



## Population Health Colloquium

*The Leading Forum on Innovations in Population Health*



# Risk, Prevention, and the Missing Data

Alicia Y. Zhou, Ph.D.

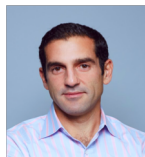
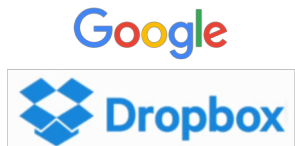
March 18<sup>th</sup>, 2019

# Agenda

About Color

Risk Prevention and the Missing Data

# Who we are: Leaders in health, software, UX, data science, and genomics



**Othman Laraki, Chief Executive Officer**

- Google, Twitter, Microsoft
- Stanford, MIT
- BRCA2 carrier



**Jeremy Ginsberg, VP of Engineering**

- Google, Twitter
- Stanford University



**Jill Hagenkord, Chief Medical Officer**

- 23andMe & Invitae
- Stanford Univ School of Medicine
- MD, FCAP



**Alicia Zhou, VP of Research and Scientific Affairs**

- Broad Institute, Dana-Farber Cancer Institute
- Harvard, MIT, UCSF
- Ph.D.



**Gilad Mishne, Ph.D. Data Science and Machine Learning**

- Twitter, LinkedIn
- Technion, IL



**Wendy McKennon, VP of Product & UX**

- Google, Method
- Stanford University



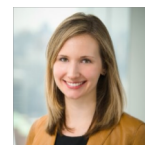
**Scott Topper, VP of Clinical Operations**

- Invitae, University of Chicago
- University of Wisconsin-Madison, Washington University in St. Louis
- Ph.D., FACMG



**Katie Stanton, Chief Marketing Officer**

- Google, White House
- Rhodes College, Columbia Univ



**Caroline Savello, VP of Commercial**

- Boston Consulting Group, Bloomberg
- Yale University

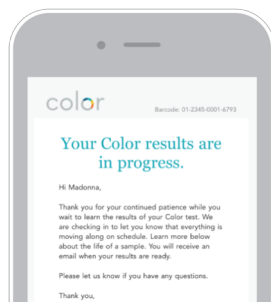


**Elad Gil, Chairman**

- Google, Twitter, McKinsey
- MIT Ph.D. Biology

# Color's evolution: Expanding genetics from testing to population-level outcomes

## Where we started



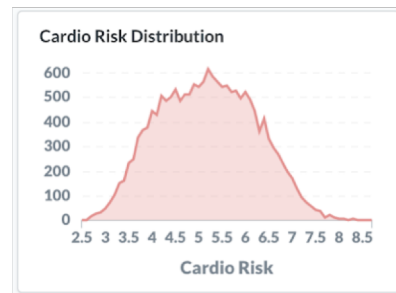
**Redefined the financial & logistical costs of clinical-grade genetics**

## Our expansion



**Accessed full populations with virtualized delivery model**

## Our focus



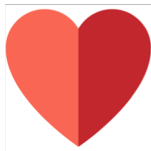
**Transforming system-level outcomes through a data-driven tech stack**



# Color brings personal context back into healthcare



Hereditary  
cancer



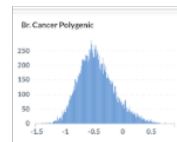
Hereditary  
cardio



Pharmaco-  
genomics



Traits



Research

**Dynamic return of results** on multiple health areas over the course of an individual's life, based on their personalized risk level and the current medical evidence.

**Genetics + clinical risk algorithms** using 70-100+ data points collected, eg personal and family history, blood pressure, height, weight, smoking, diabetes, medications.

**Engagement** via the "halo effect" and inherent family virality of genetics.

# Who we work with & where we're heading

## Our Partners: Health Systems, Large Employers, & Research Institutions



**LEVI STRAUSS & CO.**



## Recent Collaborations

### Color Launches Initiative to Improve Polygenic Risk Scores With Low Coverage WGS, Imputation

Jan 07, 2019 | [staff reporter](#)

NIH-funded genome centers to accelerate precision medicine discoveries

*Part of the All of Us Research Program, centers will sequence 1 million genomes.*

Technology

### Color Genomics Announces Partnership With Illinois Health System

## Color's model

### Onboard

*Simple, effective onboarding of your full population*

### Collect signals

*Genetics, health history, daily behavioral choices, and social determinants*

### Translate signal to insight

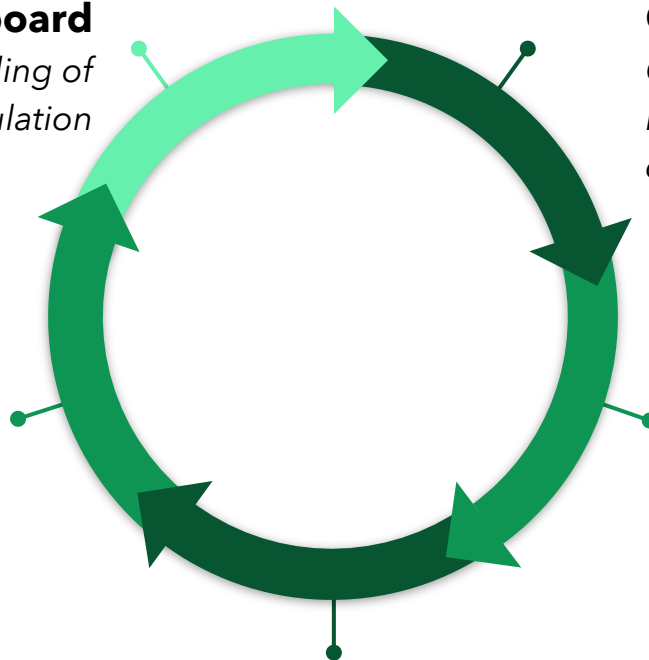
*Risk stratification, identification of high-value cohorts, and health risk insights*

### Change behavior

*Intervention targeting to change behavior and choices*

### Engage & update

*Ongoing activation moments to feed cycle of data to signal, signal to decisions, and decisions to outcomes*



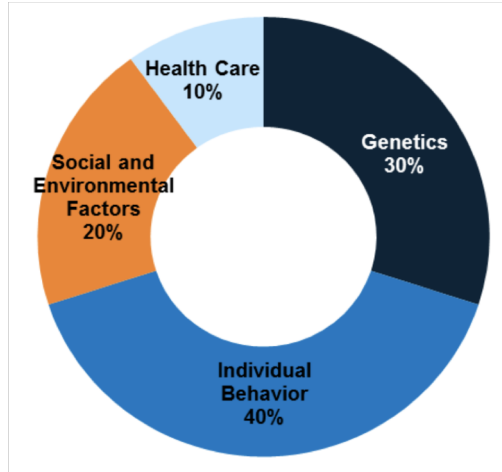
# Agenda

About Color

Risk Prevention and the Missing Data

# Healthcare's greatest opportunity: More contextual insights, better outcomes

**Core determinants of health**



**Access to the data that actually  
drives human health**

**Nonadherence to  
depression treatment**

**40% - 75%**



**% of U.S. adults not  
complying with  
colorectal cancer  
screening**

**35%**



**Technology to activate patients  
and change behavior**

Sources: Steven A. Schroeder, "We Can Do Better – Improving the Health of the American People," *NEJM* 357 (2007); Pampallona S, "Patient adherence in the treatment of depression", [Br J Psychiatry](#). 2002 Feb;180:104-9; [CDC press release 2013](#).

# Data-driven prevention

- 1 Onboard
- 2 Collect signal
- 3 Translate signal to insight
- 4 Change Behavior
- 5 Engage and Update

# Data-driven prevention

1

Onboard

2

Collect signal

3

Translate signal to insight

4

Change Behavior

5

Engage and Update

## Rapid recruitment & onboarding

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**LEVI STRAUSS & CO.**

**47%** eligible employee utilization in 3 months



**7,000** individuals participating in Color in the first 8 weeks after launch  
(**25%** utilization)

# Dozens of leading employers offer Color's population health platform as an employee benefit

## Financial Services



## Technology



## Consumer



## Other



...and many more!



## Overall demographics from first ~11k enterprise participants

52%

female

30s-40s

median age

~44%

non-Caucasian

# Data-driven prevention

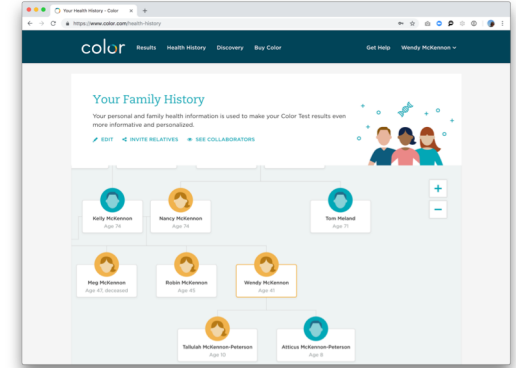
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## Rich genetic content



**easy-to-use** saliva collection  
TAT: 2-3 weeks

## Robust, frequently-updated data collection



**92%** personal + family health  
history completion rate.

# Data-driven prevention

1

Onboard

2

Collect signal

3

Translate signal to insight

4

Change Behavior

5

Engage and Update



NATIONAL ACADEMY OF MEDICINE

## A Proposed Approach for Implementing Genomics-Based Screening Programs for Healthy Adults

By Michael F. Murray, James P. Evans, Misha Angrist, Kee Chan, Wendy R. Uhlmann, Debra Lochner Doyle, Stephanie M. Fullerton, Theodore G. Ganiats, Jill Hagenkord, Sara Imhof, Sun Hee Rim, Leonard Ortmann, Nazneen Aziz, W. David Dotson, Ellen Matloff, Kristen Young, Kimberly Kaphingst, Angela Bradbury, Joan Scott, Catharine Wang, Ann Zuber, Marissa Levine, Bruce Korf, Debra G. Leonard, Catherine Wicklund, George Isham, Muin J. Khoury

December 03, 2018 | Discussion Paper

### CDC Tier 1 Genomics Conditions

**HBOC:** *BRCA1, BRCA2*

**Lynch:** *MLH1, MSH2, MSH6, PMS2, EPCAM*

**FH:** *LDLR, APOB, PCSK9*



### PGx: CPIC level A

Gene-drug interactions as labeled by the **FDA**



# Data-driven prevention

1

Onboard

2

Collect signal

3

Translate signal to insight

4

Change Behavior

5

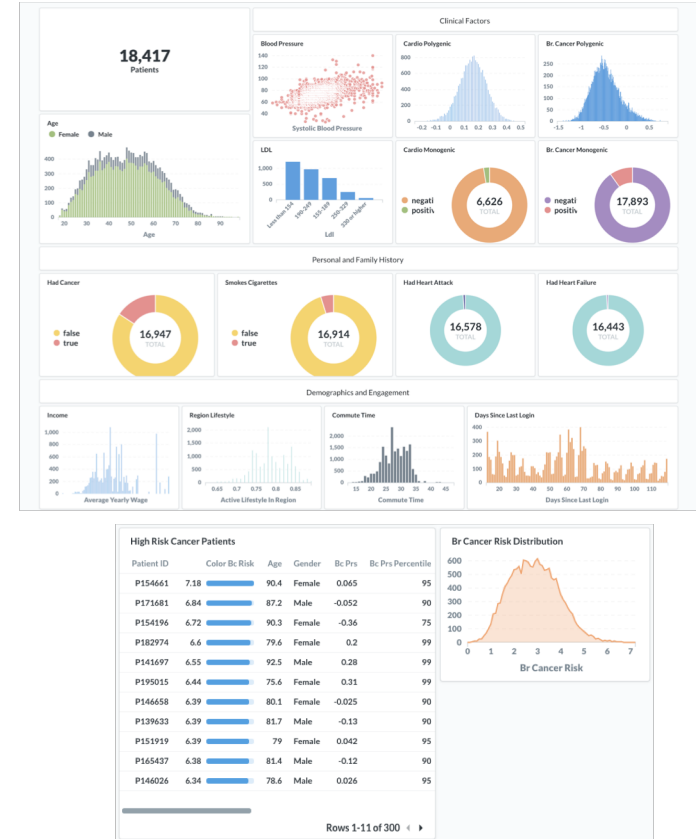
Engage and Update

Software turns signals into insights:

- Clinical risk models, e.g. Gail, Claus, Framingham
- Genetic risk
- Collaborative family health history
- Daily behavioral choices, e.g. Smoking, BMI
- Social determinants

Focus on high-risk cohorts and change their behavior:

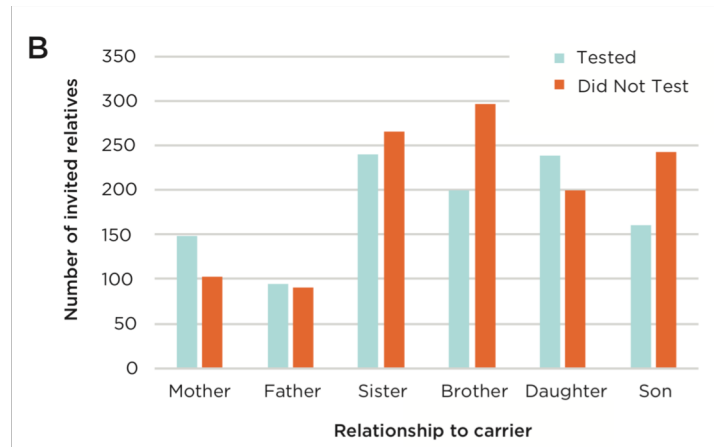
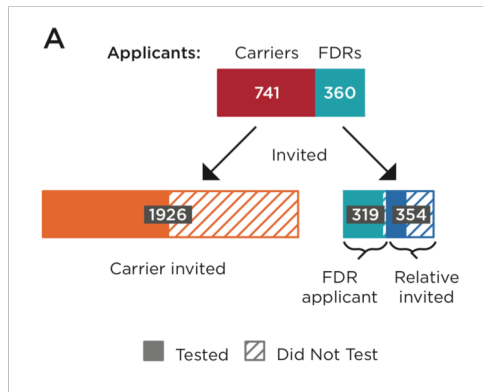
- Risk segmentation and targeted interventions
- Screening compliance
- Program routing



# Data-driven prevention

## Color's Family Testing Program

- 1 Onboard
- 2 Collect signal
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### ~50% uptake on cascade testing

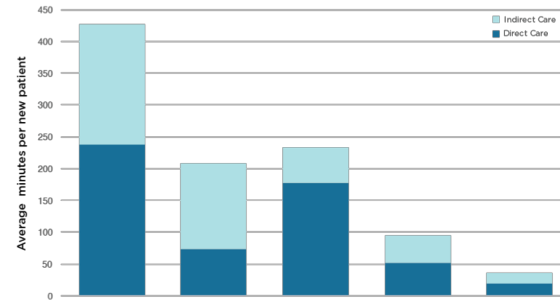
- \$50 full panel testing for any first-degree relative
- Kit is shipped to patient's home
- Counseling is delivered by Color

# Data-driven prevention

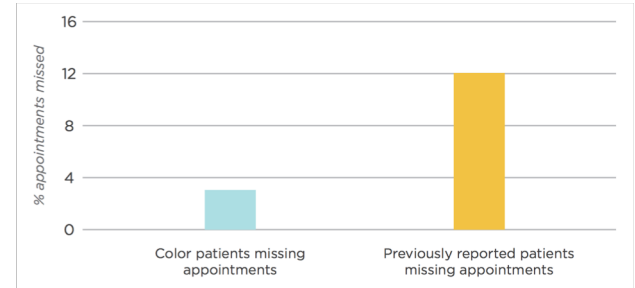
## Digital Genetic Counseling Delivery

- 1 Onboard
- 2 Collect signal
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Overall time spent: <60 mins



Missed appointments: ~3%

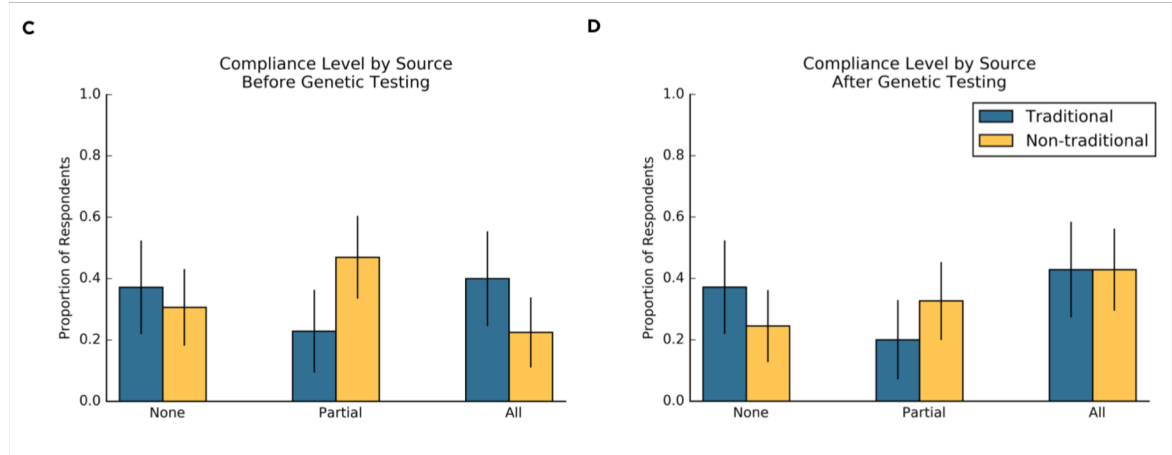


Digital delivery of genetic counseling results in more efficient and effective genetic counseling delivery

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## Screening Compliance



Genetics drives mammography screening compliance up in the average risk population

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## Statin Adherence



Polygenic risk score results increase statin compliance by 41% (63.4% vs. 45%) [\[source\]](#)

Only 7% statin nonadherence following genetic diagnosis vs >50% in general population [Source](#)





# Polygenic scores for population risk stratification and individual risk.

MENU ▾

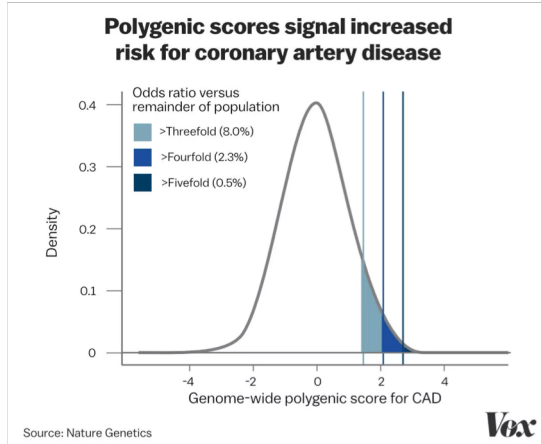
nature  
genetics

Letter | Published: 13 August 2018

Genome-wide polygenic scores for common diseases identify individuals with risk equivalent to monogenic mutations

Amit V. Khera, Mark Chaffin, Krishna G. Aragam, Mary E. Haas, Carolina Roselli, Seung Hoan Choi, Pradeep Natarajan, Eric S. Lander, Steven A. Lubitz, Patrick T. Ellinor & Sekar Kathiresan

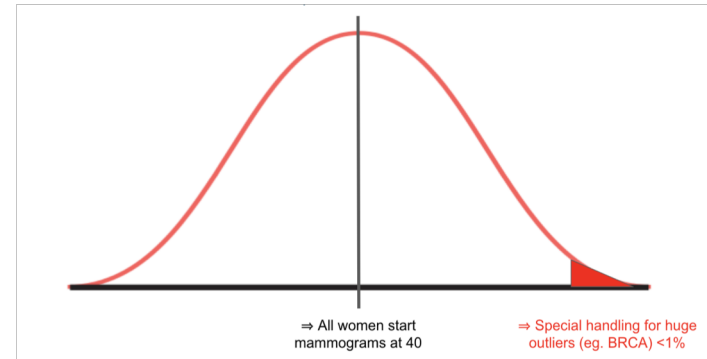
Nature Genetics 50, 1219–1224 (2018) | Download Citation



Review Article | OPEN | Published: 13 September 2017

The WISDOM Study: breaking the deadlock in the breast cancer screening debate

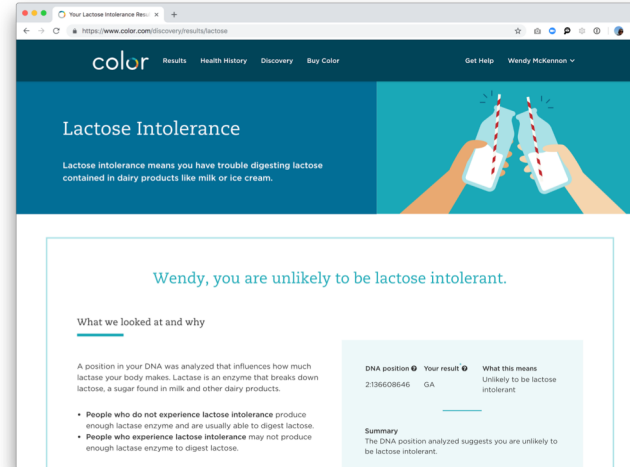
Laura J. Esserman & the WISDOM Study and Athena Investigators



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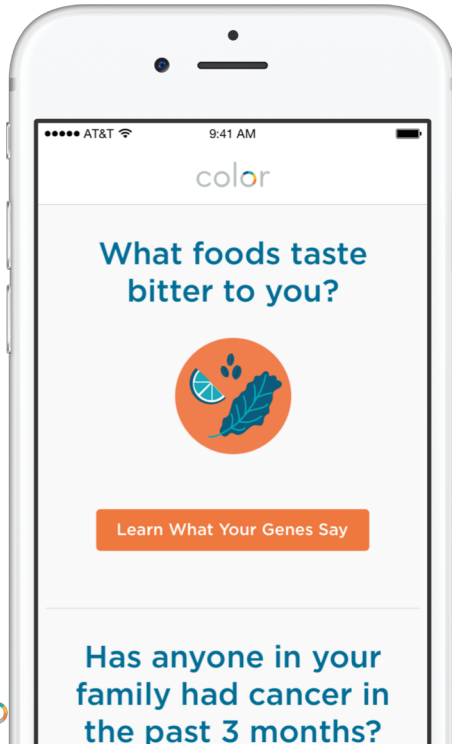
## Frequent digital re-engagement



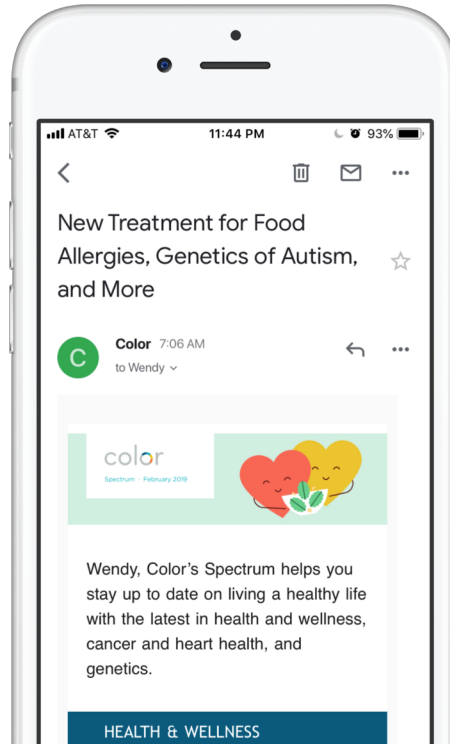
**40%+ click-through** on traits reports  
and re-engagement with clinical  
information

# Strong ongoing engagement

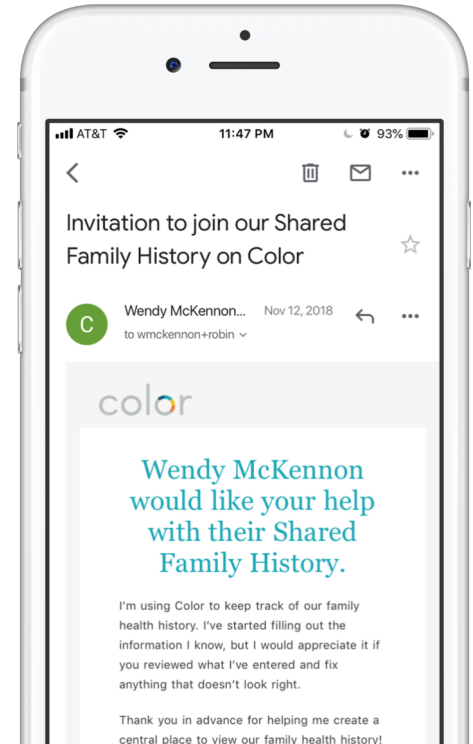
## Color Discovery



## Monthly newsletter



## Shared Family History



## Building large, engaged populations

88%

of patients complete  
health history

50%

of invited family accept  
to collaborate on health  
history

83%

of accepted family  
complete health history

85%

of patients subscribe to  
monthly newsletter

23%

average open rates on  
monthly newsletter  
(16% is normal)

59%

of family testing  
invitees follow through  
(10-30% is normal)

Color changes outcomes by  
getting the right intervention, to  
the right people, at the right time.

## Keys to population health

Large,  
engaged  
populations

Useful,  
actionable  
insights

Enabling  
effective  
interventions



Questions?

[alicia@color.com](mailto:alicia@color.com)

## Antidepressants

- [CPIC Guideline for CYP2D6 and CYP2C19 Genotypes and Dosing of Selective Serotonin Reuptake Inhibitors.](#)
- [CPIC Guideline for CYP2D6 and CYP2C19 Genotypes and Dosing of Tricyclic Antidepressants.](#)
- [Altar CA, et al. \(2013\) Clinical validity of cytochrome P450 metabolism and serotonin gene variants in psychiatric pharmacotherapy. Int Rev Psychiatry 25\(5\):509-33.](#)

## Cardiovascular PGx

- [CPIC Guidelines for CYP2C19 Genotype and Clopidogrel Therapy](#)
- [CPIC Guideline for SLCO1B1 and Simvastatin-induced Myopathy](#)
- [CPIC Guidelines for Pharmacogenetics-guided Warfarin Dosing](#)

## Pain PGx:

- [CPIC Guidelines for Cytochrome P450 2D6 \(CYP2D6\) Genotype and Codeine Therapy](#)
- [CPIC Guidelines for CYP2C9 and HLA-B Genotype and Phenytoin Dosing](#)
- [CPIC Guideline for HLA Genotype and Use of Carbamazepine and Oxcarbazepine](#)



# How it Works



## Sample

Online physician-ordered test shipped home with pre-paid return shipping



## Results

Detailed risk profile with evidence-based screening guidelines



## Counseling

Discuss results and next steps with a board-certified, licensed Color genetic counselor



## Share

Results are easily shared with healthcare providers and family members

# Genetics: Where to Start?

CDC Tier 1 Conditions	Genes	Clinical Risk	Disease-altering intervention	Prevalence
Hereditary Breast and Ovarian Cancer Syndrome	<i>BRCA1, BRCA2</i>	Early onset breast, ovarian, prostate, and other cancers	Targeted screening with optional prophylactic medical or surgical intervention	1:202
Lynch Syndrome	<i>MLH1, MSH2, MSH6, PMS2, EPCAM</i>	Early onset colon, endometrial, and other cancers	Targeted screening and management of precancerous lesions	1:293
Familial Hypercholesterolemia	<i>LDLR, APOB, PCSK9</i>	Early onset coronary artery disease	Targeted screening and medical management	1:222
Based on Geisinger MyCode study*			TOTAL	1:78
*RoR from Research Exomes, Mike Murray, MD. <a href="#">Manickam K, et al. JAMA Network Open. 2018;1(5) Genet Med. 2018 Apr;20(5):554-558, PMID: 29261187</a>				

The **CDC's Office of Public Health Genomics** defines Tier 1 genomic applications as those having significant potential for positive impact on public health

- Significantly underdiagnosed
- Disease risk is well understood in an unselected population
- Well-established, effective preventive guidelines exist

The **National Academy of Medicine's Genomics and Population Health Action Collaborative** recommended the Tier 1 conditions as an appropriate population genomic screen in healthy adults

Source: [CDC website for Genomics Implementation](#)

See also: [National Academy of Medicine, Genomics and Population Health Action Collaborative](#)  
Murray, MF, et al. A Proposed Approach for Implementing Genomics-Based Screening Programs for Healthy Adults, Dec 2018

## Clearest clinical evidence for commonly prescribed medications

- CPIC level A and B genes + some VIP genes not yet reflected on CPIC
- Technically challenging genes will be covered in future assay releases (e.g. HLA-A, HLA-B)

## Least controversial, most useful

- Antidepressants
- Cardiovascular medications
- Pain management

Gene	Star alleles analyzed
CYP2D6	*2, *3, *4, *5, *6, *7, *8, *9, *10, *11, *12, *14A, *14B, *15, *17, *19, *29, *35, *41, *xN
CYP2C19	*2, *3, *4A, *4B, *10, *17

Gene	Star alleles and variants analyzed
CYP1A2	*1F, *1J, *1K
CYP2C9	*2, *3, *4, *5, *6, *8, *11
CYP3A4	*1B, *22
CYP3A5	*3, *6, *7
CYP4F2	*3
DPYD	*2A, *13
F5	rs6025 (Leiden)
IFNL3	rs12979860
NUDT15	rs116855232
SLCO1B1	rs4149056
TPMT	*2, *3A, *3C, *4
VKORC1	rs9923231