

# Rewarding Hospitals for Improved Payment Trends

Implementing population-based hospital measures within a fee-for-service payment system

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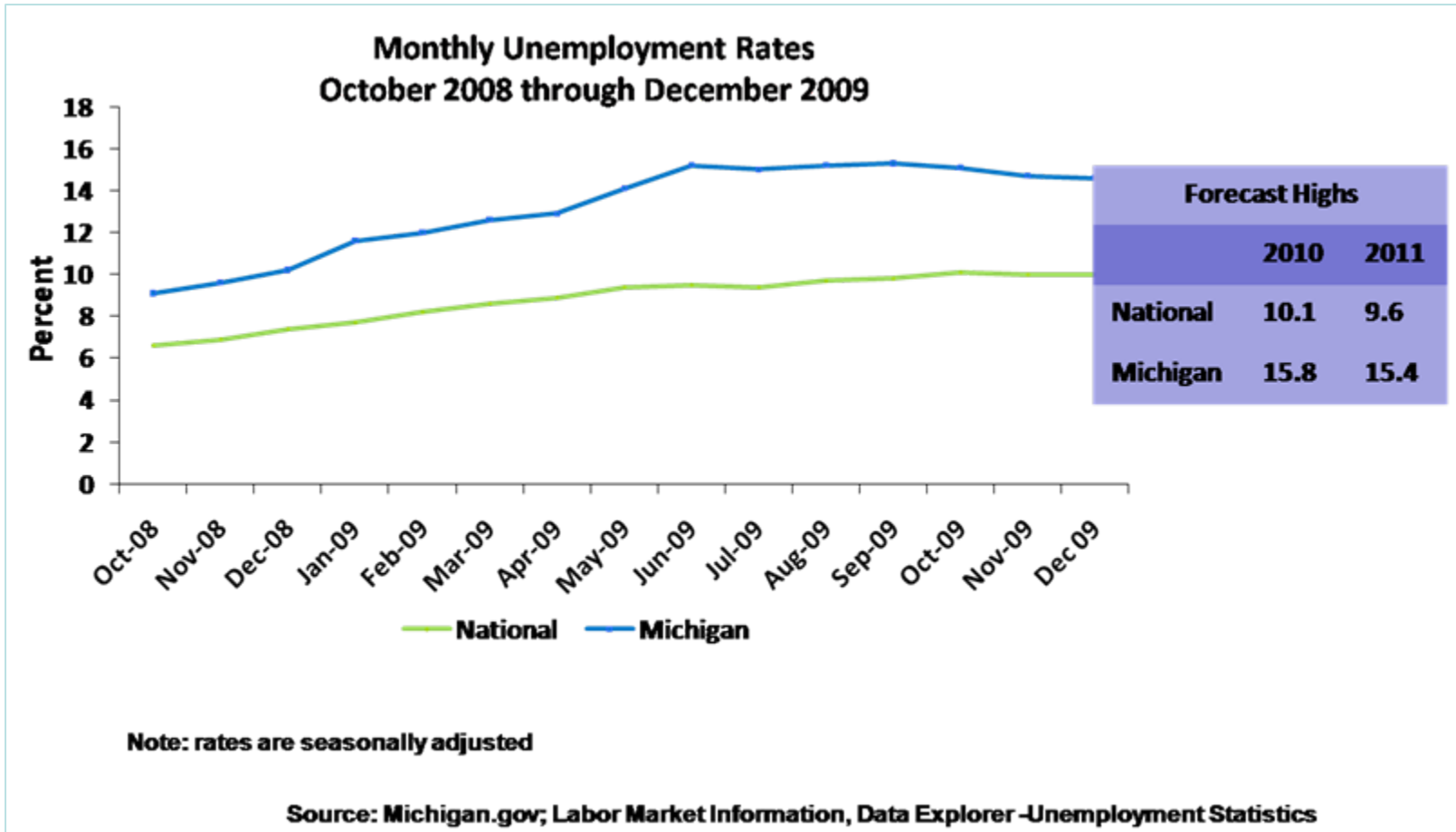


# Today's presentation

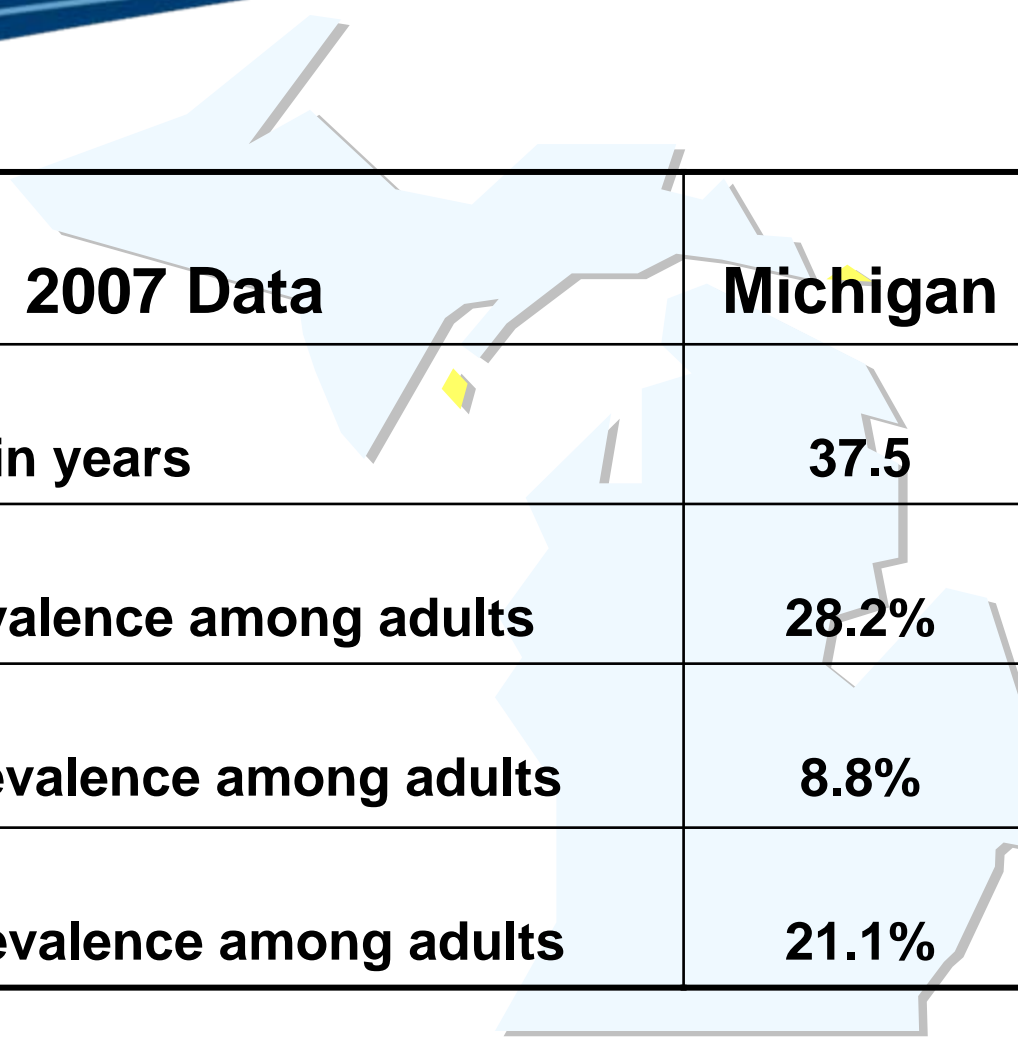


- About Michigan
- About BCBSM
- Our P4P history
  - Limits of the fee-for-service system
- New P4P strategy
  - Focus on payment trends
- Success factors

# About Michigan



# About Michigan



<b>2007 Data</b>	<b>Michigan</b>	<b>U.S. Average</b>
<b>Median age in years</b>	<b>37.5</b>	<b>36.6</b>
<b>Obesity prevalence among adults</b>	<b>28.2%</b>	<b>26.3%</b>
<b>Diabetes prevalence among adults</b>	<b>8.8%</b>	<b>8.1%</b>
<b>Smoking prevalence among adults</b>	<b>21.1%</b>	<b>19.7%</b>

# About BCBSM...



## Nonprofit

Michigan's largest health care provider:

- 45% market share
- 4.5 million Michigan members
- \$17.3 billion in health care benefits provided

High level of provider participation:

- 100% of hospitals (about 140 acute care hospitals)
- 95% of MDs / DOs

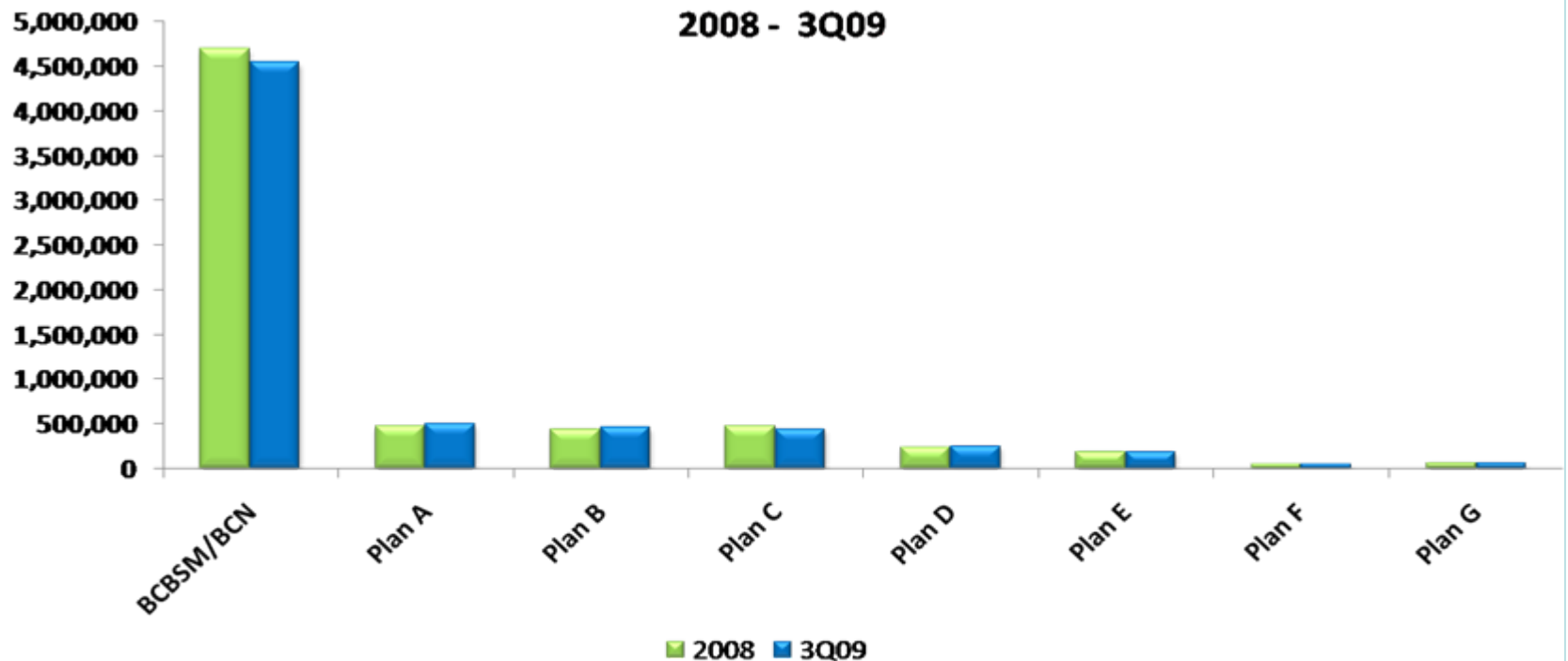
## Social Mission



# About BCBSM



**Michigan Health Plan Membership  
2008 - 3Q09**



Membership figures may differ from previous reports due to methodological refinements made for estimating state-level market share. In addition, multistate plans licensed as LAH have changed some of their filings.

Common “model” contract for all hospitals

Formal contract administration process

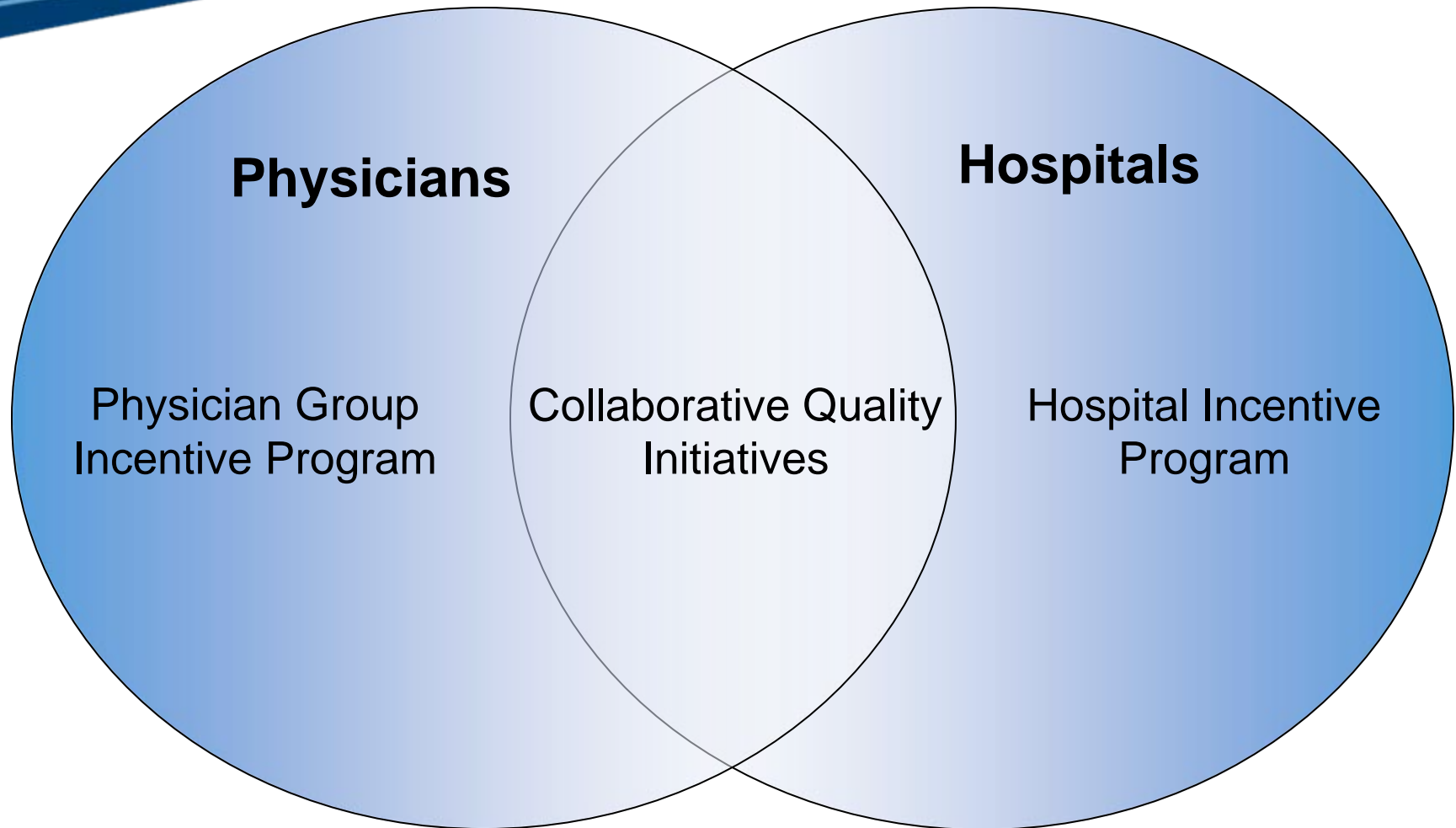
- Joint Blue Cross/hospital committees address reimbursement, quality and administration issues
- Joint oversight by hospital CEO’s and Blue Cross board members

Partnership emphasis to improve quality and efficiency

# **Our Hospital P4P history**



# Our Hospital P4P History



# Our Hospital P4P History



A component of hospital's overall reimbursement rate

- Ability earn up to an additional 5% on all inpatient and outpatient payments

Program measures:

- Pre-qualifying conditions, quality indicators, participation in quality initiatives, efficiency

Potential payout: \$180M

- Actual payout: Approximately 75% (\$135M)

# Our Hospital P4P History



Success! Michigan hospitals:

- Demonstrate high quality on most measures
- Highly efficient on a per case basis

So why change?

**Payment trends not sustainable!**



## Limits of the fee-for-service reimbursement system

- Lack of population focus
- Fragmentation of delivery system
- Lack of focus on healthcare processes
- Weak primary care foundation
- Lack of clinical data sets
- Poorly aligned incentives

# Limits of the fee-for-service system in Michigan



## Outpatient

	<u>Benchmark</u> *	<u>BCBSM</u>
Laboratory visits per 1000 members	610	903
Radiology visits per 1000	411	455
ER visits per 1000	180	191

## Inpatient

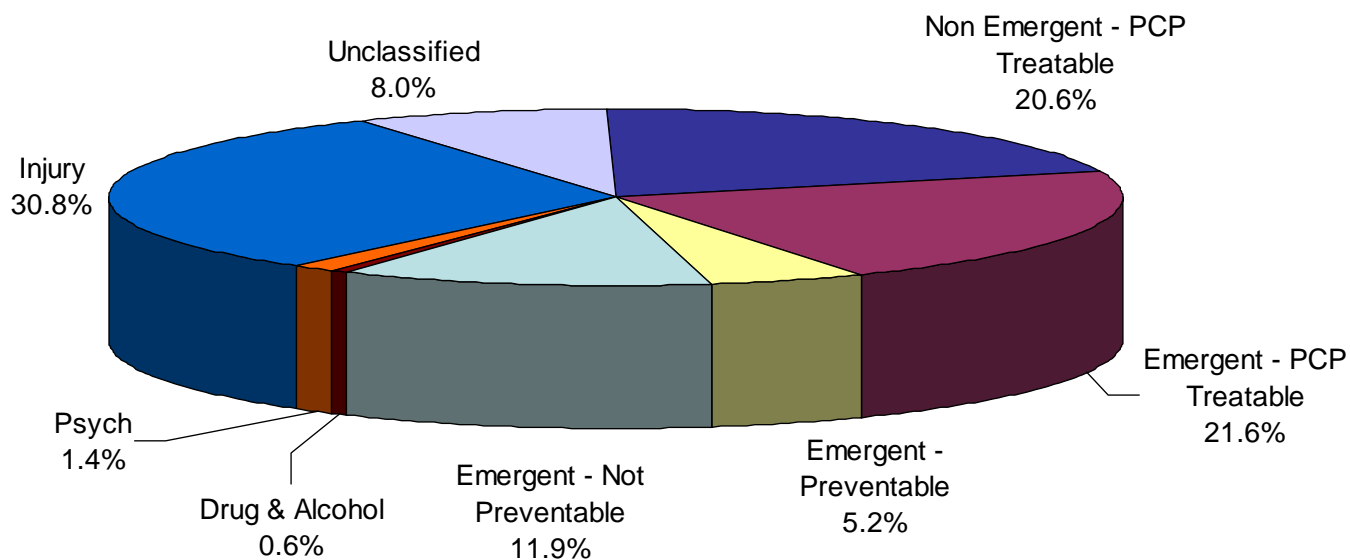
Total admits per 1000 members	65.28	68.42
Stent-related admits per 1000	.89	.98
C-sections as percent of deliveries	32.6%	34.7%

\* - BHI Midwest Benchmark

# Limits of the fee-for-service system in Michigan



**BCBSM ER Visits Classified by NYU ER Algorithm**



**42.2%** of ER visits could be treated effectively in a more cost efficient setting

# **New P4P strategy**

## **Focus on payment trends**

# New P4P Strategy – payment trends



## Enhance the existing fee-for-service:

- Recognize improvement on a population basis
- Encourage the establishment of high-performance healthcare systems
  - Align incentives
- Reward quality improvement and innovation



# Why payment trends?



- All-encompassing
  - Price and use
  - All settings (inpatient, outpatient, office, etc)
  - All services (facility, professional, pharmacy)
- Customer focused
  - Direct link to premium increases
- Provider flexibility
  - Hospitals choose where opportunity is greatest

# Why not bundled payments or episodes?



	<b>Trend measures with aligned Incentives</b>	<b>Bundled Payment or episodes</b>
Delivery of care	Coordinated	Coordinated
Incentive to improve quality	Yes	Yes
Incentive to reduce use	Yes	After episode begins
Data sophistication	Medium to high	High to very high
Provider trust level	Medium to high	Very high
Level of new infrastructure	Medium	High
Customer understanding	Medium	High
Time to implement	Short to medium term	Long term

# New P4P Strategy – payment trends



## 3 implementation phases

1. Introduce payment trends in a broad-based manner
2. Invest in provider infrastructure
3. Increase risks, rewards, complexity ... and results

# Phase 1: Introduce payment trends in a broad-based manner



Trends incorporated into existing P4P program – with some controls on hospitals and BCBSM risk

- Reward based on a comparison of the BCBSM statewide payment trend to national (Milliman HCI)
- One uniform, statewide score – no individual hospital differentiation
- Some potential for increased payment based on gain sharing

# Phase 2: Invest in infrastructure



Provide funding to help hospitals build the infrastructure and relationships (e.g., LEAN processes, high-performing accountable care organizations) needed to bend the trend

# Phase 3: Increase risks, rewards, complexity ... and results



Distribute reward pool based on individual hospital performance

- Establish hospital-specific pmpm benchmarks
- Opportunity for additional reward through gain-sharing
- Increased potential for reward - and risk - for individual hospitals

# Four success criteria



1. Member attribution
2. High-quality population-based data
3. Alignment with physician incentives
4. Provider engagement & education

# **Success criterion #1:**

## **Member attribution**

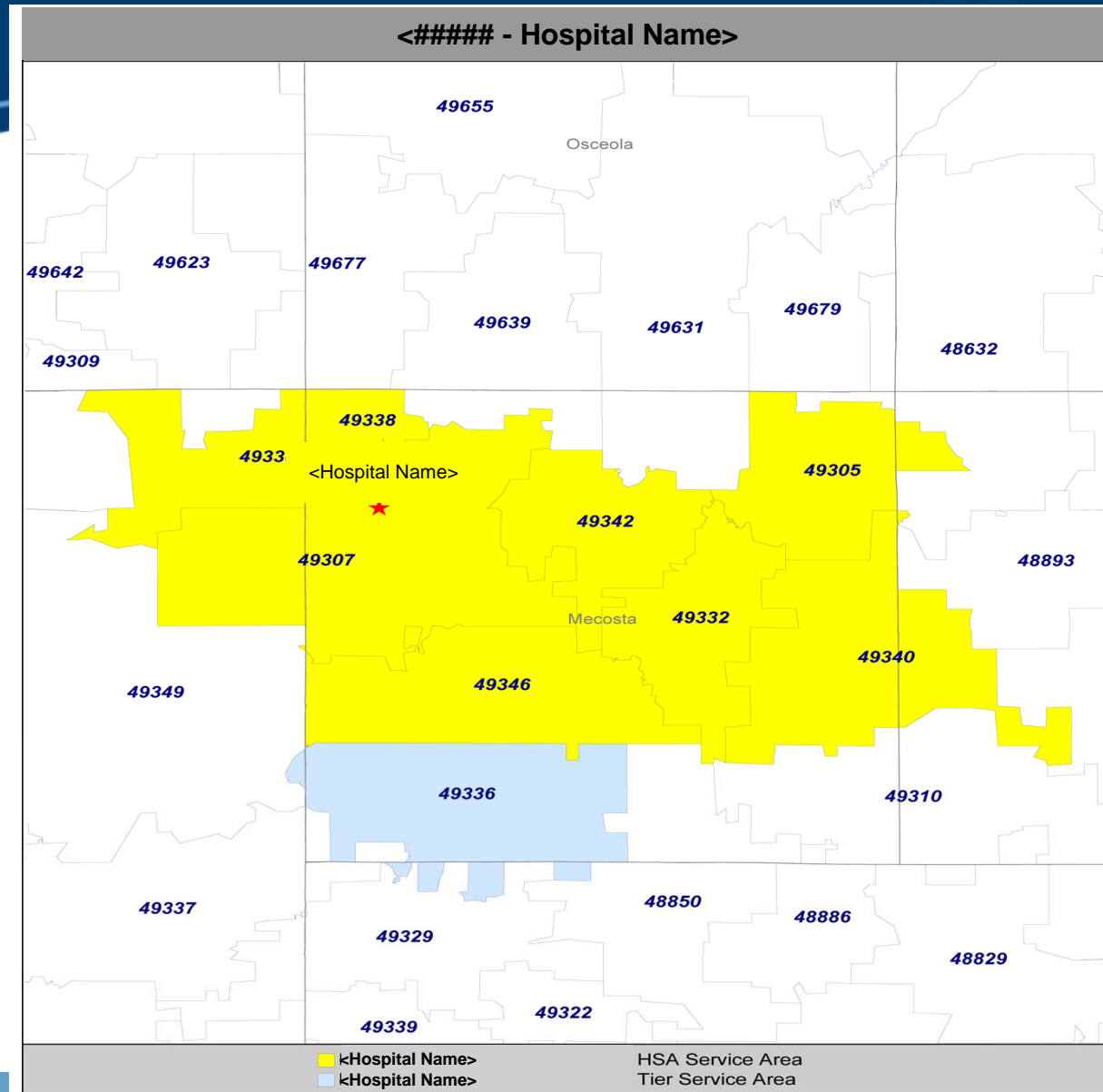


All members assigned to one or more hospitals based on:

- Geography (Dartmouth Atlas Hospital Service Areas)
- BCBSM claims data
- Reasonability checks
- Verification and adjustment by hospitals

Zip-code level – all members living within a zip code attributed to the same hospital(s), regardless of whether he/she received services at that hospital

# Attribution map



## Pros

- Simple and easy to understand
- All members attributed
- Overlapping service areas - promotes shared responsibility
- Hospital validation = greater hospital acceptance

## Cons

- No stratification (e.g., specialty services)
- Unequal impact on a given zip code (tragedy of the commons)
- Imperfect alignment with physician attribution model

**Success criterion #2:**

**High-quality population-based  
data**

# High-quality, population-based data



Continued, long-term effort to improve and refine

- Timeliness
- Relevance
- Reliability

New hospital performance report - *Hospital Insights*

# Blue Performance

**<Hospital Name>  
Hospital Insights**

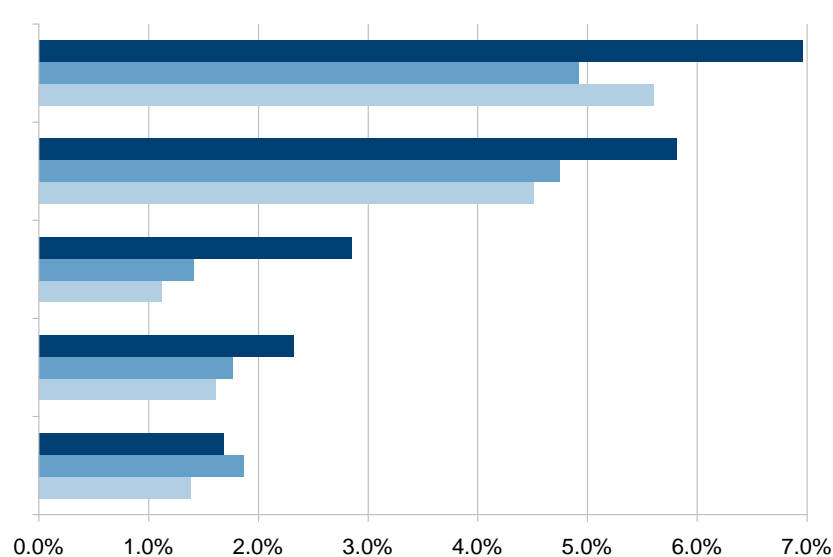
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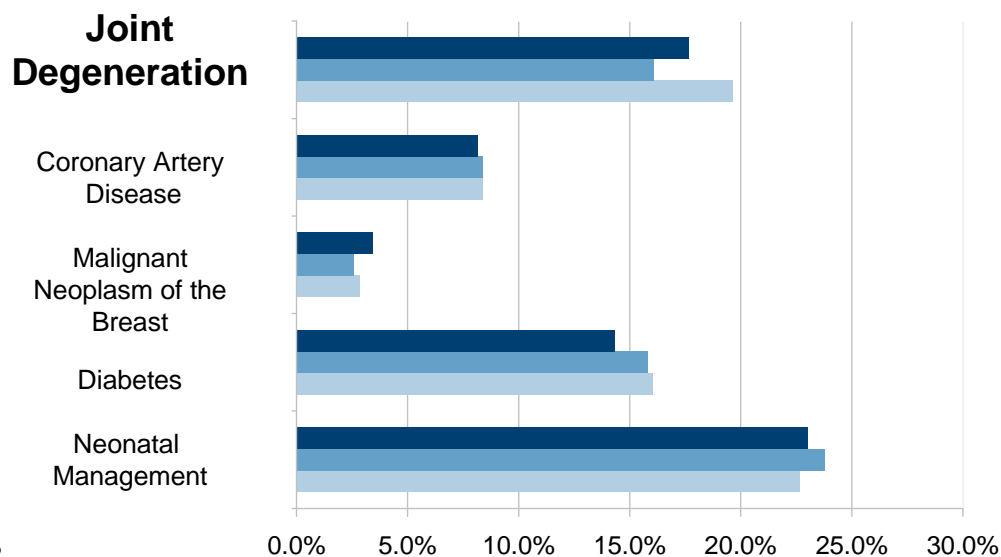
# Data – disease prevalence



## Percentage of Hospital PMPM Payments



## Percentage of Total Members



■ Hospital

■ Peer

■ BCBSM Overall

# Data – ambulatory care sensitive conditions



Ambulatory Care Sensitive Conditions	Admissions	Admissions per 1,000*			
	Current Year	Prior Year	Current Year	Peer Current Year	BCBSM Overall Current Year
Hypertension	693	4.85	12.00	8.33	3.86
Adult Asthma	166	2.42	2.51	2.17	0.88
Dehydration	107	1.80	1.71	1.65	0.71
Diabetes Long-term Complications	92	2.18	1.63	1.00	0.39
Angina without Procedure	72	2.33	1.92	0.69	0.32
Bacterial Pneumonia	69	1.07	1.09	1.18	0.61
Congestive Heart Failure	56	1.06	0.95	0.95	0.39
Chronic Obstructive Pulmonary Disease	55	0.62	0.66	0.65	0.44
Urinary Tract Infection	52	0.91	0.77	0.65	0.32
Diabetes Short-term Complications & Uncontrolled Diabetes	40	0.57	0.52	0.55	0.27
Low Birth Weight Rate	1	-	-	-	-



## **Success criterion #3:**

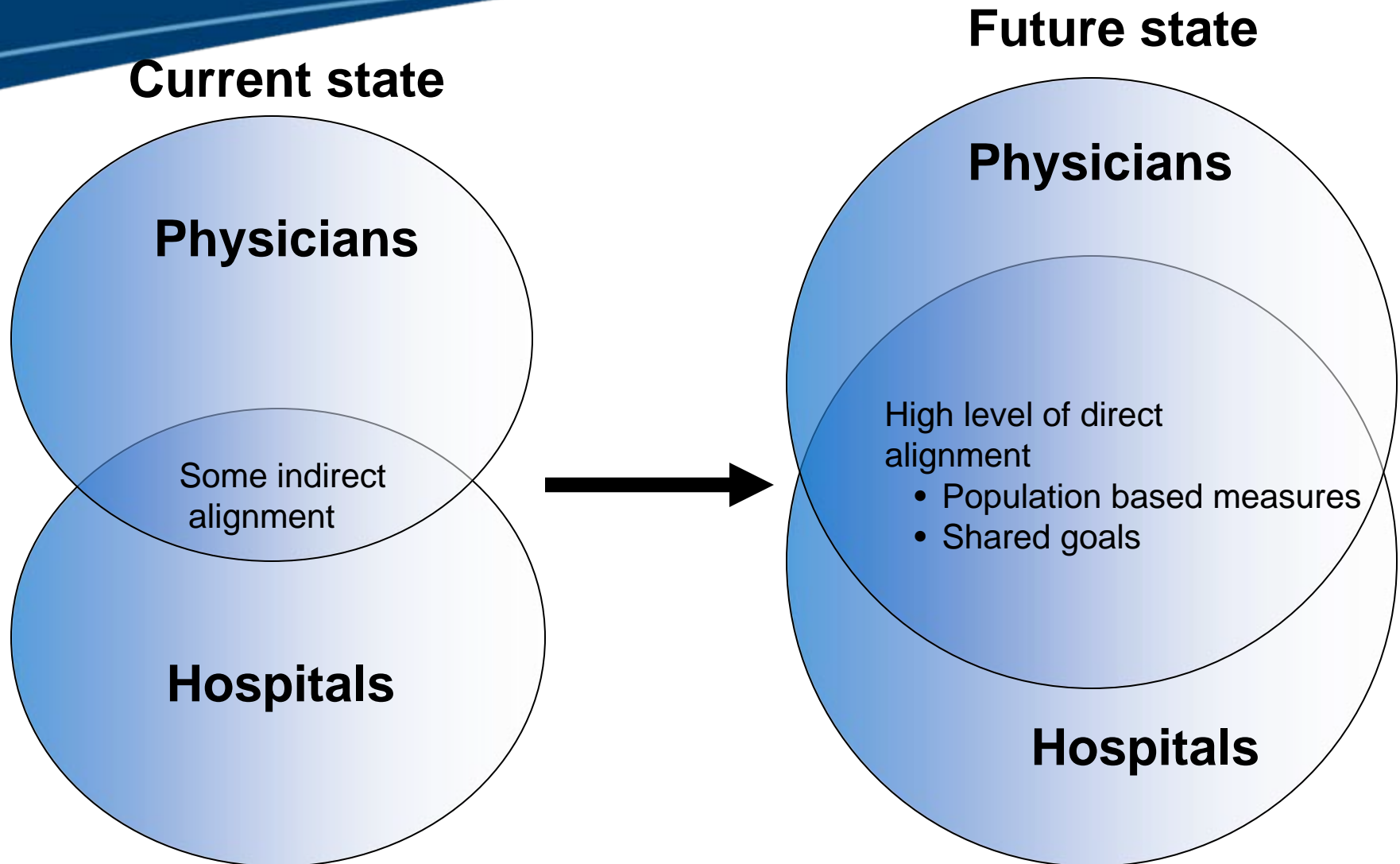
**Alignment with physician  
incentives**



Alignment - the act of aligning or state of being aligned; *especially* : the proper positioning or state of adjustment of parts in relation to each other.

- Need to ensure we do not penalize one party for an outcome resulting from what we have rewarded another party to do.
- Need to encourage the development of accountable care organizations, including a strong foundation of high-performance primary care.
- Need to have common overall goal (e.g., reducing trends)

# Hospital-physician alignment



# Hospital-physician alignment



Create collective responsibility for cost trends and quality



# Hospital-physician alignment



## Expected result:

A high performance healthcare system, with a strong physician - primary care foundation, that supports the coordinated delivery of care.

A reward system that increases payments to facility and professional providers, through gain-sharing, based on population-based performance.



# **Success criterion #4:**

## **Provider engagement & education**

# Provider engagement, collaboration, and education



- Overcoming fear
- Establishing expectations, defining benchmarks, distributing rewards
- Redefining relationship as a partnership



# Provider engagement, collaboration, and education



## Issues of readiness and acceptance

- New paradigm – collaboration vs. competition
  - Managing capacity in a community
  - Sharing best practices
- Overcoming fear - collaboration is rooted in TRUST and transparency
- Establishing expectations, defining benchmarks, distributing rewards
  - Data availability and sharing
  - Openness to input
- Redefining the payor/provider relationship as a partnership



# Summary recap



- Michigan and BCBSM
- Hospital incentive programs past and present
- The need for a new direction
- Achieving success

# Questions?

# Thank you!



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