



ReThink
Health

ReSearch . ReConnect . ReDesign

Bridging Health and Care so Communities Can Thrive

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Welcome *and* Introductions

Session Objectives

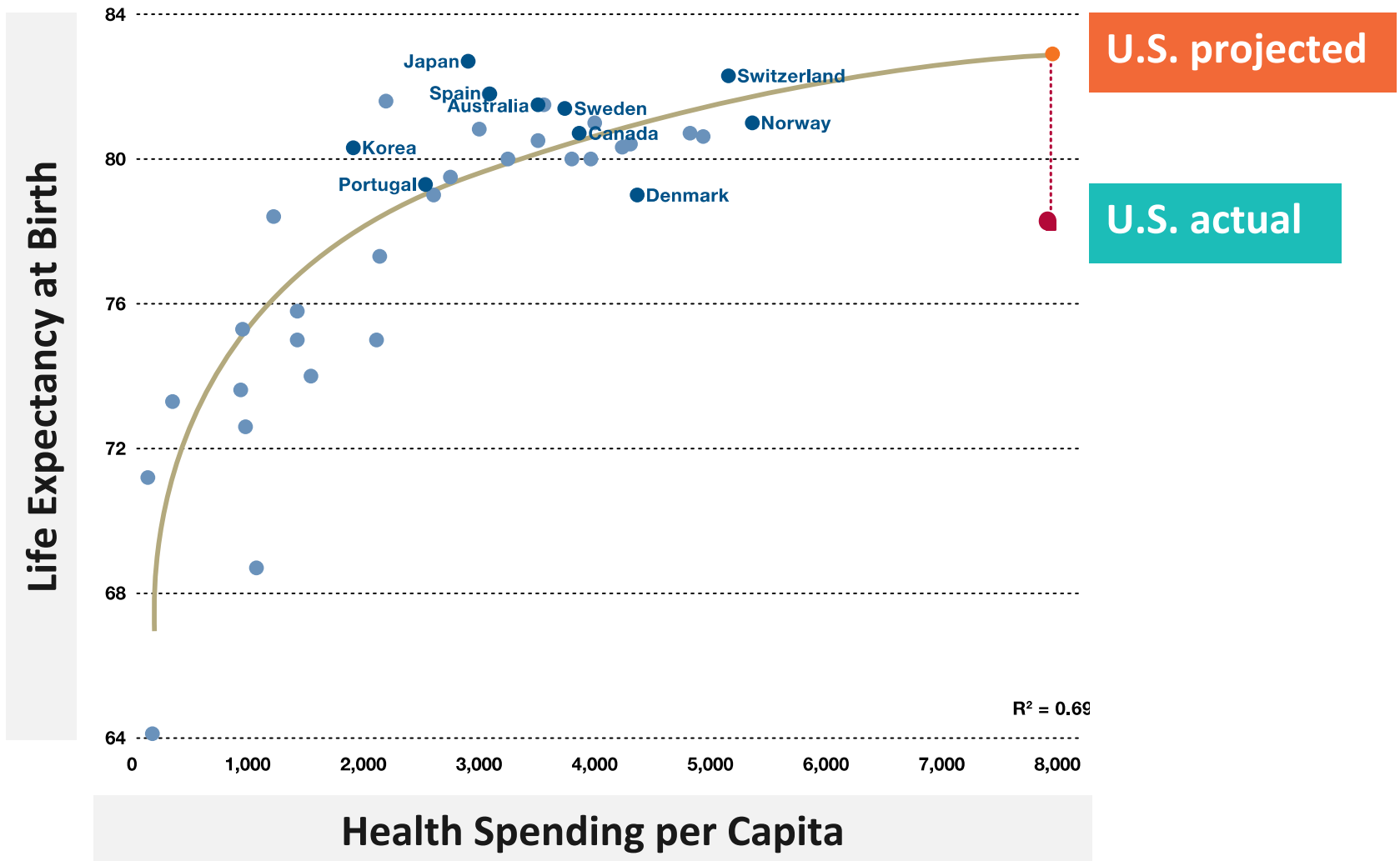
To deepen your appreciation for:

- How sustainable financing, multi-stakeholder generated strategy and health system stewardship tie to significant improvements in population health
- Common pitfalls that lead to patterns of reform and rebound in health systems and how to avoid or minimize them
- Lessons you can apply from pioneering peers

Workshop Agenda

1. Overview: The challenges and opportunities of rethinking a “health system”
2. Field Case: A system’s approach to strategically advancing the health of populations
3. Practicum: Using ReThink Health Dynamics to anticipate pitfalls and increase the return of population health investments
4. Field Case: Taking community engagement to scale
5. Implications: Catalyzing multi-stakeholder stewardship for population health-stakeholder Stewardship for Population Health

More Money for Shorter Lives



Julius A. Rippel, President, 1953 - 1983

1959 – We have long known that **health care facilities should be adapted to the patients.**

1967 - To **avoid becoming sick may be our greatest health and medical challenge.**

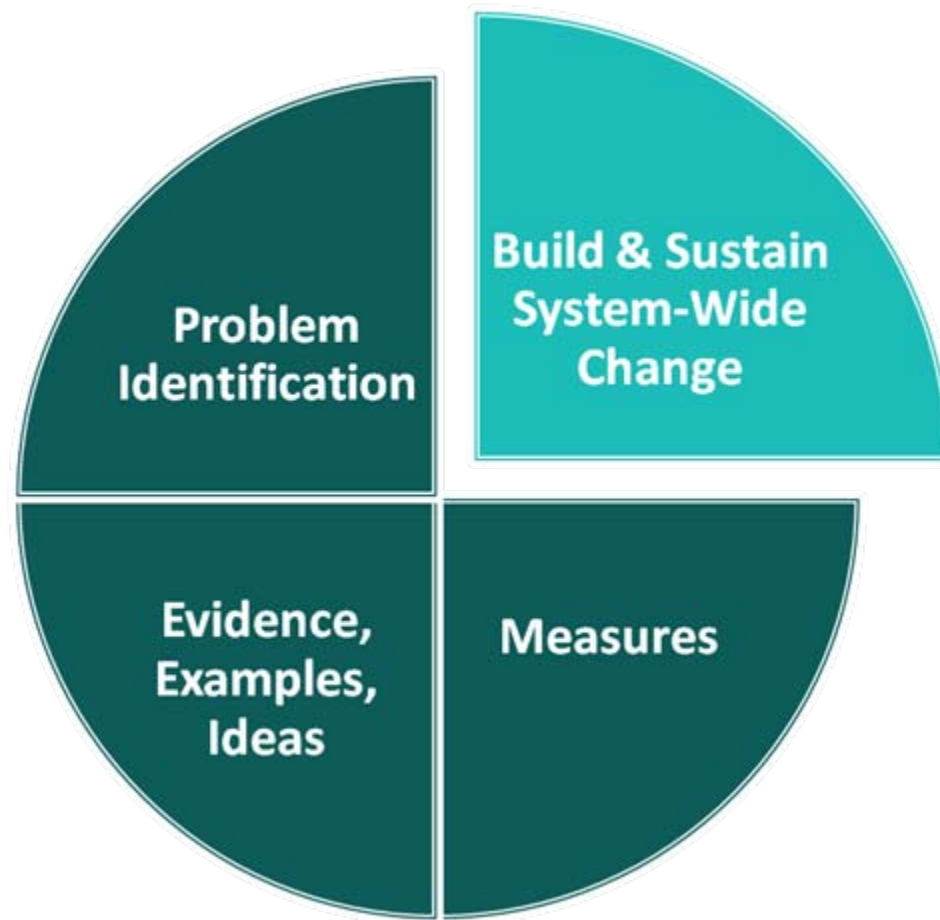
1968 - Some group will find out how to **build, organize and operate a hospital which will be better and more flexible, and at a lower cost.**

1968 - The greatest opportunity to **achieve and maintain good health and well-being is by our own intelligent daily living habits.**

1969 - We need to develop a **health care system which will be recognized as distinct from medical care.**

1969 - We must have **substantially new manners of thinking** to bridge the gap between the things that have been and the things which will be.

45 Years Later

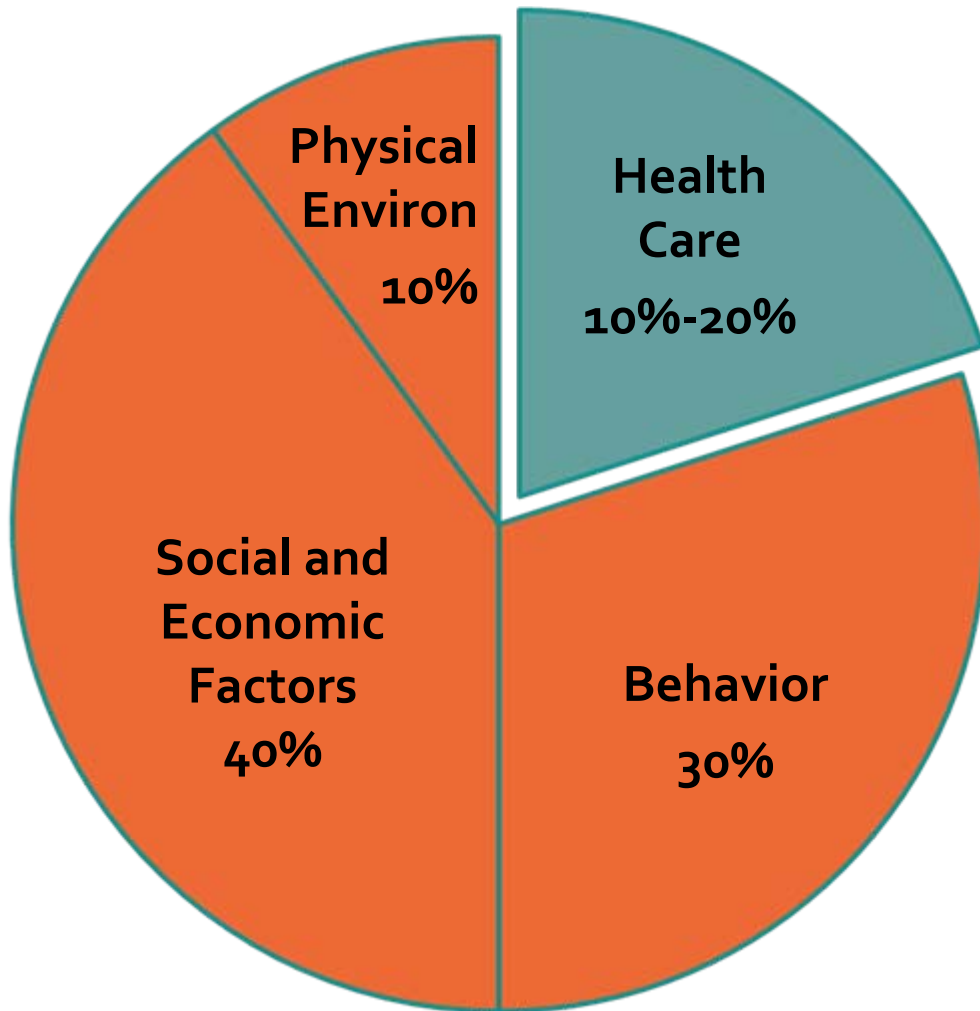


ReThink Health Pioneers



1. Don Berwick | CMS, IHI
2. Elliott Fisher | The Dartmouth Institute
3. Marshall Ganz | Leading Change, Harvard
4. Celinda Lake | Lake Research
5. Laura Landy | Rippel Foundation
6. Amory Lovins | Rocky Mountain Institute
7. Jay Ogilvy | Global Business Network
8. Elinor Ostrom | Nobel Laureate in Economics
9. Peter Senge | MIT, Society for Org. Learning
10. John Sterman | MIT System Dynamics Group
11. David Surrenda | The Leadership Edge

Healthy Regional Health Systems



- **Health:** Collaborative efforts that help individuals, families, businesses, and communities thrive

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- **Health Care:** Multi-sector approaches that assure high-quality, affordable care is available when and where we need it

ReThink Health Dynamics Model

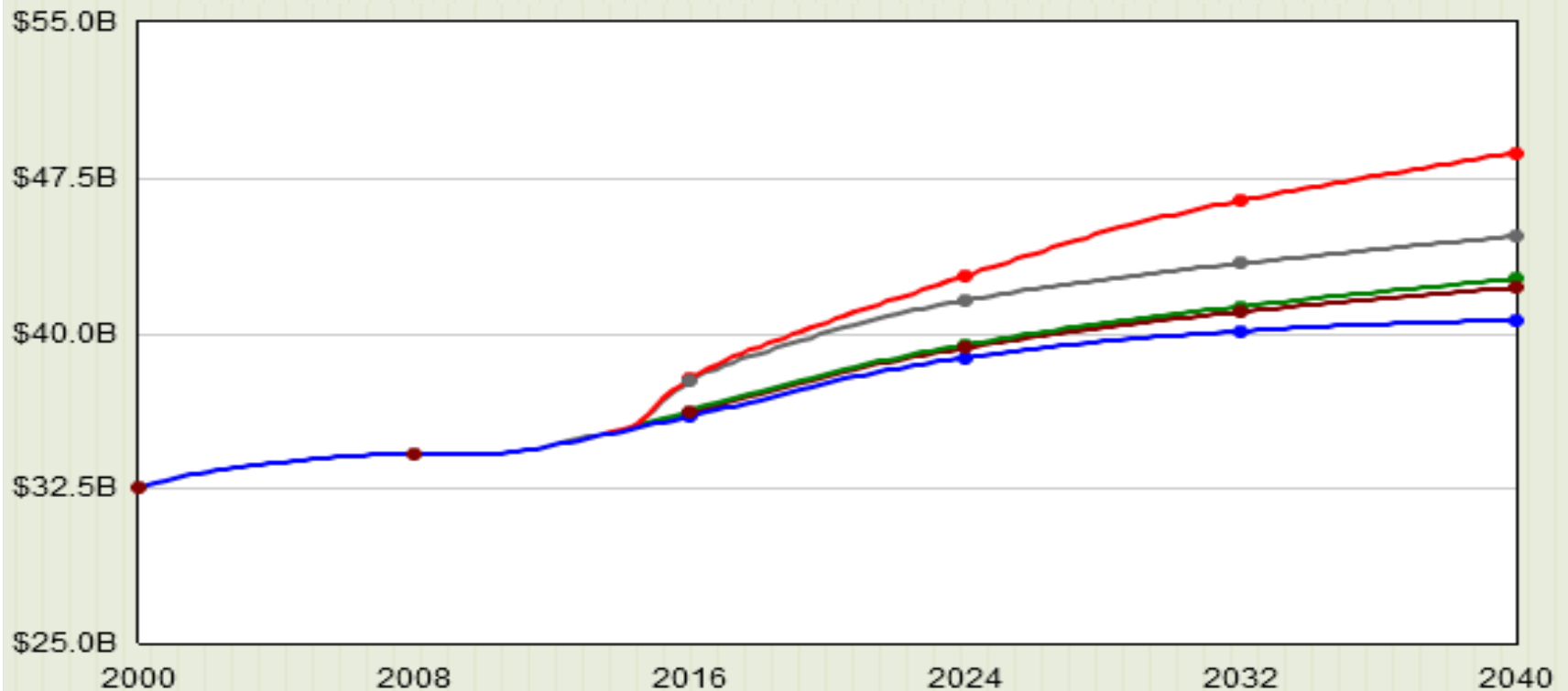
ReThink Health - Atlanta

Logout



Introduction Create New Scenario **Results** Select Scenarios Map Info

Value of productivity



Work-in-Progress

Model Version 2i: 2.24.14

Saving Lives, Lowering Costs

With smarter investments, by 2040 it is possible to:



Avoid premature deaths for 13 million people



Lower health care costs by \$11 trillion



Boost workforce productivity by \$12 trillion



Narrow inequality gaps by more than 16 percent

Pulse Check and Roundtable

148 Responses

Representing 139 partnership groups in 35 states

30% county, 15% state

A lot going on

A large number of sectors involved locally

Balanced strategy leaning **toward behavior and upstream drivers**

Funding streams dominated by “**traditional**” grant and contract mechanisms

Each of 33 funding options **used at least once**

Significant challenges related to **sustainability and stewardship**

Folks are getting stuck....

ReThink Health

Support and influence how innovators see, think, and act

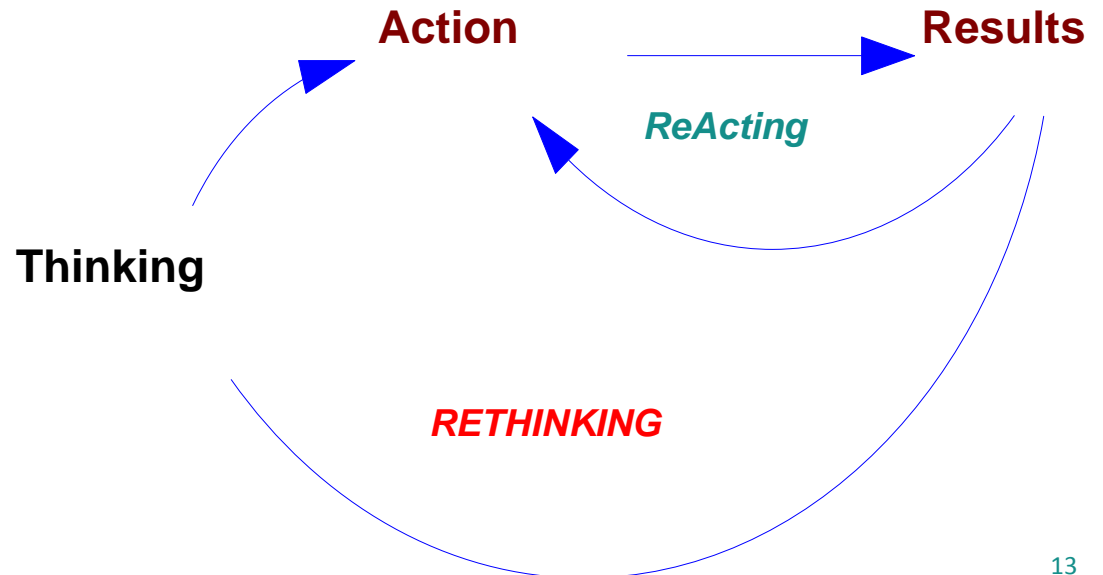
Help leaders see and plan from a whole system perspective

Support leaders to work across boundaries

Bridge health and health care

Accelerate and sustain efforts over time – stewardship and financing

Remove the barriers and overcome excuses

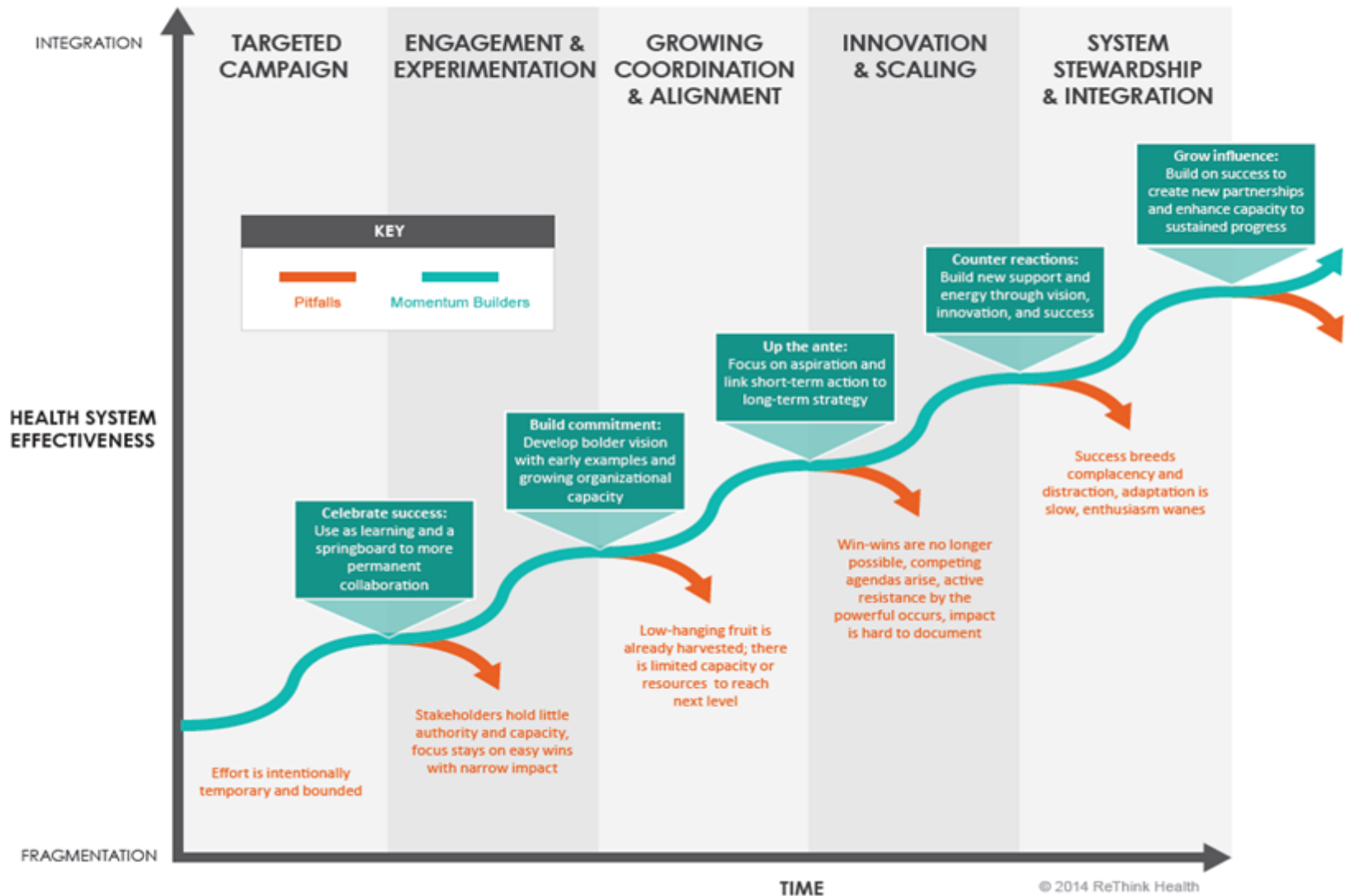


Accelerating Planning and Action

- 1. Shift and Sustain Investments for Greater Impact**
- 2. Frame and Implement Regional Business Plans for System Redesign**
- 3. Overcome Obstacles and Build Momentum on the Pathway to a Healthy Health System**



Pathway to a Healthy Health System



Since 2007...

Experience in more than **30 regions** across the country

Created and used **the Dynamics Model in 50 settings, 12 academic institutions**, and thousands of users

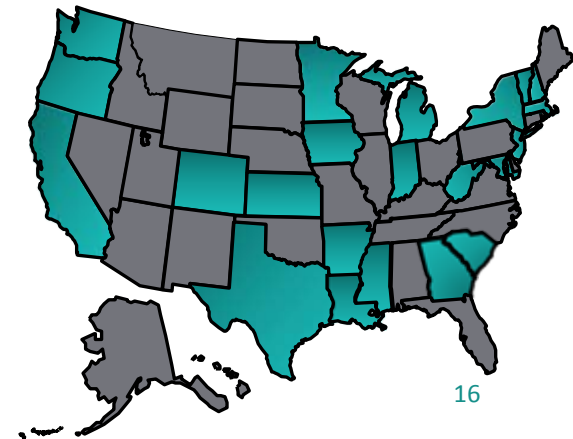
Successful **distance learning course and train the trainer activities**

Building an **on-line community and set of tools and resources**

Extensive partnerships with motivated leaders, regions, and organizations

Enterprise wide **evaluation process**

Impact on regional and national levels



www.rethinkhealth.org