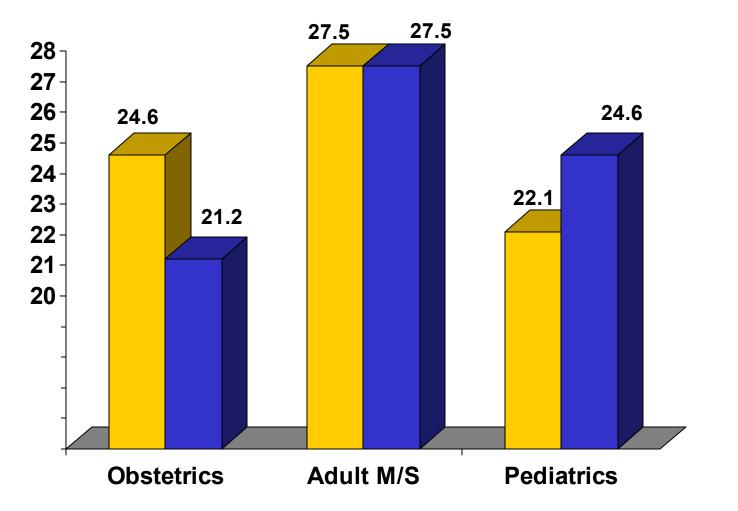
Percentage of Cases at Tier 1 Hospitals Among Persisting Members

(Baseline vs Year 1)





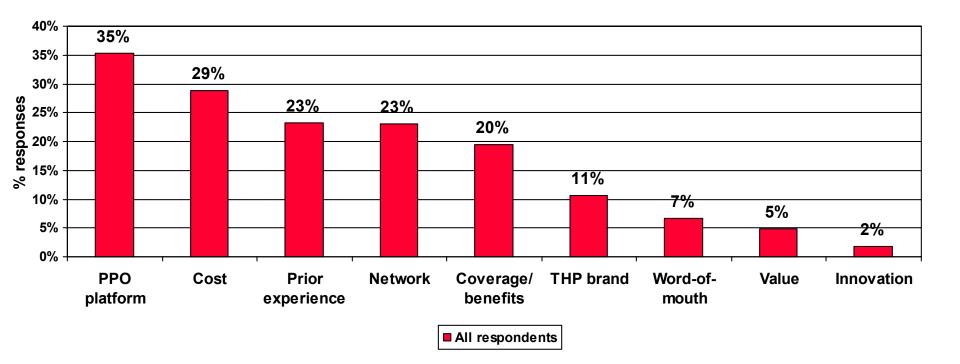
Percentage of Cases at Tier 1 Hospitals for Termed vs New Members





Health Plan Decision Making: Factors Considered - Major Categories

Major Categories of Factors Considered When Choosing Navigator



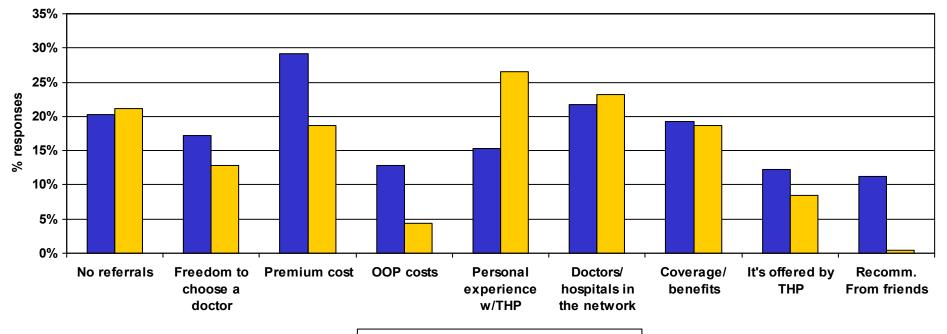
Multiple responses allowed. Sample size: 395



Health Plan Decision Making: Factors Considered - Details

 "Premium cost" was the most frequently considered factor by new members. Out-of-pocket costs was the least frequently mentioned reason

Detailed Factors Considered (New vs. Renewed members)

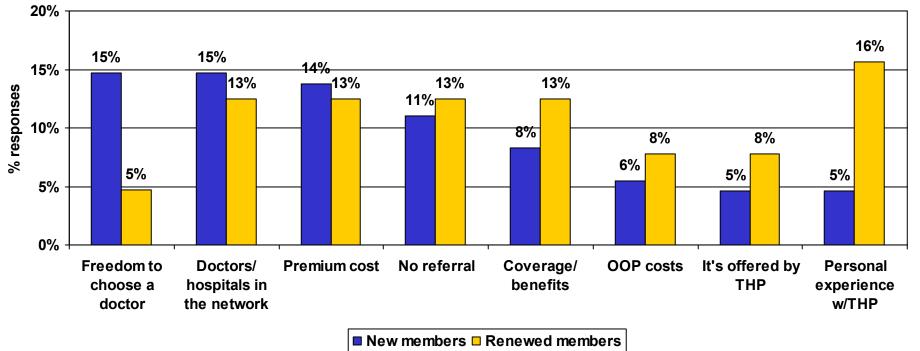


Multiple answers allowed. Sample sizes: New=203, Renewed=203 New members
Renewed members



Health Plan Decision Making: The Reasons that Put Navigator Ahead

 Those new members who also seriously considered plans other than Navigator decided on Navigator, because it provided freedom to choose a doctor and their doctors/hospitals were in the network. Again, OOP was least consideration.



TUFTS **THealth** Plan

Most Important Reason to Choose Navigator

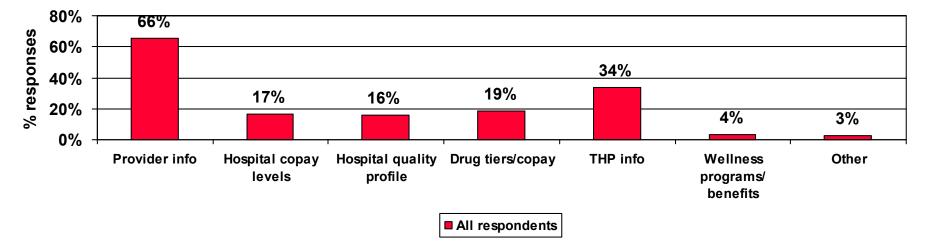
Multiple answers allowed.

Sample sizes: New=109, Renewed=64 (Asked only to those who considered other health plans.)

Information Sources: Tufts HP Web site – Info. Sought

- Two-thirds of those who visited Tufts HP's Web site (30% of members) looked up providers. Information about Tufts HP, in general, was also sought by about a third of them.
- Fewer people looked for information about drug tiers/copays, hospital copay levels, and the hospital quality profile.

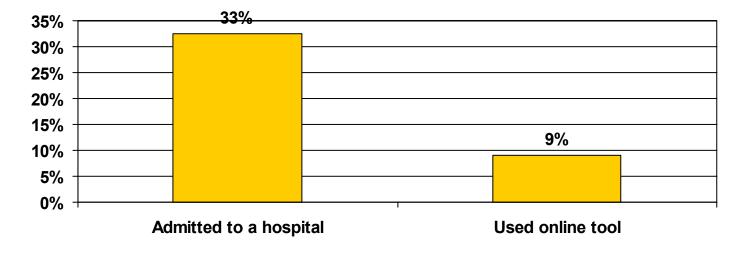
Information Looked for in the THP's Web site





Experiences of Renewed Members: Usage

 Of those members who reported that they or their family members had been admitted to a hospital while being covered by the Navigator plan, only 9% said that they used the online tools to find information about the hospital before the hospitalization.

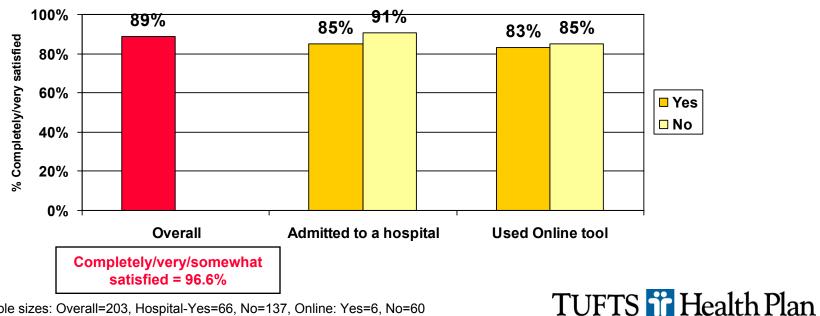


The Navigator Plan Usage Levels



Experiences of Renewed Members: Satisfaction

- 89% of renewed members completely/very satisfied with the Navigator plan
- 77% of renewed members completely/very satisfied in 2005 CAHPS survey
- Satisfaction score of those Navigator members who were admitted was slightly lower than for members without such an experience. This finding is consistent with results from other studies, which find that healthier members tend to be more satisfied.



Satisfaction with the Navigator

Sample sizes: Overall=203, Hospital-Yes=66, No=137, Online: Yes=6, No=60

Summary

- Because of direct influence on providers and the providers' influence on members, credibility of metrics is crucial
- Collaboration with providers to develop "value-based" metrics is key process step
- Provider response has been great respect for process and grudging acceptance of metrics & product
- Early member response to metrics & copay tiering is marginal, but change on the margin may suffice

