

#### The Economics of Personalized Medicine and Genomics

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## **Disclosures—JSPH Research Projects**

 I have worked on projects at the Jefferson School of Population Health funded by
> Abbott Laboratories (Abbott Molecular division)
> Genomic Health (Oncotype DX<sup>®</sup>)



#### **JSPH Academic Projects**



A PERFECT STORM What Will Happen When Biologics Go Up Against Cost, Medical Need, and Politics? Page 6

How Employers Can Cope With the Rising Use of Biologics Page 21

#### **RENEWING HUMANS**

Is Regenerative Medicine the New Healthcare Frontier? Page 17

THEATING CANCER Current Therapies Have Pluses and Minuses Page 28



## **Learning Objectives**

- 1. Assess genomic approaches from the point of view of a patient and a population
- 2. Critique current approaches to assessment of personalized medicine
- **3.** Evaluate the economic outcomes of genomic medicine for different populations



## **Connections to Colloquium Sessions**

#### • Carolyn Buck-Luce, MBA

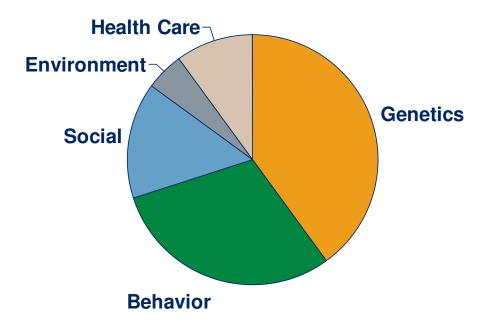
- Global Pharmaceutical Sector Leader, Ernst & Young, New York, NY
- The Importance of Innovation for Life Sciences
- > Tuesday, 2/28, at 11am

#### • Chris McFadden

- > Managing Director, Health Evolution Partners, New York, NY
- Closing Keynote: Healthcare Investment Trends
- > Wednesday, 2/29, at 8:15am



# Genetics is a major determinant of population health outcomes



- Source: *Population Health,* Ch. 10
- Behavior is number 1 at 40%
- Genetics is high at 30%



## **Genetics versus Genomics**

#### • Genetics

- "Study of genes and their roles in inheritance"
- Genetic diseases: Cystic fibrosis, Huntington's disease, and phenylketonuria (PKU)

#### Genomics

- "Describes the study of all of a person's genes (the genome)"
- Complex diseases: heart disease, asthma, diabetes, and cancer
- Combination of genetic and environmental factors
- Genomics is offering new possibilities for therapies and treatments for some complex diseases, as well as new diagnostic methods."

Source: National Human Genome Research Institute, National Institutes of Health; genome.gov



### Diagnostics as the first step toward Genomic Medicine

- We have mapped the whole human genome
- Reasonable first step: relate that map to known illnesses
- Genomic diagnostics
  - Predictive genomic tests—Oncotype DX<sup>®</sup> (Genomic Health)
  - Genomic therapies—Vysis ALK FISH test (Abbott Molecular) and crizotinib (Pfizer)



#### Population health purposes for Genomic Diagnostics

- Research
  - > This is where we are now
- Improvement
  - Future medicine—combine data from success of drugs with multiple genomic tests
  - Refine treatment for subpopulations
- Accountability
  - Definitely not yet
  - > Examples: herceptin—HER2 breast cancer



#### Genomic tests sort people out

- Think about oncology drugs
  - Traditional chemotherapy
  - Novel, targeted, molecular therapies
- How much would a test be worth that separated responders from non-responders?
  - Direct valuable healthcare resources towards those most likely to benefit
- Value of test depends on population level variables
  - What percent of people are expected to succeed and fail?
  - > Test validity is crucial and dependent on the scenario



## Genomic diagnostics can help choose between existing options

- Genomics can show commonalities within groups
  - Genetic background
  - Gene-environment interaction
  - Special mutations
- Genomics is about classification
  - Which similarities matter clinically—go beyond disease diagnosis
  - > What worked in the last patient that will work with this patient?
- Diagnostic genomics is an emerging field
  - Familiar challenge—making bench science into clinical therapy
  - New challenge—find which common markers that are already known are valuable



## Examples of genomic diagnostics Oncotype DX<sup>®</sup>

- Genomic Health
- Risk score for breast and colon cancer
- Stage 1 or 2 estrogen receptor-positive, lymph node-negative breast cancer
- Combines assay of 21 genes with "scoring" algorithm
- Generates recurrence score between 0-100
- Behavior change potential
  - Determine recurrence probability
  - Evaluate likely benefit from chemotherapy

Source: "The Economics of Genetic Testing for Women with Breast Cancer" (2012). Working paper, Jefferson School of Population Health.



## Examples of genomic diagnostics—Vysis ALK Break Apart FISH Probe Kit

- Abbott Molecular
- Non-small cell lung cancer
- FISH test—genomic test to map genes
- ALK—a gene implicated in many types of cancer
- Predicts response to specific drug—crizotinib
- FDA approved, marketed as Xalkori<sup>®</sup> by Pfizer
- Behavior change potential
  - Evaluate benefit from a targeted molecular therapy that benefits a minority of patients

Source: FDA News Release, "FDA approves Xalkori with companion diagnostic for a type of late-stage lung cancer" <a href="http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm269856.htm">www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm269856.htm</a>



### **Targeted therapies aren't for everyone**

- Successful genomic therapies often look great
  - From a clinical point of view
  - Ignoring the fact that we have to figure out how to assign treatment
- Successes and failures will tend to fall in groups
  - Can we identify those groups ahead of time?
  - If not, how rigorous are our post-hoc analyses?
- The main point
  - What looks great to a single patient doesn't always look great on a population level



#### Personalized Medicine

#### means recognizing and using options

- Conventional therapies
  - Has the richest evidence base
- Novel therapies
  - > Therapies that are often costly and/or require special training
- Alternative/complementary therapies
- Watchful waiting and/or palliative care
  - Not everything is curable (or even treatable)
  - A legitimate therapy for many conditions
  - > Doctors may have the most work to support patients in this option
  - The outside option in most cases



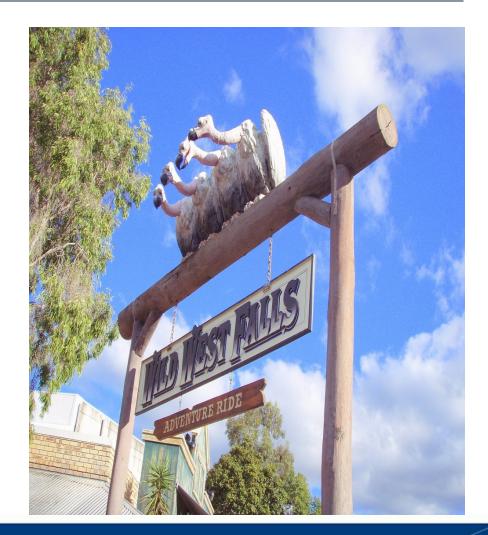
#### New treatments complicate Personalized Medicine

- Complications for study design
  - More options to evaluate
  - More subgroups to consider
- Complications for creating an evidence base
  - Evidence-based medicine is based on matching condition and treatments
  - Personalization makes it harder for clinicians to look at the right "cell" in the evidence database
- Complications for economic analysis
  - Economics depends on the marginal choice
  - It's harder to identify the "marginal choice" for each patient
  - > Where will policymakers get their data?



## **Regulatory "Wild West"**

- FDA does not regulate laboratory developed tests
- Direct-to-consumer tests are available
  - Navigenics, 23andMe, and Decode Genetics
  - These companies have called for greater regulation
- Potential issues
  - Quality control
  - Reimbursement
  - Lack of development of FDA and other expertise
- Can personalized medicine succeed without regulation?





#### Billing for genomic tests is complicated

- No stand-alone CPT codes
  - ICD 10 may address this issue
- Example: ResponseDX CPT codes
  - Lung <sup>®</sup>: 88323, 88381, 88313, 83907, 83891, 83902, 83898, 83896, 83912, 83900, 83901
  - Colon <sup>®</sup>: 88323, 88381, 88313, 83907, 83891, 83902, 83898, 83896, 83912
  - Gastric <sup>®</sup>: 88323, 88381, 88313, 83907, 83891, 83902, 83898, 83896, 83912
  - Melanoma <sup>®</sup>: 88323, 88381, 88313, 83907, 83891, 83898, 83896, 83912

#### • Can personalized medicine succeed if we can't bill for it?



# Contemporaneous approval of therapy and diagnostic

- FDA is pushing for contemporaneous approval of therapy and diagnostic
- Two oncology approvals in 2011
  - Vemurafenib (melanoma) and cobas 4800 BRAF V600 Mutation Test
  - Crizotinib (lung cancer) and Vysis ALK Break Apart FISH Probe Kit
- Personalized medicine issues
  - Do those who "fail" the test get the drug?
- Economic issues
  - Evaluate the two simultaneously
  - Impossible to separate the comparative effectiveness of the test from the drug under current regulations
  - Back to the question: how do we value the test?
  - Answer to personalized medicine issue dictates the setup of economic evaluation



#### An economic perspective is needed

- The marginal value of extra information
  - Not how good is genomics
  - How much more good does it provide?
  - > Value could be financial, clinical or humanistic
- Getting homogenous subpopulations is the point of personalized medicine
  - Not just on observable characteristics
  - Estimate what variation is unobserved
  - Maximize the value of all information
  - That describes the techniques for observational studies in economics research



### **Economics is about Value**

	Low non-monetary costs	High non-monetary costs
Low monetary cost	Potentially high value treatment	High clinical/humanistic cost
High monetary cost	High financial cost	Potentially low value treatment

- All cells require assessment of benefits
- All cells require additional comparative effectiveness analysis



#### Genomics doesn't have to be fancy and expensive

- Clinicians already collect a lot of data—i.e. oncology
  - Sex and gender
  - Race and ethnicity
  - > Age
  - Cancer stage
  - Cancer histology
- Usually cheaper to collect data by asking people than by running assays
- The promise of genomics is getting beyond the plainly observable
- Genomics imposes many costs to get additional data
  - > Vysis ALK FISH test requires a tumor sample



### Value of genomics depends on modality of practice of medicine

- Whose outcomes are we maximizing?
  - The patient
  - The statistical patient
  - Population health
- Do we personalize as much as we can?
  - > We take into account as much data and experience as possible
  - Then we still have lots of partially informed choices—possibly with equally proven outcomes
  - How should payers choose between me-too drugs and me-too therapies?
- The answers could make genomics more or less valuable



## **Minimizing societal costs**

- Economic perspective
- The value per average person
- This will make a test worth less or zero if there are too few or TOO MANY successes for our hypothetical drug
- Think of Vysis ALK FISH test
  - Too few predicted responders—the test identifies few new treatments
  - Too many predicted responders—we are harming people by charging for the test when we should just give everyone crizotinib!
  - Despite the heavy cost of inappropriate treatment for those nonresponders



## U.S. perspective on who bears the cost

- Treatment failures (or their insurers) pay a cost and get no benefit
- Treatment successes (or their insurers) pay a cost and get a benefit
- Different rule
  - If Oncotype DX<sup>®</sup> test result changes treatment path, it was more valuable for that patient than average
  - You could charge successes once the test comes back, or charge everyone upfront and rebate the failures (VBID/risk sharing/other)



Universal health care systems perspective on who bears the cost

- Societal perspective
- Individuals accept that the payer may pay for treatments that don't benefit them
- The whole point is that we can easily identify the beneficiaries—more so than in many other types of medicine
- Equity issue—are those who don't benefit from the test left out?



#### Some people may be harmed by new technology

- Common problem in U.S., universal systems
- Some may pay for a test that doesn't directly benefit them
- Some who would have benefited from the old drug get the new drug
- Economics: how could we balance these harms?



## Place of health policy is to raise these issues and make sure no one is harmed too much

- Genomics in personalized medicine
  - It's a science
  - Health policy can't change science
- The rationale and implications of the economic approach
  - Lots of studies involve modeling
  - > We want to cut down to binary choices through the marginal approach
- Policy approach
  - > Balance outcomes for populations and existing patients
  - Consider intended and unintended consequences
  - Decide how much weight to put on observational studies
  - Benefit the population



### Summarizing the economic approach to Personalized Medicine

- Economic evaluation depends on
  - > The practice of medicine
  - Regulator behavior
  - How medical science evolves
  - Population versus patient focus
- Test gives valuable information on whether to proceed with investment (expensive new treatment)
- Price discrimination may help access but hurt equity
- VBID/risk sharing arrangements—"no outcome, no income"!



## Learning Objectives—Review

#### 1. Genomic approaches

- a) Patient wants personalized treatment
- b) Population dictates how much variation we can observe

#### 2. Assessment of personalized medicine

- a) Regulators have some expertise but limited say
- b) Payers can't find some treatments in their claims data
- c) Some may resist evidence-based medicine, and EBM may not be informed for every group

#### 3. Evaluate the economic outcomes

- a) Some RCT evidence
- b) More observational studies/modeling
- c) Policy on how technology is deployed dictates how it should be studied

