

## LEVERAGING THE POWER OF CARE MANAGEMENT

# Connect the Dots in Community Services

2016 Population Health Colloquium Helen Dunkle MSN RN-BC

## Agenda



Leveraging the Power of Care Management to Connect the Dots in Community Services

- Caring for High-Need, High-Cost Patients: What Makes for a Successful Care Management Program?
- The "Foundational" Approach to Community Care Coordination
- Care Managers Engaging with Patients and Families
- Discussion



## Care Management Solutions and Complex Patients

## **Electronic Health Record**



#### Acute and Ambulatory.....what's missing in the EHRs?

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All Nursing PT OT Speech Therapy					
Problems				Current	
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Strength Impairment	+)	Active	03/04/2013	Prothrombin Time with INR In AM Once for	or 5 🔺
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ROM Impairment	t)	Active	and Barransan and an	12/1999 MOD HIS Years / monthly (Wate) H	
	-2-		File My Plan		×
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Expected Outcomes	Target Completion	Charting Sta	Disgnosis 7 Dx Code	Reference System: custom_impression_plan	Display Save Order Set 0
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right knee with 5-15 degrees, active			Uncomplicated		C Protocols (Add or Update Assessment)
PTR-STG - Patient's motor control will increase by/to 1-2MMT grades RLE.		Met	gation		Assessment comments  Procedure/Test Instructions
PTR-STG - Patient's pain level will deacrease to (# pain score) to improve functional mobility 3-4/10 right ince with ex.		Not Met	Perform: 💽 -today		
Absence of Falls	Discharge	Progressin	Lab orders (C)	Office procedures (C)	Instructions Add Del
► Absence of Infection Signs and Symptoms	Discharge	Not Met	1 CMP	1 💽 🏳 Electrocardiogram, complete (ECG)	1 My Instructions Add Del
Control of Acute Pain to Patient Satisfaction <sup>A</sup> satisf 0/10		Progressin	2 CBC w/ditt 3 CC CBC w/ditt	2 click arrow to choose	2 Troking cessation counseling provided
<ul> <li>OTR-STG - To complete ADL's and functional mobility, patient will improve standing balance to good</li> </ul>			4 T Lipid Panel S Click arrow to choose		3 C Distary counseing provided Additional orders  Select type (Required)
			Diagnostics	click arrow to choose	1 click arrow to choose
			2 C Abdomen MR Angiogram WITH or WITHO 3 C Extracranial arteries study, compl 4 C C, transthoracic, heart, complete	JUT Contrast	Follow-up visit/referral
			5 💽 🏳 Cardiovascular stress test		F He is to schedule a follow-up visit today     F He will be referred to today
			6 💽 click arrow to choose		Disposition
			Office medications (C)	Office labs	
			1 click arrow to choose	1 Curinalysis, non-automated, w/scope	Auto Tasking On     [Labs/meds/diagnostics ordered here do not upload to modules.]     + Lab/Deamestics/Ratifology Order Module Processing
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## **Community Resources**

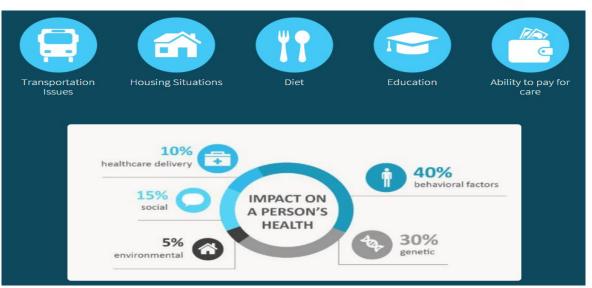
Connecting patients to their neighborhood support services



#### **Health Related Social Needs**

- Housing
- Food
- Utility Needs
- Safety
- Transportation





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## Accountable Health Communities Model

CMS 1/5/2016



"The Centers for Medicare & Medicaid Services (CMS) has announced an Accountable Health Communities (AHC) model to address a critical gap between clinical care and community services in the current delivery system.

The AHC model will test whether increased awareness of and access to services addressing health related social needs will impact total health care costs and improve health and quality of care for Medicare and Medicaid beneficiaries in targeted communities."

Supporting Health Related Social Needs

- Housing
- Food
- Utility Needs
- Interpersonal Violence
- Transportation needs beyond medical transportation

Source: https://www.cms.gov/Newsroom/MediaReleaseDatabase/Factsheets/2016Factsheetsitems



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**Care Management Solution Requirements** 



#### Community Shared Care Plan

- Incorporate the physician treatment plan via CCDA
- Evidence Based Content for Assessments and Care Pathways
- Incorporate the patient and family in goals and intervention planning
- Accessible by all care team members, as well as the patient and family
- Multidisciplinary problems, goals and outcomes
- Incorporate community resources to support non medical gaps in care
- Manage referrals to community resources
- Contract and Services management
- Longitudinal Care Plan
- Ability to view patterns of ED and Hospital utilization
- Strong MPI for patient safety and quality of care



## The "Foundational" Approach to Community Care Coordination

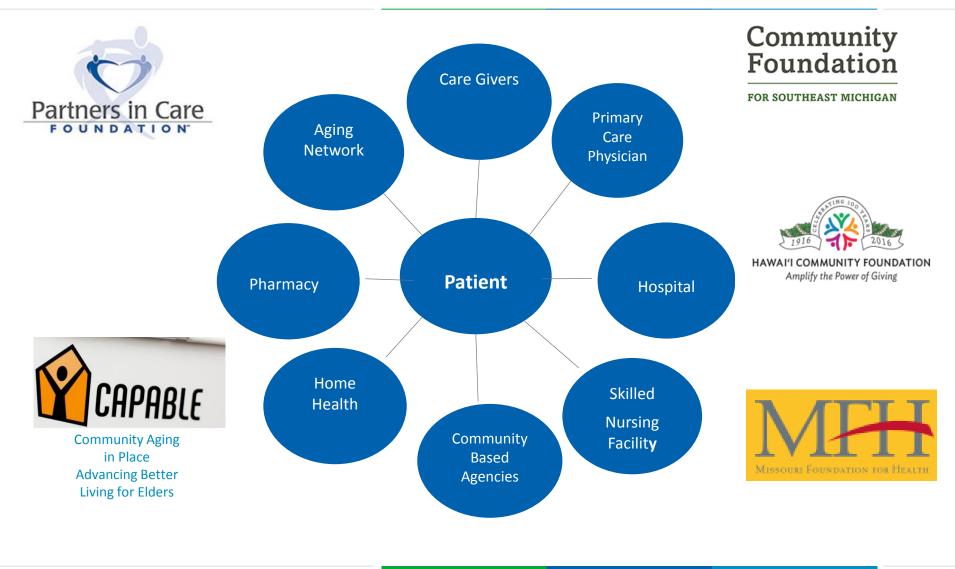
## It takes a team centered approach





## Stakeholders Community Shared Care Plan





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## Care Managers Engaging with Patients and Families

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### Roles of the Patient Centered Medical Team



Sample of roles and responsibilities

- Primary Care Manager (RN/BSW) Lead the Care Management Team
  - Initial engagement with the patient
  - Face to Face encounters
  - Conduct home visits and complete/update CHA and complete screenings
  - Establish appropriate interventions and set patient centered goals
  - Responsible to other members of the team for establishing individualized plans of care and implementation
- Care Coordinator (SW) Co-lead on the team
  - Responsible for completing social, behavioral, and emotional at-risk assessment
  - Link patients to community resources
  - Support RN Care Manager and collaborate with other members of the Care Management Team.
- **Clinical Care Coordinator (LPN)**: Provide support to the RN Care Manager in the holistic multi-disciplinary team approach, which includes social and emotional assessment, planning, facilitating, education and advocacy for the patient protocol.

Source: http://www.p4communitycare.org/programs-initiatives/care-management



#### **Community Health Worker**

- A frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served
- This trusting relationship enables the worker to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery





### Discussion



