

Making the Difficult Conversation Simpler

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Mr. Stevenson

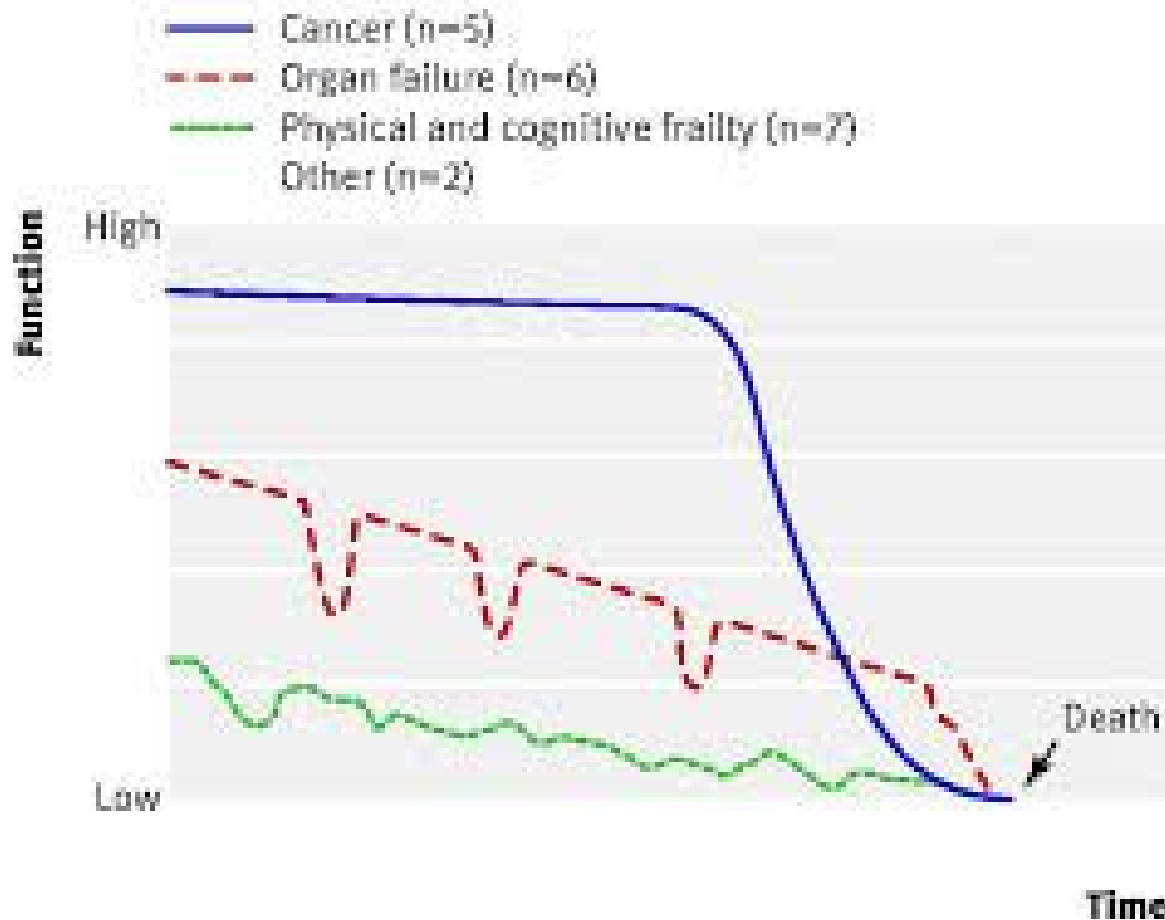


Advanceding Serious Illness



ASI Trajectories

Number of deaths in each trajectory, out of the average 20 deaths each year per UK general practice list of 2000 patients



Murray et al, BMJ 2008;336: 958-959

Phase of Illness	Cancer	Organ Failure	Dementia/Frailty
Becoming ill	Sudden memory	No clear event	Functional decline
Death	Real threat	Rarely considered	Not a concern
Living with ASI	Cancer Rx experience	Uncertainty, episodes, frustrating limitations	Normalizing, adapting, fear of NH and dementia
Death	Backstage, occasional appearances	Brushes with during exacerbation	Fates worse than...
Dying	Focus on good death, HPM	Keeping going, late HPM	Slow, final decline; increased, often lengthy HPM
Death	Center stage	Why discuss it?	Will happen in due course

Cancer



"I have fought the good fight"

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Organ Failure



“Why can’t I get another 50,000 miles?”

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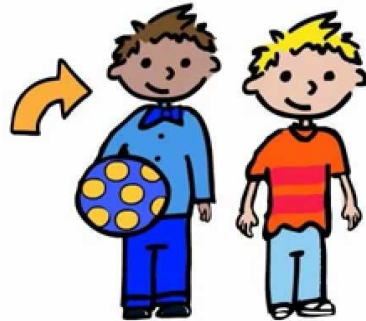
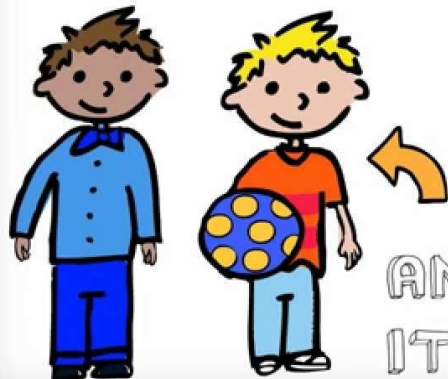
Dementia/Frailty



“ Not with a bang, but a whimper...”

Psychological Safety

SOMETIMES IT IS MY TURN
TO GO FIRST



AND SOMETIMES
IT IS NOT.

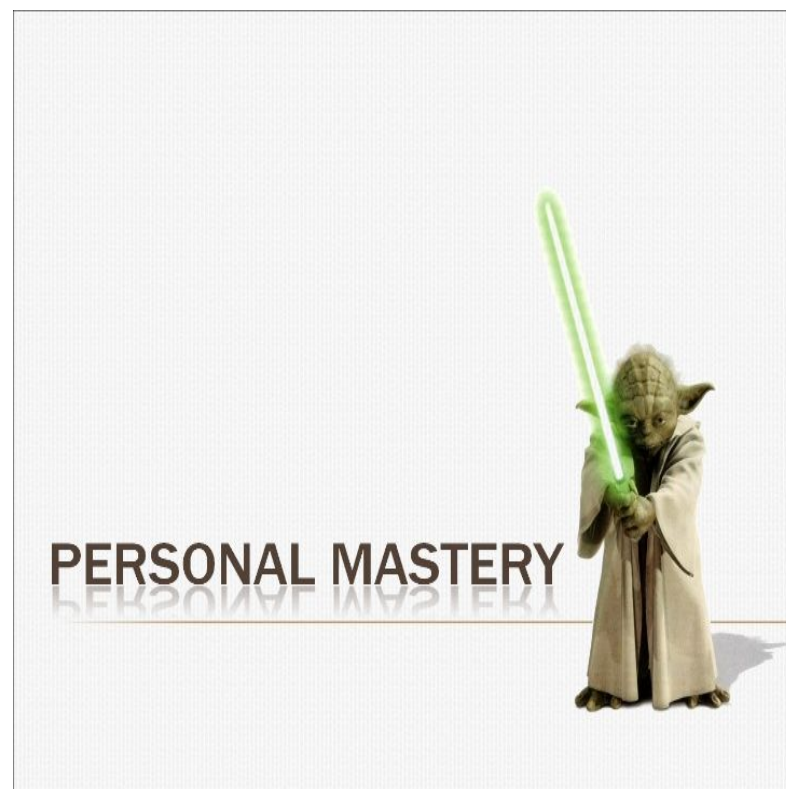
IT'S WHAT YOU **DON'T SAY** THAT COUNTS!



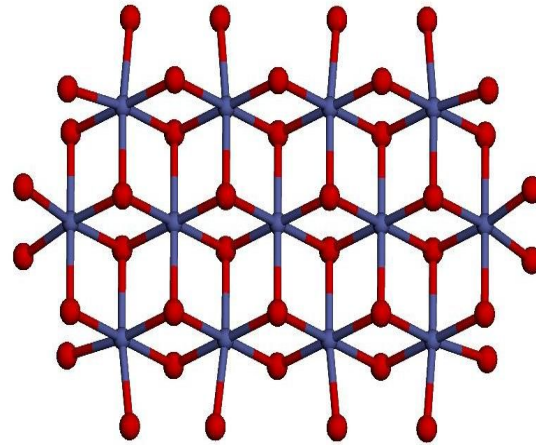
LEARN TO **READ** AND **INFLUENCE** PEOPLE THROUGH
NONVERBAL COMMUNICATION.



V



Why Use a Game?







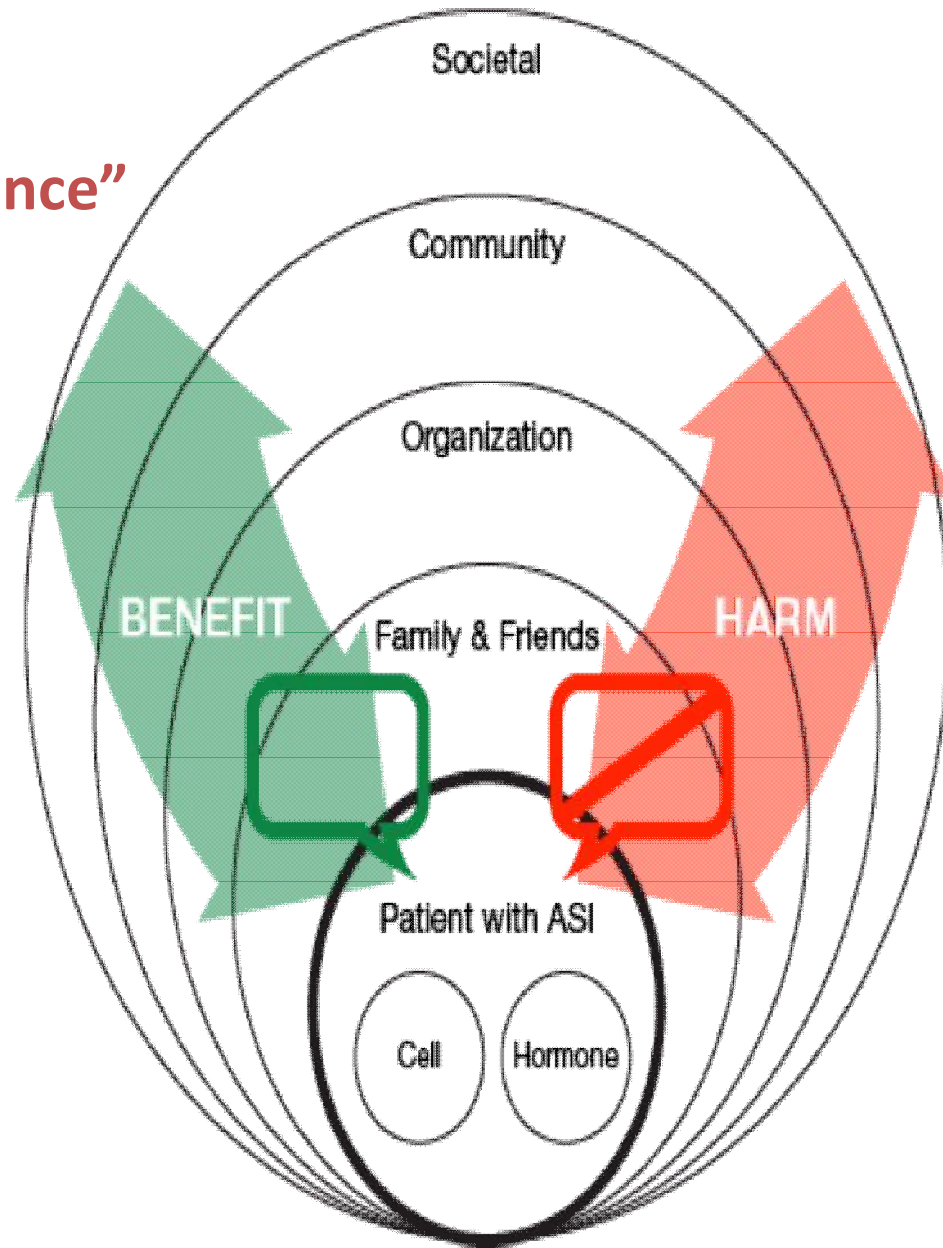
Let's try one question

QUESTION 4

Who haven't you talked with
in more than six months that
you would want to talk with
before you died?

78% within 3 months

“Multibeneficence”



Wrapping Up

- Psychological Safety
- Game
- “Multibeneficence”
- Patient/family-centered



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