



About ReThink Health

By thinking differently and working together, we can remake our troubled health system into one that is centered on the well-being and productivity of our people, the vibrancy of our communities, and the prosperity of our nation. This includes the delivery of optimal and affordable care. ReThink Health believes that the most promising way forward will spring from creative, concerted, and collaborate efforts in regions across the country, where residents and other system stakeholders dare to find and fulfill their shared aspirations.

The Search for Solutions

In many communities, groups of innovators are actively pursuing promising new approaches, but too few of them have made the leap beyond short-term, incremental changes to enact comprehensive system-wide solutions. ReThink Health's research and experience, in scores of settings, shows us that profound progress may be possible but only when leaders work together as stewards of their shared system, assessing and implementing sound strategies, and developing long-term investment and financing plans. Local leaders often attend to only one, or sometimes two of these conditions, but our experience shows that all three are needed for meaningful, long-term progress. Our shared challenge—and the focus of our distinctive work—is to rethink what it takes to move swiftly along the pathway toward a healthier health system.

Helping Community Leaders Create Lasting Change

ReThink Health, a collaborative initiative funded by the Rippel Foundation, the Robert Wood Johnson Foundation, and others, helps leaders and communities overcome often predictable barriers and better understand how they can accelerate processes of change. We partner with regional leaders and peer organizations to build more effective regional collaboration and stewardship, create alignment around sound and focused strategy, move ideas to action, as well as build the capacity for sustained investment. We enable leaders and teams across the country to find new approaches to solve old problems, avoid pitfalls, and create the conditions for healthier, more equitable, and more resilient communities.

- We guide diverse groups of stakeholders as they come together to create a shared vision, set priorities, and implement strategies for their regions.
- We arm local leaders and organizations with the right tools and strategies they need to become architects of their own lasting health system change.
- We convene strategy sessions, using ReThink Health's interactive, scenario-based simulation model, to help stakeholders see the whole system and test the impact of interventions on health, care, costs, equity, and productivity.
- We support taking ideas to actions, and help assure that efforts are financed and sustained long enough to have impact.
- We develop insights, build tools, conduct research, and share lessons learned to seed solutions that will stick.



Ultimately, we help leaders in regions become stronger stewards of their future and mine smarter, more balanced and more sustainable approaches to all the factors that support good health, resiliency, and community vitality. The resources we need to create a profoundly better health system are at our disposal – if we use them wisely.

Examples of Our Impact

In Colorado, the Pueblo Triple Aim Coalition saw how a modest upfront investment of about one percent of local healthcare spending could net hundreds of millions of dollars to improve health while leaving plenty of money for other priorities, such as education and housing. Today, they are embracing a new approach to health care and health, capturing and reinvesting savings, and sharing savings with providers.

In Georgia, the Atlanta Regional Collaborative for Health Improvement, a diverse partnership of community leaders and residents, aligned around a targeted set of priorities and developed a detailed playbook that helped them to think very differently about how to build a sustainable health system over time. Now, a once-neglected community is getting \$3.6 million from the United Way to improve health and economic opportunity, and local organizations are now considering bold new health investments.

In the Upper Connecticut River Valley region of Vermont and New Hampshire, a leadership group of major employers, social service agencies, health systems, a university, and local policymakers is engaging with community members to explore ways to improve health and the local economy. The trustees of the Dartmouth-Hitchcock Health System—a partner in the planning group—pledged \$3.3 million of the medical center’s investment portfolio to local health improvement initiatives and major employers pledged \$40 per employee per year toward the regional effort.

On the Horizon

In the coming months, ReThink Health will be partnering with a growing number of communities and collaborations across the country to help build model processes for change. In addition, we have launched an online platform where community leaders from within and outside of health can connect to explore new ideas on the frontiers, share best practices, and benefit from lessons learned to create a healthier health system. We will soon be adding to our portfolio new materials to guide communities committed to collaborative system redesign.

- Tools and resources to foster creative and effective financing mechanisms that bridge health and health care
- Profiles of different approaches to transforming health systems from communities across the country
- A guide to building effective stewardship teams who can steer planning, strategy, actions, and financing over the long term
- Assessment tools to measure the community and governance characteristics that lead to effective health system change, as well as indicators of effective strategy and sustainable financing

For more information about ReThink Health visit www.rethinkhealth.org

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