

## **About Smart Care California**

- Public-private partnership working to promote safe, affordable health care in California
- Co-chaired by the state's largest health care purchasers:
  - Department of Health Care Services (DHCS)
  - Covered California
  - California Public Employees' Retirement System (CalPERS)
  - With participation by Pacific Business Group on Health (PBGH)
- Collectively, Smart Care California co-chairs purchase or manage care for more than 16 million Californians—or 40 percent of the state
- IHA convenes and coordinates the partnership
- CHCF provides funding and thought leadership
- Multi-stakeholder in the best California tradition



# **Smart Care California Participants**

### **Co-Chairs**







### Conveners



### **Collaborators**







### **Health Plans and Purchasers**















#### Consumers



















# **Provider Organizations**

























16 Million Californians





# **Smart Care California: Three Focus Areas**



C-section for Low Risk First Time Births

(Lead: Covered California)



Opioid

(Lead: DHCS)



Low Back Pain

(Lead: CalPERS)

Initial Focus:
Overuse

Initial Guidelines: Choosing Wisely

Found it was not enough to define what not to do

Need multi-stakeholder alignment and focus on best practices

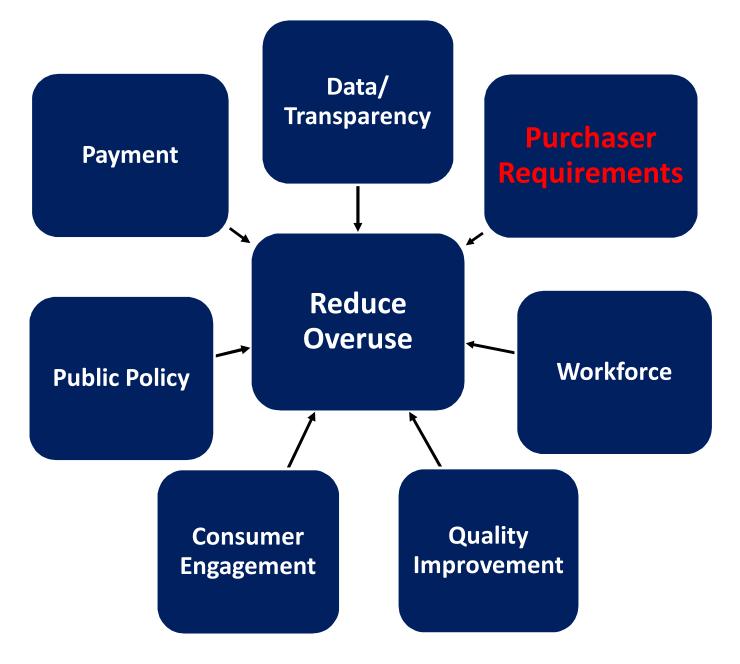
**Multi-Stakeholder Collaboration** 



# Variation starts with purchasers



# **Multi-Lever Model for Change**





# Covered California Drive for Delivery System Reform: Key Buckets of Requirements

- 1. Narrow Disparities in Care
- 2. Integration and Coordination of Care
  - Patient Centered Medical Home (PCMH)
  - Accountable Care Organizations (ACOs)
- 3. Network Design Based on Value
  - Best Current Data for Hospitals (maternity & safety)
    - Not a narrow network strategy
    - Rather: a QI strategy with a deadline (YE 2019)
  - Comprehensive Data not yet available for physicians
- 3. Adopt Best Practices
  - Smart Care California



# Leveraging Smart Care California to Promote High Value Care

### Maternity

- Annual Hospital Honor Roll sponsored by California Health and Human Services Agency Secretary Dooley
  - 111 out of 242 hospitals publicly recognized based on 2016 data
- Define Menu of Payment Strategies
- Develop Consumer
   Engagement Tools

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DIANA S. DOOLEY

SECRETARY

Aging

Child Support Services

Community Services and Development

Developmental Services

Emergency Medical Services Authority

Health Care Services

Managed Health Care

Office of Law Enforcement Services

Office of Patient Advocate

Office of Systems Integration

Public Health

Rehabilitation

Social Services

State Hospitals

Statewide Health Planning and Development FOR IMMEDIATE RELEASE January 18, 2018

SMART CARE CALIFORNIA RECOGNIZES
111 HOSPITALS FOR REDUCING C-SECTIONS

SACRAMENTO - One hundred and eleven California hospitals met or surpassed a federal target aimed at reducing Cesarean births (C-sections) for first-time mothers with low-risk pregnancies, according to the California Health and Human Services Agency (CHHS). The agency announced the achievement awards to hospitals on behalf of <a href="Smart Care California">Smart Care California</a>, a coalition of public and private health care purchasers that collectively purchase or manage care for more than 16 million people statewide — or 40 percent of all Californians. View the complete list of hospitals.

Research finds that after two decades of annual increases, there has been progress in reducing the state's low-risk first birth C-section rate. The 111 hospitals that made the Smart Care C-Section Honor Roll account for 45 percent of the 242 hospitals that offer maternity services in California.

"The decline in California's rate for low-risk, first birth C-sections will lead to healthier babies and mothers," said CHHS Secretary Diana Dooley. "Thanks to the hospitals and their staff for their hard work in achieving this measurable progress."

To respond to a rapid rise in unnecessary C-sections across the United States, the U.S. Department of Health and Human Services adopted the <a href="Healthy People 2020">Healthy People 2020</a> target of reducing nationwide C-section rates for low-risk, first-births to 23.9 percent. In October 2015, Smart Care California began its focus on this issue as well.

"It's encouraging that so many hospitals are making great progress to reduce their unnecessary cesarean deliveries, especially well in advance of the Healthy People 2020 target," said Julie Morath, President and CEO of the Hospital Quality Institute.

While life-saving in some circumstances, unnecessary C-sections can pose serious risks to mothers—higher rates of hemorrhage, transfusions, infection and blood clots—and babies—higher rates of infection, respiratory complications and neonatal intensive care unit stays.



# Leveraging Smart Care California to Promote High Value Care

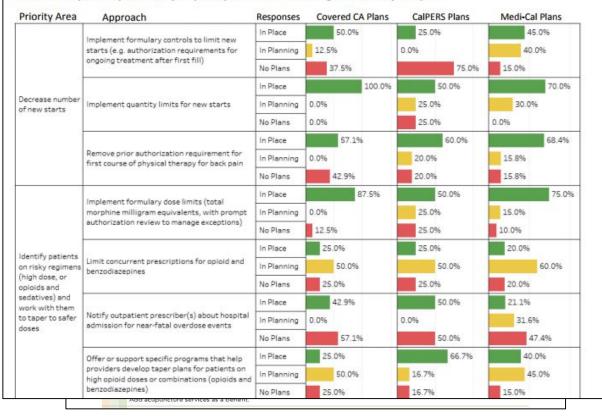
- Opioid and Back Pain
  - Establish best practices
  - Evaluate benefit and payment strategies for alignment
  - Provide resources for health plan and provider implementation

#### Curbing the Opioid Epidemic: Checklist for Covered CA, CalPERS, & Medi-Cal



In early 2017, Smart Care California conducted a survey among health plans that serve Covered California, CalPERS, and Medi-Cal members to learn more about which approaches aimed at lower opioid-related morbidity and mortality are currently in place, or under consideration. The survey was based on Smart Care California's health plan and purchaser checklist for curbing the opioid epidemic. The survey results have been condensed to identify the top approaches for plans. Below are aggregated results across the three business lines. Note Medi-Cal plans were not asked about buprenorphine and naloxone, as they are carved out from Medi-Cal managed care.

#### Smart Care California is focused on four priority areas with the strongest evidence for impact:





# **Summary: The Power of Aligning Purchaser Requirements**

### Providers are hungry for

- A prioritized set of expectations
- A consistent business model with revenue aligned with quality goals
- And support for implementation of best practices