

Ambulatory Care Delivery Strategy: *The Key to Successful Population Health Management*

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1 Introduction

- Healthcare landscape
 - Five national secular trends
 - Impact on providers & patients
- Population health program addresses national trends
- Ambulatory care strategy delivers population health management



Five National Healthcare Secular Trends

- Increasing health services demand
- Looming shortage of providers
- Decreasing healthcare payment resources
- Shift of payment responsibility to consumer
- Advanced healthcare information technology



Increasing Health Services Demand

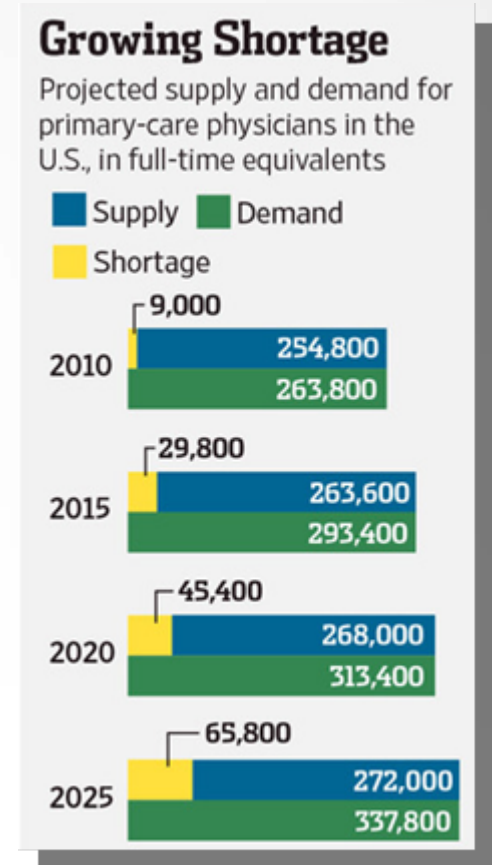
- Rise of aging adults 65+ = 12% of population, but account for:
 - 35 % of hospital stays
 - 34 % of prescriptions
 - 38 % of emergency med responses
- Rise of obesity:
 - More than one-third of U.S. adults are obese
 - Obesity-related conditions cost U.S. **\$147 billion** annually

(Source: CDC)



Looming Shortage of Providers

- PCP salaries lag behind other specialties
(WSJ, 11/14/13)
- Nearly half the nation's 830,000 physicians are over age 50; seeing fewer patients than four years ago
(Physicians Foundation 2012 survey)
- Your business plan should be geared toward a goal of 100% increase in PCP panel size: 2,000 to 4,000



WSJ 11/14/13, Association of American Medical Colleges

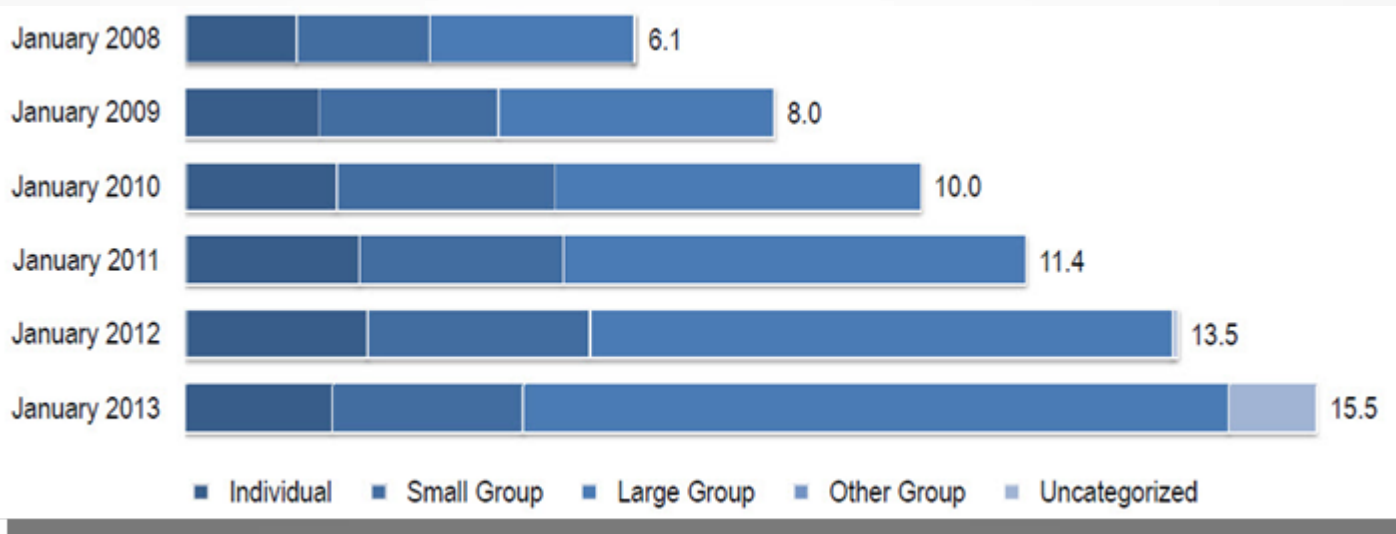
Decreasing Healthcare Payment Resources

- Shifts in Government, Commercial, Private Industry:
 - Medicare and Medicaid
 - Commercial Payors
 - Fixed Contributions from Employers



Shift of Payment Responsibility/Rise of HDHP's

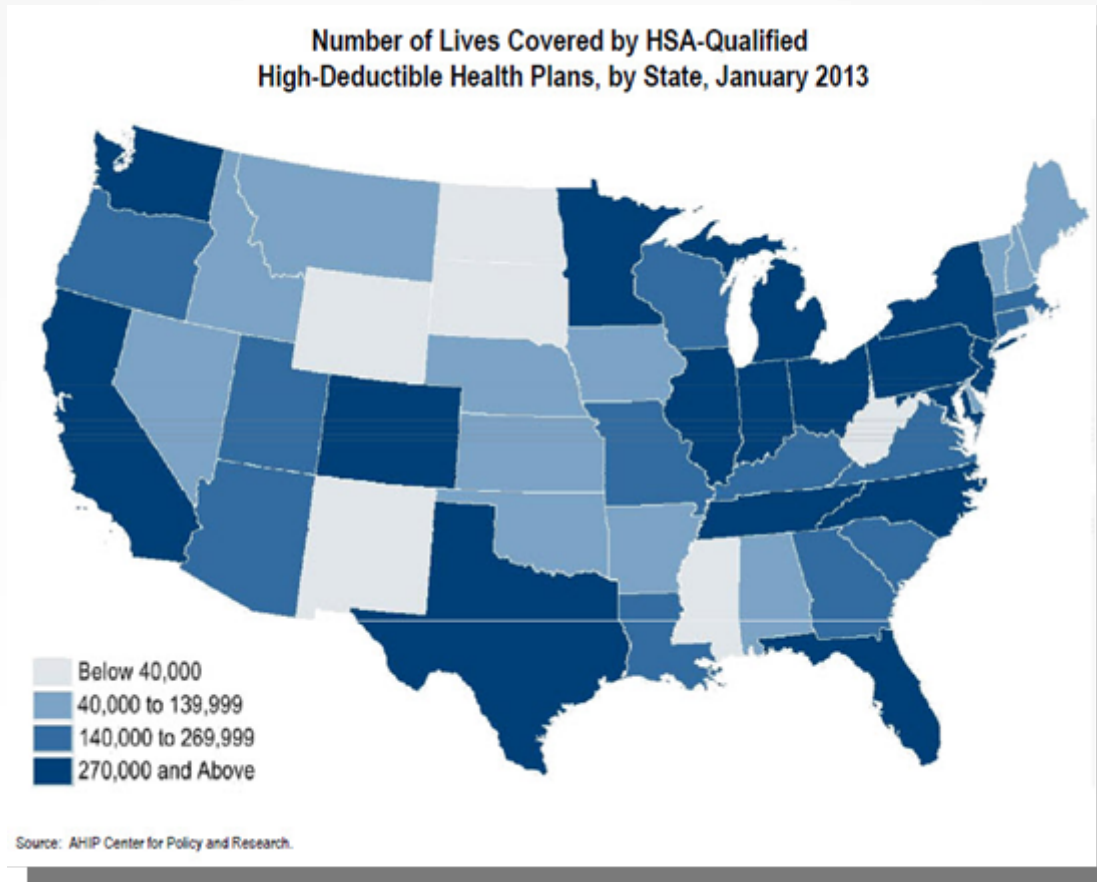
Growth of HSA Qualified High-Deductible Health Plan Enrollment, Covered Lives (millions), January 2008 to January 2013



Source: AHIP, Center for Policy & Research
2005-2013 HAS/HDHP Census Reports

Shifting Payments to Consumers: The Rise of High Deductible, Narrow Network Plans

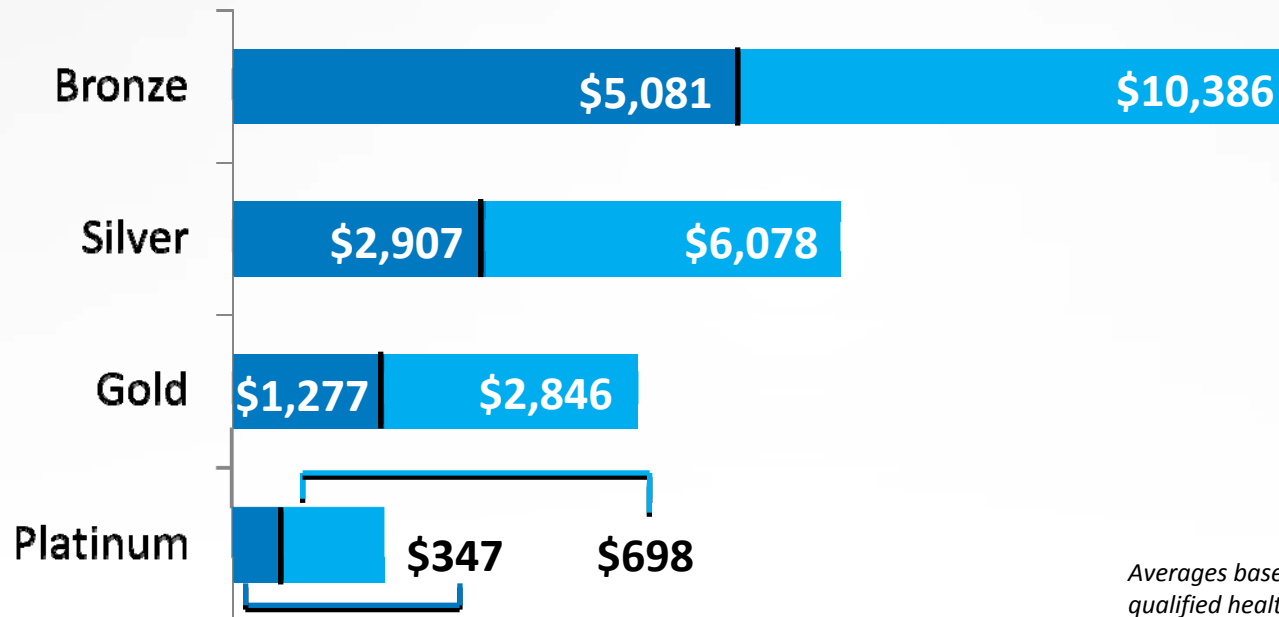
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Trend Continues on Public Exchanges

- National Average Deductible Amount

Individual
Family



Averages based on government data for qualified health plans sold on exchanges in 34 states (Source: HealthPocket, Inc. InfoStat, 2014)

Burden Also Shifting on Private Exchanges

THE WALL STREET JOURNAL.

September 7, 2013

IBM to Move Retirees Off Health Plan

Big Blue's Health-Exchange Move Ends Once-Common Benefit

September 18, 2013

Walgreen to Shift Health Plan for 160,000 Workers

Drugstore Chain's Move Underscores Shifting Burden on Insurance

November 13, 2013

Companies Prepare to Pass More Health Costs to Workers

Firms Brace for Influx of Participants in Insurance Plans Who Had Earlier Opted Out

All Leading to the Rise of “Bad Debt”

- National Business Group on Health: high-deductible health plans are key factor driving bad debt
- According to MGMA, 60% of physicians report “collecting from self-pay, HDHP or HSA patients was extremely challenging”

“Hospitals tell us around a quarter of bad debt comes from patients who are actually insured.”

- Caroline Steinberg, AHA's Vice President of Health Trends Analysis

Advanced Healthcare Information Technology

- Application of evidence-based medicine
- Integration of genomics and proteomics



(Source: Healthcare IT News, 1/14)

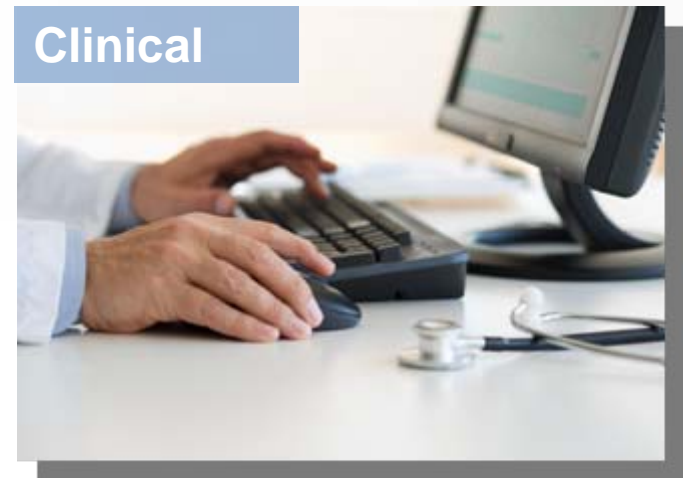
What is Required to Address These Trends?

A Radical Disruption in the Status Quo



Prerequisites for Success: New Ambulatory Care Strategy

- Begins with the business side of medical practice:
 - Practice Management Services
 - Robust RCM Product
 - Meaningfully-Structured EHR



Harnessing the Positive Forces of Disruption

- You must have an ambulatory care clinical strategy which addresses:
 1. Payment Modality
 2. Provider Structure
 3. Patient Enablement
 4. Practice Transformation
 5. Integrated, Meaningful Technology

...Let's take a look at each



Ambulatory Care Delivery Strategy: Payment Modality

- Value-Based Payment Program:
 - Value-based reimbursement model (including self-insured providers)
 - Partnership between payor and provider
 - Payor Investment (\$PMPM)
 - Provider utilizes investment to embrace value transformation



Ambulatory Care Delivery Strategy: Provider Structure

- Clinically Integrated Network (CIN):
 - Disruptive physician integration; not just “affiliated” or “employed”
 - Value-based culture & provider compensation model
 - A methodology to drive costs down (e.g. aligned hospitalists)
 - The “in-patient” arm of your ambulatory care strategy
 - Focused patient-centered transitions of care



Ambulatory Care Delivery Strategy: Patient Enablement

- The **enabled patient** becomes an “engaged consumer,” demanding:
 - Price Transparency
 - Real-Time POS Patient Responsibility
 - Connectivity
 - Patients know how to access your care and it’s available “today”
 - Priority scheduling for acute issues
 - Instant communication with provider team
 - Convenience
 - Electronic access to understandable personal health data



Ambulatory Care Delivery Strategy: Practice Transformation

- The **provider** must transform ambulatory delivery of care:
 - Expanded patient access to providers (4,000:1)
 - Disease-Specific, Evidence-Based Point-of-Care (POC) Quality
 - Medical team working at “top of credentials”
 - Ambulatory-centric care coordination
 - A *REAL* Medical Home
 - Ease of transaction at POS

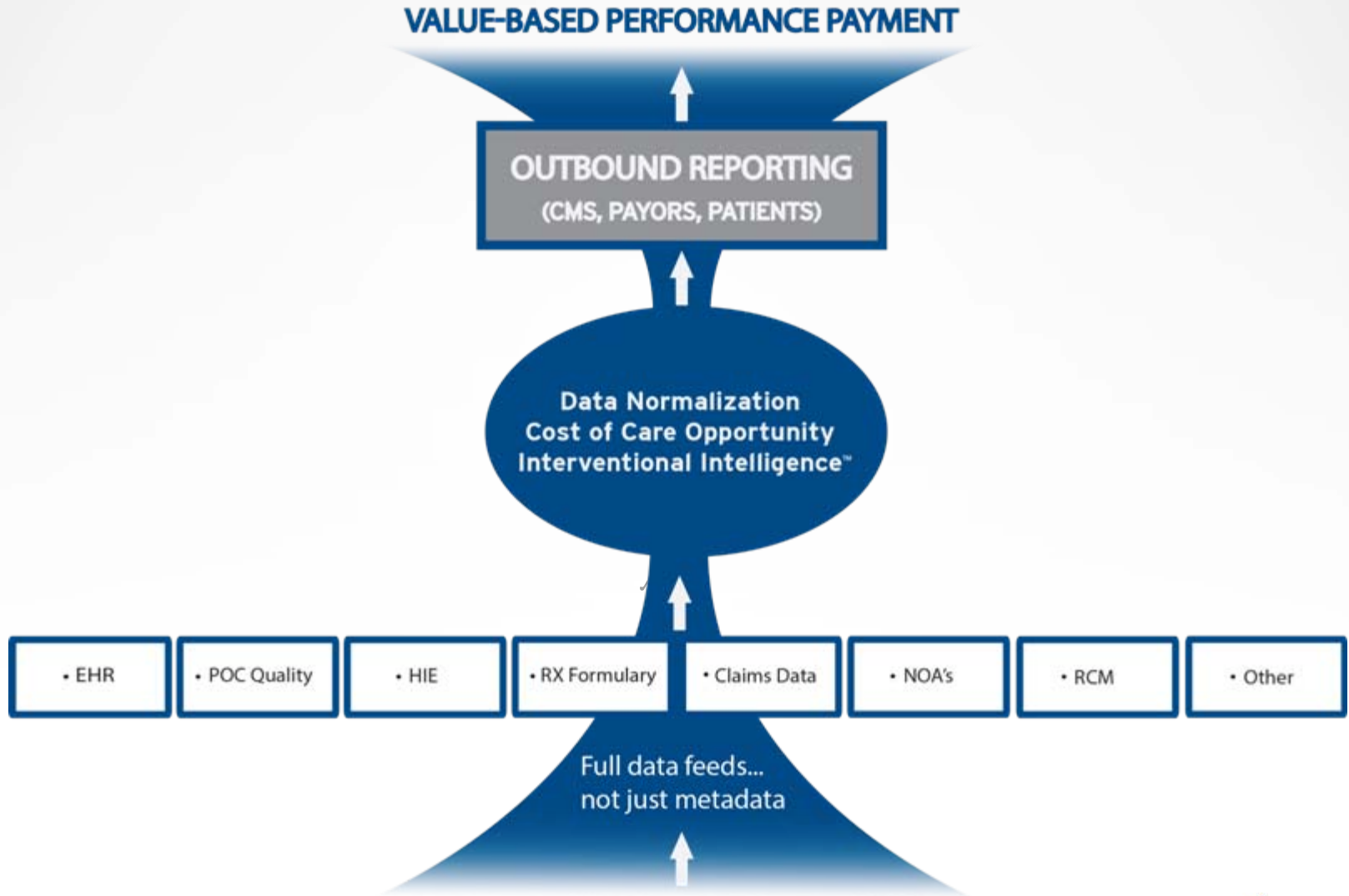


Ambulatory Care Delivery Strategy: Imperative Technology

- Integrated Platform
- MU to Meaningfully-Structured EHR
- Evidence-Based Quality at POC
- Attribution Management & Risk Profiling
- Interventional Intelligence
- Scalable, Centralized Care Coordination
 - Disease-specific (CHF, COPD/Asthma, CKD)
- Living Care Plans (accessible to all team members)
- Provider Quality Report Cards



Technology: Integrated Platform



Technology: MU to Meaningfully-Structured EHR

Disparate Data Enters EHR



Patient data is aggregated with evidence-based guidelines at POC



Value-Based EHR Captures Real-Time Meaningful Information

Technology: Evidence-Based Quality at POC (Patient)

Day 1

The screenshot displays a medical software interface with a top navigation bar containing icons for Find Pt., Protocols, Graph, Handouts, Probs, Meds, Refills, Allergies, Directives, Flowsheet, Orders, and End Update. Below this is a summary section for patient Doc ID: 20, with tabs for Summary, History, Problems, Medications, Alerts/Flags, Flowsheet, Orders, Documents, and Update. The main content area is titled 'CareManager Control Panel: QUESTPATTEN ZZTEST' and includes tabs for PS-DM-CHD-HF and Airway-Stroke-Osteo. The interface features several sections: 'Preventive Services' with buttons for Cancer Screening (Colorectal, Breast, Cervical), Other Screening (Chol, DM, Tob, BMI, Osteo, Depr), Immunizations (Flu, TDAP, Pneu, Zost*, HPV, MGC, MMR*, Var*, HepA, HepB), Diabetes Mgmt (LDL, Statins, BP, A1c, Urn Alb, Eye, Foot), and CHD/CHD Risk Mgmt (LDL, Statins, BP, A1c, APT, Beta, ACE). A 'Heart Failure Mgmt' section is marked as 'Not Applicable'. A red bar at the bottom indicates a module requiring attention. A callout box on the left points to the 'Immunizations' section, containing the text: 'Evidence-Based NCQA HEDIS Metrics'. The interface also includes a 'Pre-Visit Preparations' section with red text indicating missing values (<no value>).

Technology: Evidence-Based Quality at POC (Patient)

Day 90

Home: (856)784-1237 Work: None
Insurance: MEDICARE (700) Group:

Find Pt. Protocols Graph Handouts Probs Meds Refills Allergies Directives Flowsheet Orders End Update

Summary History Problems Medications Alerts/Flags Flowsheet Orders Documents Update

Doc ID: 160 Properties: Pre Visit Prep at PCMRPCC on 02/26/2014 10:47 AM by Kimberly Deichert Alerts(0)/Flags(0)

Summary: Pre-Visit Prep Drug Interactions Attach Properties

Inserted

- CareManager Control Panel
- Prob-Meds-Allergies-CCC
- Preventive Care Screening2-CCC
- Clinical Review Form
- Process Lab Orders

Attachments

Favorites

- Blank image
- CareManager Control Panel
- Coumadin Note
- Entry-CCC
- Tracking Form

[CareManager Control Panel]

Allergies:
No Known Drug Allergies

[Preventive Care Screening2-CCC]

[Clinical Review Form]

[Process Lab Orders]

Pre-Visit Preparations

<no value>
<no value>
<no value>
<no value>

CareManager Control Panel: CAROL ZZTEST

PS-DM-CHD-RF Airway-Stroke-Osteo

CareManager Control Panel Version 4.0.1 (October 2013)

Multiple Providers PROBLEMS MEDICATIONS ORDERS ALLERGIES

Preventive Services

Cancer Screening	Colorectal COL Next: 06/01/2016	Breast Bre: 12/04/2014	Cervical Cerv: 06/02/2014	CA Dashboard							
Other Screening	Chol	Di	Tob	BMI	Osteo	Depr	PS Dashboard				
Immunizations	Flu	TDAP	Pneu	Zost*	HPV	MGC	MMR*	Var*	HepA	HepB	Tobacco Screen
Diabetes Mgmt	LDL	Statins	BP	A1c	Urn Alb	Eye	Foot	Diab Dashboard			
CHD/CHD Risk Mgmt	LDL	Statins	BP	A1c	APT	Beta	ACE	CHD Dashboard			
Heart Failure Mgmt	Not Applicable										

If red, a module on 'Airway-Stroke-Osteo' tab requires attention: Air-Stroke-Ost De-Identify

Prev Form (Ctrl+PgUp) Next Form (Ctrl+PgDn) Close

Evidence-Based NCQA HEDIS Metrics

Technology: Evidenced-Based Quality at POC (Practice)

Day 1


CareManager
Airway Disease Module v4.0.0.77

Performance Feedback
Identification
Treatment Asthma
Treatment COPD
Services Due
Resources
Help
Main
LogOut

EHR Last Queried: 2/21/2014 Clinic: EHR

Patients	Age	Dx	Severity	Asthma Control	Assessment Due	Controller Med.	Action Plan	Tobacco Status	Last Appt	Next Appt	PCP	Select
	34	Asthma							04/23/13		Hilten MD, J.	<input type="checkbox"/>
	19	Asthma	Intermittent	Well 4/16/2013	04/16/14		04/16/13		11/12/13		Peters PA-C, S.	<input type="checkbox"/>
	38	Asthma							12/20/12		Kramer APRN, E.	<input type="checkbox"/>
	13	Asthma	Persistent	Well 9/20/2013	09/20/14	IG	09/20/13		10/15/13		Clark MD, CARY, B.	<input type="checkbox"/>
	16	Asthma	Intermittent	Well 2/14/2013	08/12/14		08/12/13		11/11/13		Haney DO, W.	<input type="checkbox"/>
	36	Asthma	Persistent	Well 7/14/2013	02/19/14	Alt.Only	02/19/13		08/10/13		Peters PA-C, S.	<input type="checkbox"/>
	54	Asthma							04/24/13		Raschke MD, D.	<input type="checkbox"/>
	33	Asthma	Intermittent	Well 4/16/2013	07/30/14		07/30/13		04/18/13	Other	Foxy DO, W.	<input type="checkbox"/>
	4	Asthma									Hilma Bricker DO, W.	<input type="checkbox"/>
	32	Asthma	Persistent			IG			11/21/12		Fox MDC, H.	<input type="checkbox"/>
	1	Asthma							04/24/13		Momosh MD, E.	<input type="checkbox"/>
	48	Asthma	Persistent			IG			04/23/12		Victoria McAndrew DO, S.	<input type="checkbox"/>

Page 1 of 11 N = 10607

1 Intermittent severity equals "Well" controlled and not on any Controller medications; Persistent severity equals "Not Well" or "Very Poorly" controlled or on a Controller medication

2 ICS preferred. Alternative (Alt) meds include theophylline, cromolyn, leukotriene receptor antagonist; nedocromil; zileuton; omalizumab

Disclaimer: The source of the information provided above comes directly from your patient's electronic health record. The purpose of this information is to support and facilitate medical decision making. It is not intended to be a substitute for a health care provider's professional judgement.

Technology: Evidenced-Based Quality at POC (Practice)

Day 90


CareManager
Airway Disease Module v4.0.0.77

Performance Feedback
Identification
Treatment Asthma
Treatment COPD
Services Due
Resources
Help
Main
LogOut

EMR Last Queried: 1/26/2014 Clinic: EMR








Applied Filter: (Assessment Due Status = 'Green')

Patients	Age	Sex	Severity ₁	Asthma Control	Assessment Due ₂	Controller Med ₂	Action Plan	Tobacco Status	Last Appt	Next Appt	PCP		Select
	20	Female	Persistent	Not Well 1/27/2014	02/13/14	ICS	01/07/14		08/13/13	08/13/14	Peters PA-C, K		<input type="checkbox"/>
	22	Female	Intermittent	Well 4/22/2013	06/26/14		06/26/13		02/27/13		Levin MD, S		<input type="checkbox"/>
	66	Female	Persistent	Well 6/28/2013	06/23/14	ICS	06/23/13		08/23/13		Levin MD, S		<input type="checkbox"/>
	71	Female	Persistent	Well 1/21/2013	04/13/14	ICS			10/11/13		Levin MD, S		<input type="checkbox"/>
	53	Female	Persistent	Well 01/16/2013	01/16/14	ICS	01/16/13		01/20/14	07/21/14	Holton MD, J		<input type="checkbox"/>
	18	Female	Intermittent	Well 4/23/2013	04/23/14				02/26/13		Levin MD, S		<input type="checkbox"/>
	42	Female	Persistent	Well 4/22/2013	05/29/14	AI, Daily	06/11/13		08/13/13	03/24/14	Levin MD, J		<input type="checkbox"/>
	13	Female	Persistent	Well 4/13/2013	04/13/14	AI, Daily	04/13/13		11/18/13		Moore PA-C, S		<input type="checkbox"/>
	43	Female	Persistent	Well 1/22/2013	01/22/14	AI, Daily	01/22/13		08/27/13		Simon MD, PhD, M		<input type="checkbox"/>
	49	Female	Persistent	Well 10/23/2013	10/23/14	ICS			11/18/13		Kenny DO, M		<input type="checkbox"/>
	32	Female	Persistent	Well 03/04/2013	03/04/14	ICS	03/04/13		02/26/14	02/27/14	Schacter DO, T		<input type="checkbox"/>

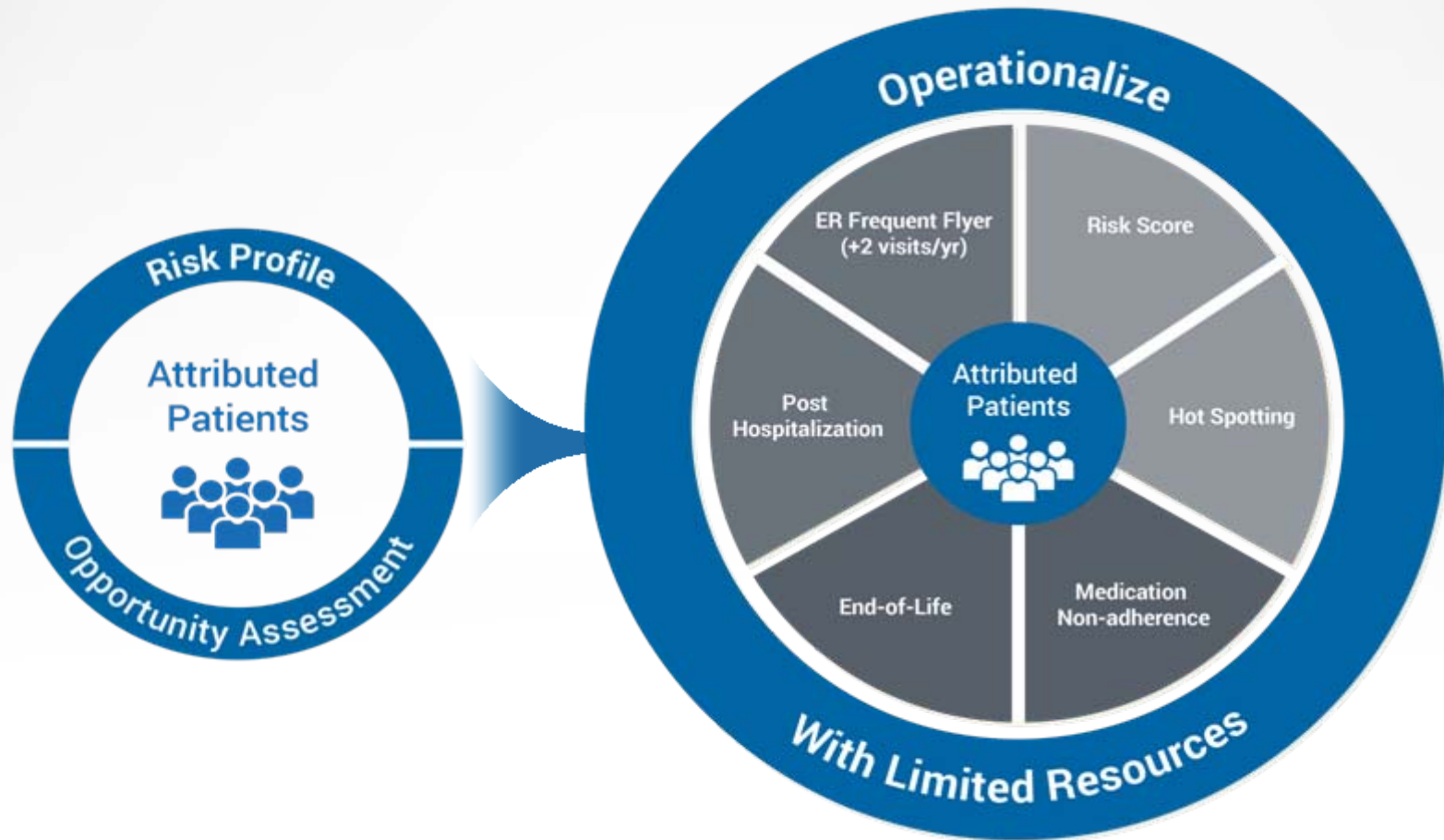
First | Prev | Next | Last Page 1 of 2 N = 1922

1 Intermittent severity equals "Well" controlled and not on any Controller medications; Persistent severity equals "Not Well" or "Very Poorly" controlled or on a Controller medication

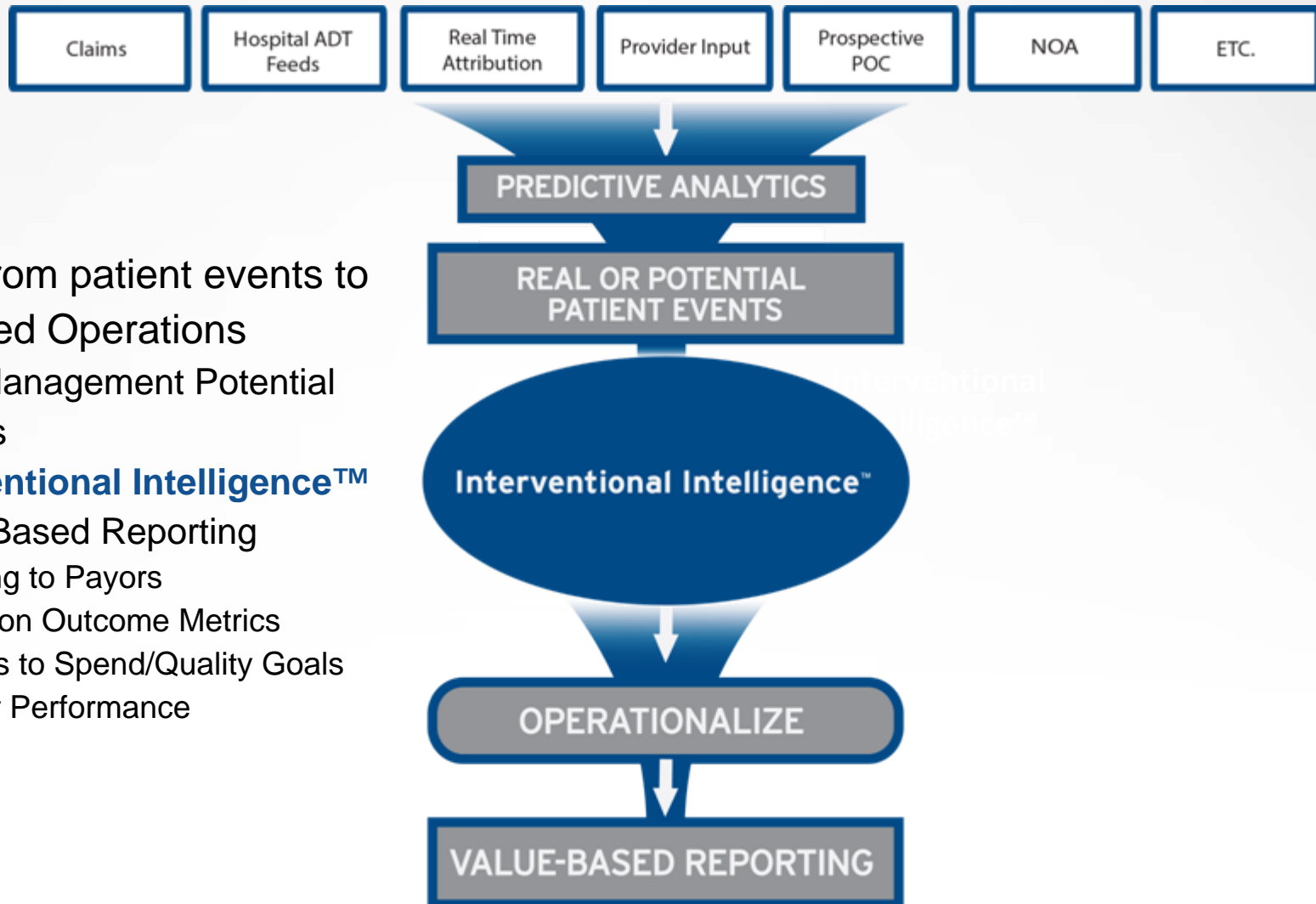
2 ICS preferred. Alternative (Alt) meds include theophylline, cromolyn, leukotriene receptor antagonist, nedocromil, zileuton, unalutamide

Disclaimer: The source of the information provided above comes directly from your patient's electronic health record. The purpose of this information is to support and facilitate medical decision making. It is not intended to be a substitute for a health care provider's professional judgement.

Technology: Attribution Management & Risk Profiling



Technology: Predictive Analytics & Data Intelligence



- Progress from patient events to Value-Based Operations

- Care Management Potential Targets
- **Interventional Intelligence™**
- Value-Based Reporting
 - Reporting to Payors
 - Population Outcome Metrics
 - Progress to Spend/Quality Goals
 - Provider Performance

Technology: Scalable, Centralized Care Coordination



Technology: Living Care Plans (Patient)

Goals 1-3
Goals 4-6

Self Management Goals

Care Coord

Risk Profile

?

Self Management

Self Management:

Goals

?

GOAL #1
 Add to Handout

Description:

Associated Dc:

Action Plan

Self Management Tools:

Educational Resources:

Comm Resource Referral:

Follow-up Date:

Status

Patient Confidence Level:

Frequency Met:

Patient Readiness:

Barriers:

Print Handout
 Handout Printed

<< PREV

GOAL #2

Description:

<< PREV

Technology: Living Care Plans (Patient Enablement)

Patient Communication

Message Type:

Summary:

Summary 2:

Printer:

Letter Head:

Message Preview

Dear JOAN FRANK,

As your doctor, it is my job to make sure you get the best medical care for your diabetes. I want us to work together to get your diabetes in good control so you can live a long and healthy life. Here is information about your health related to your diabetes. Based on this information, I have added things for you to do (action steps) to help us work together.

Important Exams, Tests & Shots	What is my goal?	How am I doing?	What do I do now?
LDL Cholesterol (Co-less-ter-all)	Below 100	145 7/15/2013	Follow our plan
Blood Pressure	Below 130/80	130/90 8/18/2013	Follow our plan
Hemoglobin A1C (He-mow-glow-bin A-one-see)	8 or above is Very High 7-8 is High Under 7 is Good	6.7 7/15/2013	Good job Continue to follow our plan
Microalbumin (My-crow-alb-you-min)	Test at least one time every 12 months		Test Due
Flu Shot	One time each year during flu season		Due for flu shot
Eye Exam	Check as directed by eye doctor	3/6/2013	Be sure to have regular eye exams
Foot Exam	Check at least one time every 12 months	4/16/2013	Be sure to have one a year

■ Green means you are at your goal. Keep up the good work.
■ Yellow means you are close to your goal. See Action Steps on next page.
■ Red means we have some work to do to get to your goal. See Action Steps on next page.

JOAN FRANK
 The information in the table on the first page is based on information we have in your electronic medical record. If you see any information above that is incorrect, please contact my health care team to update your record.

Your Action Steps are:

- Please bring this information with you to your next appointment.

From Structure to Action

Payment Modality



Provider Structure



Enabled Patient as Consumer



Integrated Technology Platform



DRIVE PRACTICE TRANSFORMATION

Driving Practice Transformation

- Document and demonstrate
Quality = Money
- Publicize provider results:
 - Quality Scores
 - Readmission Rates
 - Customer Satisfaction
- Distribute money



Driving Practice Transformation: Provider Quality Report Cards

Advocare Grove Family Medical Associates											
Attribution List: 595 Patients											
Clinical Metric	Performance Level	Denominator	Gaps in Care	Numerator	Compliance Rate	Target 50th %ile	Target 75th %ile	Target 90th %ile	Closes For 50th %ile	Closes For 75th %ile	Closes For 90th %ile
Adult BMI Assessment	90th Pctl	443	-	443	100.00%	24.86%	60.58%	72.95%			
Appropriate Low Back Pain Imaging	90th Pctl	3	-	3	100.00%	73.83%	78.13%	81.15%			
Breast Cancer Screening	90th Pctl	205	36	169	82.44%	68.53%	72.69%	77.01%			
Colorectal Cancer Screening	90th Pctl	257	42	215	83.66%	55.87%	65.01%	71.37%			
Diabetes: BP Control (<140/90 mm Hg)	90th Pctl	30	7	23	76.67%	64.00%	70.80%	75.43%			
Diabetes: HbA1c Control (<8%)	90th Pctl	30	3	27	90.00%	61.04%	66.18%	70.48%			
Diabetes: Medical Attention for Nephropathy	90th Pctl	30	-	30	100.00%	81.02%	85.89%	88.81%			
High Blood Pressure Control (<140/90 mm Hg)	90th Pctl	108	21	87	80.56%	64.18%	67.93%	72.26%			
LDL-C Control (<100)	None	5	3	2	40.00%	58.84%	64.49%	70.32%	1	1	2
Pneumonia Vaccination Status for Older Adults	90th Pctl	68	5	63	92.65%	73.00%	78.00%	82.00%			
Tobacco Cessation Intervention	90th Pctl	49	1	48	97.96%	74.60%	80.00%	83.72%			
Advocare Grove Family Medical Associates Total		1,228	118	1,110	90.39%						
Advocare Heights Primary Care											
Attribution List: 1,655 Patients											
Clinical Metric	Performance Level	Denominator	Gaps in Care	Numerator	Compliance Rate	Target 50th %ile	Target 75th %ile	Target 90th %ile	Closes For 50th %ile	Closes For 75th %ile	Closes For 90th %ile
Adult BMI Assessment	90th Pctl	1,040	11	1,029	98.94%	24.86%	60.58%	72.95%			
Appropriate Low Back Pain Imaging	90th Pctl	18	-	18	100.00%	73.83%	78.13%	81.15%			
Breast Cancer Screening	75th Pctl	462	114	348	75.32%	68.53%	72.69%	77.01%			8
Colorectal Cancer Screening	90th Pctl	620	177	443	71.45%	55.87%	65.01%	71.37%			
Diabetes: BP Control (<140/90 mm Hg)	50th Pctl	101	31	70	69.31%	64.00%	70.80%	75.43%		2	6
Diabetes: HbA1c Control (<8%)	75th Pctl	101	33	68	67.33%	61.04%	66.18%	70.48%			3
Diabetes: Medical Attention for Nephropathy	90th Pctl	101	7	94	93.07%	81.02%	85.89%	88.81%			
High Blood Pressure Control (<140/90 mm Hg)	90th Pctl	255	58	197	77.25%	64.18%	67.93%	72.26%			
LDL-C Control (<100)	90th Pctl	18	5	13	72.22%	58.84%	64.49%	70.32%			
Pneumonia Vaccination Status for Older Adults	75th Pctl	218	41	177	81.19%	73.00%	78.00%	82.00%			2
Tobacco Cessation Intervention	90th Pctl	157	3	154	98.09%	74.60%	80.00%	83.72%			
Advocare Heights Primary Care Total		3,091	480	2,611	84.47%						

Driving Practice Transformation: Proof is in the Numbers



Delivered 13% Lower
Cost of Care



Reduced Inpatient
Admissions by 9%



Achieved highest level
of care quality



Reduced Hospital 30-Day
Readmissions to 12%



Reduced Emergency
Department visits by 8%



Increased Generic Drug
Dispensing to Medicare
patients by 10%

Driving Practice Transformation: Physician Compensation

- Year 1 Payment for Commercial Shared Savings Program:
 - \$1.8 MM for 20,000 patients
 - \$90 per patient yield/shared savings
 - Performance-based distribution



Driving Practice Transformation: Performance-Based Distribution

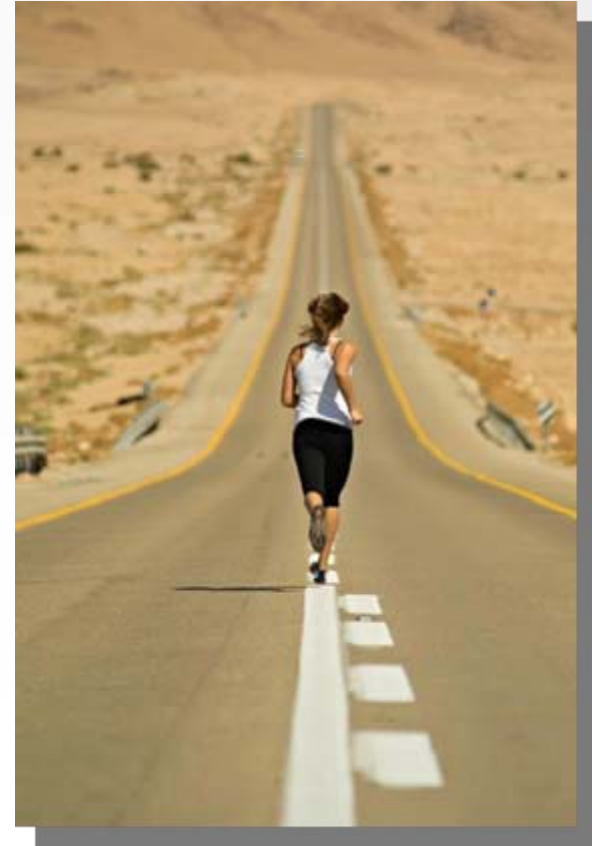
Sample Care Center Financial Report Card						
Care Center	Attributed Patients	Percent of Total Quality Captured	Baseline Payment	Missed Opportunity Quality \$'s	Bonus \$'s	Total Payment
Care Center A	645	82.10%	\$ 31,893.85	\$ (8,808.29)	\$ 17,160.31	\$ 49,054.17
Care Center B	1,131	68.84%	\$ 27,144.00	\$ (54,345.68)	\$ -	\$ 27,144.00
Care Center C	1,354	73.24%	\$ 32,496.00	\$ (61,941.12)	\$ -	\$ 32,496.00
Care Center D	1,800	84.04%	\$ 89,006.10	\$ (21,359.80)	\$ 47,889.25	\$ 136,895.35
Care Center E	2,015	78.67%	\$ 48,360.00	\$ (84,374.43)	\$ -	\$ 48,360.00
Care Center F	909	78.62%	\$ 21,816.00	\$ (37,135.21)	\$ -	\$ 21,816.00
Care Center G	842	58.22%	\$ 13,438.32	\$ (47,398.15)	\$ -	\$ 13,438.32
Care Center H	1,231	91.46%	\$ 60,870.28	\$ (7,828.33)	\$ 32,750.92	\$ 93,621.21
Care Center I	1,922	87.32%	\$ 95,038.73	\$ (16,642.50)	\$ 51,135.07	\$ 146,173.81
All Care Centers	11,849	77.24%	\$ 740,566.66	\$ (521,716.17)	\$ 259,433.34	\$ 1,000,000.00

**Not actual figures; representation of figures based on 12 primary care practices*

Closing Notes

- Transformation is hard work
- Long-term commitment – marathon, not a sprint
- Barriers at every point

**End result is a new paradigm for
the practice of quality medicine**



Continuum: An Ambulatory Care Services Company



Mission
**Enable Our Partners To
 Achieve the Triple Aim**

- First Ambulatory Care Services Company
- Leader in Evidence-Based POC Quality
- 15-year track record of success
- Serving over 1,000 physicians
- Supports clinical treatment of 2 million patients
- Processes ~\$1B practice management fees annually
- Proven success managing value-based purchasing/ risk-based contracts

Summary

- Healthcare landscape
 - Five national secular trends
 - Impact on providers & patients
- Population health program addresses national trends
- Ambulatory care strategy delivers population health management



Thank you!
Questions & Discussion



continuum
HEALTH ALLIANCE

Transforming the Practice of Medicine

AN AMBULATORY CARE SERVICES COMPANY

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