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#### **Disclosure**

The views and opinions that I am going to present are solely my own and do not represent those of Wyeth

#### **Definition of CME**

"CME is a process of lifelong learning that serves to maintain, develop, or increase the knowledge, skills, professional performance, and relationships that physicians use in the care of patients."

### Who were the Players in CE Activities?

- Commercial supporter
- Medical education company
- Accredited provider
- Faculty
- Audience

### **History of CME**

# CME was not learner oriented CME was activity oriented

- How many program one did
- How much they cost
- How many people attended them

#### Sources Impacting Commercial Support

- Government and state agencies (i.e. FDA, OIG)
- ACCME guidelines and CME providers
- Medical agencies/societies (i.e. AMA, AAFP,AOA, ACPE, and ANCC)
- Industry Standards (PhRMA)

### **Primary Regulatory Bodies**

- FDA Food and Drug Administration
  - Regulates industry support of CME
  - "Final Guidance on Industry-supported Scientific and Educational Activities" 1997
- OIG Office of Inspector General
  - "OIG Compliance Program Guidance for Pharmaceutical Manufacturers" 2003
  - Anti-kickback statute
  - False claim act

- Identified by FDA in Final Guidance communication in December 1997
- As the number of factors violated increases so does the company's risk/liability

- Provider's failure to meet standards independent, balanced, objective or scientific rigor
- Restrictions on multiple programs
- Influence on audience selection or invitation by company sales or marketing
- Opportunity for meaningful audience discussion

- Product-related information from CE activity is to be disseminated only on unsolicited request or through independent provider
- No promotional activities by the commercial supporter in CE program meeting room
- Absence of complaints by provider, presenters, attendees

- Provider (not company) controls content, planning, and speaker selection
- Full disclosures
  - Company funding of program
  - Relationships between company, provider, speakers, and moderators
  - Discussion of unapproved uses of products

- Program focus independent, nonpromotional, educational
- Relationship between company and CE provider does not influence CE activity
- Involvement between provider and company sales/marketing

#### **OIG Provided Guidance in 2003**

- CME has now come under scrutiny
- Commercial support in the form of grants to HCP have elevated anti-kickback concerns
- Commercial influence over programs, including the selection of presenters/faculty, is <u>not</u> an appropriate marketing practice

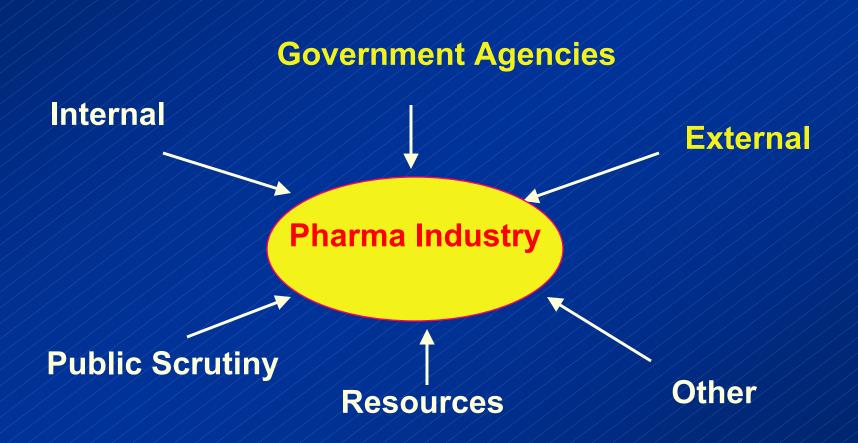
In essence, following the dollar and determining if it was used to influence a CE activity to promote use of a product

#### **Recent Fines and Penalties**

#### **Est. Cost (in millions \$)**

• TAP	875	
• Abbott	622	
Warner-Lambert(Pfizer)	430	
AstraZeneca	355	
• Bayer	271	
• GSK	88	
• Pfizer	50	
<ul> <li>Genentech</li> </ul>	30	

#### Sources Impacting Commercial Support of CE



### Sources Impacting Commercial Support

- Government and state agencies (i.e. FDA, OIG)
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- Industry Standards (PhRMA)
- News agencies (WSJ, NY Times, CNN)
- Lawsuits
- Clinical data (current and emerging)
- Treatment Guidelines
- Company Policies and Guidelines
- Budgets

## What Does Pharma do to Reconcile the Rules

- Separate grant fulfillment functions from Sales & Marketing
- Move education to Global Medical affairs
- Hire educators
- Creation of Grant Review committees

### What Does Pharma do to Reconcile the Rules

- Developing Compliance programs
- Developing Policies for Promotion and Independent Education
- Developing Training to Support Policies

### What Does Pharma do to Reconcile the Rules

- Requiring firewalls when dealing with medical education companies
- Developing procedures to ensure "Independence"
- Seeking advice from meetings focused on the current environment as well as seeking outside counsel

### Who are the Players in CE Activities?

- Accredited provider
- Medical education company
- Faculty
- Audience

Commercial supporter

## Early Reactions of Marketers to Proposed Changes

- CME has become too risky
- We're not doing anything wrong
- Why should we support CME
- If we cannot have input we will not support it
- This does not make sense
- Why have a committee approach to funding CME
- Our Medical Affairs Group handles it now
- We will not change our approach will wait and see

## When is it Appropriate for Industry to Support Independent Medical Education?

- Educational program would benefit patient care
- Issues or topics are of interest and of need to the medical community
- New data or information has become available that benefits patient care

## When is it Appropriate for Industry to Support Independent Medical Education?

 Good business to support the communication or valuable information to healthcare providers

 Policies and guidelines governing independent education can be adhered to and followed

## When is it <u>NOT</u> Appropriate for Industry to Support Independent Medical Education?

A medical education need does not exist

 Program or educational activity is focused on only a single product

## When is it <u>NOT</u> Appropriate for Industry to Support Independent Medical Education?

 Education that serves only commercial interests without improving patient care

 Policies and guidelines governing independent education cannot be met

### How Can We Design the Most Effective Independent Education and Stay Compliant?

- Appreciation for laws, guidelines, policies and how they drive each stakeholder's behavior
- Learn how to engage and work together to better serve HCP needs and improve patient care
- Understand all stakeholder's roles

# Marketer Realization: We Cannot Stop Supporting CME

CME is a powerful tool to improve the patient outcome

## Need to Institute Basic Principles of Adult Education

- Physician's self-assessment of their competencies
- Understanding how physicians learn
- Understand why physicians learn
- The environment physicians practice in
- Practice-based issues
- The improved patient outcome

#### **Most Crucial Elements of Education**

 Designing activities for physicians that would allow them to learn from their clinical experience

Improving patient outcome

## Need to Institute Basic Principles of Adult Education

#### Gap in the education

- Needs assessment
- Learning objectives
- Designing the activity to meet the learning objectives
- The cost of doing the program

### Commercial Focus – Moving Forward

- Compliant within policies and guidelines
- Strategic with business objectives
- Fiscally accountable and responsible

#### **New World of Clinically Based CME**

## Strong Relationship Between all parts of Educational Community

- CME provider
- Physicians
- Educators

### **Summary**

Designing CME programs that include educational strategies how physicians learn, influence physicians knowledge, and improve health care outcome is more critical than ever.