



Large Purchaser Strategies to Promote Value-based Benefits

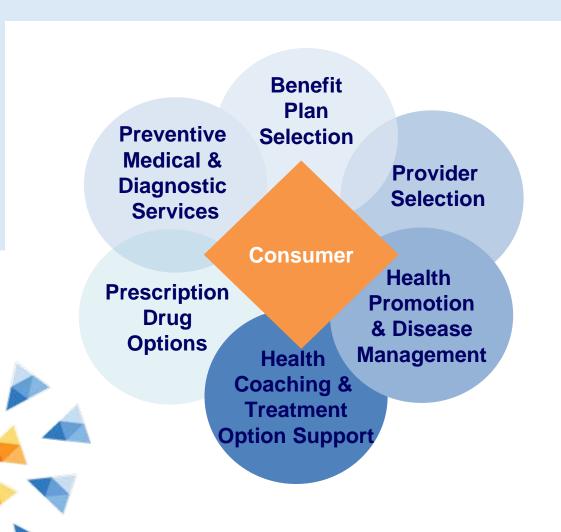
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Value-based Benefit Design Framework



Agenda

Value-based Benefit Design Framework

Purchaser Examples

- Accountable care
- Reference pricing
- **.ECEN/Travel surgery**
- Deductible plans & Preventive Care

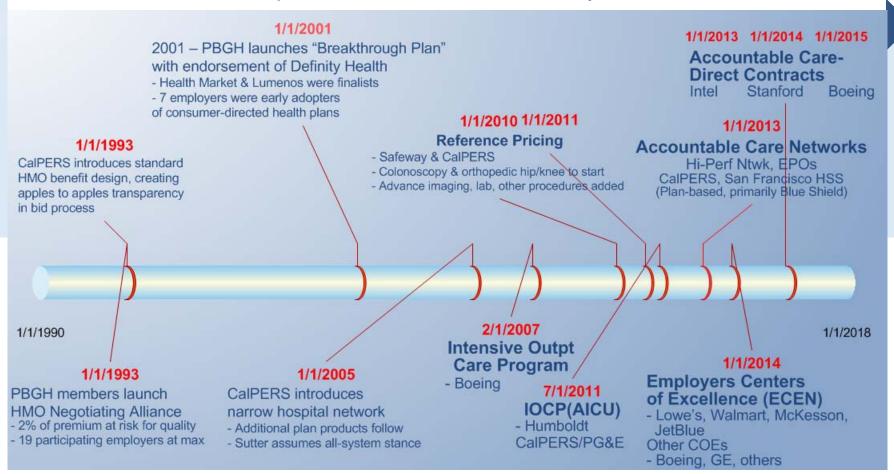
Opportunities & Challenges

Questions & Discussion



Shift of Purchaser Focus to Consumers and Providers

- Expansion of high deductible and total replacement CDHP
- Direct contracts with providers and 'accountable' systems





Purchaser Adoption of ACO Strategies

Direct-contracted/Self-funded PPO

- ◆Boeing Preferred Partnership with U of Washington & Providence/Swedish
- ◆Intel Chronic Care ACO in New Mexico, OR, AZ

Health Plan/Insured HMO

- ◆CalPERS-Blue Shield/Hill Physicians/Dignity Health Pilot
- ◆San Francisco Health Service System-Blue Shield with Hill Physicians/UCSF, Brown & Toland Physicians, John Muir

Exclusive Provider Organization (EPO)

◆Stanford University –Stanford Health Alliance

Provider Payment Types

- •Case management PMPM with shared risk with or without downside risk
- Quality bonus/ performance goals
- •Gainsharing with hospital and purchaser participation

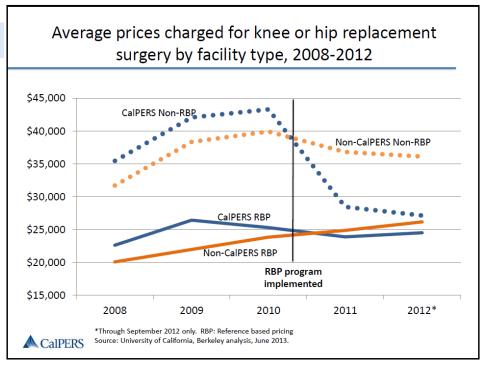
Member Incentives

- Waiver of copays for PCP visits and generics
- •Lower employee premium contribution for ACO or select network products
- •Incentive for completion of health risk assessment, biometric screenings or other wellness activities



CalPERS Use of Reference Pricing: Value-based Purchasing Design (VBPD)

Purchaser	CalPERS
Plan	Anthem Self-funded PPO
Program Design	Fixed price threshold statewide for hip and knee replacement
	Quality elements incorporated in facility selection; designation of facilities participating in California Joint Replacement Registry
Member Incentive	Reduced out-of-pocket costs for members using preferred network
	Members using non- designated hospitals pay full difference beyond \$30,000 for hip/knee replacement



- Of the \$2.8 million in CalPERS' savings in 2011, 15.4% was due to market share growth at VBPD hospitals, while 84.6% was due to reduction in prices at both VBPD and non-VBPD hospitals.
- Of the \$2.7 million in CalPERS' savings in 2012, 12.9% was due to market share growth at VBPD hospitals and 87.1% was due to reduction in prices at both VBPD and non-VBPD hospitals.
- Services have expanded to include arthroscopy procedures, colonoscopies and outpatient elective cataract surgeries.

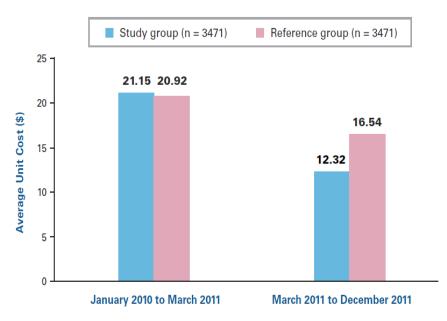
Source: Cowling D, accessed at: http://www.nga.org/files/live/sites/NGA/files/pdf/2013/1306StateEmployeeAndRetireeHealthCareCowling.pdf
Robinson, J and Brown T. Increases In Consumer Cost Sharing Redirect Patient Volumes And Reduce Hospital Prices For Orthopedic Surgery, Health Aff August 2013 32:81392-1397, http://content.healthaffairs.org/content/32/8/1392.abstract



Safeway Use of Reference-based Pricing (RBP)

Purchaser	Safeway Inc.
Plan	Anthem Self-funded CDHP (previously with Cigna)
Program Design	Price threshold set for colonoscopy and advanced imaging at the MSA regional level Focus on consumer engagement in use of cost transparency tools, shopping experience and transactional information
Member Incentive	Members responsible for cost difference in their CDHP account Separately, premium contribution linked to completion of biometric testing and achieving target thresholds and/or demonstration of engagement in risk reduction programs (eg smoking cessation)

Initial Use of RBP for Routine Lab Services Average Unit Cost Savings per Claim



- Significantly greater lab compliance among members with the RBP benefit (69%) compared with of those not subject to RBP (57%).
- Members subject to RBP who used the online tool had higher lab compliance (76%) compared with members who did not use the tool (68%).

Source: Melton LD, Bradley K et al. Reference-Based Pricing: An Evidence-Based Solution for Lab Services Shopping, Am J Manag Care. 2014;20(12):1033-1040, http://www.ajmc.com/publications/issue/2014/2014-vol20-n12/Reference-Based-Pricing-An-Evidence-Based-Solution-for-Lab-Services-Shopping



Purchaser Adoption of Employers Centers of Excellence Network

High Performance Hospital and Physician Networks

Domestic Travel Surgery Program

- Four national Centers
 of Excellence for hip
 and knee replacement
- Spine surgery added in 2015
- Program adopted by:
- JetBlue
- Lowe's
- McKesson
- Walmart

HSA Products

- ◆100% benefit coverage AFTER the patient has met deductible; no patient copayment or coinsurance applies to ECEN services.
- ◆This design addresses federal requirements for HSA benefits.
- ◆HDP has successfully coordinated with carriers to simplify this process for the patient.

PPO & HRA Products

◆100% benefit coverage; no patient deductible, copayment or coinsurance applies to the ECEN services.



Purchaser Use of Incentives In Deductible Health Plans

- Large Northern California company introduced single health plan design for all employees, replacing traditional HMO and PPO options.
- Key features:
 - \$1,000 deductible plan to promote health care consumerism
 - Comprehensive free primary care with targeted preventative services package – 4 PCP visits with no cost
 - Fund a tax-free Health Reimbursement Account for each employee enrolled in a company-sponsored medical plan
 - Opportunity to earn additional credits through participation in health screening and tobacco-cessation program.
 - Biometric screening for HDL, Total Cholesterol, BMI, Glucose, Blood Pressure (non fasting), Waist Circumference



Opportunities & Challenges

Opportunities

- ◆Promoting right care, right time, right place
- Steerage to higher quality providers
- Cost savings
- Improved quality outcomes
- ◆Foster market competition at the provider level
- Align benefit design incentives with payment reform initiatives

Challenges

- Consistency of benefits/access for entire population
- ◆Cost of implementation; resources to provide ongoing management and oversight
- ◆Data requirements and integration with 3rd party vendors
- ◆Credible evidence for intervention; measurement of impact or return on investment
- Unintended consequences of incentives such as adverse selection



Additional Information

- Four Years Into A Commercial ACO For CalPERS: Substantial Savings And Lessons Learned http://healthaffairs.org/blog/2014/04/17/four-years-into-a-commercial-aco-for-calpers-substantial-savings-and-lessons-learned/
- An Accountable Care Organization Pilot: Lessons Learned <u>https://www.blueshieldca.com/employer/documents/knowledge-center/features/EKH_ACO%20Lessons%20Learned%20Case%20Study.pdf</u>
- Boeing, health-care providers join forces in bid to curb costs http://seattletimes.com/html/localnews/2023842772 acoboeingprovidenceuwxml.html
- Employer-Led Innovation for Healthcare Delivery and Payment Reform: Intel Corporation and Presbyterian Healthcare Services http://www.intel.com/content/dam/www/public/us/en/documents/white-papers/healthcare-presbyterian-healthcare-services-whitepaper.pdf
- San Francisco Health Service System <u>http://www.myhss.org/downloads/board/regular_meetings/2011/RM_031011_ACO_PressConference.pdf</u>
- Increases In Consumer Cost Sharing Redirect Patient Volumes And Reduce Hospital Prices For Orthopedic Surgery - http://content.healthaffairs.org/content/32/8/1392.short
- Reference Pricing and Centers of Excellence Contracting: Experimenting with Traditional Cost-Sharing Benefit Design http://bcht.berkeley.edu/docs/Vol.4.3.Reference-Pricing.pdf
- Reference-Based Pricing: An Evidence-Based Solution for Lab Services Shopping http://www.ajmc.com/publications/issue/2014/2014-vol20-n12/Reference-Based-Pricing-An-Evidence-Based-Solution-for-Lab-Services-Shopping