



ACKNOWLEDGING OUTSTANDING PERFORMANCE

Diabetes Physician Recognition Program

Recognizing Physicians for Excellence in Diabetes Care

Providing excellent care to patients is your first priority, but practicing medicine in today's environment is more challenging than ever. You're managing a full office schedule and responding to the increasing demands of insurers, and you are often left with less time to spend with patients delivering the care they truly need and deserve. How can you assure yourself and your patients that the care you're providing is second to none?

To provide physicians with tools to support the delivery and recognition of consistent, high quality care, the National Committee for Quality Assurance (NCQA) and The American Diabetes Association

American Board of Internal Medicine (ABIM) members

NCQA's partnership with the ABIM will give thousands of internists seeking to maintain their certification an opportunity to more easily earn an important additional distinction: Recognition from NCQA and its partners. ABIM will allow physicians to simultaneously renew their ABIM certificate and seek recognition from NCQA.

(ADA) have developed the Diabetes Physician Recognition Program.

It's a voluntary program, developed to help physicians use evidence-based measures and provide excellent care to their patients with diabetes. Participating physicians are rewarded for taking the steps needed to ensure excellent care — by identifying patients already getting the care according

to the standards, and by going the extra mile to identify patients who would benefit from additional interventions.

Achieving Recognition through the Diabetes Physician Recognition Program sets you apart from others — it demonstrates to your patients that you are giving them the best care possible. In turn, you earn increased respect from your peers and patients, and distinguish yourself as a leader in your community. Increasingly, physicians who earn NCQA/ADA Recognition are eligible for financial rewards. By knowing you are providing excellent care — you are free to spend more time building satisfying relationships with your patients and building a healthy practice for years to come.



Many of the nation's leading physicians have embraced the Diabetes Physician Recognition Program, and hundreds of physicians have already earned this distinction. The benefits you will realize are:

Distinction: Be part of an elite group that is publicly recognized for its skill in providing the highest-level diabetes care. You'll receive a Recognition certificate of achievement that can be displayed in your office or waiting room — symbolizing the high quality care your patients have come to expect from you.

Recognition: Public recognition of your achievement helps distinguish you as a high-quality care physician. Health plans are using Recognition as a way to notify their members of high-quality physicians within their networks. Your name will be included in health plan directories and on directory Web sites identifying you with the program seal of recognition. Visit www.ncqa.org/dprp to see what Recognition looks like online.

Rewards: In addition to earning the respect and admiration of your peers and your patients, you may also be eligible for monetary awards. Increasingly, employers and health plans are using Diabetes Physician Recognition to determine physicians' eligibility for pay-for-quality awards.



Diabetes affects an estimated 18 million Americans — 13 million have been diagnosed with the disease, leaving 5 million who are unaware that they have diabetes.¹ About 210,000 people under the age of 20 have diabetes, and one in every 400 to 500 children and adolescents has Type 1 diabetes.² Complications from diabetes include heart disease and stroke, and more new incidences of blindness are associated with diabetes than with any other condition.³

Evidence Based Measures Used to Evaluate Performance

The requirements below represent commonly accepted measures of care for patients with diabetes. By evaluating a sample of your patients against these requirements provides you with valuable information about your practice.

Diabetes Recognition Measures	
	Criteria
HbA1c Control	
HbA1c Results HbA1c < 7.0% HbA1c > 9.0% (poor control)	40% of patients ≤20% of patients
Blood Pressure Control	
BP Results BP < 140/90mmHg BP <130/80mmHg	65% of patients 35% of patients
Complete Lipid Profile	85% of patients
Cholesterol Control	
LDL Results LDL <130mg/dL LDL <100mg/dL	63% of patients 36% of patients
Eye Exam	60% of patients
Foot Exam	80% of patients
Nephropathy	80% of patients
Smoking Status and Cessation Advice or Treatment	80% of patients

References

1-3. Centers for Disease Control and Prevention. National diabetes fact sheet: general information and national estimates on diabetes in the United States, 2002. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2003.

Small and Large Practices Can Participate —

Simply select a start date, identify 35 eligible patients, collect appropriate data from their charts and input into the electronic submission form. You then electronically submit your data for review and receive notification of your Recognition within 30 days.

Follow the Steps Below —

- 1. Order Free Application Packet:** Call NCQA Customer Support at (888) 275-7585 or visit www.ncqa.org/dprp.
- 2. Purchase the Survey Tool:** The Survey Tool is a Web-based program that enables you to collect and submit your data for evaluation. Cost for one Survey Tool is \$60.
- 3. Mail in Signed Agreements and Applications Fees*:**
Review and mail in two signed copies each of the NCQA Agreement and the Business Associate Addendum along with information about your practice.
- 4. Identify Patient Sample, Enter Data in Worksheet, and Evaluate Your Performance:** Abstract data for your patient sample and enter it into the Survey Tool. The worksheet automatically scores your performance and lets you know if you meet the Diabetes Recognition Program requirements.
- 5. Submit Survey Tool and Worksheet Electronically**
- 6. NCQA Review and Notification:** NCQA evaluates your survey tool information and when complete, sends you notification of the results within 30 days. If you pass, your name is then posted to the NCQA Web site as a Recognized physician.

For more specific information about the Diabetes Physician Recognition Program, including listings of recognized physicians and application material, visit www.ncqa.org/dprp or contact NCQA Customer Support at (888) 275-7585.

*A discount fee schedule is available for those applicants applying through a sponsored program such as Bridges to Excellence (BTE) or a health plan.



American Diabetes Association

The American Diabetes Association is the nation's premier voluntary health organization supporting diabetes research, information and advocacy. The Association's mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. Founded in 1940, the Association provides services to hundreds of communities across the country. For more information please call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or visit www.diabetes.org. Information from both these sources is available in English and Spanish.

NCQA

NCQA is a private, non-profit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations, recognizes physicians and physician groups in key clinical areas and manages the evolution of HEDIS®, the tool the nation's health plans use to measure and report on their performance. NCQA is committed to providing health care quality information through the Web, media and data licensing agreements in order to help consumers, employers and others make more informed health care choices.

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