A·R·C AUSTIN REGIONAL CLINIC

The Fourteenth National Value-Based Payment and Pay for Performance Summit

February 25 – 27, 2019 Los Angeles, California

Anas Daghestani, MD President and CEO

Austin Regional Clinic - Profile



- \$300,000,000 topline revenue
- 1,300,000+ patient visits
- 500,000+ active patients
- 2000+ employees
- 340 physicians
- 26 locations (and counting)
- 19 specialties
- 10 cities
- 3 counties
- 1 multispecialty medical group



Austin Regional Clinic (ARC) brought managed care to the Austin metro area in 1980. ARC spent it's first two decades focused on delivering high quality, capitated care. Multiple environmental factors dictated a retreat from capitation in 2000.

2000-2010, was a decade of pure FFS.

Changing conditions in 2011, permitted a return to value based care.

On 1/1/19, ARC began a fully delegated Medicare Advantage Program – thus returning to it's initial business model.



	Fully del	egated capitated risk	FFS	FFS + Medical Home Shared Savings			
Year	1980	2001	2001-2010	2018			
ARC Doctors	3	99	200+	340			
Lives		80,000		240,000			
Managed	0	(global risk)	0	(shared savings)			

What makes re-engagement a possibility?

A·R·C AUSTIN AUSTIN REGIONAL CLINIC

- Passage of the Affordable Care Act has ignited enthusiasm nationally for the ACO model.
- Commercial plans have embraced the concept of population management.
- Large employers have pushed commercial health plans to pilot the PCMH model.
- A Technology promise to allows better stratification of risk and targeted interventions.
- Access to Capital (various forms and stings attached).
- Pricing distortions
- Consumerism
- No clear plan B



Evolution of ARC's Medical Home Division

Evolution of Arte 5 Medical Home Division											
	2011	2012	2013	2014	2015	2016	2017	2018			
Contracts	1	3	5	7	10	12	13	22			
Patients	45,000	60,000	80,000	81,000	150,000	200,000	200,000	240,000			
Clinical staff/providers*	4	10	17	17	24	22	23	25			
Non-clinical staff*	10	17	12	13	16	25	18	18			
Medicare Wellness											
staff/providers*	n/a	3	7	7	14	17	15	15			
Medicare Wellness visits by AMH											
mid-levels	n/a	698	2,922	4,320	6,000+	7,000+	8,000+	8,000+			

Organizational Structure



Allocation of Resources by FTE





- Committed and sophisticated physician leadership.
- Adequate funding for currently un-and under-reimbursed professional services (Hospitalists, Extensivists, Behavioral Health, Post-Acute Services, etc.).
- Comprehensive, accurate, convenient, real time clinical data.
- Actuarially financial reward for predefined quality & cost goals.
- Robust and committed infrastructure to manage post-acute patient care efficiently.

7 years into our ACO/PCMH Journey



- \$50,000,000 in shared savings but...
- Financial models, policies, direction continue to evolve with limited long term visibility.
- Expensive cost of Care management is certain but cost of care savings aren't.
- Attribution models and patients have no skin in the game.
- IT & analytics are still complex, expensive and frequently providing "noise but not a signal".
- Fragmentation and misalignments are still deeply rooted
- Need to balance competing business models (FFS vs. Risk).



- Mounting challenges to remain in a pure FFS model.
- Questionable sustainability of the current ACOs models: Cost is guaranteed, rewards are optional.
- Difficulty in sustaining a dual model (now triple).

"Back to the Future" "Back to Global Risk"

- Access to smart and appropriately constrained and aligned capital.
- Access to smart and appropriately constrained and aligned capital.
- Access to smart and appropriately constrained and aligned capital.
- "Longer" term runway.
- Access to risk expertise.
- Ability to access and build strong national multi-payers relationship and contracts.





- Building a network of high value parterres
- Specific focus on post-acute: Home health collaboration, imbedded hospital "care managers", geriatric and palliative care consults, home visits
- Placing "filters" between PCP and Specialty in Cardiology and Spine
- Advancing PCP comp models
- Drug cost (onsite pharmacists)
- Telemedicine and Tele-monitoring

A·R·C AUSTIN REGIONAL CLINIC

Contact: Anas Daghestani, MD President & CEO 512-338-8470 (office) 512-363-0914 (cell) adaghestani@arcmd.com