# THE TRIPLE ROLE IN TRIPLE AIM FOR HOSPITALS/HEALTH SYSTEMS: POPULATION HEALTH MANAGEMENT AS EMPLOYER, ACO AND PROVIDER

POPULATION HEALTH COLLOQUIUM MARCH 18, 2013 4:30 P.M.

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# THE TRIPLE ROLE IN THE TRIPLE AIM FOR HEALTH SYSTEMS

Employer

Provider

• Insurer/ACO (Financial Risk Bearer)

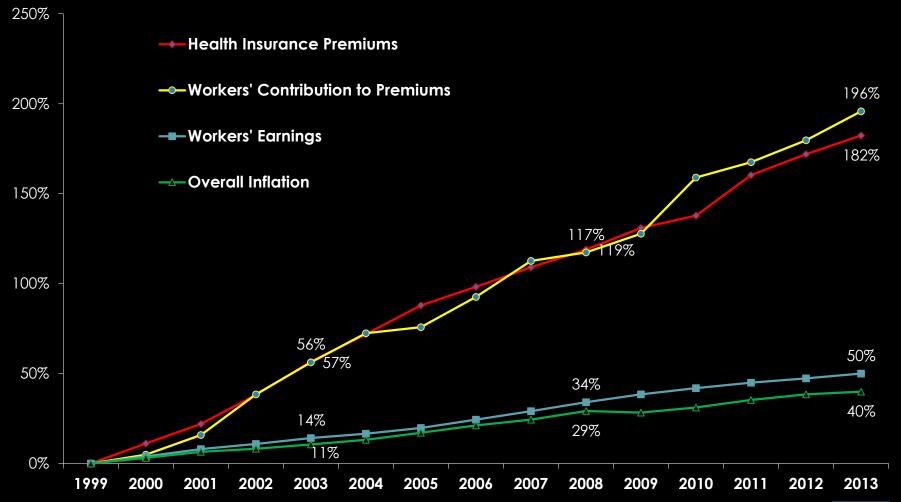
## POPULATION HEALTH MANAGEMENT: THE FUNDAMENTAL FORMULA FOR SUCCESS

When an organization is at Financial Risk for the Clinical/Health Risk of a Population:
Population Health Management is the Fundamental Formula for Success

BH + BHC = GV (HQ/LC)

**Better Health + Better Health Care = Greater Value (Higher Quality/Lower Cost)** 

# CUMULATIVE INCREASES IN HEALTH INSURANCE PREMIUMS, WORKERS' CONTRIBUTIONS TO PREMIUMS, INFLATION, AND WORKERS' EARNINGS, 1999-2013



SOURCE: Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 1999-2013. Bureau of Labor Statistics, Consumer Price Index, U.S. City Average of Annual Inflation (April to April), 1999-2013; Bureau of Labor Statistics, Seasonally Adjusted Data from the Current Employment Statistics Survey, 1999-2013 (April to April).



# VALUE-BASED CARE: THE HEALTH SYSTEM JOURNEY

- Better Health
- BetterHealthcare
- Reduce Costs 2010 +

#### **POPULATION HEALTH MANAGEMENT**

ENROLL  $\rightarrow$  HRA/HEALTH SCREEN/COACH-CONCIERGE /MEDICAL HOME/PCP/PHR  $\rightarrow$  DISEASE MGMT.  $\rightarrow$  PHARMA MGMT  $\rightarrow$  PHYSICIAN ENTERPRISE/OUTPATIENT CARE  $\rightarrow$  INPATIENT CARE  $\rightarrow$  POST-ACUTE CARE

**Full Care Coordination** 

PHYSICIAN ENTERPRISE

**INTEGRATED SYSTEM** 

**HOSPITALS/HEALTH SYSTEMS** 

- 1990 2010
- PRIMARY CARE SYSTEM MULTI-SPECIALTY GROUP(S)
- SINGLE SPECIALTY GROUP(S) CLINICAL INTEGRATED NETWORK
- FACULTY PRACTICE PLAN

1970 - 1990

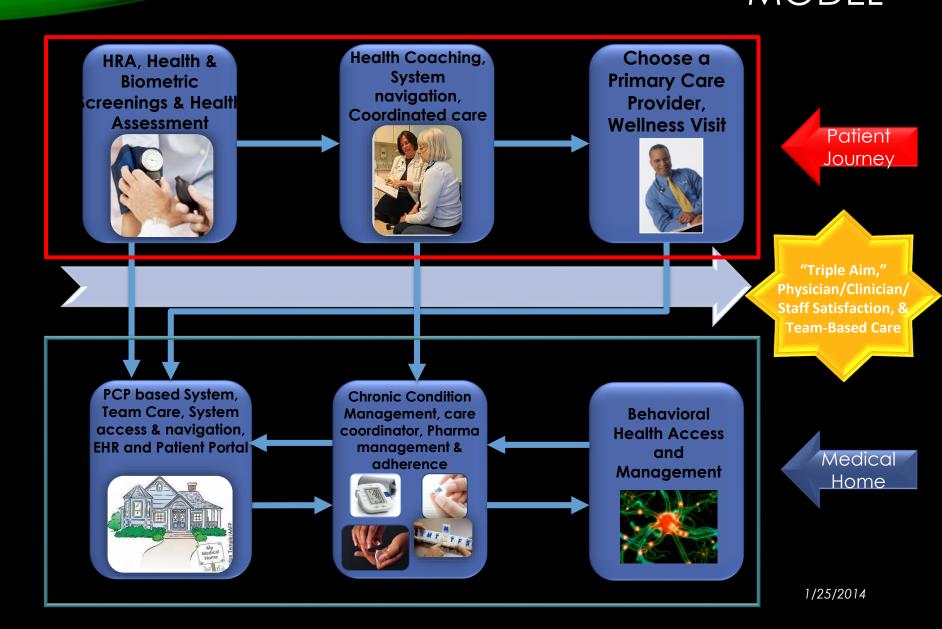


Hospital/Health Systems

**Patient** 

Physicians

# VALUE-BASED CARE: THE PERSON JOURNEY MODEL



## UCLA INNOVATION/TRANSFORMATION MODEL REPLICATION AND SCALABILITY

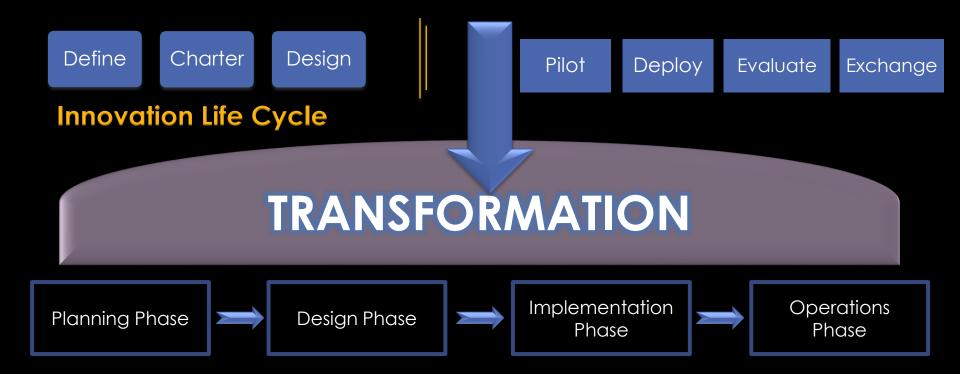
Design Processes, Refine Metrics

Share, Advise Others, Replicate and Scale,

**Accelerated Spread** 

Document Processes and Metrics, Identify Scalable and Replicable Components

## A KEY ASPECT OF INNOVATION IS ENGAGING STAKEHOLDERS IN THE PROCESS OF TRANSFORMATION



- PCMH + population health management components
- Five clinics in six months: 33,000 patients
- Rapid replication to 14 clinics: 100,000 patients
- Completed replication 26 clinics 160,000 patients
- Platform for continuous introduction, design, testing and deployment

# THE TRANSFORMATION PROCESS DESIGN/ IMPLEMENT/ OPERATIONALIZE FOR ACCELERATED REPLICATION AND SCALABILITY

Leadership Team

Design Team

Implementation Team(s)

**Evaluation Team** 

Sustainable Operations

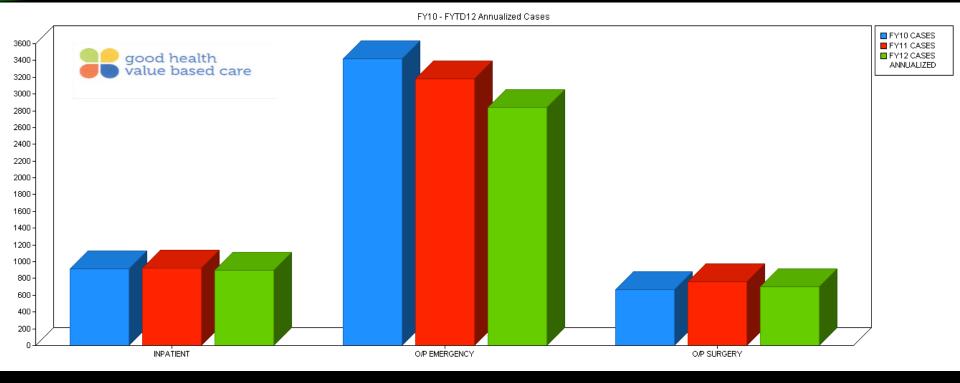
- Establish High Level Project
   Objectives
- Establish Initial Priorities
- Define Design Team Charge
- Define metrics for success
- Apply the specific approach and methodology to accelerate the implementation of and sustainability of the objectives
- Apply the process of rapid cycle scalability and replicability
- Define the application of the implementation and operationalization n process
- Implements/oper ationalizes across the systems

Innovation Science teams

#### METRICS TO MEASURE VALUE

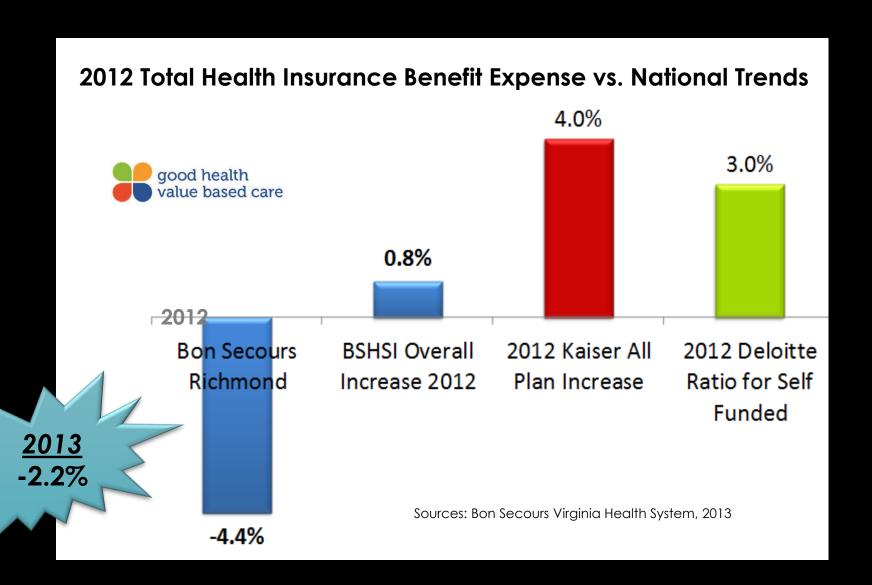
- Engagement: Participant Engagement for each step of the Person Journey
- Utilization/Risk Identification/Mitigation
  - Quantification of avoidable ED, inpatient admission, and readmission
  - Quantification of visits to PCPs (MD and System) and electronic alignment with PCP system
- Total Cost of Care: Quantification of Impact on PMPM/PMPY Spend Trend and Total Population Spend Trend
- Workers' Comp/Absenteeism/Presenteeism: Impact on Worker's Comp Spend Trend/Absenteeism / Presenteeism

# 2012 BON SECOURS VIRGINIA RICHMOND EMPLOYEE UTILIZATION



PATIENT TYPE	FY10 CASES	FY11 CASES	FY12 CASES	FY12 CASES ANNUALIZED	VARIANCE %
INPATIENT	914	925	826	901	(3)%
O/P EMERGENCY	3,421	3,179	2,599	2,835	(11)%
O/P SURGERY	669	758	640	698	(8)%
Report Total	5,004	4,862	4,065	4,435	(9)%

### 2012 EARLY SIGNS OF SUCCESS



### UCLA PCIM\* EFFECT: UCLA FACILITY USE

Engaged Cohort*		Trend (mean 7 months observation
	Number of patients in cohort	after intervention)
UCLA Emergency Department Use	1093	-29%
UCLA Acute Care Hospital Use	1093	-19%

Population Analysis**	Number of patients	Decline from baseline
All Emergency Department Use	14,000	-15%
All hospital Re-admission Rate	14,000	-30%

\*Preliminary observation results as of February 2013, based upon 14 PCMH offices, 1093 patients with 12 months baseline data and at least 6 months (mean 7 months) of observation after care coordinator/PCIM interventions.

\*\* Preliminary results, recent analysis by one contracted health plan



#### HEALTH EMPLOYER EXCHANGE LAUNCH

- Population Target: Health System Employees about whose health we care most; knowledgeable consumers; selfinsured plans transferable to other self-insured employers
- Utilization of Innovation/Transformation Model: Promotes Healthcare Reform from within Healthcare Systems
- Systems Replicate and Scale Sets of Best Practices: Accelerates Change and Make Sustainable
- Value Based Care: Accomplishes The Triple Aim plus Physician/Clinician/Staff Satisfaction
- System Pilots to Replicate and Scale: 5-6 Systems (UCLA Health, Bon Secours Virginia, & Other AMCs and Community/Regional Healthcare Systems Pilot 2014-2017)
- Sustainability: 3-year Duration for Initial Plan/Design and Implementation/Operationalization with Plan to Replicate with Self-Insured Employers