

Provider-Led Population Health Management WORKS! Real Stories, Real Results

Dr. Richard Hodach, CMO, Phytel Karen Handmaker, MPP, VP Population Health Strategies, Phytel

Fifteenth Population Health Colloquium March 24, 2015

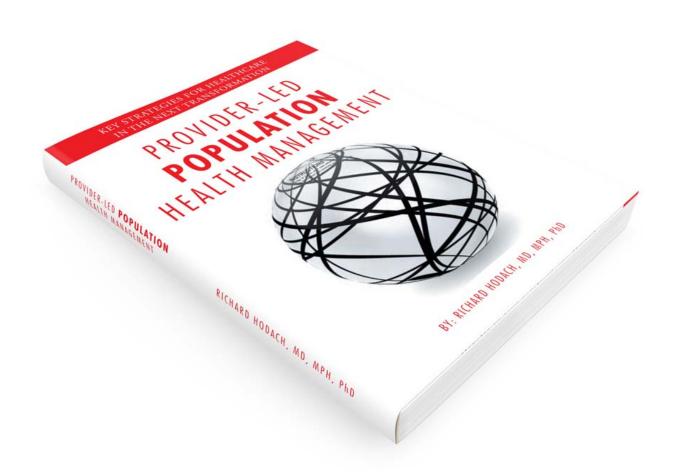
Agenda

- Provider-Led Population Health Management
 - Why it's different, why HIT is fundamental
- New Delivery Models
 - > Tipping point towards value-based care is in sight
- How to Get There—System View
 - Changing culture, creating CINs, maximizing revenue
- Implementing Change—Practice View
 - Putting information in the hands of the care team
- Key Messages



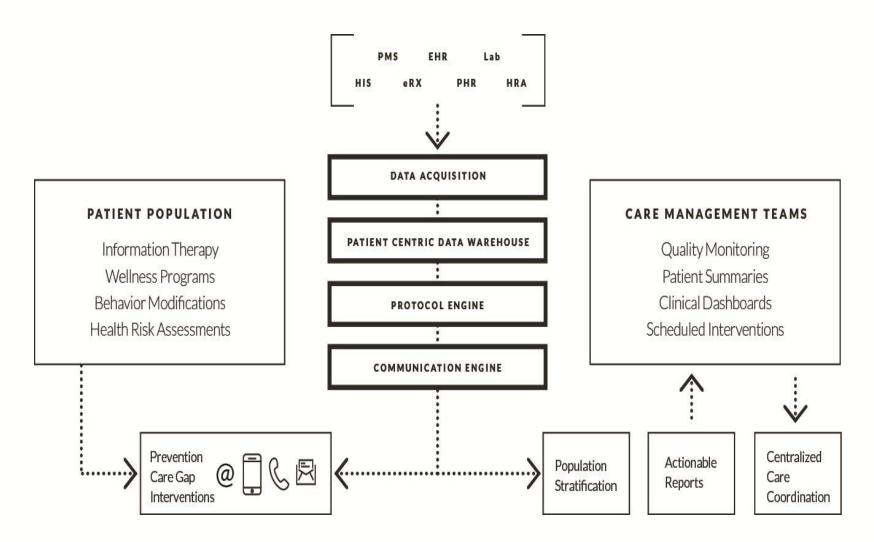


We Wrote the Book



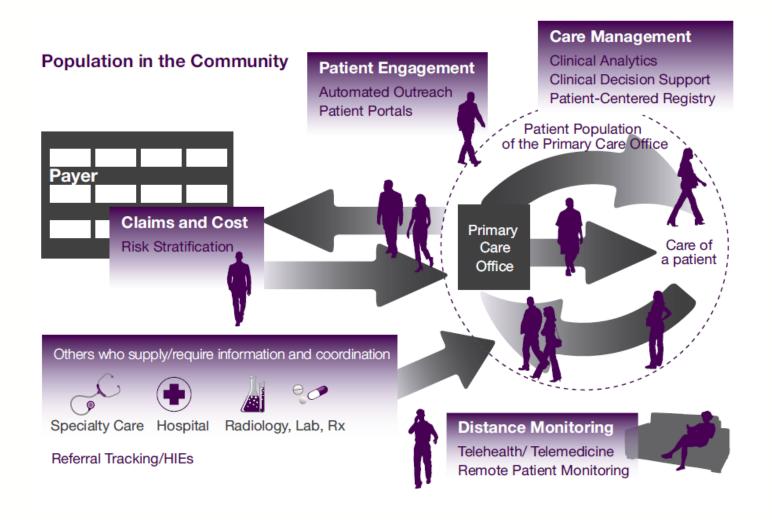


New Delivery Models Require Integrated Data...





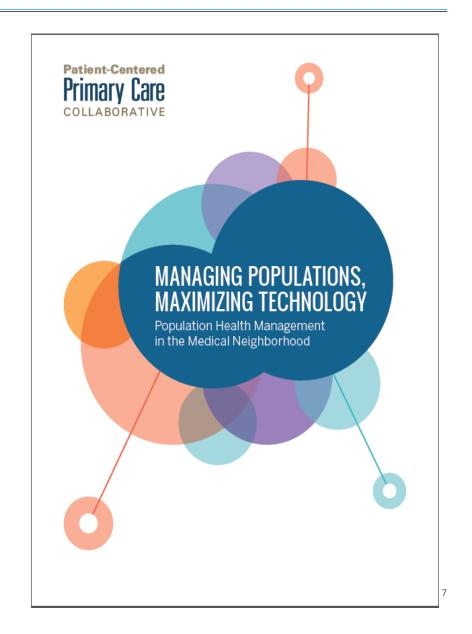
...and Automation of PHM Functions





Ten Recommended HIT Applications for PHM

- 1. EMRs
- 2. Patient registries
- 3. HIE
- 4. Risk stratification
- 5. Automated outreach
- 6. Referral tracking
- 7. Patient portals
- 8. Telehealth/Telemedicine
- 9. Remote patient monitoring
- Advanced population analytics and cognitive computing





Tipping Point to Value-Based Payment is Near

- CMS, 1/26/15:
 - > By 2018, 50% of all Medicare FFS payments will be tied to alternative value-based payment models
- Commercial payers, 1/28/15:
 - By 2020, 75% of contracts will be value-based







How to Get There: System View



"Doctors will agree on this"...Not So Fast





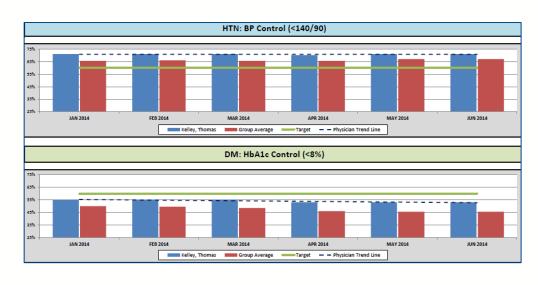


Creating CINs with Aligned HIT and Incentives

- Adhere to EBM protocols
- Connect EMRs
- Define single set of measures
- Collect & share data
- Evaluate performance
- Tie participation to performance



<u>DISEASE STATE SELECTION</u>: QUALITY IMPROVEMENT GOALS



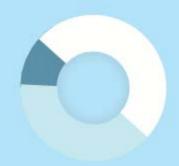


Maximize Revenue for PHM Related Services

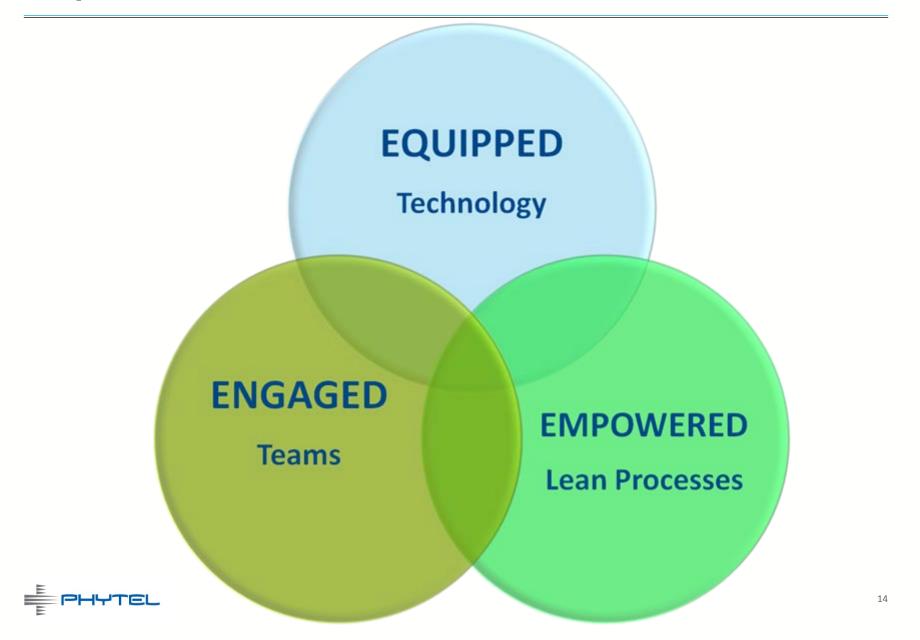




Implementing Change: Practice View



Triple Focus of Transformed Care Teams



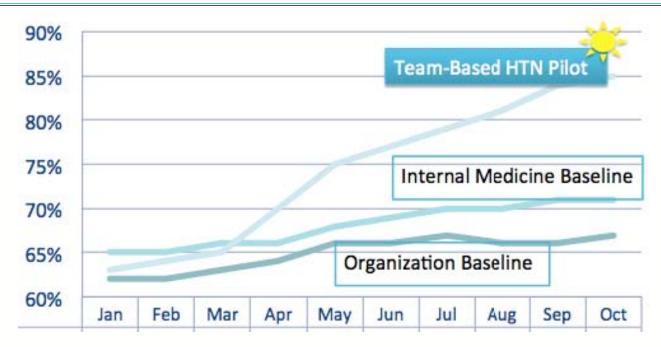
Practice Coaches: Drive and Sustain Transformation

- Facilitate team meetings
- QI methodology
- Training
- Workflow design
- Dissemination of change
- Team building
- Project management
- Transformation strategy
- Plan organization-wide collaboratives





Team Results: 85% Hypertension Control



- Engage providers and create team
- Develop standard workflow
- √ Need to know patient list
- ✓ Set and monitor tangible goal: fix 6 patients = 1percentage point improvement
- ✓ Reduce manual work; maximize use of HIT tools
- Optimize visit by engaging patient before, during and after visit
- START SMALL FOR QUICK WINS



Engaging People "Lost to Follow-Up" is Key to PHM

"...We use a magic genie to do all of the communications that we don't have time to do."

COMMUNICATIONS	7,601
UNIQUE PATIENTS	3,713

Lab Follow Up	3,942
Never Had Yearly	1,565
Pre-Visit Yearly	749
Pre-Visit Diabetes	711
COPD Research Study	367
Due for Yearly	221





Make HIT A Member of the Care Team



Registries
Portals
Mobile Devices

EMR

Risk Stratification
Care Gap Profiles
Pre-Visit Prep
Automated
Outreach
Quality
Reporting'
Strategic PI



MA / Patient Service Team

- Scheduling
- Execute
 Standing Orders
 & Protocols
 (Triage, Med
 Refill)
- Pre & In-Between Visit Communication



MA / Nurse

- Pre-Visit
 Planning
- Standing
 Orders &
 Protocols
 (Care Gaps)
- •Med Reconciliation
- •Foot Exams
- Education
- •Referrals to Care Mgmt



Care Manager

- Highest Risk / Most Complex patients by risk score
- •Outreach to patients with complex needs
- Coaching,
 Goal Setting,
 Education
- •Transitional Care



Physician

- •Refer high risk patients to Care Mgmt
- Aim to address all care gaps at every encounter
- Population Health focus



Quality / PI Leaders

- Review performance by location and provider
- Provide progress reports with MD's and Care Teams; plan Pl



Key Messages

- Population health is a provider-led game
- HIT is essential for SCALE to achieve PHM goals
- HIT includes but is not limited to the EMR
- Make HIT a member of the care team for efficiency, actionable data and top of license performance

