

# **Engage Consumers in Wellness- Based Population Health**

March 8, 2016
David Peter, Chief Medical Officer
Laura Kukral, Director Strategy



## POPULATION HEALTH THE AKRON GENERAL WAY

Community **Health Priorities** 

- · Chronic Diseases
  - · Mental Health
- · Access to Care
  - · Substance Abuse
- . Smoking Cessation
- . Elderly Care Support
  - . Obesity

### **AKRON GENERAL**

### TRADITIONAL HEALTH SYSTEMS

### **Complete Care**

- Chronic disease management (B2C)
- · High cost case management and coordination (proposed B2B)

HUG\*

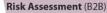
- ACO
- BPCI (AGMC)
- Managed Care
- · VBP Initiatives (AGMC)
- · Post Acute Initiatives (AGMC)

### Risk Reduction (B2B)

- · On-site clinics
- Immunizations
- · Wellness programs
- · Exercise program design
- · LifeStyles (+B2C)

**EMERGING CHRONIC CONDITIONS** (HIGH IMPACT)

· Community Health Centers (AGMC)



- **Biometric Screenings**
- **H&V Screenings**
- Bone Density Screenings
- HRAs

H & W Membership (B2C)

WELL **POPULATION** 

- · PCPs (AGMC)
- · Community Outreach (AGMC)



# Innovation in Wellness Services

Delivery. Engagement. Outreach. Research.



AKRON GENERAL
Health & Wellness
INNOVATIONS

# Transitioning to Value

- Getting Lean
- Medicaid expansion
- Repositioning the brand on the wellness message
- Transforming quality and patient experience
- Investing in the future

# Innovative Delivery: Health & Wellness Centers



24-Hour Emergency Services

Cardiac & Pulmonary Testing

Center for Behavioral Medicine & Testing

Heartburn Center

Lab Services

**Outpatient Surgery Center** 

**Physician Practices** 

Radiology Services

Life Styles

Reflections Breast Health Center

RightFit

Health Screenings

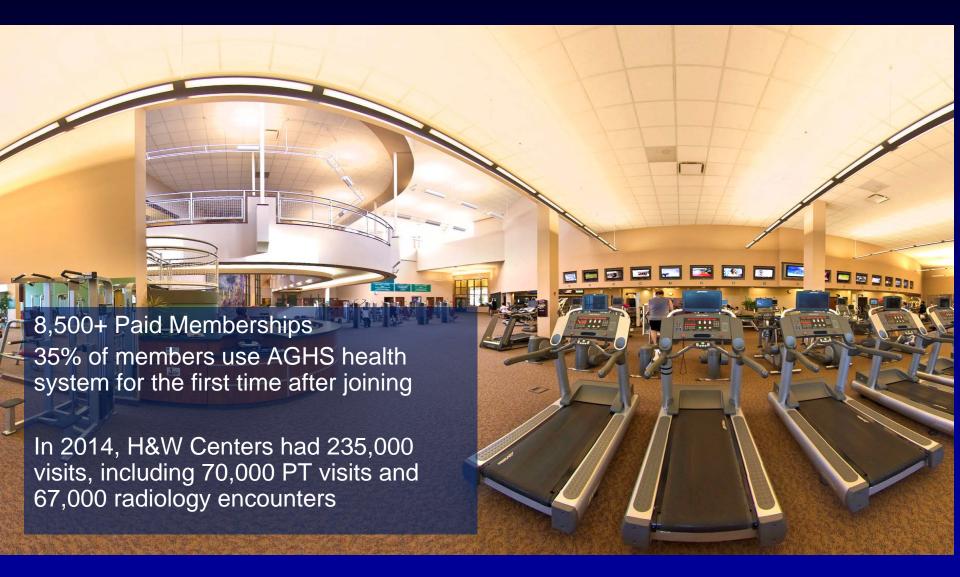
Community Access and Wellness

Sleep Center

Sports Medicine & Physical Therapy Services

Cardiac Rehabilitation (Phase III)

# Consumer Engagement



# Surroundcare



## Outreach

- AxessPointe
- Health & Wellness Express
- Outreach Programs



## Research

Wellness Research Collaborative



Cleveland Clinic Wellness Institute

# Why Would We Share Our Story?

"We want to put smart minds around us who can help discover what clinical prevention should really look like; and can define Medical Fitness best practices for the next twenty years."

Dr. Tim Stover, CEO

### POPULATION HEALTH THE AKRON GENERAL WAY

Community Health Priorities

- . Chronic Diseases
  - . Mental Health
- · Access to Care
  - · Substance Abuse
- . Smoking Cossation \* Elderly Care Support
  - · Obesity

**HUG** 

### 2016 STRATEGIC PLAN

MAJOR TASKS FOR POPULATION HEALTH

### **AKRON GENERAL**

#### Complete Care

- Chronic disease management (B2C)
- · High cost case management and coordination (proposed B2B)

### TRADITIONAL HEALTH SYSTEMS

- · ACO
- . BPCI (AGMC)
- Managed Care
- · VBP Initiatives (AGMC)

· Post Acute Initiatives (AGMC)

#### Risk Reduction (B2B)

- · On-site clinics
- Immunizations
- · Wellness programs · Exercise program design
- · LifeStyles (+B2C)

### **EMERGING** CHRONIC CONDITIONS

Community Health Centers (AGMC)

#### Risk Assessment (B2B)

- Biometric Screenings
- H&V Screenings
- Bone Density Screenings
- · HRAs

#### H & W Membership (B2C)

**POPULATION** 

- · PCPs (AGMC)
- · Community Outreach (AGMC)

Cleveland Clinic Akron General

# Cleveland Clinic

Every life deserves world class care.