Rewarding Care Management at the Point of Care

Value-Based Payment and Pay for Performance Summit

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- Health plan of Spectrum Health
- 30 years experience
- 700,000+ members
- Introduced physician incentives in 1997



PCP incentive program Guiding principles

- Promote quality/efficient care
- Engage providers and staff
- Standard measures and "excellent" targets
- Provide actionable data
- Disclose performance

PCP incentive program design

- Practice group measurement
- All products
- Reward based on patients in measure
- No minimum membership requirements
- HEDIS 90th percentile targets











The Business Case for Care Management Expansion

More than half of Americans suffer from one or more chronic diseases. Each year millions of people are diagnosed with chronic disease, and millions more die from their condition. By our calculations, the most common chronic diseases are costing the economy more than \$1 trillion annually - and that figure threatens to reach \$6 trillion by

the middle of the century. Yet much of this cost is avoidable.

Clinical and Economic Risk demands population health focus



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Transforming the Model of Care

The business and clinical case supporting Point of Care Collaboration

Care Management is recognized as a central force in the management of care – coordinating the coordinators is a critical effort so as to optimize scale, and avoid duplication.

Promote broader management of the complex chronically ill and rising risk

Close gaps in care

Drive alignment of care management to the medical home (care plan, EMR, provider)

Offer patients options based on how they prefer to engage

Risk based contracts demand that providers understand their population

Care Management Incentive: Purpose

- Promote broader care management engagement
- Promote continuous improvement
- Sustainability (revenue through billing)

Care Management Incentive: Program requirements

- Care manager(s) in practice site
- Trained with nationally recognized programs
- Licensed as qualified health professional
- Team-based care
- Risk stratification for patient selection
- Integration with health plan care management

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Care Management Incentive: Program measurement

- $\geq 2\%$ of unique health plan members
- Based on billed claims for CM services
 - > Telephone assessment & management services
 - Complex chronic care coordination services
 - Transitional care management services

Care Management Incentive: Reward

\$3.25 pmpm for practice groups achieving target

• 2015 projected payment ~ \$12,090,000

Billed claims for care management services

• 2015 projected payments ~ \$ 2,260,000



Supporting our Point of Care Partners

- Provide financial support through incentives and reimbursement
- Offer enhanced targeting lists(risk stratification) to help practices better understand their population and identify gaps in care
- Foster initial and ongoing training in the art and science of care management
- Enhance patient engagement techniques through motivational interviewing training
- Provide tools that show progress toward attainment of the CM engagement threshold

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Guide and optimize interventions through CM effectiveness data

What challenges did we face?

- Varying degree of adoption readiness
- Limited risk stratification capabilities to identify patients who are clinically and economically appropriate
- Finite resources must be well purposed to promote scale and reduce duplication
- Care Managers may lack experience in the art and science of CM
- Initial construct may be disease specific rather than patient centered, limiting holistic management
- Billing challenges
- Measurement and evaluation capabilities are limited

Care Management Effectiveness What does success look like?

Process:

All high risk and rising risk members have CM services in alignment with their need and the manner that they prefer to engage.

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Outcomes:

Effectiveness studies reveal clinical and financial benefit of care management

Reduce avoidable utilization

- Flat/negative IP/ED trends
- Flat/negative total cost of care trends
- Improved clinical outcomes
- Improved member experience

Practice Site Example				
	Total Members	Total Members		
	Members w/CM Ser	Members w/CM Service		
	Percent of Members	Percent of Members with CM Services		
	Type of Care	Billed Services	Payments	
	Transitional Care	3	\$ 875	
	Coordinated Care	91	\$5,500	
	Telephone Services	176	\$3,280	
	Total Billed Services	270	\$9,655	
	Physician Incentive		\$35,290	
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Care Management Incentive: 2016 measure update

- Exclude transitional care services from measure
- Increase percent of members with billed services from 2% to 3%
- 8 hours of continuing education

Next Steps

- Measure program effectiveness
- Target high-risk members incentives/reimbursement
- Develop sustainability through direct reimbursement
- Develop health plan onsite care management training center
- Develop payment consistency with CMS and other payers
- Move to shared risk to reward cost savings of care management





A healthier approach to health care®